

# ANNUAL REPORT

April 1, 1973

March 31, 1974

**THE QUAKER COMMITTEE ON SOCIAL REHABILITATION, INC.**



18978 Dup.

135 Christopher Street, New York, N.Y. 10014

CH 3-2134, CH 3-7284

**THE QUAKER COMMITTEE  
ON SOCIAL REHABILITATION, INC.  
135 CHRISTOPHER STREET, NEW YORK, N.Y. 10014  
CH 3-2134 CH 3-7284**

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1974-1975**

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Research and  
Rehabilitation Consultant

**EXECUTIVE DIRECTOR  
JANE S. DROUTMAN**

March 31, 1974

Dear Friends,

This Annual Report will show you the growth in depth of the services provided by the QCSR during its fiscal year April 1973-74.

We want to express our appreciation to those who permit us to help those in need.

We received an important grant from the New York Drug Addiction Control Commission which is disbursed to us through the New York City Addiction Services Agency. Without it, the QCSR could not provide to those under its care such a good professional staff. It is thanks to Private Foundations and our Concerned Friends who have been generous throughout the years that the Quaker Committee has been able to extend its services to broader segments of the Community by providing the necessary equipment needed. We want also to gratefully acknowledge the contributions made by our Volunteers who bring an important extra dimension to our Services showing to our clients at the prisons as well as at our main offices that people care and want to share in the rehabilitation process.

We wish also to thank St. Luke's Episcopal School for authorizing our residents to use their gymnasium.

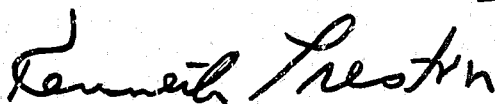
Many other happenings were sponsored by the QCSR in addition to the activities described in this Report: Dr. Donald Louris, who for many years, has been the President of the New York State Advisory Council on Drug Addiction and who is Chairman of the Department of Public Health and Prevention at the New Jersey College of Medicine gave a major address on Drug Abuses at one of the QCSR, Inc. Open Houses. In November 1973, Barrett Hollister, in charge of the U.N. Quaker Program, spoke on the work accomplished there and Edwin Fancher of our Advisory Board, Publisher of the Village Voice, discussed his interest in New York's drug problems while talking about "Greenwich Village - Past and Present." Our Open Houses are attended by the members of the Community as well as by persons in the Correctional Field, including Parole and Probation officials and guests from other Drug Programs.

The QCSR was one of the co-founders in 1958 of the Association of Voluntary Agencies on Narcotic Treatment. This year the QCSR Treasurer, Felix M. Boyce, presented the Legislative Achievement Award on behalf of A.V.A.N.T. at its 1973 Awards Dinner, to New York State Senator John Dunne, for his help and understanding of drug problems.

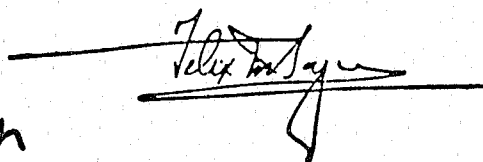
With the cooperation of the New York State Department of Mental Hygiene, an audio visual film was taped at our facilities showing many aspects of our programs as well as group therapy in session under the leadership of a psychiatrist and covering various clinical aspects. This was prepared as an audio visual tool for staff training but soon will be ready as a documentary film which will be shown this fall to our friends.

Various staff members participated in Seminars and were Guest Speakers. The Executive Director and a member of the Staff, helped by residents, ran a series of workshops on the changes in the Correctional Field and Treatment of Offenders in July 1973 at Silver Bay, Lake George.

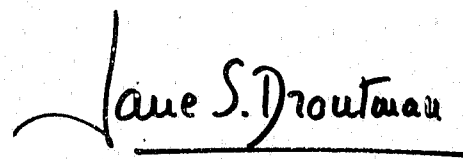
The Board of Directors gave generously of their time and tender care to develop the QCSR Services. Thus, the QCSR continues its tradition of participating in many community activities in an effort to educate the general public on the problems of drug abuses, showing the need for increased support for qualified Rehabilitation Programs with a complete understanding that the Quaker Approach to treatment may not necessarily represent the answer for other programs with different philosophies. A variety of concepts are still to be developed to avoid the endless revolving door which leads back to the Institutions for those not vocationally trained to face the competitive life of the cities.



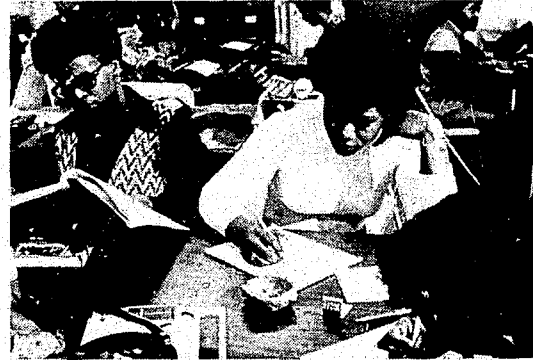
Kenneth Preston  
President



Felix M. Boyce  
Treasurer



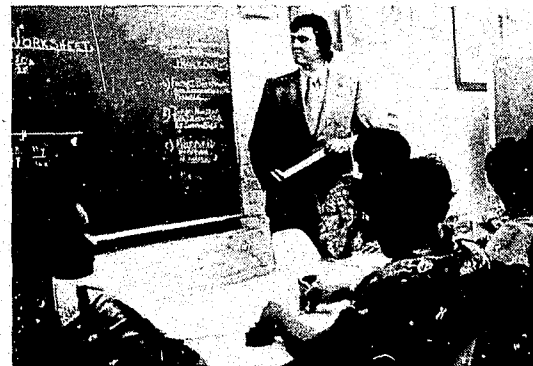
Jane S. Drouman  
Executive Vice President



**ACADEMIC, VOCATIONAL & ARTS AND CRAFTS TRAINING**



**ACADEMIC, VOCATIONAL & ARTS AND CRAFTS TRAINING**



When the New York City Department of Correction invited the Society of Friends to institute a pre-release counseling program for women in the House of Detention in 1956, it was soon discovered that heroin addiction was prevalent among the inmates. Although the Quakers had a long history of working with law-breakers, they soon recognized that the treatment of addicts would be more complex than merely adapting to a life without narcotics. In order to create a comprehensive program of Rehabilitation, the Quaker Committee on Social Rehabilitation established the QCSR Therapeutic Community Residence in Manhattan. From its beginning nearly eighteen years ago, the QCSR has developed an encompassing network of Services reaching 685 people involved with Drug Abuses during this past year.

The philosophy of the Friends is uniquely compatible with the goals of rehabilitation. A drug abuser's life is erratic and lonely, alienated from family and friends and removed from the mainstream of society. This habitual ostracism from normal relationships often results in a tragic subordination of personal pride, physical neglect, the inability to accept responsibility, and a shattered self image. Since the Quakers believe in the intrinsic worth of the individual, this program is adapted to the needs of each person, while working toward a group goal of readjustment to the community as a productive citizen.

\* \* \* \* \*

*"I was on Riker's Island for six months when I heard about the Quaker program and attended their meetings. When I was accepted into the residence program, I knew that I had a chance for a new life. Now I am almost ready to go out and deal with reality"*

*(A former inmate)*

The QCSR staff and volunteers hold regular counseling and group discussions at the New York City Correctional Institution for Women, covering the five boroughs of New York City and at New York State Bedford Hills Correctional Facilities. It also has a field service at the Bernstein Institute of Beth Israel Medical Center. Frequently, the individual group therapy represents society's first endeavor to treat those who are in detention or serving sentences.

During 1973-74, 358 clients were encouraged to make constructive plans. The immediate goals might include the QCSR Therapeutic Community Residence for women, or the Vocational and Educational Day Treatment Center for men and women, or the General Outpatient Program. Referrals are also made to qualified Drug Rehabilitation Centers.

*"My reason for coming to QCSR was because I knew that I couldn't make it in the streets. I was alone and knew that I needed help in changing my attitudes toward other people and myself."*

*(An Out-Patient)*

Recognizing the need for a variety of approaches, QCSR has developed various post-release programs. Among its three main services is the General Out-Patient which is geared toward patients who are either able to work but need further guidance and group therapy during their free time, or others who are unable to attend a training program.



"The residence is important to me because I had no home. It has helped me learn to get along with different people and understand their attitudes and respect their feelings. What's more, I've learned the bad points about myself, which will help me become a better person. But most of all, I've learned patience and have made friends."

(A Resident)

The QCSR Therapeutic Community Residence accommodates twenty-four women who have entered voluntarily for a minimum of ten months of rehabilitation. They are provided with attractive living quarters and complete personal and physical care during this period of temporary withdrawal from the pressures of the street and personal responsibilities.

By eliminating environmental problems such as housing, food, and clothing, the resident is able to concentrate upon herself and evaluate her motivations, strengths, and weaknesses as she participates in individual counseling and group therapy. If the staff determines a potentially healthy family relationship, the family is invited to attend family therapy sessions. The women after an initial period receive weekly passes and restrictions are minimized as the residents develop a sense of responsibility.

"If I were still in the street, I would never have gone back to school. Now I not only feel very strongly about my education, I can do something about it. It is really wonderful to know that you can have another chance at life and that someone cares what happens to you."

(An Out-Patient)

"While here, I have learned to enjoy and appreciate Art, which I had never liked. I have accomplished things I thought were not possible with the help of our very dedicated and talented teachers. It makes me feel great."

(A Resident)

Each resident must participate fully in the various aspects of the program - working toward a high school equivalency certificate; learning to sew; passing civil service tests in typing, shorthand; IBM Key Punch Operation; attending classes in arts and crafts; and taking part in physical activities. Usually, the women are placed for a month in a part-time volunteer job before starting permanent employment so that they may gain a sense of technical and personal security.

"I wasn't able to make it because I ended up just where I was... no job, no money to support my daughters and myself. So the QCSR has given me the opportunity to rehabilitate myself and to get the training I need for a good job. I want to make my own way."

(Male student at QCSR Vocational & Educational Day Treatment Center)

Since the QCSR regards vocational rehabilitation to be as vital as emotional and physical therapy, the programs are geared at acquiring the skills and attitudes necessary to obtain work which will provide a sense of satisfaction as well as a regular income.

"I have had no adult guidance from the age of fifteen until now, although I have made my own decisions for a long time. What the QCSR staff gives me is the guiding hand to help me channel my decisions in the right direction. Without the staff, I am sure that I would not be able to stick with the completion of my goals, because the blind leading the blind only makes you stumble. I know that the staff is behind me."

(A Resident)

The adjustment to a new way of living is not easy. It requires extraordinary determination on the part of the drug-abuser and the sincere support of staff members to reverse a life-style which emphasizes immediate self-gratification and a manipulative attitude toward authority, family, and societal conventions. The day our Residents receive their Certificate of Achievement, they have earned the obvious pride that they and the staff take in their accomplishments.

Jane S. Droutman, Executive Director since the inception of QCSR, has recruited a Multi-Discipline Staff which includes Psychiatrists, Physicians, Rehabilitation Counselors and Ex-addict Workers, House Parents, Research Assistant, Instructors in Business Education, Sewing Skills, Arts and Crafts, and Academic, Fiscal Officer and Clerical help. This staff constantly evaluates the individual progress of all students and encourages curricula innovations to meet the ever-changing needs of those served.

"Because of my wife and family, I cannot live in a residence twenty-four hours a day. The Quaker Program is just perfect for me, particularly the education and job training courses. With this help, I know I'll make it. QCSR doesn't fool around by just saying that they will help you find work...they do it."

(A Student at the QCSR Vocational & Educational Day Treatment Center)

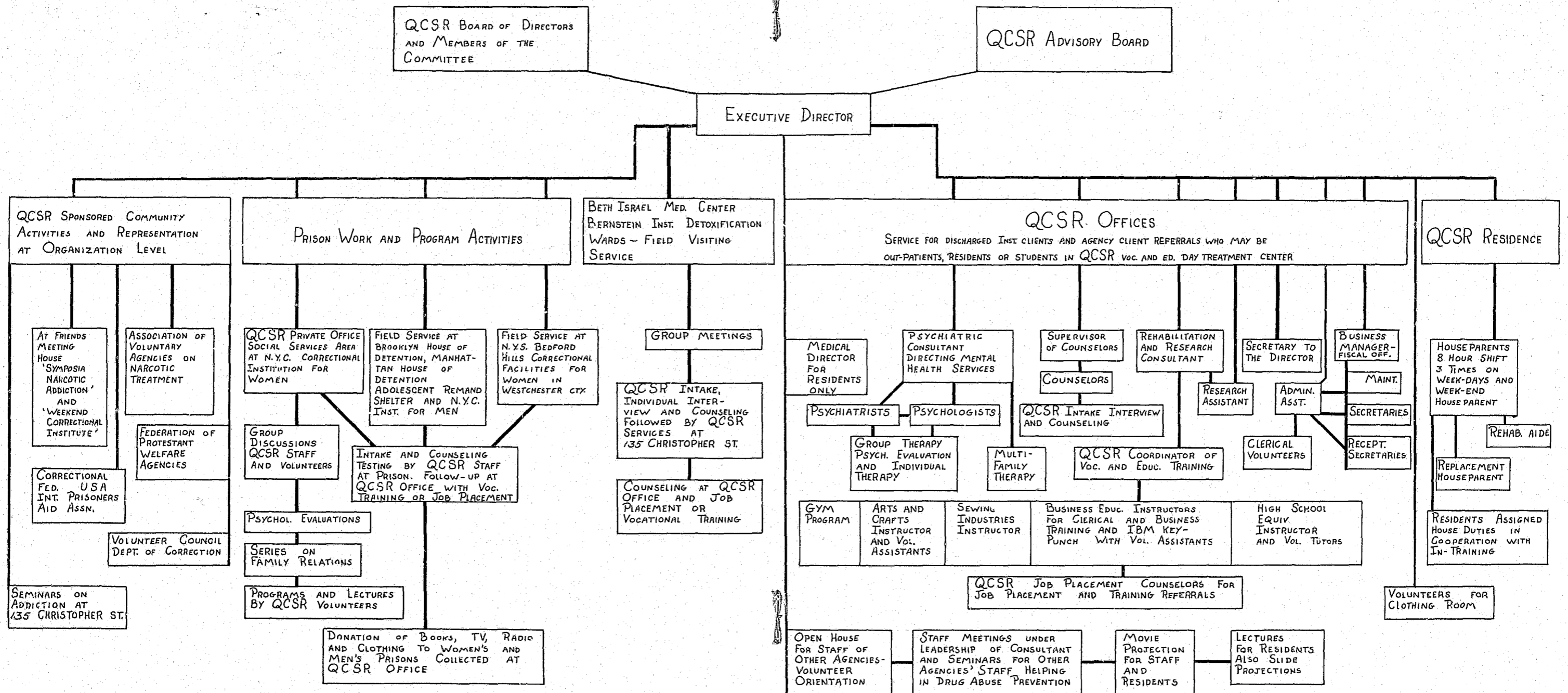
Essentially, the Vocational and Educational Day Treatment Center program offers training as the Residence does except that it is co-educational and that the students attend only during the day. They are enrolled full-time and attend high school equivalency classes, take typing, shorthand, bookkeeping, arts and crafts, and have therapeutic sessions in our Annex from 9 a.m. to 5 p.m. on week days.

This newest division of QCSR services has grown appreciably but is limited by a shortage of space and staff members. Recently, additional space in the same building was acquired and we will soon provide additional activities.

A major goal of QCSR is to obtain shortly, additional private funds in order to equip the Day Treatment Center with sewing machines to train women for the sewing industries and to provide some necessary equipment for new vocational training to prepare more male students for economically useful skills.

Those who participate in our Programs may have a "free" status, may be out on our recognition, may be on probation or parole. We met some of them in institutions, others are referred by ASA court referrals, by some of their friends and by various voluntary agencies. We give priority to the members of the community.

# QCSR ORGANIZATION CHART



**THE QUAKER COMMITTEE ON SOCIAL REHABILITATION, INC.**

**CASE LOAD & SERVICES RENDERED DURING PERIOD**  
 April 1, 1973 — March 31, 1974

NUMBER OF CLIENTS RECEIVING SERVICES DURING PERIOD	685
NUMBER OF CLIENTS RECEIVING QCSR INDIVIDUAL SERVICES (At institutions and main office)	418
NUMBER OF CLIENTS PARTICIPATING IN QCSR INSTITUTION PROGRAMS (Group Discussions at Correctional Facilities & Bernstein Inst.)	356
NUMBER OF CLIENTS RECEIVING BOTH INDIVIDUAL AND GROUP SERVICES	89
RESIDENTS AT BAIRD HOUSE DURING PERIOD	49
STUDENTS ENROLLED IN QCSR, INC VOCATIONAL & EDUCATIONAL DAY TREATMENT CENTER	45
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GROUP SERVICES AT NYC CORRECTIONAL INSTITUTION FOR WOMEN & BERNSTEIN INSTITUTE	
GROUP DISCUSSIONS HELD AT NYCCIFW	111
Number of Clients attending	321
GROUP DISCUSSIONS HELD AT BERNSTEIN INSTITUTE OF BETH ISRAEL MEDICAL CENTER	19
Number of Clients attending	49
*****	
TOTAL ACTIVE CASES CARRIED OVER ON APRIL 1, 1973	363
NEW CASES OPENED (all with history of drug abuses)	268
CLOSED CASES REOPENED (all with history of drug abuses)	31
CASES CLOSED DURING PERIOD (all with history of drug abuses)	562
INCIDENTAL CASES (not included in total active cases)	55
TOTAL ACTIVE CASES AS OF MARCH 31, 1974	100
*****	
INTERVIEWS AT QCSR PRISON OFFICE AT NYCCIFW, AT ADOLESCENT REMAND SHELTER & BEDFORD HILLS CORRECTION FACILITIES, BKLYN & QUEENS H OF D, DACC, ELMHURST HOSPITAL	1147
INTERVIEWS AT BERNSTEIN INSTITUTE OF BETH ISRAEL MEDICAL CENTER	89
INTERVIEWS AT QCSR MAIN OFFICE AND ANNEX	5431
TOTAL INTERVIEWS	6667
INTAKE INTERVIEWS	305
INDIVIDUAL COUNSELING SESSIONS 4770 - FAMILY AND VOCATIONAL SESS 33	4803
INDIVIDUAL PSYCHOTHERAPY SESS INCLUDING PSYCHOLOGICAL TESTING & EVALUATIONS	213
INDIVIDUAL PSYCHIATRIC SESS AND PSYCHIATRIC EVALUATION SESSIONS	242
EDUCATIONAL TESTING SESSIONS	72
VOCATIONAL EVALUATIONS & TESTING SESSIONS	151
JOB PLACEMENT INTERVIEWS	246
JOB REFERRALS	175
MEDICAL EXAMINATIONS AT QCSR BY MEDICAL DIRECTOR	635
GROUP THERAPY SESSIONS FOR RESIDENTS	260
GROUP DISCUSSION SESSIONS FOR RESIDENTS	69
MULTI-FAMILY THERAPY (monthly evening sessions led by psychiatrist for residents & family - average monthly attendance)	27
RESIDENT FIELD TRAINING AT FED OF PROTESTANT WELFARE AGENCIES(1 month each)	19
GROUP THERAPY SESS QCSR VOC AND ED DAY TREATMENT CENTER	68
GROUP DISCUSSION QCSR VOC AND ED DAY TREATMENT CENTER	12
GROUP THERAPY GENERAL OUTPATIENT	124

VISITS BY RESIDENTS TO QCSR PHYSICIAN'S OFFICE & SPECIALISTS & HOSP. EMERGENCY	100
VISITS FOR DENTAL WORK 157 - OPTOMETRIST 8 - PODIATRIST 14	179
REFERRAL TO DETOX., WELFARE & RESIDENCE TREATMENT CENTERS	53
FIELD VISITS (to court, probation, parole, hospitals)	165
FINANCIAL ASSISTANCE (number of individuals receiving aid)	138
CLOTHING (number of individuals receiving clothing at QCSR) (large amount sent to prisons)	51

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VOCATIONAL & EDUCATIONAL RESIDENCE SESSIONS:	
H.S. EQUIVALENCY CLASS SESSIONS	689
BUSINESS EDUCATION CLASS SESSIONS	1307
SEWING CLASS SESSIONS	688
ARTS AND CRAFTS SESSIONS	741
SPECIAL ENGLISH CLASS SESSIONS	13
DANCE MOVEMENT WORKSHOP	6

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VOCATIONAL & EDUCATIONAL DAY TREATMENT CENTER:	
H.S. EQUIVALENCY CLASS SESSIONS	761
BUSINESS EDUCATION CLASSES	1336
ARTS & CRAFTS SESSIONS	302

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NUMBER OF VOLUNTEERS ACTIVE THIS YEAR	
SOCIAL & MENTAL HEALTH STAFF PROVIDING INDIVIDUAL SERVICES AT QCSR PRISON PROGRAMS AND HOSPITAL	16
STAFF/VOLUNTEERS PARTICIPATING IN INSTITUTIONS' GROUP DISCUSSIONS	14
STUDENTS DOING FIELD WORK AT QCSR, INC	4
	5

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The Quaker Committee on Social Rehabilitation Inc. affiliated with the Religious Society of Friends, is a member of AOWT (the Association of Voluntary Agencies in Narcotic Treatment) - has membership with FPWA (the Federation of Protestant Welfare Agencies), is a member of the American Correctional Association, of Correctional Federation U.S.A. and International Prisoners Association, and of International Halfway Houses, Inc.



EDWIN FANCHER, MEMBER OF QCSR ADVISORY BOARD



DR. DONALD LOURIA AT QCSR OPEN HOUSE



QCSR GROUP THERAPY SESSION (L)



QCSR TREASURER, FELIX M. BOYCE PRESENTING AVANT AWARD TO N.Y. STATE SENATOR JOHN DUNNE



END OF GROUP THERAPY SESSION (R)



STAFF DISCUSSION ON A CASE (L)



QCSR OPEN HOUSE



FRENCH PSYCHIATRISTS & PSYCHOLOGISTS AT QCSR ON STUDY TRIP



SPECIAL AWARD FOR QCSR STAFF MEMBER (R)



**RECEIPTS AND EXPENDITURES  
FOR THE FISCAL YEAR APRIL 1, 1973 TO MARCH 31, 1974**

**RECEIPTS**

General Purpose Contributions	\$ 19,201	
Revolving Fund Contributions	2,320	
N.Y.S. Drug Addiction Control Commission Grant disbursed through N.Y.C. Addiction Services Agency for Residential Institutional and Outpatient Programs	410,121	
N.Y.S. Drug Addiction Control Commission Grant disbursed through N.Y.C. Addiction Services Agency for QCSR Vocational and Educational Day Treatment Center Program	73,880	
Direct Help Funds (Includes Deferred Amount of \$211.00)	640	
<b>TOTAL RECEIPTS</b>		<b>\$506,162</b>

**EXPENDITURES**

Staff Salaries and Consultants	\$340,088	
Staff Benefits, Taxes and Annuity Benefits	59,400	
Food Costs	16,598	
Communication and Utility Costs	13,366	
Rental Costs	19,957	
Supplies	16,060	
Rental, Leasing and Purchase of Equipment	7,829	
Office Expense, Repairs and Maintenance & Other Expenses	20,786	
Transportation Expenses (includes QCSR Car Rental)	5,586	
Interest on Loans	2,294	
Professional Fees - Audit	1,000	
Direct Help Expenditures	640	
Contributions and Membership Fees	575	
<b>TOTAL EXPENDITURES</b>		<b>\$504,179</b>

**EXCESS OF RECEIPTS OVER EXPENDITURES** **\$ 1,983**

The above is a true condensation of the full audit reports prepared by Garlick and Hoffman, Certified Public Accountants. This report is available for inspection at the Q.C.S.R. Offices.

**QCSR THANKS YOU**

We appreciate your financial assistance in the past, and we need your support in the future.

Please help us sustain our services by writing a check payable to:

**THE QUAKER COMMITTEE ON  
SOCIAL REHABILITATION, INC.**  
135 Christopher Street  
New York, N.Y. 10014

Your Contributions are tax deductible. As a non-profit, incorporated agency, QCSR may receive bequests and gifts of securities.

**VOLUNTEER YOUR SERVICES**

Call us for Information at CH 3-2134

Jane S. Droutman, Executive Director

**END**