

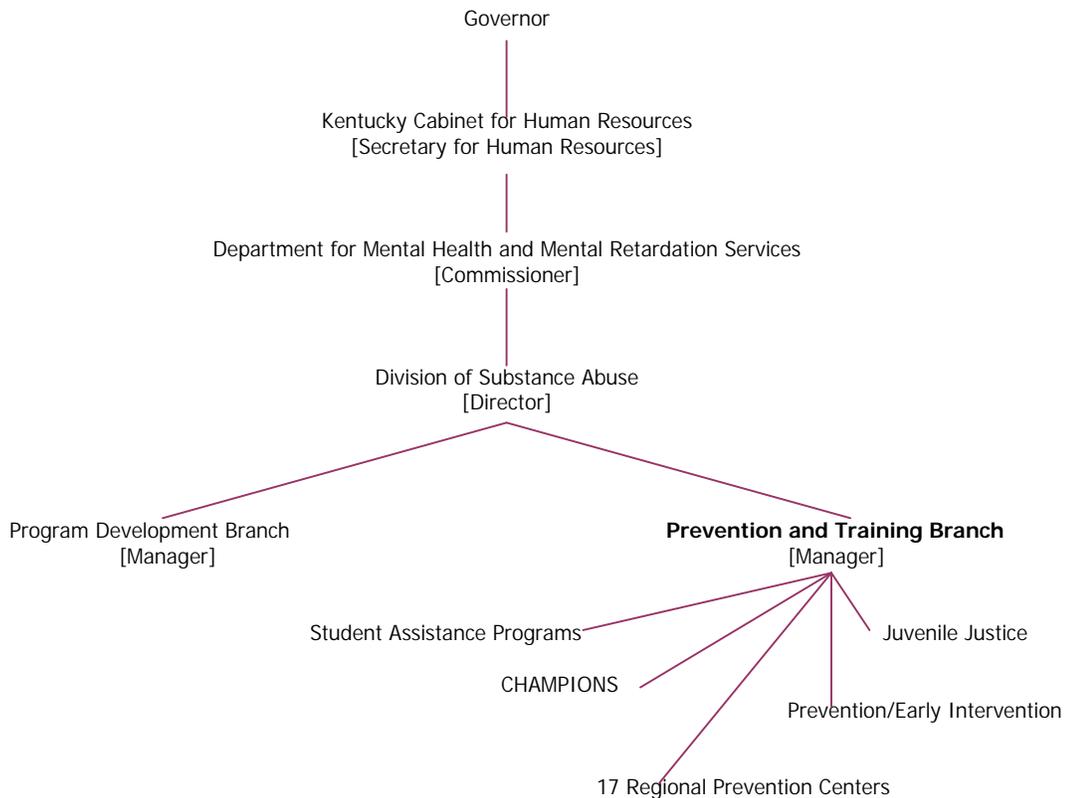
STATE PREVENTION SYSTEM

Structure and Organization

The Cabinet for Human Resources (CHR) is the umbrella agency for health, social services, mental health, and social security programs. One of its components is the Department for Mental Health and Mental Retardation Services (DMHMRS). Kentucky's Division of Substance Abuse is within the DMHMRS, and within the Division is the Prevention and Training Branch. This Branch administers the substance abuse block grant prevention set-aside, the Governor's portion of Drug-Free Schools and Communities funding, and State prevention funds. It is staffed by seven prevention specialists who are responsible for providing consultation and technical assistance, and for monitoring contracts and grants in their assigned regions.

Kentucky contracts with the 14 regional Community Mental Health/Mental Retardation Centers, the Prevention Research Institute, Eastern Kentucky University, and the University of Kentucky to provide prevention services through Kentucky's 17 Regional Prevention Centers (RPCs), the major delivery system for prevention programs and activities. Approximately 90% of the prevention portion of the SAPT Block Grant in the Commonwealth is channeled to communities via the RPC network, which reaches all of Kentucky's 120 counties. The main strategy of these centers is to facilitate community involvement in planning, developing, and maintaining community-based programs and activities.

Organizational Chart



STATE PREVENTION INVENTORY - KENTUCKY PROFILE

FUNDING AND RESOURCES

Year (FFY)	State Funding	SAPT Funding	20% Set-aside
1993	\$493,241	\$13,095,961	\$3,105,591
1994	677,027	14,568,397	3,060,965
1995	536,505	15,288,733	3,262,593

Allocation of Funds

CSAP Strategy	FFY 1993	FFY 1994	FFY 1995
Information Dissemination	\$574,592	\$538,008	\$598,790
Education	718,239	666,102	758,870
Alternatives	239,413	256,193	285,137
Problem Identification and Referral	0	256,193	285,137
Environmental	95,765	384,289	427,706
Community-based Process	526,709	507,354	513,247
Other*	950,873	452,826	393,706

* A portion of expenditures in the "Other" category included Resource Development activities and Synar Amendment compliance.

Resource Spending	FFY 1993	FFY 1994	FFY 1995
Planning, Coordination, and Needs Assessment	\$0	\$0	\$0
Quality Assurance	0	0	0
Training (post-employment)	203,725	203,725	208,261
Education (pre-employment)	0	0	0
Program Development	125,500	125,500	124,289
Research and Evaluation	90,527	66,176	60,206
Information Systems	0	0	0

Substate entities receiving set-aside funds for prevention service delivery

- 3 substate planning areas (West, North Central, East)
- 2 universities
- 14 regional community mental health/mental retardation centers
- 17 regional prevention centers

Average amount of grant/contract:

- FFY 1993 - \$127,904
- FFY 1994 - \$139,135
- FFY 1995 - \$141,811

Per-capita 20% set-aside spending (population):

- FFY 1993 - \$0.82
- FFY 1994 - \$0.80
- FFY 1995 - \$0.92

Staff/Volunteers designated and supported by set-aside funding and level:

- FFY 1993 -
 - State: N/A**
 - Regional: 68 FTE/0 Volunteers*
 - Local: N/A
- FFY 1994 -
 - State: N/A
 - Regional: 68 FTE/0 Volunteers*
 - Local: N/A
- FFY 1995 -
 - State: 7 FTE/0 Volunteers
 - Regional: 68 FTE/ Volunteers*
 - Local: N/A

*Each of the 14 Regional Community MH/MR Centers has a minimum of 3 FTEs.

**Data not available from State.

STATE CONTACT

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STATE PREVENTION INVENTORY - KENTUCKY PROFILE

PROGRAMS AND SERVICES

Definition of Prevention:

Prevention is defined as "a service that imparts knowledge, which facilitates life skill development in individuals, groups, families, systems, and communities toward healthy lifestyles, free from the inappropriate use or misuse of tobacco, alcohol, and other addictive substances. Prevention is aimed at the reduction of compulsive and addictive behaviors through confrontation of individual and societal attitudes, values, and beliefs which serve to initiate or reinforce the inappropriate use of alcohol, tobacco, and other drugs of dependence."

Does the State have prevention plan?

No.

- Adult DUI offenders
- Juvenile offenders

Target populations for prevention services:

- General public
- Youth (including college age)
- Parents
- Senior citizens
- Public housing residents

Total Number served:

- FFY 1993 – N/A*
- FFY 1994 – N/A
- FFY 1995 – N/A

*Data not available from State.

Programs funded:

Type	Number of Programs/Number Served			Programs
	FFY 1993	FFY 1994	FFY 1995	
Information dissemination	17*/NA♦♦	17/NA	17/NA	Toll-free telephone number; prevention libraries at all RPC sites; brochures/newsletters; public speakers; outreach via local media
Education	NA	17/NA	17/NA	Short educational programs; prevention curricula
Community-based	NA	17**/NA	17**/NA	Champions program; community-based Prevention Networks
Environmental	NA	NA	17/NA	Kentucky Action
Alternatives	NA	NA/1,700***	NA/1,700***	Teen Leadership conferences; youth advisory councils; drug-free recreational activities; peer helper programs
Problem identification and referral	NA	24♦/NA	24♦/NA	Student assistance programs; high-risk youth grants; DUI offender training

*Number of prevention libraries statewide.

**Number of Champions programs.

***Number of attendees at State and Regional Teen Leadership conferences.

♦This figure consists of 18 student assistance programs and 6 high-risk youth grants.

♦♦The State did not track these data.

DATA COLLECTION ACTIVITIES

Results currently available on prevention programs funded by the 20% set-aside (including needs assessments and data collection):

Kentucky does not have a formal needs assessment process. Instead, the 14 regional CMHMRC Boards are responsible for planning and delivering substance abuse services, including prevention services. Together with the Division for Substance Abuse, these Boards are responsible for conducting ATOD prevention needs assessments at the regional level.

In the mid-1990s, Kentucky was awarded a three year contract from the Center for Substance Abuse Treatment (CSAT) to conduct several surveys, including:

- A telephone survey of the general population – This household survey determined that substance use, abuse, and dependence were lower in Kentucky than in the Nation as a whole. The survey also revealed that treatment for those in need was also relatively low, and varied greatly among the Commonwealth's regions.
- A study of the school population – This study determined that a substantial proportion of youth in Grades 6 through 12 were at risk for substance abuse.
- A study of women of childbearing age – This study determined that a subset within this demographic category that was most in need of substance abuse prevention services consisted of women under the age of 18.
- A study of arrestees (juvenile and adult) – This study determined that five percent of the sample met the diagnostic criteria for alcohol dependence and 16 percent met the criteria for drug dependence.

SUPPORT SERVICES

Training and Technical Assistance:

The Division of Substance Abuse is directly involved in training of alcohol and drug professionals (and volunteers) through the Kentucky School of Alcohol and Other Drug Studies. Contracts with Eastern Kentucky University and Prevention Research Institute support a wide variety of prevention training and technical assistance. The Regional Prevention Centers provide these services at the community level.

Certification Activities:

Kentucky utilizes an independent entity that oversees credentialing of the Commonwealth's substance abuse prevention professionals. This entity is the Kentucky Certification Board of Prevention Professionals, Inc., based in Lexington.

Kentucky has one level of prevention certification that is entry-level with reciprocity from ICRC/AODA.