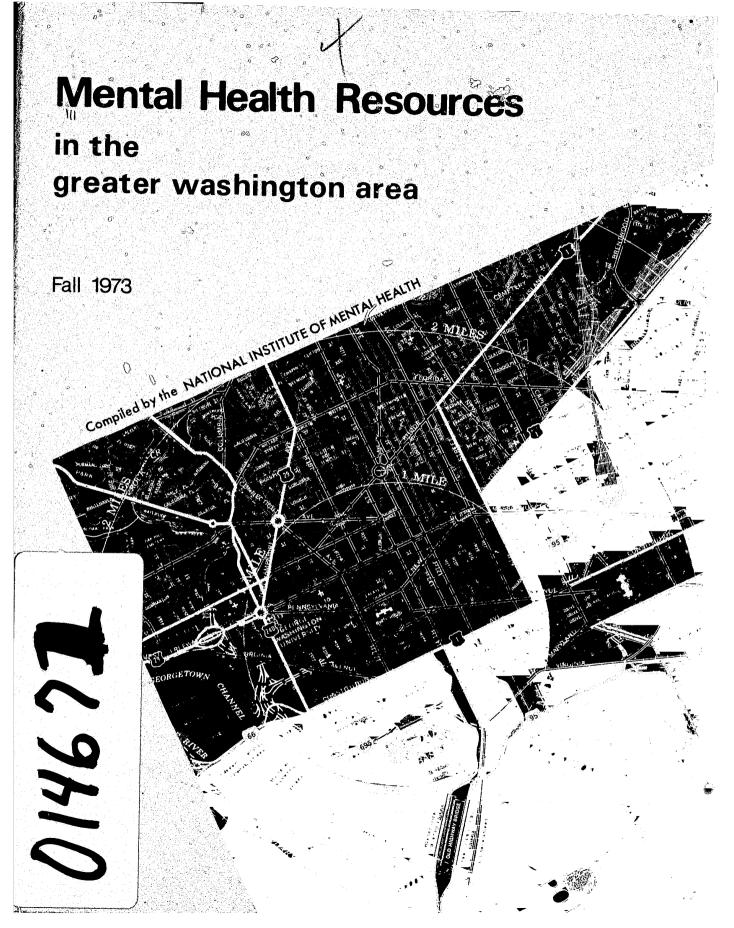
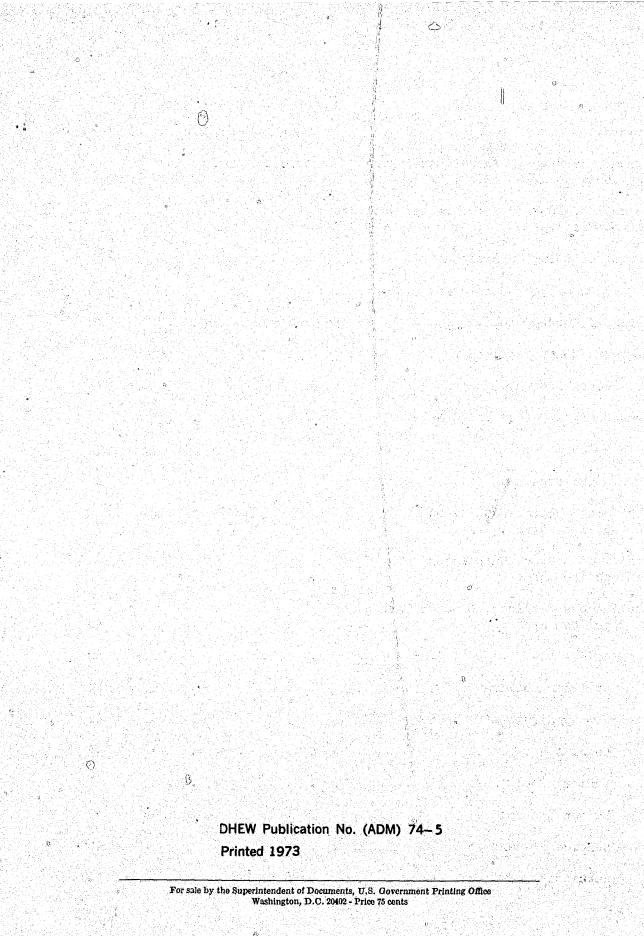
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FOREWORD

The 1973 edition of the directory of <u>Mental Health Resources in the Greater</u> <u>Washington Area</u> has been prepared by <u>Public Inquiries Section</u>, Office of <u>Communications</u>, National Institute of Mental Health. Orginally designed for use within NIMH, the directory is now distributed to groups and individuals outside the agency who have indicated a need for such a listing.

The Washington area has been divided into four districts: District of Columbia, Montgomery and Prince Georges Counties, and Virginia. The State Mental Health Authority and Mental Health Associations are listed for each district. The resources of each district are then listed in the order of area served, from those without any restrictions or residence requirements to those limited to the immediate neighborhood.

Such an arrangement will help locate all of the resources available as quickly as possible. Thus a call for help for an emotionally disturbed child residing in Prince Georges County can be referred to the resources listed under Prince Georges County Children and also to the resources in the other districts that have no residence restriction or that accept children from the entire metropolitan area.

For ready reference, special sections list emergency, information and referral, after care, alcoholism, and miscellaneous services. Information on drug abuse help and facilities can be obtained from the National Clearinghouse for Drug Abuse Information, National Institute of Mental Health, 5600 Fishers Lane, Rockville, Maryland 20852; telephone: 301, 443-4443.

Dorothy B. Waleski Public Inquiries Section Office of Communications National Institute of Mental Health

GREATER WASHINGTON METROP	<u>'OLITAN AREA</u>
District of Columbia:	
Mental Health Consultation Service and	24-hour serviće
Suicide Prevention	No residence restriction
801 North Capitol Street	no fee; information and
Washington 20001 202, 629-5222	referral.
Neurotics Anonymous International	24-hour service
Liaison, Inc.	No residence restrictio
Colorado Building, Room 426	no fee; emergency servi
1341 G Street, N.W.	no ice, emergency servi
Washington 20005	
202, 628–4379	
Lutheran Social Services of the	8:30 a.m 4:30 p.m.
National Capitol Area, Inc.	No residence restriction
2635-16th Street, N.W.	sliding scale; emergenc
Washington 20009	services.
202, 232-6373	
American University Hot Line	12 noon - 4 a.m.
202, 966–5911	
Birthright	9:30 a.m 9:30 p.m.
2800 Otis Street, N.E.	Hot line counseling, in
Washington 20018	tion and referral.
202, 526–3333	
Rapid Rescue	10 a.m 2 a.m.
George Washington University 202, 676-7221	Hot line services.
Connectory University Net Line	5 a m = 1 a m Maa Th
Georgetown University Hot Line	5 p.m 1 a.m., Mon-Th
Post Office Box 1670 Washington 20007	5 p.m 3 a.m., Fri.; 3 a.m., Sat. & Sun.
202, 625-4194	Georgetown University s
Washington Area Crisis Center 202, 333-RAPE	7:30 a.m 12 midnight
Emergency Service Center	9 a.m 12 midnight
2451-18th Street, N.W.	Third Police District,
Washington 20009	Washington; counseling
202, 629-7300 or 626-2569	referral.

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1

REA

our service esidence restriction; ee; emergency services.

a.m. - 9:30 p.m. line counseling, informaand referral.

m. - 1 a.m., Mon-Thurs.; m. - 3 a.m., Fri.; 9 a.m. m., Sat. & Sun. getown University students.

n. - 12 midnight d Police District, Northwest ington; counseling and rral.

Maryland:

Henry Phipps Psychiatric Institute Johns Hopkins Hospital 601 North Broadway Baltimore 21205 301, 955-5790

Bowie Hot Line Post Office Box 535 Bowie 20715 301, 262-AIDE

Division of Adult Ambulatory Care University Hospital University of Maryland 645 West Redwood Street Baltimore 21201 301, 528-6660

Help Unincorporated 301, 585-HELP

Hot Line for Youth 301, 949-6603

Somebody Cares St. Luke Lutheran Church Silver Spring 301, 588-5440

Rockville Free Clinic 207 Maryland Avenue Rockville 20850 301, 424-8341

Gaithersburg HELP 301, 762-1144 시간 물통 승규가 걸려 가지 않았다.

University of Maryland Hot Line 301, 454-HELP

24-hour service No residence restriction; sliding scale; emergency service.

4 p.m. - 12 midnight No residence restriction: crisis intervention center manned by volunteers; listening and referral services.

24-hour service Maryland residents; sliding scale; walk-in facility.

24-hour service Greater Silver Spring area; primarily help in emergency situations for those unable to pay; provides transportation, food, information, and referral.

24-hour answering service Montgomery County youths; information and referral.

8 p.m. - 1 a.m., extended hours on weekends Crisis intervention for teenagers.

7 - 11 p.m., Mon., Tues., & Weds. Walk-in clinic.

24-hour service Gaithersburg residents; crisis intervention.

24-hour service

2

Mental Health Hot Line 301, 864-7271

Hot Line for Deaf Prince Georges County Mental Health Association 301, 864-4488

Call Beltsville 301, 434-4737

Virginia:

Northern Virginia Hot Line 703, 527-4077

Youth Hot Line Alexandria 703, 548-3810

FISH (For Immediate Sympathetic Help) 703, 522-8600

Headway Hot Line 703, 0X2-2100

n 1977) 1996 - Maria Santan, ang Kabupatèn Kabupatèn Kabupatèn Kabupatèn Kabupatèn Kabupatèn Kabupatèn Kabupatèn Kabup 1997 - Kabupatèn Kabu

(See also community mental health centers listed for each area)

3

services.

6

24-hour service

services.

24-hour service

24-hour service Prince Georges County residents; information and referral, crisis intervention and listening

24-hour service Beltsville residents; hot line

24-hour service Telephone counseling service and referrals.

24-hour service Volunteers with professional training; counseling and referral.

Sponsored by Northern Virginia churches; offers many emergency services, including child care, transportation, housework for the sick.

24-hour service Military District of Washington.

INFORMATION AND REFERRAL GREATER WASHINGTON METROPOLITAN AREA

District of Columbia Association for Mental Health, Inc. 3000 Connecticut Avenue, N.W. Washington 20008 202, 462-1122

Day Care and Child Development Council of America 1401 K Street, N.W., Suite 1100 Washington 20005 202, 638-2316

Health and Welfare Council of the National Capitol Area HWC Information and Referral Service 95 M Street, S.W. Washington 20024 202, 488-2077

D.C. Department of Human Resources Information and Referral Center 919-12th Street, N.W. Washington 20005 202, 629-3776

Washington Psychoanalytic Society, Inc. 4925 MacArthur Boulevard, N.W. Washington 20007 202, 338-5453

Information Center for Handicapped Children 1619 M Street, N.W. Washington 20036 202, 347-4986

Mental Health Association of Montgomery County, Inc. 11141 Georgia Avenue Wheaton 20902 301, 949-1255

4

Topic House 494 St. Barnabas Road Temple Hills 20023 301, 894-5169 or 9724

9 a.m. - 5 p.m.

9 a.m. - 5 p.m. No residence restriction; nonprofit child advocate organization: information and referral.

9 a.m. - 5 p.m. Metropolitan area; no fee.

8:15 a.m. - 4:45 p.m. Metropolitan area; no fee.

9 a.m. - 5 p.m. Metropolitan area; no fee. $\langle \rangle$

9 a.m. - 5 p.m.

9 a.m. - 4:30 p.m. Montgomery County residents; Information on all mental health professionals in Montgomery County.

10 a.m. - 10 p.m. No residence restriction; no fee; walk-in information and referral service.

Prince Georges County Mental Health Association 5611 Landover Road Hvattsville 20784 301, 277-4675

The Council for Exceptional Children Information Center Jefferson Plaza, Suite 900 1411 South Jefferson Davis Highway Arlington 22202 703, 521-8820

Northern Virginia Mental Health Association 3260 Wilson Boulevard, Suite 23 Arlington 22201 703, 524-3352

Alexandria Mental Health Association Doniphan Building 101 North Columbus Street Alexandria 22314 703, 548-0010

医生命的 经承担公司

526-091 O - 73 - 2

center.

9 a.m. - 5 p.m.

9 a.m. - 4 p.m.Prince Georges County residents.

8 a.m. - 5 p.m. No residence restriction: An educational resources information

Arlington, Fairfax, Loudoun and Prince William Counties; Cities of Fairfax and Falls Church.

9 a.m. - 5 p.m. Alexandria residents.

DISTRICT OF COLUMBIA

State Mental Health Authority:

.

Dr. Jefferson R. McAltine, Acting Administrator 8:15 a.m. - 4:45 p.m. Mental Health Administration Department of Human Resources Room 824, 1875 Connecticut Avenue, N.W. Washington 20009 202, 629-3447

District of Columbia Association for Mental Health 3000 Connecticut Avenue, N.W. Washington 20008 202, 462-1122

Anchor Mental Health Association 1725 Rhode Island Avenue, N.W. Washington 20036 202, 347-1295

ADULTS

6

Outpatient Psychiatric Clinic George Washington University Medical Center 2150 Pennsylvania Avenue, N.W. Washington 20037 202, 331-6741

Group Therapy Center 2201 M Street, N.W. Washington 20037 202, 466-2255

Department of Psychiatry The Morris Cafritz Memorial Hospital 1310 Southern Avenue, S.E. Washington 20032 202, 574-6717 9 a.m. - 5 p.m. Information and referral; mental health education. Q.

8:30 a.m. - 5 p.m. <u>No residence restriction;</u> Anchor House, Social-Recreation Center, Vocational Adjustment Clinic.

9 a.m. - 5 p.m. <u>No residence restriction;</u> sliding scale; diagnostic evaluation and treatment (individual, group, and family therapy); 33-bed inpatient facility; fees; 901-23rd Street, N.W., 202, 331-6441.

7 a.m. - 10 p.m., Mon. through Sat. <u>No residence restriction;</u> fees with consideration to income; intensive individual and group psychotherapy; mental health information and training.

No residence restriction; fees; general hospital with a psychiatric, shortterm, 30-day unit; day care for former patients.

Psychiatric Institute of Washington	24-hour
2141 K Street, N.W.	No resi
Washington 20037	fees; p
202, 467-4600	hospita
	diagnos
	vidual,
	therapy
	•
Pastoral Counseling and Consultation	9 a.m.
Center of Greater Washington	No resi
Executive Office, Suite 408	sliding
3000 Connecticut Avenue, N.W. Washington 20008	ing, in consult
202, 234-8081	indicat
202, 234-0001	Indical
Psychiatry Department	7:30 a.
Freedmens Hospital	No resi
6th and Bryant Streets, N.W.	fees; d
Washington 20001	group a
202, 483-1500	6-04P 4
Lutheran Social Services of the	8:30 a.
National Capitol Area, Inc.	No resi
2635-16th Street, N.W.	sliding
Washington 20009	single
202, 232-6373	emergen
	and gro
	life ed
	resourc
D.C. Institute of Mental Hygiene	9 a.m.
3000 Connecticut Avenue, N.W., Suite	
Washington 20008	sliding
202, 232-5454	group p
	uation,
New School of Psychotherapy	Hours b
Clinical Center	<u>No resi</u>
4600 Connecticut Avenue, N.W., Suite	
Washington 20008	encount
202, 966-8100	smoking
	for you
	individ
	clinica
Neurotic Anonymous International	24-hour
Liaison, Inc.	10 a.m.
Colorado Building, Room 426	No resi
1341 G Street, N.W.	no fee;
Washington 20005	emotion
202, 628-4379	
202, 020-4373	

ur service

sidence restriction; private psychiatric tal and treatment center; ostic evaluation; indi-1, group, and family py.

. - 5 p.m.

sidence restriction; ng scale; depth counselindividual and group ltation; referral where ated.

a.m. - 4 p.m. sidence restriction; diagnostic evaluation; and individual therapy.

a.m. - 4:30 p.m. <u>sidence restriction;</u> ng scale; adoptions, e parent services, ency services, individual roup counseling, family education, and human rces services.

. - 6 p.m.

sidence restriction; ng scale; individual and psychotherapy and evaln, and medication clinic.

by appointment <u>sidence restriction;</u> ing scale; group therapy, inter groups, marathons, ing therapy, psychodrama youths and adults, and yidual psychotherapy,

cal hypnotherapy.

ur answering service m. - 6 p.m., office sidence restriction; e; self-help for the onally ill. The Washington Free Clinic 1556 Wisconsin Avenue, N.W. Washington 20001 202, 965-5476

. .

Metropolitan Counseling Services Davis Building, fifth floor 1629 K Street, N.W. 202, 296-5236 8313 Beech Tree Road Bethesda 20014

Hillcrest Children's Center 1325 W Street, N.W. Washington 20009 202, 265-2400

Washington Psychoanalytic Society, Inc. 4925 MacArthur Boulevard, N.W. Washington 20007 202, 338-5453

Health and Welfare Council of the National Capitol Area HWC Information and Referral Service 95 M Street, S.W. Washington 20024 202, 488-2077

D.C. Department of Human Resources Information and Referral Center 919-12th Street, N.W. Washington 20005 202, 629-3776

Forensic Psychiatry Office 801 North Capitol Street, N.E. Washington 20002 202, 629-4373

8

6:30 - 7 p.m. No residence restriction: no fee; medical and psychiatric services: birth control and legal counseling.

Hours by appointment No residence restriction: sliding scale; individual. family and marriage counseling; diagnostic evaluation. child rearing and couples discussion groups.

8:30 a.m. - 5 p.m., 8 p.m. Tues. Metropolitan Washington; sliding scale; adolescents and young adults, 13-24 years; diagnosis and treatment.

9 a.m. - 5 p.m. Metropolitan area; low cost fee: information and referral with mental health specialist for consultation.

9 a.m. - 5 p.m. Metropolitan area; no fee.

8:15 a.m. - 4:45 p.m. Metropolitan area; no fee.

8:15 a.m. - 4:45 p.m. Metropolitan area; accepts" only referrals from courts and correctional agencies; diagnostic and rehabilitation services.

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Adult Outpatient Psychiatric Services Georgetown University Hospital 3800 Reservoir Road, N.W. Washington 20007 202, 625-7351

D.C. Mental Health Administration Community Mental Health Centers

Area A 3246 P Street, N.W. Washington 20007 202, 333-2653

Area B 1125 Spring Road, N.W. Washington 20010 202. 629-4027

Area B Adult and Day Treatment Center and Change, Inc. 3308 14th Street, N.W. Washington 20010 202, 629-4913

Area C 1905 E Street. S.E. Washington 20003 202, 626-5363

£

Congress Heights Health Center 8th and Xenia Streets, S.E. Washington 20032 202, 563-1100

Anacostia Neighborhood Health Center 1328 W Street, S.E. Washington 20020 202, 889-1070

Area D Community Mental Health Center Saint Elizabeths Hospital 2700 Martin Luther King, Jr. Avenue, S.E. Washington 20032 202, 562-6500

9

clinic.

9 a.m. - 4:30 p.m.Area A and Metropolitan suburbs: sliding scale: over 16: walkin clinic, individual, group, and family therapy, crisis intervention, drug followup

8:15 a.m. - 4:45 p.m. D.C. residents; sliding scale; all outpatient services. Call 629-3447 to learn where eligible. Catholic Charities, Archdiocese of Washington 2800 Otis Street, N.E. Washington 20018 202, 526-4100

Superior Court of the District of Columbia Social Services Division Intrafamily and Neglect Branch 613 G Street, N.W. Washington 20001 202, 727-1932

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Washington Area Crisis Center 202, 333-RAPE

Headway, Military District of Washington Building 59, North Post Fort Meyer, Virginia OX2-2254 or 2285 Hot Line OX2-2100

CHILDREN

Information Center for Handicapped Children 1619 M Street, N.W. Washington 20036 202, 347-4986

Hillcrest Children's Center Children's Hospital 1325 W Street, N.W. Washington 20009 202, 265-2400

5

Groome Child Guidance Center Hayes Hall Sibley Memorial Hospital 5255 Loughboro Road, N.W. Washington 20016

p., 3

9 a.m. - 4:45 p.m. <u>Families and children of</u> <u>Catholic heritage</u>; sliding scale; complete social service program.

8:30 a.m. - 5 p.m. D.C. residents on complaints of family neglect and abuse; no fee; all social services including marriage and family counseling.

7:30 a.m. - 12 midnight

Military District of Washington, DOD active, retired, and dependents; community counseling center.

9 a.m. - 5 p.m. No residence restriction; no fee; demonstration project funded by Office of Education; information, referral, and follow-up service for handicapped children and young adults.

8:30 a.m. - 5 p.m., 8 p.m. Tues. <u>No residence restriction;</u> sliding scale; residential treatment center, boys, ages 6-12; day school and outpatient services, ages 2-13; diagnostic evaluation, treatment, individual, group, and family therapy, art therapy. 9 a.m. - 5 p.m.

No residence restriction; sliding scale; crisis intervention, individual child, adult, and family evaluation, 202, 362-7646 Groome School 3401 Nebraska Avenue, N.W. Washington 20016 202, 362-7646

The Hospital for Sick Children 1731 Bunker Hill Road, N.E. Washington 20017 202, 832-4400

Children and Family Institute The Pastoral Counseling and Consultation Centers of Greater Washington Executive Office, Suite 408 3000 Connecticut Avenue, N.W. Washington 20008 202, 234-8081 School Orthopsychiatric Services

3000 Connecticut Avenue, N.W. Washington 20008 202, 462-4300

Day Care and Child Development Council of America 1401 K Street, N.W., Suite 1100 Washington 20005 202, 638-2316

> ال<mark>میں</mark> دوستانی کلیو آوستان درمینا دعمان و آوستان دورا

The Washington Free Clinic 1556 Wisconsin Avenue, N.W. Washington 20001 202, 965-5476

10

counseling and therapy. Training for professionals.

No residence restriction; fees; children between ages 7-15 considered. Special education and treatment center for children who have emotional problems, learning disabilities, or neurological impairment; behavior modification techniques and family therapy sessions; academic instruction is individually prescribed to meet child's specific needs.

No residence restriction; fees; residential diagnostic evaluation and treatment center for children from infancy to 16 years.

9 a.m. - 5 p.m. <u>No residence restriction;</u> sliding scale; diagnostic evaluation, marriage counseling, individual and group therapy.

Mon. through Fri. by appointment; No residence restriction; fees; treatment of children and young adults; therapy groups for adolescents and adults.

9 a.m. - 5 p.m.

No residence restriction; nonprofit child advocate organization; information and referral, day care counseling.

6:30 - 7 p.m. <u>No residence restriction;</u> no fee; medical and psychiatric services; birth control and legal counseling.

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Episcopal Center for Children 5901 Utah Avenue, N.W. Washington 20015 202, 363-1333

Children's Psychiatric Services Georgetown University Medical Center 3800 Reservoir Road, N.W. Washington 20007 202, 625-7351

D.C. Mental Health Administration Community Mental Health Centers

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Area A 3246 P Street, N.W. Washington 20007 202, 333-2653

Area B 1125 Spring Road, N.W. Washington 20011 202, 629-4027

Area C 1905 E Street, S.E. Washington 20003 202, 626-5363

Congress Heights Health Center 8th and Xenia Streets, S.E. Washington 20032 202, 563-1100

Anacostia Neighborhood Health Center 1328 W Street, S.E. Washington 20002 202, 889-1070 2012년 - 1997년 - 1997년 - 1997년 - 1997년 1997년 - 일양한 동안 - 1997년 1997년 - 일양한 동안 - 1997년 - 1997년

Area D Community Mental Health Center Saint Elizabeths Hospital 2700 Martin Luther King, Jr. Avenue, S.E. Washington 20032

Metropolitan area and St. Mary's and Charles Counties, Maryland, Northern Virginia; sliding scale; boys, ages 6-9; residential care: therapeutic living experience, individual, group, and family therapy; day program for inner city children referred by schools, no fee.

9 a.m. - 5 p.m. Area A and metropolitan area; sliding scale; children up to 18 years; diagnostic evaluation and treatment.

8:15 a.m. - 4:45 p.m. D.C. residents; sliding scale; all outpatient services; call 629-3447 to learn where eligible.

물건을 물질 수 없다.

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Ø Catholic Charities, Archdiocese of Washington 2800 Otis Street. N.E. Washington 20018 202, 526-4100 American University Hot Line 202, 966-5911 Birthright

2800 Otis Street. N.E. Washington 20018 202, 526-3333

Rapid Rescue George Washington University 202, 676-7221

Georgetown University Hot Line Post Office Box 1670 Washington 20007 202. 625-4194

Emergency Service Center 2451-18th Street. N.W. Washington 20009 202, 629-7300 or 626-2569

9 a.m. - 12 midnight Third Police District and Northwest Washington; counseling and referral.

ومتوسوب والمتحادي الأداح 526-091 O - 73 - 3

9 a.m. - 4:45 p.m. Families and children of Catholic heritage; sliding scale; complete social service program.

12 noon - 4 a.m.

9:30 a.m. - 9:30 p.m. Hot Line counseling, information and referral.

10 a.m. - 2 a.m. Hot Line counseling and referrals.

5 p.m. - 1 a.m.; 3 a.m., Fri.; 9 a.m. - 3 a.m. Sat. & Sun. Georgetown University students.

MONTGOMERY COUNTY

State Mental Health Authority:

.

Dr. Bertram W. Pepper, Commissioner of Mental Hygiene State Department of Mental Hygiene 301 West Preston Street Baltimore 21201 301, 383-2714

Maryland Association for Mental Health 325 East 25th Street Baltimore 21218 301, 235-1178

Mental Health Association of Montgomery County, Inc. 11141 Georgia Avenue Wheaton 20902 301, 949-1255

ADULTS

Psychiatric Outpatient Department Sheppard and Enoch Pratt Hospital 6501 North Charles Street Towson 21204 301, 823-8200

Henry Phipps Psychiatric Institute Johns Hopkins Hospital 601 North Broadway Baltimore 21205 301, 955-5790

The Seaton Psychiatric Institute 6400 Wabash Avenue Baltimore 21215 301, 764-2200

Silver Spring-Takoma Park Community Mental Health Center Washington Adventist Hospital 7600 Carroll Avenue Takoma Park 20012 301, 891-7295 9 a.m. - 4:30 p.m. <u>Montgomery County residents;</u> information and referral service; research, community education, speakers bureau.

8:30 a.m. - 5 p.m. <u>No residence restriction</u>; fees; by appointment only.

24-hour service No residence restriction; sliding scale; inpatient, outpatient, and emergency services.

No residence restriction; fees; hospital for care of patients suffering from mental and emotional illnesses, inpatient psychiatric care.

No residence restriction; fees; must be under constant care of psychiatrist; general hospital with inpatient services, day care program, partial hospitalization, and outpatient services. Chestnut Lodge, Inc. 500 West Montgomery Avenue Rockville 20850 301, 424-8300

Montgomery General Hospital Olney 20832 301, 774-7800

Consultation and Guidance Center, Inc. 1105 D Spring Street, Suite 203 Silver Spring 20910 301, 585-7777

White Oak Psychological Center Eldorado Towers 11235 Oak Leaf Drive Silver Spring 20901 301, 593-3100

Psychiatric Institute of Washington Montgomery County Division 10605 Concord Street, Suite 203 Kensington 20795 301, 467-4550

Community Psychiatric Clinic, Inc. 4803 Hampden Lane Bethesda 20014 301, 656-5220

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Associates in Training and Therapy Cordell Building, Third Floor, West Wing 4715 Cordell Avenue Bethesda 20014 301, 657-4485; 703, 759-2582

14

15

No residence restriction; fees; residential, ages 17 and over, referred by physicians, hospital, or direct personal inquiry; private psychiatric diagnosis and treatment.

No residence restriction; sliding scale; intensive and short term care; psychistrists and other physicians on medical staff may admit patients with primary psychiatric disorders.

9 a.m. - 10 p.m.

No residence restriction; fees vary according to service; private clinic with community

comprehensive approach to mental and emotional problems; individual and group therapy, family therapy and marriage counseling, psychological evaluation.

8 a.m. - 9 p.m.

No residence restriction; sliding scale; diagnostic evaluation, individual, group, and family therapy, sensitivity training, and supervisory programs for professionals.

8:30 a.m. - 6 p.m.

No residence restriction; fees ages 13-18; diagnostic evaluation, outpatient services, day care center and developmental school.

9 a.m. - 5 p.m.

No residence restriction; sliding scale; no age limit; private clinic offering all outpatient services.

No residence restriction; fees based on services provided; diagnostic evaluation, individual, group, and family therapy for children, adolescents, and adults; consultation to physicians, mental Potomac Foundation for Mental Health 5413 Cedar Lane Bethesda 20014 301, 530-5600

Jewish Social Service 6123 Montrose Road Rockville 20852 301, 881-3700

Division of Adult Ambulatory Care University Hospital, University of Maryland 645 West Redwood Street Baltimore 21201 301, 528-6660

Springfield State Hospital Sykesville 21784 301, 795-2100

Montgomery County Health Department Division of Mental Health Services

Centralized Mental Health Services 12701 Twinbrook Parkway Rockville 20852 301, 279-1671

Community Mental Health Field Services

Bethesda Health Center 4848 Cordel Avenue Bethesda 20014 301, 654-7465

Gaithersburg Health Center 542 North Frederick Avenue ederick Avenue 20760 O alth Center andy Spring Road Gaithersburg 20760 301, 926-6000

Northeast Health Center 1912 Olney-Sandy Spring Road Sandy Spring 20860 301, 774-9277

health professionals, and community agencies; inpatient care at local hospital under staff psychiatrist; leadership and human relations training.

8:30 a.m. - 5 p.m. No residence restriction; fees; private day treatment center; no residential facilities.

9 a.m. - 5 p.m., 9 p.m. Thurs. No residence restriction; sliding scale; no age limit; multifunction family agency.

24-hour service Maryland residents; sliding scale; walk-in facility, open clinic, brief therapy clinic offering individual, group, and family therapy.

Montgomery County residents; sliding scale; tax-supported State mental hospit/al.

8:30 a.m. - 5 p.m. Montgomery County residents: sliding scale; all outpatient services.

Poolesville Health Center Poolesville 20837 301, 349-2801

Rockinghorse Health Center 4905 Macon Road Rockville 20853 301, 942-7756

Rockland Health Center 2208 Rockland Avenue Rockville 20851 301, 279-1623

Silver Spring Health Center 8500 Colesville Road Silver Spring 20910 301, 587-2200

Bache Memorial Bethesda Free Clinic St. John's Episcopal Church 6701 Wisconsin Avenue Bethesda 20014 301, 656-3222

Help Unincorporated 301, 585-HELP

University of Maryland Hot Line 454-HELP

Rockville Free Clinic 207 Maryland Avenue Rockville 20850 301, 424-8341

The Sheppard-Pratt Guidance Clinic and Forbush Children's Center 6501 North Charles Street Towson 21204 301, 823-8200

7 p.m. - 10 p.m., Sun., Tues., & Thurs.

psychiatric counseling, medical diagnosis and treatment, drug problems.

24-hour service Greater Silver Spring Area; primarily help in emergency situations for those unable to pay; provides transportation, food, information and referral.

24-hour service

7 - 11 p.m., Mon., Tues., & Weds.; clinic, 9 a.m. - 5 p.m. walk-in clinic, individual and family counseling.

CHILDREN

8:30 a.m. - 5 p.m. No residence restriction; fees; day school for emotionally disturbed children, ages 5-10. Outpatient clinic, sliding scale. ages 2 1/2 - 15 1/2.

17

Henry Phipps Psychiatric Institute Johns Hopkins Hospital 601 North Broadway Baltimore 21205 301, 955-5790

Child Psychiatry Institute of Psychiatry and Human Behavior University Hospital, University of Maryland 645 West Redwood Street Baltimore 21201 301, 528-6391

Baltimore-Washington Institutes for the Achievement of Human Potenital 400 East Coldspring Lane Baltimore 21212 301, 744-6032

Woodbourne Center, Inc. 1301 Woodbourne Avenue Baltimore 21239 301, 433-1000

Agnes Bruce Greig School 3100 Military Road, N.W. Washington 20015 301, 686-0292

Consultation Guidance Center, Inc. 1105 D Spring Street, Suite 203 Silver Spring 20910 301, 585-7777

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9 a.m. - 5 p.m. No residence restriction; sliding scale; all outpatient services.

8:30 a.m. - 4:30 p.m. <u>No residence restriction</u>; sliding scale; ages up to 16; outpatient services, evaluation, and longterm treatment.

Open by appointment <u>No residence restriction;</u> any child or adult having a learning disability, reading problem, or brain injury; fees with consideration given to those who cannot pay; diagnostic evaluation and treatment.

No residence restriction; sliding scale; boys and girls, ages 9 - 14; a coeducational treatment center for emotionally disturbed children, providing residential care; special education; individual, group, and milieu therapy; family counseling and aftercare service.

No residence restriction; sliding scale; day school for children, ages 5-15, with above average intelligence experiencing learning difficulties; parent counseling; Greig II: special division for gifted children without problems.

9 a.m. - 10 p.m. <u>No residence restriction</u>; fees vary according to services; private clinic, community comprehensive approach to mental and emotional problems; individual and group therapy for adolescents, play therapy for younger children, family therapy.

White Oak Psychological Center Eldorado Towers 11235 Oak Leaf Drive Silver Spring 20901 301, 593-3100

Community Psychiatric Clinic, Inc. 4802 Hampden Lane Bethesda 20014 301, 656-5220

Jewish Social Service 6123 Montrose Road Rockville 20852 301, 881-3700

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Potomac Foundation for Mental Health 5413 West Cedar Lane Bethesda 20014 301, 530-6333

Christ Church Child Center 8011 Old Georgetown Road Bethesda 20014 301, 652-3922

Association of Childhood Learning Disabilities Montgomery County Chapter 301, 949-1195

Christ Child Institute for Children Edson Lane Rockville 20852 301, 770-6600

Regional Institute for Children Maryland State Department of Mental Hygiene Owings Mill 21117 301, 363-0300

م موند معهومه شرق م مدر . مرجع المرجع مرجع مرجع المرجع . 8 a.m. - 9 p.m. <u>No residence restriction</u>; sliding scale; diagnostic evaluation, individual, group, and family therapy.

9 a.m. - 5 p.m. <u>No residence restriction</u>; sliding scale; no age limit; private clinic offering all outpatient services.

9 a.m. - 9 p.m. <u>No residence restriction</u>; sliding scale; no age limit; multi-function family agency.

8:30 a.m. - 4:30 p.m. <u>No residence restriction</u>; fees; day treatment center, diagnostic and outpatient treatment for children and adolescents.

9:15 a.m. - 2:15 p.m. <u>No residence restriction;</u> fees; with State and County aid and scholarships available; children ages 4-10, with learning problems due to neurological impairments or emotional problems; diagnostic educational setting for children with special learning problems.

9 a.m. - 5 p.m. <u>Metropolitan Washington and other</u> <u>areas within traveling distance;</u> sliding scale; residential, and day care, boys ages 4 1/2/- 8 1/2, girls, 5 - 10 1/2; individual, group, and family therapy.

<u>Maryland residents;</u> sliding scale; residential facility, psychiatric inpatient treatment for emotionally disturbed children, ages 5 to 12.

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School for Contemporary Education 3604 Chatham Road Ellicott City 21043 301, 465-7189

Linwood Children's Center Church Road Ellicott City 21043 301, 465-1352

Child Mental Health Services Division of Mental Health Montgomery County Health Department 12701 Twinbrook Parkway Rockville 20852 301, 279-1671

Boy's Home for Montgomery County 3514 Plyers Mill Road Kensington 20795 301, 949-1170

Protective Service for Neglected Children Montgomery County Department of Social Services 5630 Fishers Lane Rockville 20852 301, 279-1758

Hot Line for Youth 301, 949-6603

Somebody Cares St. Luke Lutheran Church Silver Spring 301, 588-5440

University of Maryland Hot Line 301, 454-HELP

Maryland residents; fees; day care for children of school age, miltiplehandicapped, autistic, emotionally disturbed, brain damaged, specific learning defects, controlled epilepsy; diagnosis, treatment, and education.

10 a.m. - 5 p.m.

Residents within commuting distance: fees; ages 2-6; seriously emotionally disturbed children, including autistic; residential and day care; individual, group, and family therapy and education.

8:30 a.m. - 5 p.m.

Montgomery County residents; sliding scale; infancy to 18 years; diagnosis, consultation, individual, group, and family therapy, remedial education.

8:30 a.m. - 5:30 p.m.

Montgomery County residents; resident group home for delinquent youth, girls and boys referred by juvenile court or Department of Social Services; cost of care contracted with County or State governments; sheltered care home for short-term emergency care.

8:30 a.m. - 5 p.m.

Montgomery County residents; receipt and evaluation of any report of neglect and abuse of children; if neglect exists, help is given parents; home and office visits; referral for treatment.

24-hour telephone answering service for Montgomery County youths seeking counseling; information and referral; service funded by grant from the State Department of Mental Hygiene.

8 p.m. - 1 a.m. Extended hours on weekends Crisis intervention for teenagers.

24-hour service

20

Gaithersburg HELP 301, 762-1144

Rockville Free Clinic 207 Maryland Avenue Rockville 20850 301. 424-8341

24-hour service

crisis intervention for Gaithersburg residents.

7 - 11 p.m., Mon., Tues., Weds. walk-in clinic.

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PRINCE GEORGES COUNTY

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State Mental Health Authority:

Dr. Bertram W. Pepper, Commissioner of Mental Hygiene State Department of Mental Hygiene 301 West Preston Street Baltimore 21201 301. 383-2714

Maryland Association for Mental Health 325 East 25th Street Baltimore 21218 301, 235-1178

Prince Georges County Mental Health Association 5611 Landover Road Hyattsville 20784 301, 277-4675

ADULTS

Psychiatric Outpatient Department Sheppard and Enoch Pratt Hospital 6501 North Charles Street Towson 21205 301, 823-8200

Henry Phipps Psychiatric Institute Johns Hopkins Hospital 601 North Broadway Baltimore 21205 301, 955-5790

The Seaton Psychiatric Institute 6400 Wabash Avenue Baltimore 21215 301, 764-2200

Behavior Service Consultants, Inc. Post Office Box 186 Greenbelt 20770 301, 474-2147

Division of Adult Ambulatory Care Institute of Psychiatry and Human Behavior University Hospital, University of Maryland 645 Redwood Street Baltimore 21201 301, 528-6660

9 a.m. - 4 p.m.Information and referral, speakers bureau, volunteer education and social action program.

8:30 a.m. - 5 p.m. No residence restriction; fees; by appointment only.

24-hour service No residence restriction; sliding scale; inpatient, outpatient, and emergency service.

No residence restriction; fees; hospital for care of patients suffering from mental and emotional illnesses; inpatient psychiatric care.

By appointment only No residence restriction; fees; private and group treatment, behavior management approach.

24-hour service Maryland residents; sliding scale; walk-in facility, open clinic, brief therapy clinic offering individual, group, and family therapy.

Spring Grove State Hospital Wade Avenue Catonsville 21228 301, 747-4400	Pri tax res for
Prince Georges County Community Mental Health Centers Prince Georges Health Department Hospital Road Cheverly 20785 301, 773-1400, x 324	8:3 Pri sl: sei hea
Adult Psychiatric Day Center 6715 Kenilworth Avenue Riverdale 20840 301, 864-5420	
Laurel Community Mental Health Center 217 Main Street Laurel 20810 301, 498-7500	
Southern Health District 5620 St. Barnabas Road Oxon Hill 20021 301, 894-5900	
Family Psychiatric Clinic Family Service of Prince Georges County Barnabas Office Building, Suite 403 4410 Stamp Road Marlow Heights 20031 301, 423-1600	9 a <u>Pr</u> sl: and con
Mental Health Hot Line 301, 864-7271	24- Pri inf
Hot Line for the Deaf Prince Georges County Mental Health Association 301, 864-4488	24-
<u>CHILDREN</u>	

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The Sheppard-Pratt Guidance Clinic and	8:3
Forbush Children's Center	No :
6501 North Charles Street	day
Towson 21204	chi
301, 823-8200	cli:

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ince Georges County residents; x-supported State mental hospital: sidential; outpatient clinic for rmer and prospective patients.

30 a.m. - 4:30 p.m. ince Georges County residents; iding scale; all outpatient rvices of a community mental alth center.

a.m. - 9 p.m. by appointment ince Georges County residents; iding scale; individual, group, d family therapy; marriage unseling.

-hour service ince Georges County residents; formation and referral, crisis tervention and listening services.

-hour service

30 a.m. - 5 p.m. residence restriction; fees; school for emotionally disturbed lldren, ages 5-10. Outpatient nic, sliding scale, ages, 2 1/2 - 15 1/2.

Henry Phipps Psychiatric Institute Johns Hopkins Hospital 601 North Broadway Baltimore 21205 301, 955-5790

Baltimore-Washington Institutes for the Achievement of Human Potential 400 East Coldspring Lane Baltimore 21212 301. 744-6032

Woodbourne Center, Inc. 1301 Woodbourne Avenue Baltimore 21239 301, 433-1000

Edgemeade Youth Rehabilitation Center Box 430 Upper Marlboro 20870 301, 888-1330

Association of Childhood Learning Disabilities Prince Georges County Chapter 301, 953-2148

Topic House 4911 St. Barnabas Road Temple Hills 20033 301, 894-5169 or 9724

and the

Child Psychiatry Institute of Psychiatry and Human Behavior University Hospital, University of Maryland 645 West Redwood Street Baltimore 21201 301, 528-6391

Regional Institute for Children Maryland State Department of Mental Hygiene Owings Mill 21117 301, 363-0300

9 a.m. - 5 p.m. No residence restriction; sliding scale: all outpatient services.

Open by appointment No residence restriction; any child or adult having a learning disability, reading problems, or brain injury; fees with consideration given to those who cannot pay; diagnostic evaluation and treatment.

No residence restriction; sliding scale; boys and girls, ages 9-14; a coeducational treatment center for emotionally disturbed children. providing residential care; special education; individual, group, and milieu therapy; family counseling and aftercare services.

8:30 a.m. - 5:30 p.m. No residence restriction: fees: boys and girls, ages 8-14; residential; individual, group, and family therapy and education.

10 a.m. . 10 p.m. No residence restriction: no fee; walk-in information and referral service.

8:30 a.m. - 4:30 p.m. No residence restriction; sliding scale; outpatient services, ages up to 16; evaluation and longterm treatment.

Maryland residents; sliding scale; residential facility, psychiatric inpatient treatment for emotionally disturbed children, ages 5 to 12.

School for Contemporary Education 3604 Chatham Road Ellicott City 21043 301. 465-7189

Linwood Children's Center Church Road Ellicott City 21043 301, 465-1352

Prince Georges County Community Mental Health Centers Prince Georges Health Department Hospital Road Cheverly 20785 301, 773-1400, x 324

Hamilton Children's Center 442 Hamilton Street Hyattsville 20781 301, 779-0993

Laurel Community Mental Health Center 217 Main Street Laurel 20810 301, 498-7500

Southern Health District 5620 St. Barnabas Road Oxon Hill 20021 301, 894-5900

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Transitional Group Homes Program Family Service of Prince Georges County 4318 Hamilton Street Hvattsville 20781 301, 277-1137

Prince Georges County residents; sliding scale; ages 16-18 years returning to the community from institutions, such as mental hospitals, training schools, detention centers, etc. Placement in a group home, counseling, employment counseling, continuing education and vocational training, group recreational activities and continuous follow-up.

Maryland residents; fees; day care for children of school age, multiple-handicapped, autistic, emotionally disturbed, brain damaged, specific learning defects, controlled epilepsy; diagnosis, treatment, and education.

10 a.m. 5 p.m.

Residences within commuting distance: fees; ages 2-12; seriously emotionally disturbed children, including autistic; residential and day care; individual, group, and family therapy and education.

8:30 a.m. - 4:30 p.m. Prince Georges County residents; sliding scale; all outpatient services of a community mental health center.

9 a.m. - 5 p.m.

Mobile Community Services Seat Pleasant Community Center 601 Addison Road Seat Pleasant 20027 301, 925-8610

Bowie Hot Line Post Office Box 535 Bowie 20715 301, 262-AIDE

Mental Health Hot Line 301, 864-7271

Call Beltsville 301, 434-4737

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9 a.m. - 5 p.m., 8 p.m. Mon., Tues., Weds. Model Neighborhood and rural communities of Prince Georges County; counseling and referral.

4 - 12 midnight No residence restriction; crisis intervention center manned by teenagers, listening and referral services. GA

24-hour service Prince Georges County residents: information and referral, crisis intervention and listening service.

24-hour service Beltsville residents; hot line service.

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VIRGINIA

State Mental Health Authority: Dr. William S. Allerton, Commissioner State Department of Mental Health and Mental Retardation Post Office Box 1797, 109 Governor Street Richmond 23214 703, 770-3921

Virginia Association for Mental Health 2 North First Street Richmond 23219 703, 643-0287

Northern Virginia Mental Health Association 3260 Wilson Boulevard. Suite 23 Arlington 22201 703, 524-3352

Alexandria Mental Health Association Doniphan Building 101 North Columbus Street Alexandri 22314 703, 548 0010

ADULTS

Fairfax Hospital 3300 Gallows Road Falls Church 22046 703, 698-3591

Nova Community Service Clinic 6869 Elm Street McLean 22101 703, 356-6667

The Alexandria Hospital, Inc. 709 Duke Street Alexandria 22314 703, 370-9000

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short-term crisis intervention. Northern Virginia and metropolitan Washington; fees; all ages; inpatient services only; admission by private psychiatrist only.

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9 a.m. - 5 p.m.

Arlington, Fairfax, Loudoun, and Prince William Counties, cities of Fairfax and Falls Church; community education; speakers bureau, social club for ex-patients, telephone reassurance program for the elderly.

9 a.m. - 5 p.m.

Alexandria residents; information and referral, community education, speakers bureau.

No residence restriction: fees; ages 14 and over; inpatient service; admission by private psychiatrist only.

Open by appointment

No residence restriction; sliding scale; no age limit; individual, group, and family therapy, marital and parental counseling, full range evaluation and treatment.

Northern Virginia Mental Health Institute 3302 Gallows Road Falls Church 22046 703, 560-7700

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Western State Hospital State Department of Mental Health and Mental Retardation 301 Greenville Avenue Staunton 24401 703. 886-2345

Northern Virginia Psychological Center 6869 Elm Street McLean 22101 703, 356-3111

Alexandria Community Mental Health Center Virginia Department of Mental Health and Mental Retardation 206 North Washington Street Alexandria 22314 703, 836-5751

Arlington County Mental Health Center Virginia Department of Mental Health and Mental Retardation 1725 North George Mason Drive Arlington 22205 703, 558-2815

Fairfax-Falls Church Mental Health Center Virginia State Department of Mental Health and Mental Retardation 3340 Woodburn Road Annandale 22003 703, 532-4121

South County Mental Health Center Virginia Department of Mental Health and Mental Retardation 7010 Calamo Street Springfield 22150 703, 451-1246

Arlington, Fairfax, Loudoun and Prince William Counties, and cities of Alexandria and Falls Church; fees based on ability to pay; ages 14 and over; residential open-door hospital and day care program.

Northwest part of the State; sliding scale; ages 16 and up; inpatient services.

Open by appointment McLean and Northern Virginia residents; fees; no age limit; private center offers psychotherapeutic and consultative services.

8:45 a.m. - 5 p.m., 9 p.m., Mon.-Thurs., 9 a.m. - 12 noon, Sat. Alexandria residents; sliding scale; all outpatient services.

8:00 a.m. - 5 p.m., 10 p.m., Tues., 8:30 a.m. - 4:30 p.m., Sat. Arlington County residents; sliding scale; all outpatient services, day treatment center.

8:30 a.m. - 9:30 p.m., Mon. - Thurs., 8:30 a.m. - 5 p.m., Fri. Fairfax-Falls Church residents; sliding scale; all outpatient services.

8:30 a.m. - 5 p.m., Mon., Weds., & Fri., 8:30 a.m. - 9 p.m., Tues. -Thurs. Fairfax residents south of Braddock Road; sliding scale; all outpatient services.

Prince William County Community Mental Health Center Virginia Department of Mental Health and Mental Retardation 9590 Surveyor Court Manassas 22110 703, 361-3101

FISH (For Immediate Sympathetic Help) 703, 522-8600

Northern Virginia Hot Line 703, 527-4077

24-hour service Telephone counseling and referral service.

CHILDREN

Fairfax Hospital 3300 Gallows Road Falls Church 22046 703, 698-3411

National Children's Rehabilitation Center Box 1260 Leesburg 22075 703, 777-3485

Edgemeade of Virginia Box 130 Rocky Mount 24151 703, 721-2341

Leary School, Inc. 2849 Meadow View Road Falls Church 22042 703, 573-5400

Leary Educational Foundation 2849 Meadow View Road Falls Church 22042 703, 573-5400

only.

No residence restriction; fees; ages 7-17; residential treatment for emotionally disturbed children who also have epilepsy.

No residence restriction; fees; emotionally disturbed children, ages 14-18; residential psychiatric treatment center.

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9 a.m. - 5 p.m., Mon. - Fri. by appointment Prince William County residents; sliding scale; all outpatient services.

24-hour service Offers many emergency services,

including child care, transportation, housework for the sick; sponsored by Northern Virginia churches.

No residence restriction; fees; ages 14 and over; inpatient service; admission by private psychiatrist

No residence restriction; fees; private day school for boys and girls, ages 3-14, of normal intelligence with emotional problems or learning disabilities; 11-month program available.

No residence restriction; Non-profit organization which sponsors two facilities for boys: 1. Leary Educational Center, residential facility, boys 12-18, whose learning and/or emotional difficulties make it best for them to live away

Accotink Academy St. Thomas Episcopal Church Brook & Lewinsville Roads McLean 22101 703, 451-8041 8519 Tuttle Road Springfield 22152 2211 Whittington Boulevard Alexandria 22307

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Nova Community Service Clinic 6869 Elm Street McLean 22101 703, 356-6667

School for Contemporary Education 1530 Chain Bridge Road McLean 22101 703, 356-2391

The Council for Exceptional Children Information Center Jefferson Plaza, Suite 900 1411 South Jefferson Davis Highway Arlington 22202 703, 521-8820

Virginia Treatment Center for Children Virginia Department of Mental Health and Mental Retardation Post Office Box 1 L Richmond 23201 703, 770-3129

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from home: 11 months. 2. Leary Educational Development Center. day facility, boys, 12-18, with learning disabilities and/or emotional problems.

No residence restriction; fees; school for specific learning disabilities (reading, writing, and mathematical problems) aphasic, speech and language difficulties. hyperactive children, grades 1-9; accepts children of average or above intelligence with neurological problems.

Open by appointment No residence restriction; sliding scale; no age limit; individual, group, and family therapy; marital and parental counseling, full range of evaluation and treatment, shortterm crisis intervention.

No residence restriction; fees; private day school for children of preschool and school age, autistic, emotionally disturbed, brain damaged, specific learning difficulties, controlled epilepsy; day school offers evaluation and diagnosis, treatment, education, prevocational and vocational training.

8 a.m. - 5 p.m. No residence restriction; an educational resources information center.

Virginia residents; sliding scale; emotionally disturbed children, ages 6-15; residential short-term treatment.

The Alexandria Hospital, Inc. 709 Duke Street Alexandria 22134 703. 931-2000

Northern Virginia Psychological Center 6869 Elm Street McLean 22101 703, 356-3111

Northern Virginia Mental Health Institute 3302 Gallows Road Falls Church 22046 703, 560-7700

Western State Hospital Virginia Department of Mental Health and Mental Retardation 301 Greenville Avenue Staunton 24401 703. 886-2345

Fairfax House 3300 Woodburn Road Annandale 22003 703. 560-6116

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Alexandria Community Mental Health Center Virginia Department of Mental Health and Mental Retardation 206 North Washington Street Alexandria 22314 703, 836-5751

Arlington County Mental Health Center Virginia Department of Mental Health and Mental Retardation 1725 North George Mason Drive Arlington 22205 703, 558-2815

services.

9 a.m. - 5 p.m. Alexandria residents; sliding scale; all outpatient services.

Northern Virginia and metropolitan

Washington; fees; all ages; inpatient services only.

Open by appointment McLean and Northern Virginia residents; fees; no age limit; private center offers psychotherapeutic and consultative services.

Arlington, Fairfax, Loudoun and Prince William Counties, and cities of Alexandria and Falls Church; sliding scale; ages 14 and over; residential opendoor hospital and day care program.

Northwest part of the State; sliding scale; ages 16 and up; inpatient

Voluntary referral by courts or County mental health center or private physician; sliding scale; ages 13-17; residential short-term, family-centered treatment.

8:30 a.m. - 5 p.m., 6 - 10 p.m.,Tues., 6 - 8 p.m., Thurs., 8:30 a.m. - 4:30 p.m., Sat. Arlington County residents: sliding scale; all outpatient services and day treatment center.

Fairfax-Falls Church Mental Health Center Virginia Department of Mental Health and Mental Retardation 3340 Woodburn Road Annandale 22005 703, 532-4121

South County Mental Health Center Virginia Department of Mental Health and Mental Retardation 7010 Calamo Street Springfield 22150 703, 451-1246

Prince William County Community Mental Health Center Virginia Department of Mental Health and Mental Retardation 9590 Surveyor Court Manassas 22110 703, 361-3101

Loudoun County Guidance Center 18 North King Street, Room 208 Leesburg 22075 703, 777-2291

Alexandria Youth Hot Line 703. 548-3810

Northern Virginia Hot Line 703. 527-4077

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8:30 a.m. - 9:30 p.m., Mon. - Thurs., 8:30 a.m. - 5 p.m.. Fri. Fairfax-Falls Church residents; sliding scale; all outpatient services.

8:30 a.m. - 5 p.m., Mon., Weds., & Fri. 8:30 a.m. - 9 p.m., Tues. & Thurs. Fairfax residents south of Braddock Road; sliding scale; all outpatient services.

9 a.m. - 5 p.m., Mon. - Fri. by appointment Prince William County residents: sliding scale; all outpatient services.

9 a.m. - 5 p.m., 9 a.m. - 9 p.m., Tues. Loudoun County residents; sliding scale; all ages; individual, group, and family therapy; psychological testing.

24-hour service Counseling and referral by volunteers with professional training.

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24-hour service telephone counseling and referral service.

AFTERCARE

Uptown House 2957 Upton Street. N.W. Washington 20008 202, 362-3452

Woodley House 2711 Connecticut Avenue, N.W. Washington 20008 202, 265-1773

Kalorama House The Richmond Fellowship of America 1831 Kalorama Road, N.W. Washington 20009 202, 387-6394 Sec. 1

Raphael House 1305 Fern Street, N.W. Washington 20012 202. 726-0316

Anchor House 1212 Monroe Street, N.E. Washington 20017 202, 832-5555

Mrs. Glovd's Halfway House No. 1 Lawrence Court Rockville 20850 301, 762-3419

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Rehabilitation Research and Training Center 8:30 a.m. - 4:30 p.m. The George Washington University Medical Center, Room 2362 N 901 - 23rd Street, N.W. Washington 20037 202, 331-6875

Recovery, Inc. 202 Melvin Avenue Annapolis 21401 301, 685-0525, x 62 Post Office Box 852, Ben Franklin Station Washington 20044

No residence restriction: sliding scale: transitional care and rehabilitation of the emotionally disturbed.

No residence restriction: fees: residential. must be under constant professional care.

No residence restriction; fees; any patient who requires special services to return to work, including work supervision, homemaking, or to become independent of the assistance of others in meeting daily needs: comprehensive multidisciplinary evaluative and rehabilitative services to patients referred by State and voluntary agencies and physicians.

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No residence restriction: fees: residential home for ex-mental patients under professional care.

No residence restriction: sliding scale; residential halfway house.

No residence restriction: sliding scale: residential care for exmental patients.

No residence restriction: fees: residential halfway house for former mental patients.

No residence restriction; a system of self-help aftercare for nervous and former mental patients.

Men's Social Center Salvation Army 526 First Street, N.W. Washington 20001 202, 347-8023

Vocational Adjustment Clinic 1717 Rhode Island Avenue, N.W. Washington 20036 202. 347-1295

Anchor Mental Health Association Social-Recreational Center 1018 Monroe Street, N.E. Washington 20017 202, 832-5751

D.C. Bureau of Rehabilitation Services 122 C Street. N.W. Washiigton 20001 202, 629-4255

Saint Elizabeths Hospital William A. White Service Martin Luther King, Jr. Avenue, S.E. Washington 20032 202, J02-4000

St. Luke's House, Inc. 6211 Tuckerman Lane Rockville 20852 301, 530-4546

Open Door-Mizell Cottage 10217 Frederick Avenue Kensington 20795 301, 949-1255

7 a.m. - 10 p.m. No residence restriction; no fees but participants asked to take part in work programs of the center; rehabilitation for homeless, unattached men.

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8:30 a.m. - 5 p.m. No residence restriction; fees; sheltered workshop of the Anchor Mental Health Association that returns emotionally ill adults and adolescents to a position of independence in the community.

10 a.m. - 3 p.m. No residence restriction; mental hospital patients and ex-mental patients; arts and crafts, grooming and posture exercises; discussion of work problems and current events, menu planning, shopping and lunch preparation.

8:15 a.m. - 4:45 p.m. D.C. residents; no fee; ages 16 and over; supplemental maintenance; training, job placement, follow-up, counseling and guidance.

D.C. residents; Social service department offers home visits and follow-up for former patients.

Maryland residents; sliding scale; adults, 18-65, who are recovering from mental illness: residential care as alternative to total hospitalization for those who need aftercare or alternative living arrangements in order to cope with their emotional problems.

Montgomery County residents; no fee; a social and recreational center for former mental patients cosponsored by the Mental Health Association of Montgomery County and the Recreation Department. 이 가슴 물을 물고 있다.

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Montgomery County Vocational Rehabilitation Division Maryland State Department of Education Main Office (ages 21 and up) 255 North Washington Street, Room 405 Rockville 20850 301, 424-2440 Education Unit (ages 15-21) Martins Lane Rockville 20850 301, 424-2750

Prince Georges County Vocational Rehabilitation Division Maryland State Department of Education Main Office (ages 21 and up) 5809 Annapolis Road, Room 306 Bladensburg 20710 301. 864-5678 Education Unit (ages 15-21) 3820-40th Avenue Brentwood 20722 301, 927-8966

Comprehensive Aftercare Unit Family Service of Prince Georges County, Inc. 4410 Stamp Road Marlow Heights 20031 301, 423-4800

Outpatient Clinic Spring Grove State Hospital Wade Avenue Catonsville 21228 301, 747-4400

Virginia Department of Vocational Rehabilitation 901 North Washington Street Alexandria 22314 703, 549-2730

The Social Center 7401 Leesburg Pike Falls Church 22043 703, 573-0448

8:30 a.m. - 4:15 p.m. Montgomery County residents; no fee; mentally or emotionally disturbed but potentially employable: diagnosis. counseling, and guidance, vocational training, maintenance, transportation, and placement in employment.

handicapped.

9 a.m. - 5 p.m.

8:30 a.m. - 4:15 p.m.

Prince Georges County residents: no fee: former patients and families of patients, mentally and physically

Prince Georges County residents: day center, social clubs and events, interest groups, such as crafts, music, drama, and news writing.

Prince Georges County residents.

8:15 a.m. - 5 p.m.

Northern Virginia residents; no fee; over 16, under conditions established by laws governing Federal and State rehabilitation programs; guidance and planning, training, job placement, and rehabilitation.

10 - 12 a.m., 1 - 3 p.m., 8 - 10 p.m., Mon.: 10 - 12 a.m., 1 - 3 p.m., Tues.; 10 a.m. - 3 p.m., Weds.; 10 a.m. -12 noon, 8 - 10 p.m., Thurs.; 10 a.m. -2:30 p.m., Fri.; 2 - 4 p.m., Sat. Northern Virginia residents; nonprofit agency serves people with emotional problems, social activities for former mental patients.

Arlington Community Mental Health Center 1725 North George Mason Drive Arlington 22205 o 703, 558-2815

Northern Virginia Mental Health Association 3260 Wilson Boulevard, Suite 23 Arlington 22201 703, 524-3352

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Medicare Claims Greater Washington Metropolitan Area 202, 484-9200

8:30 a.m. - 5 p.m. Northern Virginia residents; day treatment center and activities program.

9 a.m. - 5 p.m. Arlington, Fairfax, Loudoun, Prince William Counties, cities of Fairfax and Falls Church; no fee; social center for returned mental patients.

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ALCOHOLISM GREATER WASHINGTON METROPOLITAN AREA

State Alcoholic Authorities: Detoxification Center Department of Human Resources 619 N Street, N.W. Washington 20001 202. 629-4068 Division of Alcoholism Control State Department of Mental Hygiene 2305 North Charles Street Baltimore 21208 301, 383-2784 Bureau of Alcohol Studies and Rehabilitation Virginia State Department of Health James Madison Building 109 Governor Street Richmond 23219 703, 770-3083 North American Association of Alcoholism Programs 1130-17th Street, N.W., Suite 700 Washington 20036 202, 628-1585 Alcoholics Anonymous Intergroup week) Headquarters 2660 Woodley Road, N.W. Washington 20008 202, 332-1933 Northern Virginia Intergroup Headquarters 3179 Wilson Boulevard Arlington 22201 703, 524-7742 Washington Area Council on Alcoholism and Drug Abuse 1330 Nev .ampshire Avenue, N.W. Washington 20036 202, 466-2323 Salvation Army Harbor Light Corps 909 Eye Street, N.W. Washington 20001 202, 638-4532 therapy.

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10 a.m. - 10 p.m. (seven days a

No residence restriction; no fee; information and counseling.

9 a.m. - 5 p.m. No residence restriction; no fee; education, information, and referral.

5:30 a.m. - 10:30 p.m. No residence restriction; no initial fee; charge for room and board when employed; spiritual program, food and shelter, alcoholic

The Volunteers of America National Capitol Area 525 Rhode Island Avenue, N.E. Washington 20002 202. LA9-1961 Halfway House for male alcoholics 1401 Ingraham Street, N.W. Washington 20011 202, RA3-7765

Melwood Farm Post Office Box 182 01nev 20832 301, 924-5000

D.C. Mental Health Administration Rehabilitation Center for Alcoholics Occoquon 22125 703, 690-1544

Area B Community Mental Health Center Alcoholism Center 1808 Adams Mill Road, N.W. Washington 20009 202, 629-4762

Division of Alcoholism and Drug Abuse Psychiatric Institute University of Maryland 721 West Redwood Street Baltimore \\ 21201 301, 528-6570

Alcohol Information Center for County Montgomery County Health Department 12701 Twinbrook Parkway Rockville 20852 301, 279-1631; after office hours, 588-5448

The Alpha Club 8510 Colesville Road Silver Spring 20910 301, 587-9699 8915 Colesville Road Silver Spring 20910 301, 589-9619

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8 a.m. - 4 p.m., 8 a.m. - noon, Sat. No residence restriction; no fee; men live at home and work in the salvage and rehabilitation program at headquarters; religious services, counseling, room, board, clothes, and general care.

No residence restriction; fees; inpatient facility with minimum four-week stay; rehabilitation for alcoholics under medical direction.

D.C. residents.

8:15 a.m. - 4:45 p.m. D.C. residents; outpatient clinic, day treatment program, and two halfway houses.

Maryland residents; fees; minimum age 18; group therapy for alcoholics.

8:30 a.m. - 5 p.m. Montgomery County residents; sliding scale; medication, diagnosis, and treatment at 2 clinics and 3 halfway residential care centers for men, one quarterway house, and New Hampshire House for women.

Montgomery County residents; sliding scale; residences for male alcoholics; job therapy, individual and group counseling.

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Prince Georges County Alcoholism Center Bureau of Mental Health Prince Georges County Health Department 9015 Rhode Island Avenue College Park 20740 301, 345-3252

Alcoholic Rehabilitation Unit Spring Grove State Hospital Catonsville 21288 301, 747-4400

Division of Alcoholism Services for Fairfax County Bureau of Alcohol Study and Rehabilitation 8503 Lee Highway Fairfax 22030 703, 573-0510

Arlington Community Mental Health Center 1725 North George Mason Drive Arlington 22205 703, 558-2815

Division of Alcoholism Services Alexandria Health Department 517 North Saint Asaph Street Alexandria 22314 703, 683-6677

Alexandria Center for Alcoholism 101 North Columbus Street, Suite 212 Alexandria 22314 703. 683-1906

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programs.

and education.

8:30 a.m. - 4 p.m., 9:30 p.m., Mon.

Prince Georges County residents: sliding scale; individual and group therapy, walk-in clinic at 5620 St. Barnabas Road, Oxon Hill, on Tues. and Weds., information and

Prince Georges County residents; alcoholic adults.

9 a.m. - 5 p.m., 9 p.m., Mon. Fairfax, Loudoun, and Prince William Counties: \$5 a visit: all outpatient services, including counseling children of alcoholics.

8:30 a.m. - 5 p.m. Arlington County residents; alcoholic clinic activities and day care

9 a.m. - 5 p.m., 7:30 - 10:30 p.m., Weds. by appointment; \$5 for first visit and then no fee for group therapy.

9 a.m. - 5 p.m. Alexandria residents; no fee; counseling and referral, information

MISCELLANEOUS SERVICES GREATER WASHINGTON METROPOLITAN AREA

Aging:

'Barney Neighborhood House 3118-16th Street, N.W. Washington 20010 202, AD2-1354

D.C. Department of Public Recreation 3069 Mt. Pleasant Street, N.W. Washington 20009 202, 629-7338

East-West Senior Citizens Center 1041 New Jersey Avenue, N.W. Washington 20001 202, 628-8592

Lutheran Social Services of the National Capitol Area, Inc. 2635-16th Street, N.W. Washington 20009 202, 232-6373

Family and Child Service of Washington 929 L Street, N.W. Washington 20001 202, 232-6510 Multipurpose Senior Center 25 K Street, N.E. Washington 20002 202, 737-1286 Columbia Senior Center. 3500-14th Street, N.W. Washington 20010 202, 483-1480

Goodwin House 4800 Fillmore Avenue Alexandria 22311 703, 578-1000

Recreation program.

Education and recreation program.

1:30 - 5 p.m. Recreation center.

8:30 a.m. - 4:30 p.m. <u>No residence restriction</u>; involvement of retired persons service, volunteer work, workshops, retirement counseling.

Protective services for the aged.

8:30 a.m. - 5 p.m.

8:30 a.m. - 5 p.m.

A 249-unit highrise apartment building for older persons sponsored by the Episcopal Church. <u>No residence, racial, religious, or church affiliation</u> <u>restrictions;</u> any person or married couple, ambulatory and in good health, over 65 years of age, is eligible. Meals, weekly maid service, linens, utilities, recreation facilities, and nursing care, in exchage for a Founder's Gift and a monthly maintenance fee. Fellowships are available for communicants of the Episcopal Diocese of Virginia. Friends House 17340 Quaker Lane Sandy Spring 20860 301, 924-5100

Homemaker Service of National Capitol Area 1825 Connecticut Avenue, N.W. Washington 20009 202, 387-6500

Over-60 Counseling and Employment Service Montgomery County Federation of Women's Clubs 4700 Norwood Drive Chevy Chase 20015 301, 652-9339 214 East Diamond Avenue Gaithersburg 20760 301, 926-0119 1000 Forest Glen Road Silver Spring 20910

Office of Services to the Aged D.C. Department of Human Resources 122 C Street, N.W., Room 805 Washington 20001 202, 629-3981

Meals on Wheels of the Greater Washington Area 202, 434-1922

Northern Virginia Mental Health Association9 a.m. - 5 p.m.3260 Wilson Boulevard, Suite 23Arlington, Fair
and cities of F.703, 524-3352offers telephone

Senior Adults Employment and Counseling of Arlington 300 North Park Drive Arlington 22203 703, 558-2280 No residence restriction; fees; open to all without regard to race or creed; a residential community for persons 62 years of age or older; residents must be able to care for own needs and are required to eat dinner in the central dining room.

<u>Metropolitan Area</u>; sliding scale; trains and places homemakers in homes of the aged to help them get on their feet.

9 a.m. - 3 p.m. Over-60 citizens from Maryland and the District; no fee.

10 a.m. - 12 noon, Tues. & Thurs.

1 - 3 p.m., Tues. & Thurs.

8:15 a.m. - 4:45 p.m. Administers D.C. Older Americans Act Program.

Call to arrange interview; well balanced meals for the elderly or disabled at cost fee.

9 a.m. - 5 p.m. <u>Arlington, Fairfax, Loudoun Counties</u> <u>and cities of Fairfax and Falls Church;</u> offers telephone reassurance program for the elderly.

9:30 a.m. - 12:30 p.m. <u>Arlington County residents</u>; (some exceptions made for McLean and Vienna residents who can provide own transportation).

Senior Citizens Employment Service 220 North Washington Street Alexandria 22314 703, 836-4414

Employment Security D.C. Manpower Administration 500 C Street, N.W. Washington 20001 202, 393-6151

Autistic Children:

American Foundation for Autistic Children 4510 Cumberland Avenue Chevy Chase 20015 301, 656-9213

National Society for Autistic Children 621 Central Avenue Albany, New York 12206 206 518. 438-5939 Maryland State Chapter 10609 Glenwild Road Silver Spring 20901 301, 593-1458 Montgomery County Chapter 10407 Brookmoor Drive Silver Spring 20901 301, 593-6956 301, 593-6956 Prince Georges County Chapter 2808 Federal Lane Bowie 20715 Bowie 20715 Family Services:

Family and Child Service of Washington 929 L Street, N.W. Washington 20001 202, 232-6510

9 a.m. - 4 p.m. Alexandria residents and part of Fairfax County; information and referral, discount program for over-60.

8:30 a.m. - 4:30 p.m. no fee; senior citizens community service program; furnishes 20 hours a week employment to the over 55.

Therapeutic training of autistic children of all ages; counseling and training for parents; training for professionals and lay personnel to work with autistic child; research and information.

8:30 a.m. - 5 p.m. D.C. residents; sliding scale; information and referral, family and individual counseling, placement of children, family day care, camping, adoption services, and some financial aid.

Family Service of Montgomery County 350 Hungerford Drive Rockville 20850 301, 762-0300

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Family Service of Prince Georges County 4318 Hamilton Street Hvattsville 20781 301, 277-1610 4410 Stamp Road Marlow Heights 20031 301. 423-1600 7123 George Palmer Highway Seat Pleasant 20027 301, 925-8610 517 Main Street Laurel 20810 301, 498-3810

Northern Virginia Family Service 803 West Broad Street Falls Church 22046 703, 533-9727

Institute of Marriage & Family Relations 4200 Daniels Avenue Post Office Box 365 Annandale 22003 703, 941-5700 431 North Frederick Avenue Gaithersburg 20760 3000 Connecticut Avenue, N.W. Washington 20008

The Formerly Married Society, Inc. 1028 Connecticut Avenue, N.W., Suite 707 Washington 20036 202, 833-3636

Parents Without Partners, Inc. 202, 638-1320

Planned Parenthood, Inc. Main Office and Clinic 1109 M Street, N.W. Washington 20005 202, 387-8787

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9 a.m. - 9 p.m., Mon. & Weds. .9 a.m. - 5 p.m., Tues., Thurs., &

Montgomery County residents; sliding scale; casework, individual, family, and group counseling, family life

9 a.m. - 5 p.m., Tues., Fri., & Sat. 9 a.m. - 9 p.m., Mon., Weds., & Thurs. Prince Georges County residents: sliding scale: individual, group, and family therapy, marriage and child-parent counseling.

9 a.m. - 5 p.m., Tues., Thurs., & Fri., 9 a.m. - 9 p.m., Mon. & Weds. Northern Virginia residents; sliding scale: casework, individual and family counseling.

8 a.m. - 9:30 p.m., Mon. - Sat. sliding scale; individual, group, and family therapy, psychological evaluation, communication improvement, family education.

Answering service; will mail information on activities on request.

Answering service; will mail information on request.

9 a.m. - 4 p.m., 6 p.m., Thurs. sliding scale; call for appointment; contraceptive service; infertility advice, premarital counseling, abortion counseling, education for

Planned Parenthood, Inc. (Continued) Montgomery County Office 11141 Georgia Avenue Wheaton 20902 301, 933-2300

Florence Crittenton Home 4795 Reservoir Road, N.W. Washington 20007 202, 333-3600

Legal Aid:

Legal Aid Society of D.C. 666-11th Street, N.W., Suite 300 Washington 20001 202, 628-1161

Neighborhood Legal Service Project 666-11th Street, N.W., Suite 335 Washington 20001 202, 628-9161

Lawyer Referral Service of the Bar Association of D.C. 1819 H Street, Suite 300 Washington 20006 202, 223-1484

Montgomery County Community Action Committee 14 South Perry Street Rockville 20850 301, 279-1245

Lawyer Referral Service of the Montgomery County Bar Association 27 West Jefferson Street Rockville 20850 301, 762-5242

Juvenile Aid Section Montgomery County Police' Department Georgia Avenue and Randolph Road Wheaton 20902 301, 946-7900

marriage.

No residence restriction; sliding scale; residential home and hospital for unwed mothers, also residential treatment center for girls with adjustment problems, ages 13-18.

10 a.m. - 3 p.m., Mon. - Thurs. Registration charge; legal service; consultation to persons unable to afford service of a private attorney in civil cases.

9 a.m. - 5:30 p.m. D.C. residents; no fee; aid in civil cases.

10 a.m. - 12 noon, 2 - 4 p.m. Sets up appointment with attorney, individual arrangement for additional services.

8:30 a.m. - 5 p.m. <u>Montgomery County residents</u>; no fee; information and referral, transportation, job placement and follow-up, employment counseling.

9 a.m. - 12 noon, 1 - 3 p.m. fees; referral service.

24-hour service Children in trouble with the law.

9 a.m. - 5 p.m. Legal Aid Bureau of Prince Georges County 5012 Rhode Island Avenue, Room 3 Prince Georges County residents: Hvattsville 20781 no fee for those who qualify. 301, 277-1180 2722 Sansbury Road Upper Marlboro 20870 301. 336-8181 13108-11th Street Bowie 20715 301, 262-5548 9 a.m. - 4 p.m. Alexandria Legal Aid Society 220 North Washington Street Alexandria residents; no fee for Alexandria 22314 those who qualify. 703, 750-6438 Arlington County Lawyer Referral Service 8 a.m. - 5 p.m. Arlington County Bar Association Arlington County residents; no fee for those who qualify. 1400 North Court House Road Arlington 22201 703, 558-2244 Fairfax County Lawyer Referral Service 9 a.m. - 5 p.m.Fairfax County Bar Association Residents of Fairfax County and cities 4000 Chain Bridge Road of Fairfax and Falls Church; no fee Fairfax 22030 for those who qualify. 703, 273-5844 Medical Societies: 8:30 a.m. - 4:45 p.m. Medical Society of the District of Columbia 2007 Eye Street, N.W. Washington 20006 202, 223-2230 Montgomery County Medical Bureau 24-hour service. 8634 Colesville Road Silver Spring 20910 301, 587-8555 9 a.m. - 5 p.m. Montgomery County Medical Society 2446 Reedie Drive Wheaton 20902 301, 949-4400 Nursing Services 8:30 a.m. - 5 p.m. Montgomery County Health Department Montgomery County residents; sliding scale; provides nursing University National Bank Building 611 Rockville Pike care and treatment with approval of physician. Rockville 20852 301, 279-1636

Arlington County Medical Society 4615 Lee Highway Arlington 22207 703, 528-0888

Fairfax County Medical Society, Inc. 200 Little Falls Street Falls Church 22046 703, 532-0500

Poison Control:

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Poison Control Center 2125-13th Street, N.W. Washington 20009 202, 835-4080

Suicide Prevention:

Mental Health Consultation Service and Suicide Prevention 801 North Capitol Street Washington 20001 202, 629-5222

Training:

Metropolitan Mental Health Skills Center The Washington School of Psychiatry 1610 New Hampshire Avenue, N.W. Washington 20009 202, 387-3339

Ambulance Services:

District of Columbia 202, 462-3322 or 911

Montgomery County 301, 424-3111

Prince Georges 301, 864-1122

Alexandria 703, 549-5100 8:30 a.m. - 4:30 p.m.

9 a.m. - 4:30 p.m.

24-hour service Metropolitan area.

24-hour service No residence restriction; no fee; referral and information.

No residence restriction; fees with some scholarships available; seminars, workshops, and inservice training for staff and volunteers without professional training in mental health who work in a direct helping relationship to others.

Arlington 703, 527-8900

Fairfax 703, 691-2233

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