

***Examining Early Outcomes Of  
the Opportunity to Succeed  
Program: A Preliminary  
Analysis of the Follow-Up Self-  
Report Data***

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# ***The Opportunity to Succeed (OPTS) Model***

## **■ Key Components:**

- Intensive Case Management;*
- Three-pronged Approach to Supervision;*
- Service Provision in Five Service Domains.*

# ***Eligibility Criteria and Random Assignment***

- *Time served for felony conviction;*
- *No current convictions for specified violent offenses\*;*
- *An identified substance abuse problem and substance abuse treatment during incarceration;*
- *Return to the specified target area;*
- *At least 12 months parole or probation supervision;*
- *Cases randomly assigned by the Urban Institute to treatment or control groups.*

# DATA COLLECTION ON SAMPLE OUTCOMES

## Baseline Survey [Self-Report]

- ☐ Socio-Demographic
- ☐ Family & Household
- ★☐ Peer Relations
- ☐ Employment History
- ☐ Income History
- ★☐ Health History
- ☐ Substance Abuse History
- ☐ Prior AODA Treatment
- ☐ Criminal Career
- ☐ Risky Behaviors
- ☐ Incarceration Experience

## Follow-up Survey (1 Year) [Self Report]

- ★☐ Post Release Update ---
- ★☐ Employment, Income, Health
- ★☐ AODA Treatment
- ★☐ Case Manager/PO Contact
- ☐ compliance
- ★☐ Service Needs
- ★☐ Services Received/Utilization
- ☐ Service Satisfaction
- ★☐ Probation/Parole Violations

## Police & Probation/ Parole Records [Official Records]

- ☑☐ Arrest History
- ★☑☐ Convictions
- ★☑☐ Sentences
- ☑☐ Sentence Completion
- ☑☐ Supervision History
- ★☑☐ Probation/Parole Revocations

## OPTS-MIS

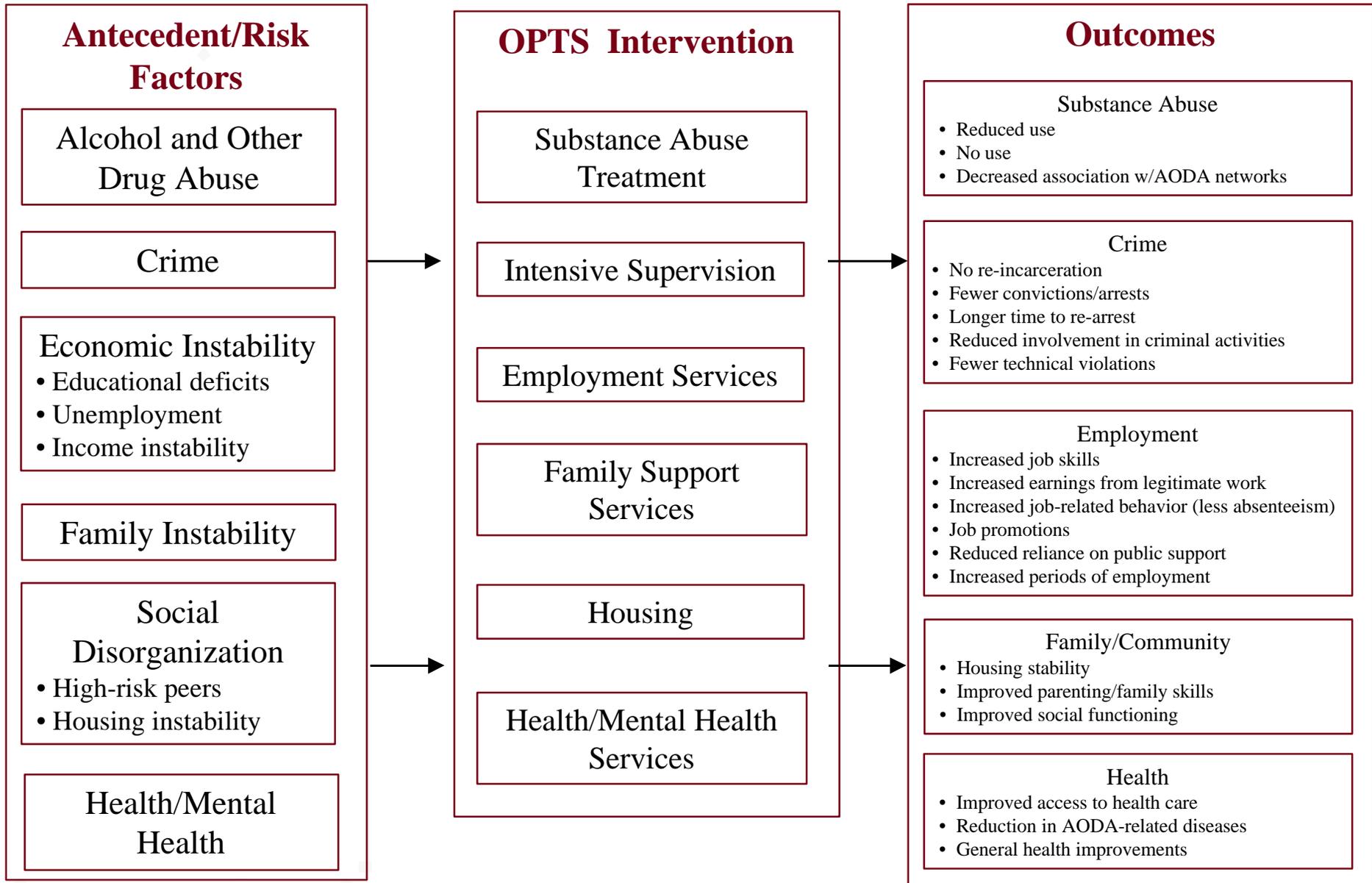
### [Intervention Records]

#### Treatment Only

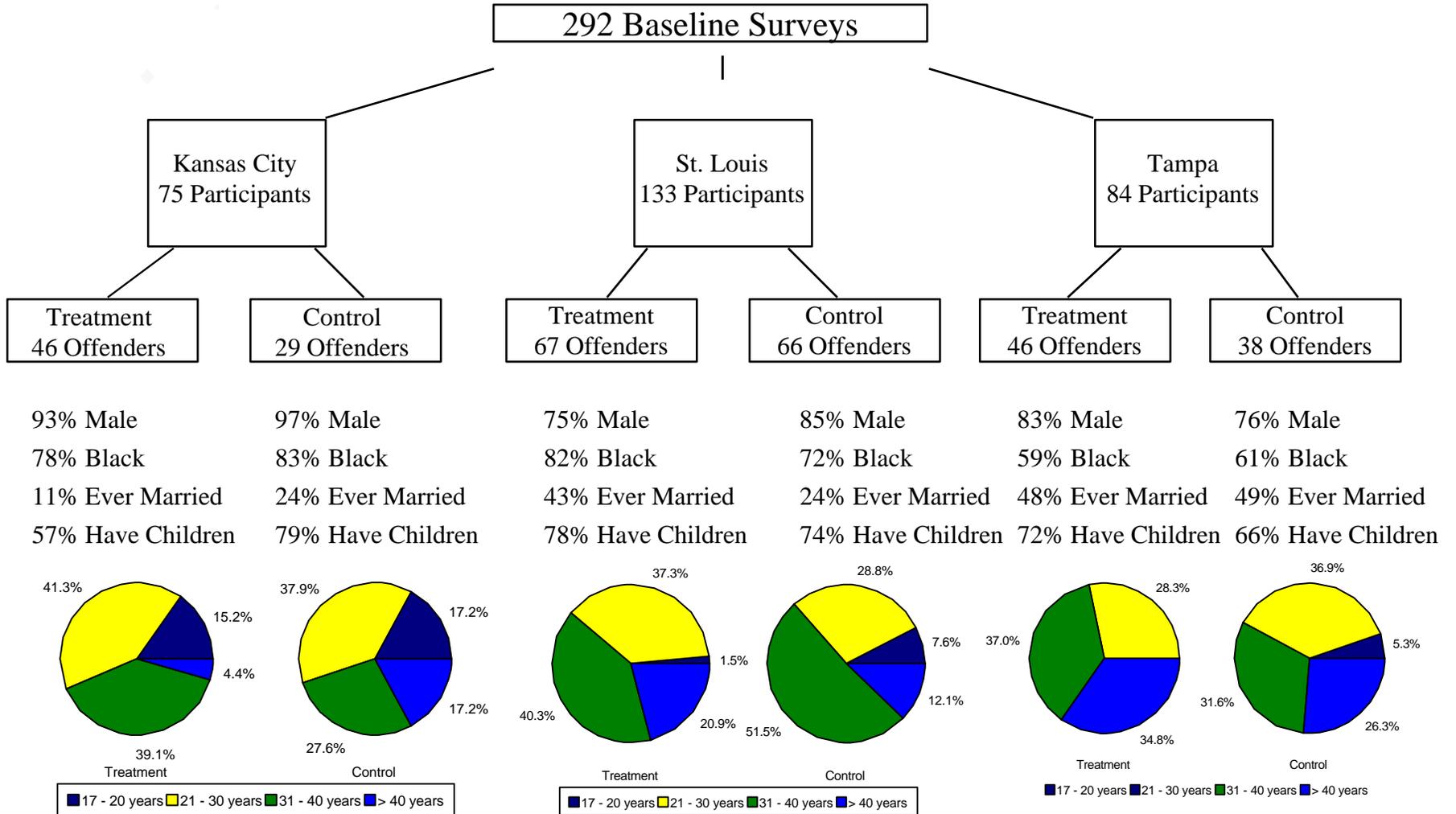
- ☐ Employment Status
- ☐ Family & Household
- ☑☐ Service Referrals
- ☑☐ Service Utilization
- ☑☐ AODA Treatment
- ☑☐ Case Manager/PO Contact
- ☐ Compliance
- ☑☐ Urinalysis Testing
- ☑☐ Sanctions/Incentives
- ☑☐ Probation/Parole Violations

- ★ Data triangulation with MIS
- ☑ Data triangulation with Self-Report

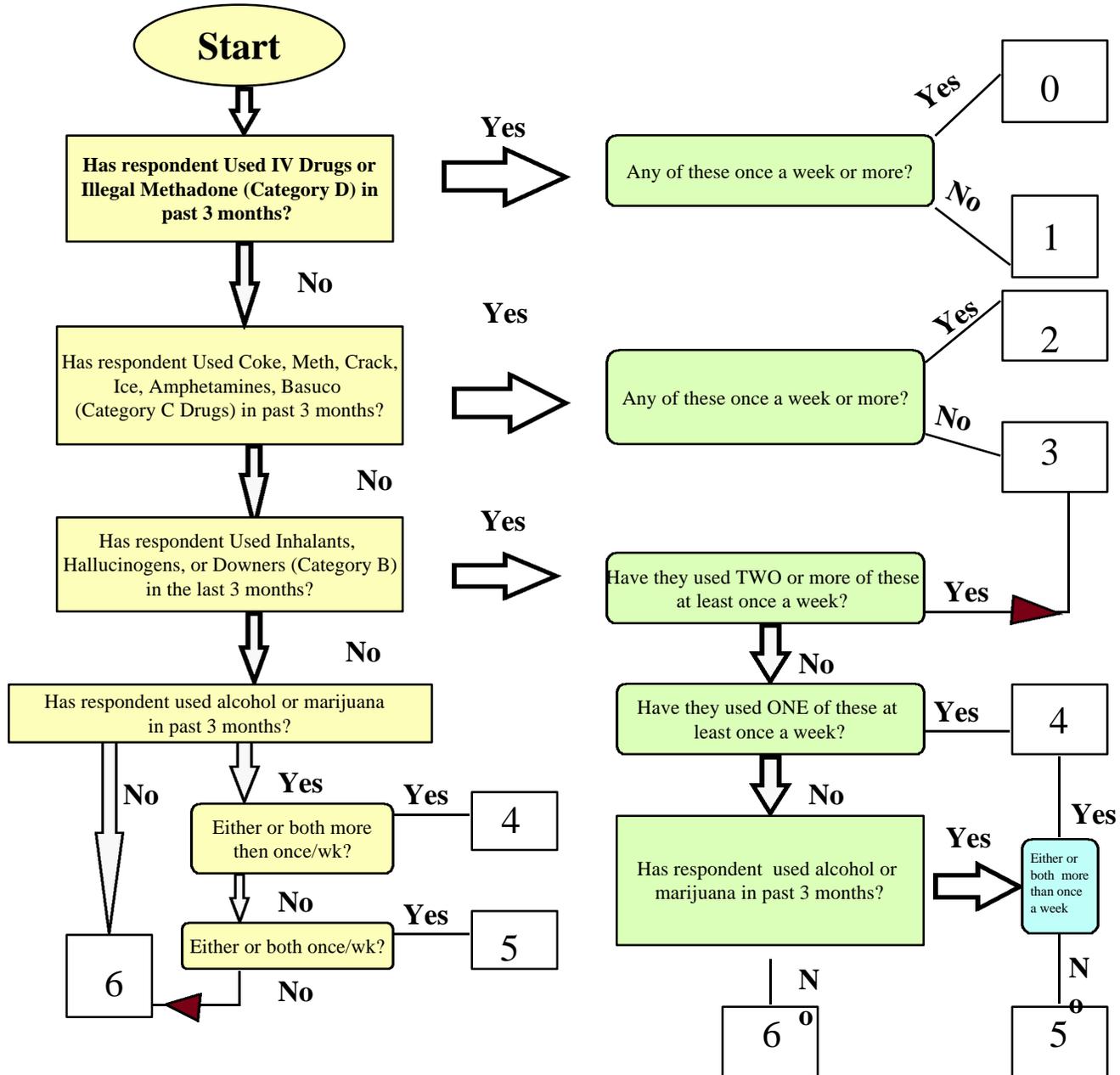
# The OPTS Evaluation Model



# OPTS Baseline Sample by Site and Random Assignment Status



# Drug Severity Index Score Assignment



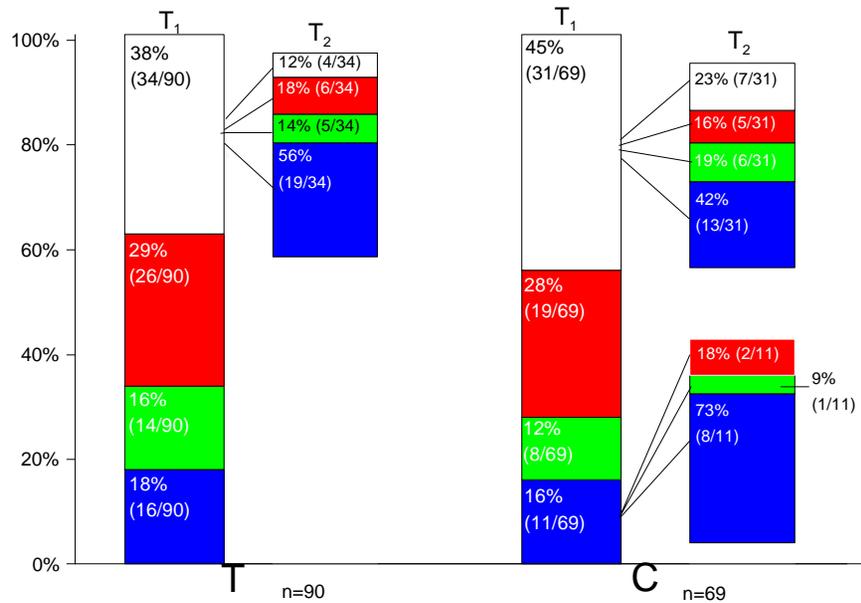
# ***Substance Abuse Outcomes***

- ***Were OPTS clients more likely to report reduced use/ total cessation?***
- ***Outcome Indicators:***
  - *Percent change in DSI scores (T1, T2):*
    - *“improved” DSI scores for 61 percent of sample; no significant difference between OPTS and Controls.*
    - *degree of “improvement” slightly greater for OPTS clients: 34% of OPTS clients vs. 29% of Controls moved 3 DSI categories “to the good”;*
    - *3% of OPTS clients and Controls worsened; severity slightly greater for OPTS clients.*
  - *Percent change in frequency of drug use (T1, T2) of most prevalent baseline substances (i.e., alcohol, marijuana, hallucinogens,\* cocaine and crack).*

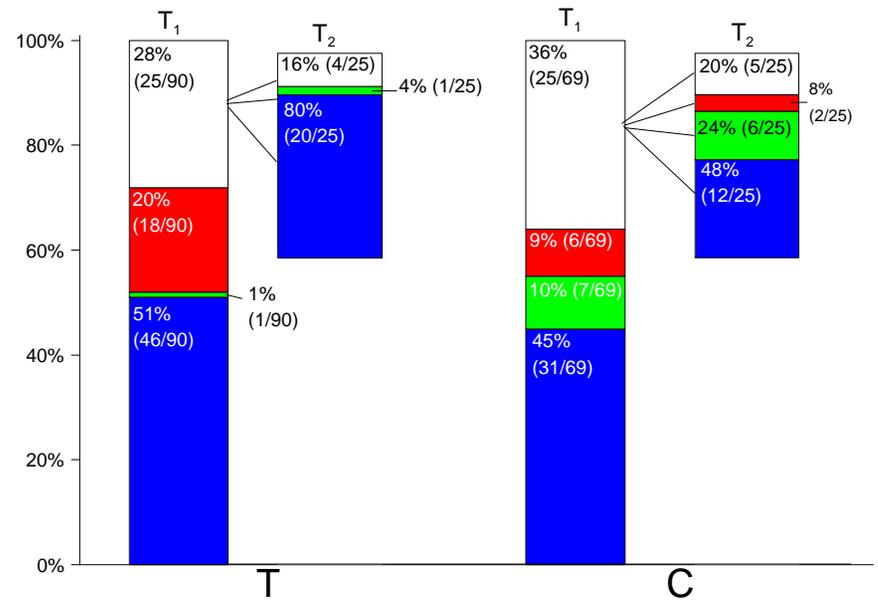
# Change in Frequency of Use ( $T_1$ , $T_2$ )

■ None 
 ■ Occasional 
 ■ Weekly 
  Daily

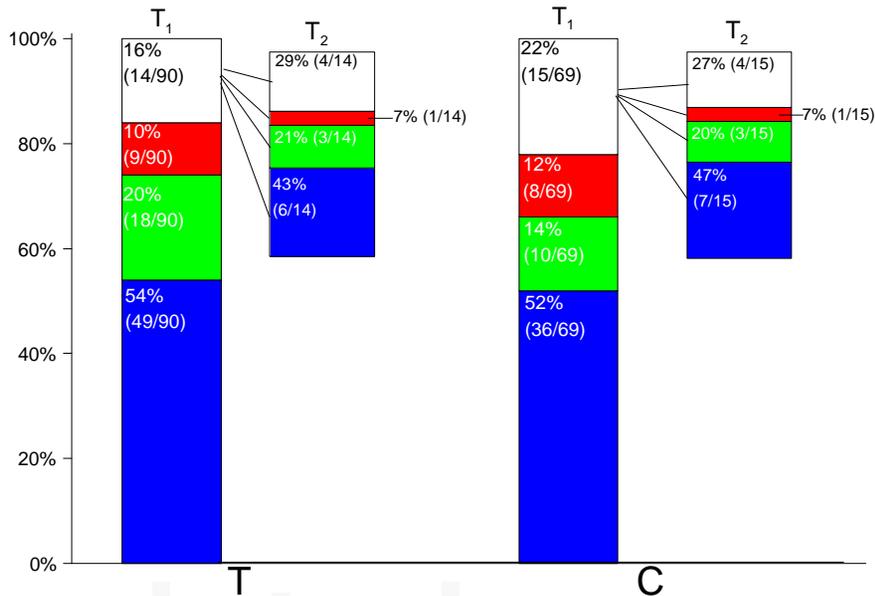
**Alcohol:** 78% improved; 12% same; 10% worsened; no difference between T/C in improvement



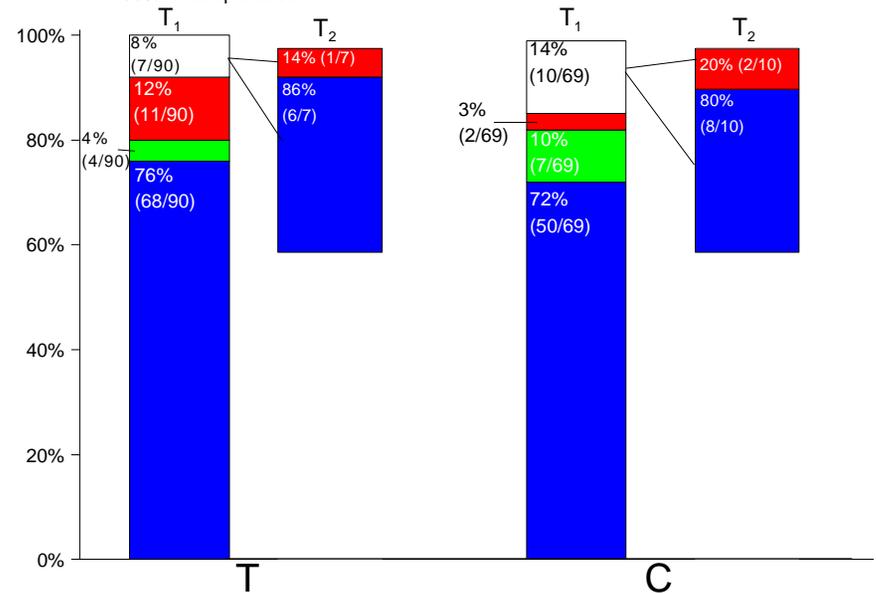
**Crack**



**Marijuana:** 70% improved (76% of T, 60% of C), 10% same, 20% worsened (15% of T, 26% of C)



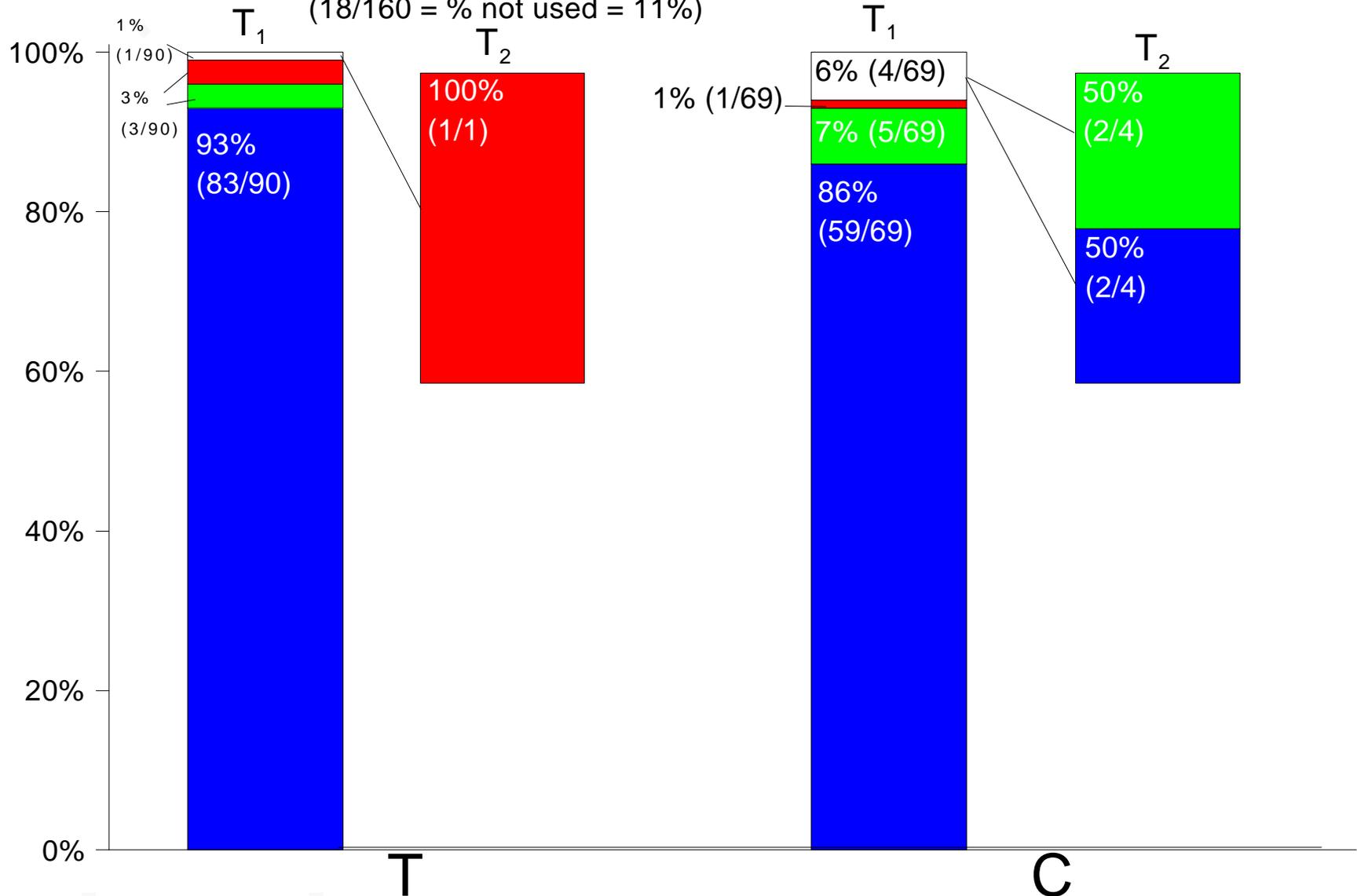
**Cocaine:** 75% improved (87% of T vs. 64% of C), 6% same, 19% worsened 30% of sample used



# Change in Frequency of Use ( $T_1, T_2$ )

■ None 
 ■ Occasional 
 ■ Weekly 
  Daily

**Hallucinogens:** 83.3% improved (75% of T vs. 90% of C), 6% same, 2% worsened  
 (18/160 = % not used = 11%)



## ***Self-described drug use during 12 month period:***

- *less than 10% of the sample reported no change in level of drug use.*
- *25% reportedly “quit but slipped a few times during recovery”*
- *30% reported no use during the 12 month period.*
- ★ ***Desire to drink/use drugs in last 3 months:***
  - *58% of the sample reported decreased desire to drink:*
    - *60% of OPTS clients and 55% of Controls.*
  - *63% of the sample reported decreased desire to use drugs:*
    - *49% of OPTS clients and 66% of Controls.*

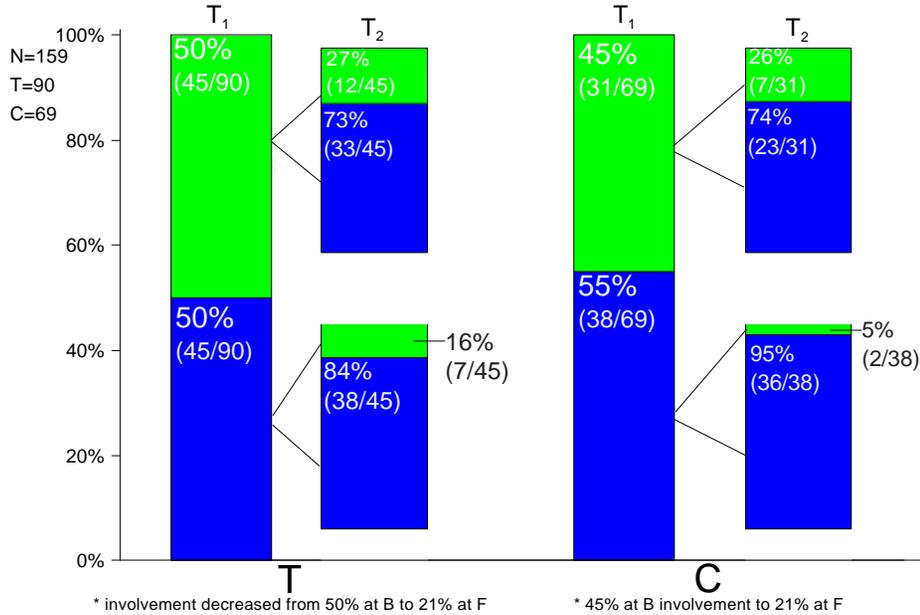
# ***Crime Outcomes***

- ***Were OPTS clients more likely to report reduced involvement in crime and/or less likely to report other forms of recidivism?***
- ***Indicators:***
  - *changes in self-reported crime involvement (T1, T2);*
  - *self-reported re-incarcerations;*
  - *self-reported re-arrests;*
  - *self-reported technical violations;*
  - *self-reported revocations.*

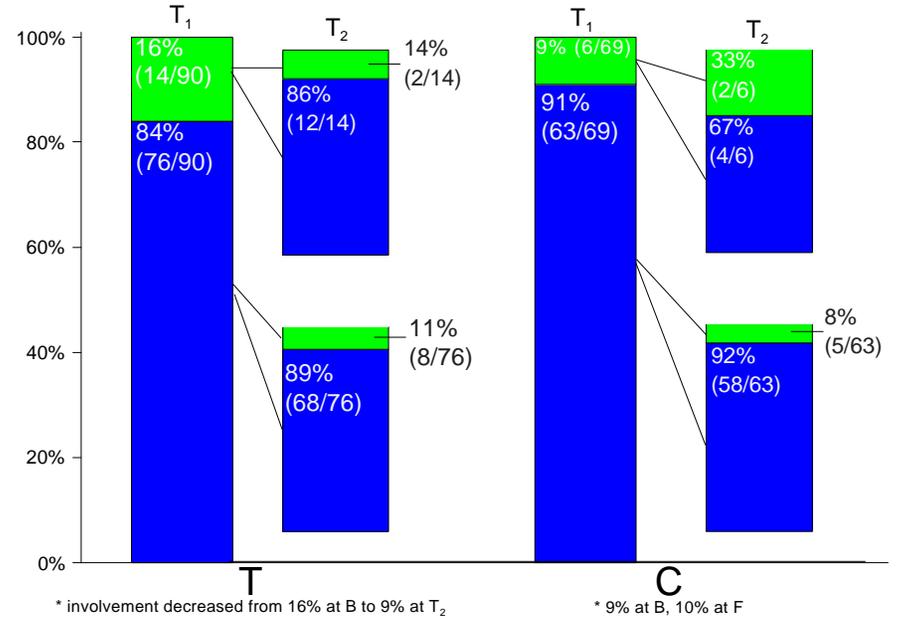
# Change in Criminal Activity ( $T_1$ , $T_2$ )

■ No ■ Yes

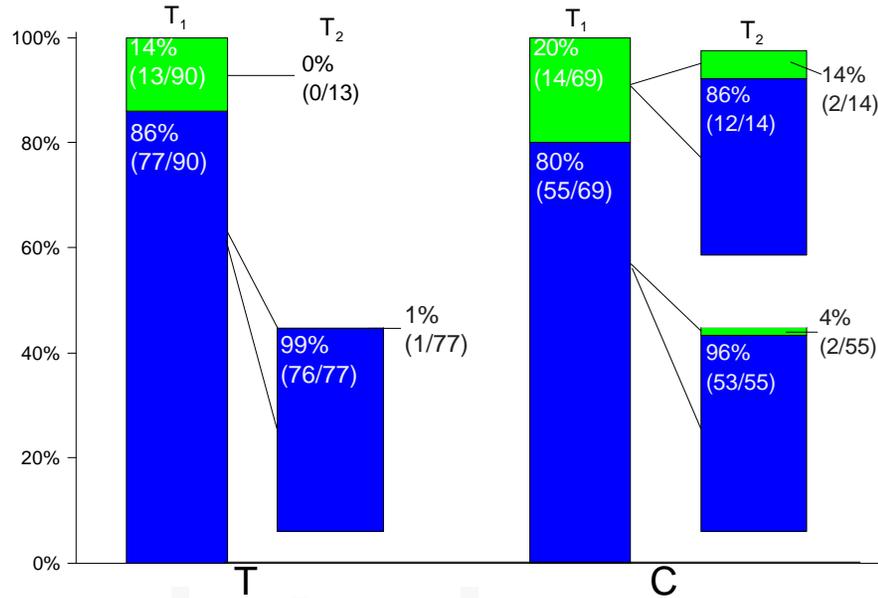
**Drug Dealing:** 48% involved at baseline



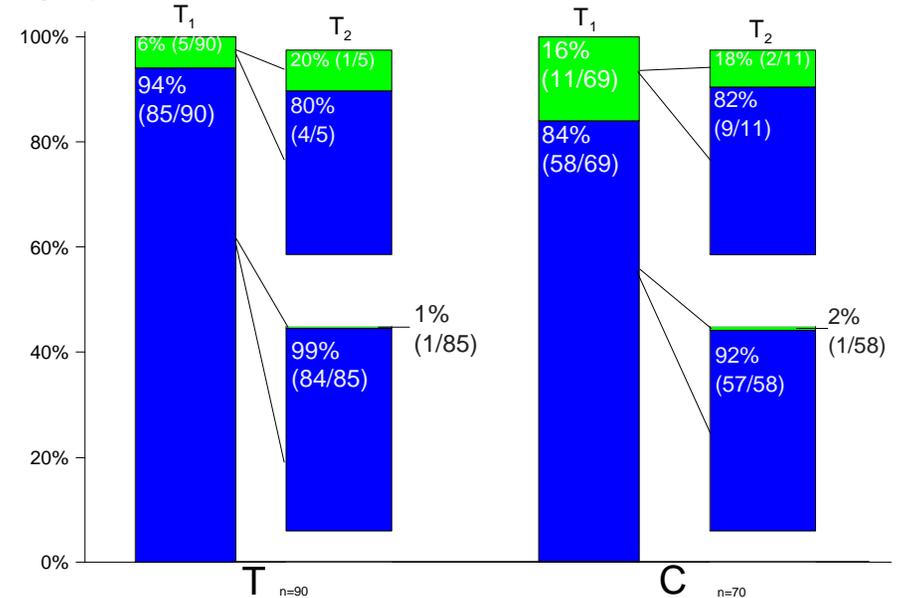
**Assault:** 13% involved at baseline (20/160)



**Theft:** 17% involved at baseline, 2.5 involved at F



**Burglary:** 10% involved at baseline (16/159)



# ***Recidivism Outcomes***

## ■ **Re-incarcerations:**

- *38% of sample re-incarcerated for 30+ days: 35% of OPTS clients and 42% of Controls.*

## ■ **Arrests:**

- *overall, 24% of sample re-arrested for follow-up crimes; 27% of OPTS clients and 20% of Controls*
- *most prevalent arrest offenses: dealing, assault, and disorderly conduct.*

## ■ **Technical Violations:**

- *46% of sample reported technical violations; no differences between OPTS and Controls.*

## ■ **Revocations:**

- *32% revoked once; slightly more Control offenders were revoked.*
- *only 5% of the sample revoked more than once.*