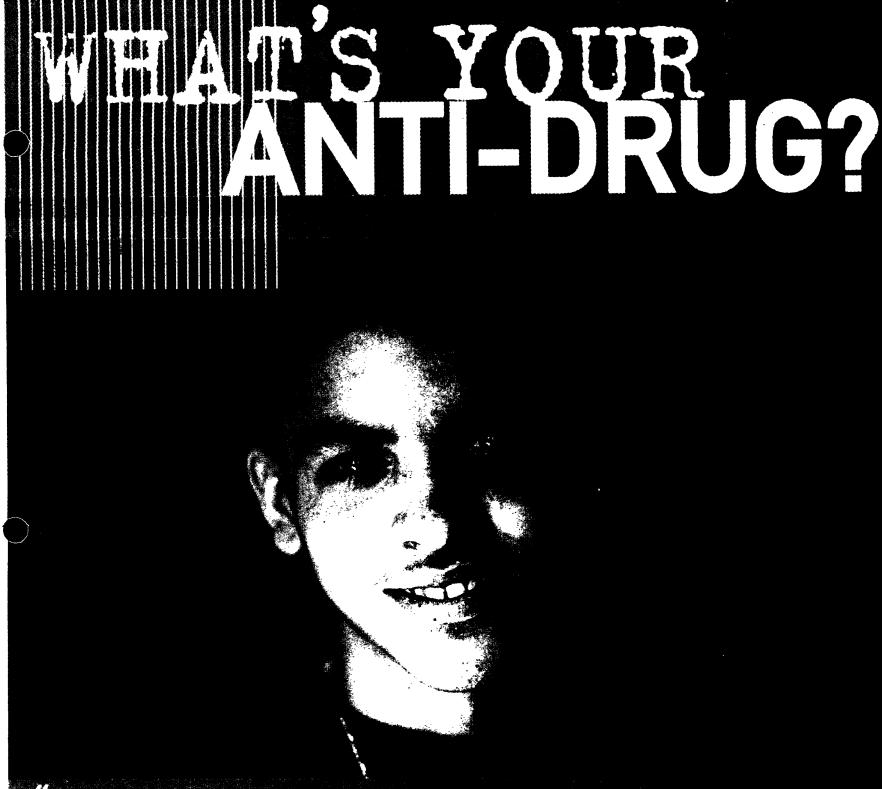
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## MAJORITY RULES. MOST KIDS DON'T USE DRUGS."

Most of us have something in our lives that's important enough to stand between us and drugs. As these pages show, we are making good choices – great choices – for ourselves. Featured here are several of the hundreds of personal "anti-drugs" that we really care about. And that we want to share with each other. Our stories. Our art. Our poetry. Our photography. Our voices.

WHAT'S YOUR ANTI-DRUG?

# HOW AROUT

Thousands of young people ages 10 to 17 from across America answered the question "What's Your Anti-Drug?" by sending in submissions for this supplement as part of a national campaign to invite kids to share the one thing that stands between them and drugs. Space constraints added to an already difficult task of choosing final selections for publication. Check out **www.whatsyourantidrug.com** or call **1-877-958-4900** to find out more about this nationwide initiative by the White House Office of National Drug Control Policy's National Youth Anti-Drug Media Campaign.

3



Life with drugs it is like...

A'flower without sun A night without stars An ocean without fish A city without cars

Courage without hope Love without lust Heroes without heart Love without trust

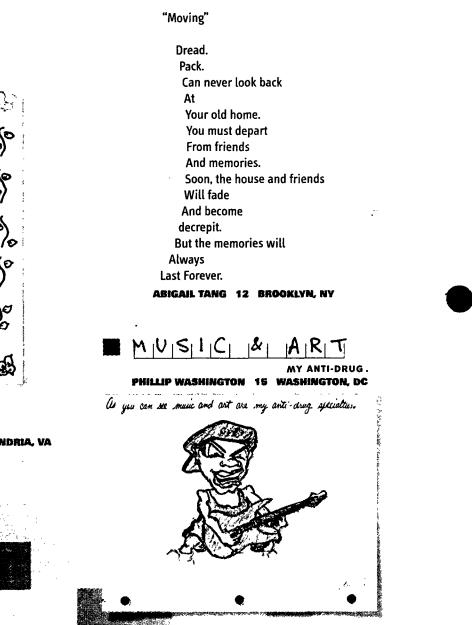
Life without friendship Life without love Life without family Life is just better off without drugs. JOSHUA SANTIAGO 15 DOVER, NJ

SKETCHING

TERMONDELATOS!



DIANA BARRIENTOS 11 ALEXANDRIA, VA

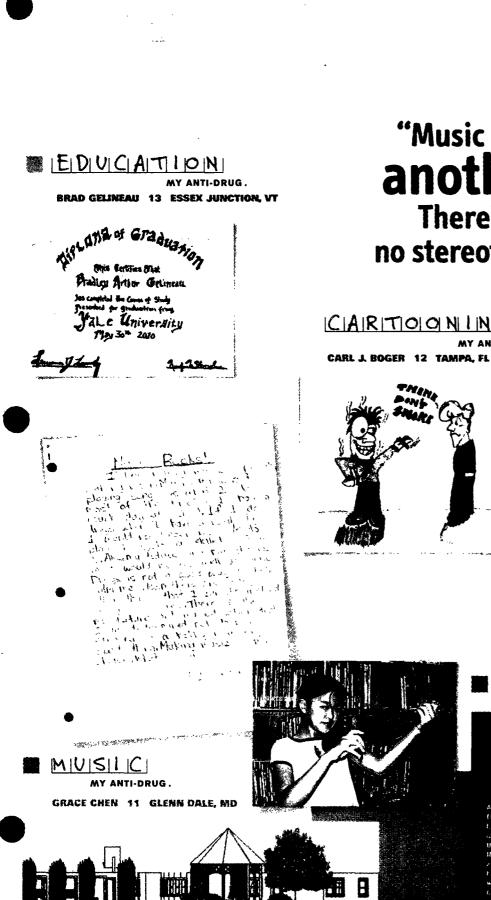


WRITING

MY ANTI-DRUG.



DRATTING



# "Music is like another place. There's no judgments, no stereotyping, no criticism. - MARIE GOTT | ERIE, PA

CARTIO ON ING MY ANTI-DRUG .



### SILNGLING MY ANTI-DRUG .

"Everybody has something they really love to do. Music is what excites me, what drives me most. I have a passion for singing. All songs are unique, like people; different and unique in their own way. When I sing a song, I put myself in it. I go to another world. Songs bring back memories - people you knew, events. They remind you of your best and worst times. Like a mental photo album."

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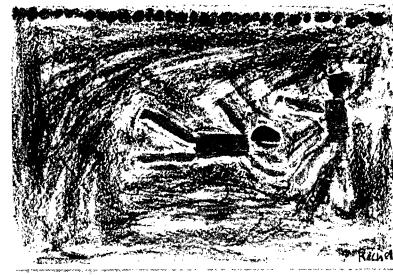
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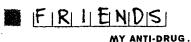
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# HOW

### SWILMMING MY ANTI-DRUG .

RACHEL ACEVEDO | 10 | ALTAMONTE SPRINGS, FL





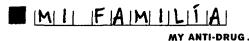
Friends having fun going to have a hot dog in a Bun. We're going to my house I scared them with a play mouse playing my Playstation and listening to my radio station. We're going to her house. She might scare me with a play mouse. Playing her Nintendo 64. We ate apples down to the core. LAUREN REED 10 OTTAWA, KS

CHURCH Survey and

### FAMILY MY ANTI-DRUG .

My mother always said I could be anything I want,

A doctor or a teacher, A therapist or preacher, I could sell real estate. Or a host of a TV show, that's on real late, I have so many opportunities headed for me, Would kill me like you'd squash a bug, My anti-drug is what lies ahead, My future, my life, My family, and friends. KRISTEN SADATY 12 ERIE, PA 



ROUT

A mi me gusta mucho el Arte, deportes y ver television. Le ayudo a mi mamá en la casa y luego me gusta jugar un rato con mi hermanito. Hací que todo el tiempo tengo mi mente ocupada con la escuela y con mi familía. MARCO CASTEÑEDA 14 FARIBAULT, MN

## P A RENTS

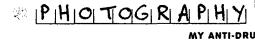
MY ANTI-DRUG.

What makes anyone do drugs? It's their wrong friend. It's their bad excuse. It's their first time. It's the lack of life. It's the lack of love. It's that empty feeling. It's their parents. It's an escape. Whatever, it's wrong!

What stops people - you from doing drugs? It's your right friends.

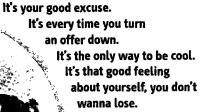
MY ANTI-DRUG .

DELIA DEHNEL 15 DOVER, NJ

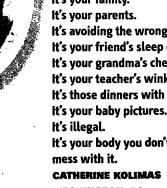


SYDNEY STEELY 11 MURFREESBORD, A





It's your family. It's your parents. It's avoiding the wrong things. It's your friend's sleep over. It's your grandma's cheesecake. It's your teacher's wink. It's those dinners with your mom. It's your baby pictures. it's illegal. It's your body you don't wanna mess with it. CATHERINE KOLIMAS 12 WASHINGTON, DC







A reporter on the news, Or a detective looking for clues I believe my mom when she, Says I could waste my whole life, And turn happy times into strife, By using alcohol or drugs,

### LITTLE BROTHERS MY ANTI-DRUG.

pursent in a prise stand and the prise and a line of the prise and a prise the prise and a prise and a prise of the prise and a prise and

proid, à

"Being on a team makes you feel like

Believe it or not, my little brother, Caleb fills the role as my anti-drug.

Caleb Joseph Bennett is the name of my 4 year old brother. A blanket toting, dirtbike riding kid would be the way that I describe him.

Even though we sometimes

don't get along, I would never even dream of how my life would be without him. Playing basketball, riding bikes, and reading books are a few of the many activities we enjoy doing together.

Instead of calling me Alex, he addresses me as "sister." Of all the people I know, everyone thinks this is the cutest thing.

Lately I have been showing Caleb how to write his ABC's. Although sometimes frustrated, he never gives up.

The best reason I can give you for Caleb being my anti-drug is that I try as hard as I can to be a role model for him as well as a big sister. Like I said, I would not know what to do in my life without my little brother to inspire me. I just want to tell anks for everything and I love him.

NDRA JOHNSTON 13 ST. MARY, PA

BROOK, WENDY AND STEPHANIE ARE MEMBERS OF THE BEAU CHENE FFA CHAPTER. THEY WON A PUBLIC SERVICE ADVERTISING CONTEST EARLIER THIS YEAR, SPONSORED BY THE NATIONAL FFA ORGANIZATION. BELOW IS THEIR BILLBOARD DESIGN, "DRUGS TAKE YOU PLACES."



TIEIAMWORK

MY ANTI-DRUG. STEPHANIE MENARD BROOK GRANGER WENDY THOMPSON BEAU CHENE, LA

Brook - Living here, there's not a lot to do. You need to join groups, have friends. It gives you a sense of belonging. Stephanie - I've seen how a lot of people mess up their lives. I want to remember the here and today. I really care about what will happen to us and the younger generation. Wendy --Parents put you on the right path. I listen to my daddy. He wants me to do lietter than athe did. Brook - They

TEA

# HOW ABOUT

FOOTBALL

MY ANTI-DDIIG

# "I don't really talk to people about my feelings. I'm always thinking about football. It make teel happy when

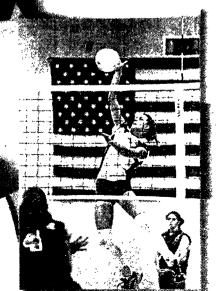
FRANKLIN WRIGHT BETHESDA, MD

"Football has changed my life in a lot of ways. I've had to work hard. I don't have a father in my life. Since he's not around, people don't think that it bothers me. I try to get over It, but you wonder what it would be like. Some people think that football is just a game. It's really the only thing in my life. The game is important, but it's all the other things that come before the game. Discipline. ceadership. How the team comes together. Working hard. Having fun. I made a promise to myself that I would be good, no matter if I'm big or small. Some kids just want to play in high school. I want to play forever."

### BASKETBALL MY ANTI-DRUG.



### PHOTOJOVRNALIISM



MY ANTI-DRUG.

Drugs never fit into my equation of taking a good picture. They would slow down my reactions, and in an activity where speed is crucial, I'm certain that the "moment" would fly right by me if I were hampered by drugs.

Whenever I see any of my photos published, a smile of pride always appears on my face. I am certain that if I were to ever use drugs, the quality of my photographs would diminish greatly, along with my smars.

There is no substitute for the extra bounce in my step or happiness that photography gives to me. My love for finding the "moment," is enough reason for me to not use drugs.

ALEXANDRA KENIG 17 AUSTIN, TX



RIOCK CLIMBING

MY ANTI-DRUG .

STEPHEN CLAYTON 16 AUSTIN, TX

CROSS COUNTRY

MY ANTI-DRUG .

I don't smoke cigarettes. I prefer to smoke the competition. That's why I run. JAMES SCHLEICHER 16 AUSTIN, TX

### GIYIMINIAISITIICISI MY ANTI-DRUG.

I think kids, especially girls, should be in sports because it makes you feel good about yourself. Sports teaches you many things about life. You don't get bored and have a lot of time to get into trouble and take drugs. It also teaches you to work in a team and to learn how to get along with your teammates. It keeps your mind alert and your body physically fit. The coaches are my mentors and help me to be the best I can be.

**KIMBERLY PUCKETT 11** UPPER MARLBORO, MD



You can learn how to do neat tricks like making the ball go through your legs or making someone think that you're going left instead of right. If I did drugs I wouldn't be able to be a basketball player. DIPO ADEDEJI 11 GLENN DALE, MD



BALLET

MY ANTI-DRUG.

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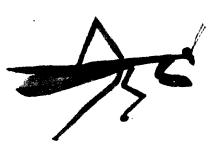
JANELLE MAR 14 MODESTO, CA

MY ANTI-DRUG.

The Sound of My Anti-Drug l hear

the roaring of the fans the bang of the soccer ball the running of the kids the whistle being blown the huffing and puffing of the players calling off the field crying of the hurt players the clapping of hands the swaying of the net the falling of the goalie saving the game the sound of my anti-drug. MELISSA FLYNN AGE 11 LOUISVILLE, KY





#### 10 Things Every Teen Should Know About Marijuana

1. Marijuana is illegal. Using, holding, buying, or selling marijuana can get you suspended or expelled from school. This will hurt your chances of getting a job in the future.

2. Marijuana can cause you to "selfdestruct." Resist peer pressure. Marijuana may make you feel part of the crowd for a while---but who needs friends who could self-destruct at any moment?

3. Marijuana diminishes abilities. Marijuana reduces your ability to do things that require coordination and concentration, like sports, dancing, acting, and studying.

4. Marijuana sells you short. Think about what you're doing if you wear T-shirts, hats, pins, or jewelry with a pot leaf/joint/ blunt on them. Do you want to promote something that can

(AS OF OCTOBER 30, 2000) 

and a second

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Participating Schools and Youth Groups

make you forget things? Or make it difficult to drive a car? Do you really want to be the victim of promotional techniques designed to put money into somebody else's pocket?

5. Marijuana limits you. Do the right thing. Using marijuana hurts your education, family ties, and social life.

6. Marijuana impairs your thinking and judgment. It's a risky business. Car crashes, violence, and sexually transmitted diseases, including HIV/AIDS, are all possibilities when you use marijuana.

7. Smoking marijuana does not make you cool. Get with the program. Contrary to what you might hear in songs or see on TV or in the movies, smoking marijuana does not make you cool. It makes your clothing and body reek.

8. Marijuana is addictive. You can get hooked. Many users report that, over time, they require more of the drug to get the same effect.

9. Marijuana is not an escape. Talk about your problems. Using marijuana won't help you escape your problems; it will only create more. Don't believe people who say that marijuana is no big deal, or that it will make your life better.

10. Everyone is not "doing" marijuana. You don't need it. If you think "everybody's doing it" you're wrong. 72 percent of 12-17 year olds have never tried marijuana. Marijuana won't make you happy or popular, or help you learn skills you need as you grow up. You can do that with the help of friends, family, and other adults you trust.



### DIRIAIWIING MY ANTI-DRUG . Bugs

Bugs bugs little creatures Beady eyes and other features.

They're creepy crawly little thangs I don't like them, some Have fangs.

They're big, they're small some are tall gross and dirty, I hate them all.

Spiders, earwigs, beetles, bugs Tiny, miniature, little thugs.



Wait a minute, what's that you say? Bugs help us in many ways.

My garden is full of rich dark soil Dirt the bugs churned processed and toiled.

Iridescent wings transparent in light Illuminating fireflies glowing in the night.

Now we know the truth about bugs But I still don't think they're worthy of hugs, BRETT LUCHINI 12 SONOMA, CA



THIS SPECIAL SUPPLEMENT IS BROUGHT TO YOU BY THE NATIONAL YOUTH ANTI-DRUG MEDIA CAMPAIGN, A PROGRAM OF THE WHITE HOUSE OFFICE OF NATIONAL DRUG CONTROL POLICY, WITH **BIPARTISAN SUPPORT OF THE UNITED** STATES CONGRESS.

THANK YOU TO THE FOLLOWING INDIVIDUALS FOR REVIEWING AND SELECTING THE ENTRIES FOR THIS SUPPLEMENT.

DONELLE BLUBAUGH, DIRECTOR OF CURRICULUM, CABLE IN THE CLASSROOM ALEX CALI, STUDENT, CUNNINGHAM

PARK ELEMENTARY SCHOOL

JOHN W. KING, STUDENT, CUNNINGHAM PARK ELEMENTARY SCHOOL

SIS WENGER EXECUTIVE DIRECTOR, NATIONAL ASSOCIATION FOR CHILDREN OF ALCOHOLICS, AND LIFETIME MEMBER, NATIONAL ASSOCIATION OF STUDENT ASSISTANCE PROFESSIONALS

DESIGN BY EASON ASSOCIATES, INC., WASHINGTON, DC

COVER PHOTOGRAPH BY LAURA MILLER, BROOKLYN, NY

BLACK AND WHITE PHOTOGRAPHY BY CADE MARTIN, WASHINGTON, DC

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ABOUTCOM





Check out www.whatsyourantidrug.com to find out more about this nationwide initiative.

### National and Local "My Anti-Drug" Partners

NATIONAL GUARD BUREAU NATIONAL INDIAN CHILD WELFARE ASSOCIATION NATIONAL MIDDLE SCHOOL ASSOCIATION NATIONAL URBAN LEAGUE PARTNERSHIP OXYGEN MEDIA PATHFINDERS PREVENTION THROUGH SERVICE ALLIANCE POWERIJP REPRISE RECORDS SEEKING HARMONY IN NEIGHBORHCODS EVERYDAY- SHINE365.COM TEXAS PEER ASSISTANCE & LEADERSHIP PROGRAM THE MILLS CORPORATION UNITED NATIONAL INDIAN TRIBAL YOUTH, INC. HSA TODAY THE NATIONAL FOUNDATION FOR TEACHING ENTREPRENEURSHIP THE WB NETWORK YAHOOLIGANS US HISPANIC LEADERSHIP INSTITUTE

