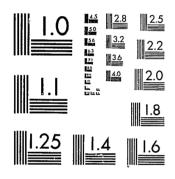
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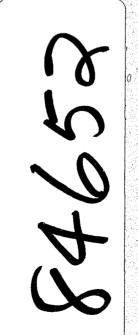
National Institute of Justice United States Department of Justice Washington, D.C. 20531 12/14/82

# GROUP HOME EVALUATION SYSTEM DEVELOPMENT PROJECT

Final Report

for

JUVENILE SERVICES ADMINISTRATION





by

International Training, Research and Evaluation Council

Fairfax, Virginia

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Group Home Evaluation System Development Project: Final Report

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ACQUISITIONS

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## Part I

Building the Foundation for an Ongoing Evaluation System for Community Based Treatment Programs

## Section I

#### THE HISTORY OF THE PROJECT

The Juvenile Services Administration (JSA), an agency of the Maryland Department of Health and Mental Hygiene, serves approximately 2,000 juveniles per year, or 700 at any given time, in community-based residential facilities of various types. These facilities offer an alternative to institutional treatment for juvenile offenders, while providing greater supervision and guidance than traditional probation. The philosophy of JSA is that treatment in the community is as effective and more appropriate than commitment to a rehabilitative facility since the goal of the agency is to return the youth to his own home or to a setting approximating a normal family situation as soon as possible. To insure that quality care is provided to the youth served by this treatment approach, JSA adopted a policy to develop an evaluation and monitoring program for these residential community facilities. This was only part of the purpose; another part was to attempt to develop an on-going evaluation system, as opposed to one-shot evaluation, and, if this worked here, to try the idea in other programs. Thus, one purpose was to evaluate group homes; another was to experiment with developing an on-going mechanism for expansion to other JSA programs.

The Group Home Evaluation System Development Project was designed to help implement this policy. An earlier step was taken during 1974, with a study conducted by the National Council on Crime and Delinquency (NCCD). The NCCD work, although not providing an evaluation base line, offered inputs to the development of Maryland's first set of standards and guidelines for group homes. It was not until 1975, however, with the establishment of the Department's Monitoring and Evaluation of Residential Facilities (MERF) program that systematic review of group homes began. In its infancy, the MERF program focused on physical monitoring and insuring the safety and health needs of the residents. As the program matured, its focus expanded and became more sophisticated, monitoring not only the physical facilities, but also program plans, detailed budgets, case files, and personnel. Currently, in addition to assessing compliance with the standards and guidelines, the MERF program is involved in licensing homes and helping new facilities meet the established standards so that they may be permitted to accept residents.

With the monitoring system operating successfully, attention turned to the fact that there was still no indication of how successful JSA's Community Based Residential Facilities were. This was highlighted by recent findings in many areas of the nation that recidivism rates appear to be as high in such facilities as in traditional institutions and that cost savings may also be illusory. Therefore, a proposal for the development of an evaluation system was submitted to the Maryland Govenor's Commission on Law Enforcement and the Administration of Justice in early 1976. The grant application represented a joint effort between JSA's Divisions of Research and Analysis and Community Services. It was reasoned that the combined perspective embodied in the request was essential to insure the development of an evaluation system which was based on scientific principles, yet was within the framework of the MERF program. The grant application was subsequently approved by the Govenor's Commission.

To insure that the resulting system employed the most advanced and responsive techniques available, JSA requested the assistance of outside experts. In August 1976, following a selection process, the International Training, Research and Evaluation Council (ITREC) initiated efforts toward the development of the proposed evaluation system to complement JSA's ongoing monitoring program. Staff assigned to the project by ITREC and the JSA project director and coordinator worked as a team for the duration of the grant, sharing responsibilities at all stages.

#### Section II

# THE STRATEGY UTILIZED TO FORMULATE A UTILIZATION FOCUSED EVALUATION SYSTEM

## INTRODUCTION

The development of systems for generating evaluation and feedback in human service organizations is a recent phenomenon. According to Miller and Willer (1977) data storage in most human service agencies is one of stacks of files being kept in some basement office. Other than taking up precious space, files of information, quite often, serve little purpose.

While non-use of existing information may be typical of many human service organizations, JSA's desire to develop a sophisticated evaluation system documented the agency's concern with the internal dynamics of programs that serve youth under JSA's authority. Moreover, JSA not only articulated a need for data concerning the association of programmatic features and program goals but maintained that such information should be gathered and analyzed on a continual basis.

This strategy which emphasizes usable evaluation research results is an outgrowth of the 1960s' "evaluation research boom" (Patton, 1978:14-19). Basically, the approach takes into consideration three sets of factors which were viewed as critical to a viable evaluation system. First and foremost, it is imperative to develop a system that will generate evaluation findings which are compatible with the needs of a variety of users. These users include JSA's MERF team, administrative and research staff and the staff of Community Residential Treatment programs. Importantly, data would be provided to those responsible for monitoring program activity as well as those who are providing the services and have an interest in self improvement through program modification and development. A second important consideration in developing the evaluation system is collaboration between JSA and Community Residential Treatment personnel. On an ongoing basis, JSA personnel will be responsible for maintaining the evaluation system while program staff will be responsible for providing accurate data. In turn, the collaborative efforts of all the parties are needed to produce usable evaluation results. Third, users' awareness and understanding of the evaluation methods and procedures are viewed as important factors in the development of the evaluation system. It is assumed that users' basic understanding of how the system functions is associated with commitment to the maintenance and use of its results. More details about these factors and the general frame in which they have been addressed in the two-year program are presented below.

# FACTORS TO CONSIDER IN THE DEVELOPMENT OF AN EVALUATION SYSTEM

Some authorities such as Caro (1971) have stated that the social and behavioral sciences have failed to measure up to expectations in supplying either knowledge upon which to base intervention programs, or information upon which the success or failure of various action approaches can be measured. Other writers such as Schulberg and Baker (1971), Argyris (1971), and Weiss (1971) have suggested that it is not only the lack of available knowledge, but also the viability of the evaluation strategies which affect the utilization of results.

With regard to the development of a viable evaluation system which focuses on program processes, three major problem areas exist. They are:

- the incompatibility of evaluation products with the user's needs;
- the lack of collaboration between resource personnel (e.g., evaluators and decision makers who may have some use for evaluation products); and,
- the lack of awareness and understanding of program evaluation and its utility.

## Compatibility of Evaluation Products and the Needs of the Users

Havelock (1973) and others have discussed the problem of scientific status of research findings, i.e., how valid and reliable, in a scientific sense, are results? While this question must be addressed in any evaluation project, Horst, et al (1974) and others point to more practical problems relating to the delivery of appropriate evaluation products to decision makers. The following are among the problems which have been associated with the ineffectiveness of program evaluations.

- Evaluations may not be planned to support decision-making.

- The timing, format and precision of evaluation studies may not be geared to user needs.
- Evaluation findings may not be adequately communicated to decision makers.
- Different evaluations of the same program may not be comparable.
- Evaluations frequently fail to provide cumulative and accurate bodies of evidence.
- Evaluation studies often address unanswerable questions and thus produce inconclusive results.

To avoid such problems, JSA and ITREC focused on the development of an evaluation system which generates useable information about the treatment environment for residents and the working environment of program staff. In formulating the evaluation approach, the community based treatment program was viewed as comprised of elements, including treatment modalities, people and structure. These elements form the framework for social processes to be operationalized within the context of the program. Hence, the evaluation approach in this project is referred to as a "process focused evaluation."

In implementing a process focused evaluation, primary emphasis is placed on describing the social environment of the organization and using goal attainment criteria as frames of reference rather than as measures of effectiveness. This evaluation strategy can be utilized at any time after a program's activities become operational, provided sufficient numbers of observations exist for a computer analysis.

# Collaboration Between JSA and Community Program Personnel

Questions have also been raised concerning the nature of the relationships which should exist between evaluation research personnel and those who will utilize the information generated. For example, does program staff view the evaluators as competent and trustworthy? Do the evaluators understand the community and organizational environment in which the processes are to be assessed? Can the evaluators communicate with various audiences who will be involved in the evaluation process? Do the evaluators have the ability to overcome barriers which are often present in the world of practice?

Extensive evidence exists to support the notion that affirmative answers to these questions usually lead to collaborative relationships between researchers, program staff and decision makers associated with action programs. Documentation also is available which shows that such relationships enhance the utilization of research findings. 1/Unfortunately, there have been frequent reports that evaluators lack the expertise and/or interpersonal skills to conduct program evaluation projects in the oftentimes difficult criminal justice environment. 2/

Moreover, collaboration was recognized as an essential ingredient of the ongoing evaluation system to be developed. As such, the strategy entailed elements intended to foster positive relationships between JSA research staff and other users of the evaluation system both within the Maryland State Government and among the group homes. The specific steps taken are explained elsewhere in this report.

## Awareness and Understanding of Program Evaluation

Adams (1975) and Horst (1974) address a third problem area --decision makers' level of understanding of program evaluation and its utility. Horst (1974) specifically states that those in charge of programs frequently lack the motivation, understanding, ability and/or authority to act on the findings and conclusions of evaluations. Even beyond Adams and Horst, many questions are now being asked about the level of awareness and understanding of decision makers in general government as well as local criminal justice agencies. Such questions include:

- Do decision makers understand how to create a favorable atmosphere for conducting program evaluation?
- Is decision makers' knowledge of research and procedures sufficient to adequately communicate with research personnel?
- 1/ Havelock (1973) has found that the relationship between resource personnel, such as evaluators, and decision makers is one key factor regarding whether research findings are utilized.
- Weidman (1975) and Adams (1975) also point to these problems in the field of criminal justice.

- Do decision makers know how to interpret program evaluation results?
- Do decision makers know how to utilize program evaluation products (i.e., MIS, reports, etc.) as management tools?

Moreover, for Maryland's system to be viable, ITREC and JSA felt that the state's community-based treatment program decision makers needed to have an awareness and general understanding of its components and the results that the evaluation system could generate. Hence, an extensive in-service training/executive briefing process was undertaken as an integral part of the work.

## THE TWO YEARS IN CAPSULE

While anticipating that the above factors may affect the development of an ongoing evaluation system, JSA and ITREC took the following measures to enhance the system's viability during the first year of the project. In particular, the first year was devoted to the development of an evaluation framework and instruments; the collection of data from group home administrations; staff and residents; data analysis; and, the dissemination of project findings. 1/ This phase of the project served to demonstrate the usefulness of results which stem from a social environment focused evaluation. During this process, JSA program personnel and community treatment staff played key roles in the project by identifying data elements to be included in the evaluation system. For example, information to be considered for inclusion in the system was pin-pointed through a series of site visits to many of Maryland's group homes by two members of ITREC staff and by the JSA project director. Notably, during these visits, inputs to the evaluation system were aggregated and the need for cooperative relationships between all users of the system was stressed. Additionally, the first year efforts helped increase decision makers' awareness and understanding of process evaluation and the utility of its results.

Johnson, K. W., Rusinko, W. T. and Girard, C. M.; The Group Home Evaluation System Development Project: Phase One Report and Executive Summary Report; International Training, Research and Evaluation Council, 1977. See also, Johnson, K. W., Rusinko, W. T. and Girard, C. M.; Descriptions of Group Home Programs, International Training, Research and Evaluation Council, 1977.

A number of methods of disseminating the evaluation results of the first year were utilized. These included the development of a detailed evaluation report and an executive summary document. Additionally, the ITREC team appeared at a number of briefing presentations and conferences, i.e. annual vendors conference. A complete documentation of the events and evaluation results produced during the first year of the project appears in Section 3.

During the second year of the project, data were collected from additional community based residential programs during two different time periods. This information was gathered using instruments which were derivations of those developed during the first year of the project. The intent during the second year was to enhance the scientific status of the evaluation system by including only data elements which proved to be policy relevant the first year. Questions were reworded to increase face, content and construct validity. In addition, new questions were added in instances of marginal reliability of specific measures. Additional questions from standardized instruments were also included in these two data generation stages.

A series of orientation workshops also was held during the second year of the project. These workshops were conducted at all community group homes that served a minimal number of JSA referrals, i.e., three. Several important goals were accomplished during the training period. First, group home personnel and administrators were made aware of how the system will operate on an ongoing basis and of what will be expected of them. Anticipated benefits to them in forms of program improvement were also explained. Second, the Research Team composed of JSA's Project Coordinator, ITREC's Research Coordinator and either the Research Director or Project Manager, obtained valuable feedback regarding the instruments which will be completed by group home staffs upon implementation of the system. Numerous suggestions from workshop participants were incorporated into successive revisions of the instruments. This was a significant contributor to fostering collaboration between JSA research staff and group home decision makers. Further, JSA's concern about developing a system that will be meaningful and useful to the group home operators was well documented through the process. Finally, the workshops provided opportunities for members of the MERF team to become familiar with the system which they will eventually be called upon to maintain.

It is important to note that the process focused evaluation approach employed in the development of a JSA's ongoing system was tailored to user needs and transferable to other states. This report has been prepared to facilitate the efforts of others who may have an interest in incorporating such a system into their community based treatment program.

The remaining sections provide detailed information on how the Group Home Evaluation System was developed. Following is a discussion of project year one efforts, including the data generation, analyses and important results. Since the scientific status of the system is important, technical information regarding validity and reliability checks will also be incorporated into several sections. Part II entails a discussion of the sequence of events associated with making final decisions about the battery of instruments to be used on an ongoing basis. These instruments, along with the instruments used to generate Phase One data during the first year are included as appendices. Finally, plans for implementation and maintenance of the evaluation system on an ongoing basis are included.

#### Section III

# DESIGN AND IMPLEMENTATION OF PROCESS FOCUSED EVALUATION

## INTRODUCTION

The primary problem area addressed during the first year of the project was the issue of compatibility of evaluation products and users. Hence, work focused on developing a firm understanding of the inner workings of Maryland's group homes and designing an evaluation strategy that could be used to improve various aspects of the treatment environment for residents and the working environment of program staff. To date, Rudolf Moos (1974, 1975) has done the most comprehensive research in conceptualizing and operationalizing the treatment environment for the purpose of program evaluation. Through the process of validation and refinement of concepts and evaluation measures within numerous correctional programs, Moos uncovered a multi-dimentional treatment environment. In turn, he developed several climate scales for evaluating treatment environments in the field of corrections, both institutions and community based facilities. 1/

Similarly, the development of JSA's evaluation system began by formulating a conceptual framework and was followed by a series of validation stages which involved community treatment programs for troubled youth. Moreover, as in the case of Moos's work, the Maryland Group Home Evaluation project uses a social ecological approach to evaluation research. 2/ It is noteworthy, however, to mention several important distinctions in the two validation studies. First, Moos focused only on the treatment environment associated with resident care, whereas JSA's/ITREC's general framework includes elements of both the treatment environment for residents and the working environment of program staff. Second, Moos defined the treatment environment in terms of resident and staff perception of the social climate. JSA/ITREC, on the other hand, looked at both perceptions of and individual experiences in the treatment environment. Third, in the

Notably, corrections is only one of nine types of treatment environments for which Moos has developed social climate scales.

<sup>2/</sup> A social ecological approach to evaluation research focuses attention on an evaluation of environmental variables which are associated with an organization or treatment program. This assures that environments have unique "personalities" just like people (Moos; 1975:4).

development of Moos's social climate scales, he assumed that the varying dimensions uncovered in the validation process were all important considerations in future evaluations. Conversely, the development of JSA's evaluation system included goal attainment criteria as yard sticks to assist in making decisions about the relative importance of dimensions of the treatment environments, which, it was assumed, could change over time. This was accomplished by correlating environmental measures (e.g., positive reinforcements) with program outcomes (e.g., responsible behavior of residents) at each analysis stage. 1/

Notably, the principal concern in the first stage of the Maryland Group Home Evaluation project was to identify and develop measures of primary program objectives as well as elements of the various treatment programs that were representative of the majority of homes from which JSA purchases care as well as state-operated homes. In the terminology of a process focused evaluation and throughout this report, these primary objectives of group homes such as responsible behavior of residents are referred to as "outcomes", which are comparable to dependent variables. The elements or components of the treatment program which are expected to affect the outcomes such as use of positive reinforcements or staff communications are referred to as "environmental measures" comparable to independent variables. Other aspects of group home programs, which may be related to the outcomes but are not elements of the treatment process per se, were also examined. These included such measures as size of facility, location and recreational facilities, and are discussed as "structural" measures throughout this report.

To maximize the likelihood that the product would be useful to all group home operators, a sample of programs reflecting the broad range of facilities operating in the state was drawn. Detailed instruments were then designed to provide indepth descriptions of the facilities and programs. During this process, care was taken to word items so their meaning was consistent across all homes and to include measures of program elements which group home operators considered important. Data were then collected from group home administrators, staff and residents. The procedures that were used to obtain data minimized disruption of group home routines.

The remaining aspects of the work concerned data analysis. Factor analysis procedures were used to reduce redundancy in the data and to provide measures which were both valid and reliable. 1/ Finally, the analysis provided information and evidence as to relationships between organizational, structural and programmatic elements and important objectives of group homes as applicable to both residents and staff.

The following sections provide details in terms of each of these key steps which were taken during the first year of the project.

## DATA GENERATION

This section details the steps taken in generating data for stage one of the evaluation project. The various procedures described were adopted to insure that the data gathered were reliable as well as valid. In addition, they were utilized to enhance the potential for collaboration between JSA and group home operators which would thereby maximize the potential for the findings to be seriously considered by those who operate Maryland community-based treatment programs.

# Selection of The First Year Sample

For the purposes of the project, a "group home" was defined loosely. By law, JSA is authorized to license four types of community based residential facilities. They are:

The primary analysis techniques used in this effort were analysis of variance/covariance and multiple classification analysis, which is equivalent to multiple regression using "dummy" variables.

<sup>1/</sup> Through the use of the Factor Analysis procedure, separate groupings of variables can be produced. These groupings are based upon a statistical determination of the extent to which the items in any particular set are measuring the same underlying concept. The meaning of these groupings, or factors, is based upon the content of the individual items which are included. Composite score variables are created by combining the items in a factor to provide an overall measure of the underlying concept. These measures have a particular type of validity, "construct" validity.

- Community Residences;
- Community Treatment Facilities;
- Structured Shelter Care; and,
- Youth Group Homes.

The criteria for sample selection were developed jointly by ITREC and JSA program and research staff. Homes were eliminated from consideration if they served a special or restricted category of clientele, provided adult-oriented services, were institutional in nature or were foster homes. Community Treatment Facilities and Structured Shelter Care were homes not included since they fit into the above category. Remaining for sample selection were:

Youth Group Homes, defined as:

A community based, family type dwelling housing between five and twelve youths, operated separately or as part of an affiliate corporation. The purpose of the home is to offer a group living experience in a neighborhood not unlike the original community from which the youth originates and to which he/she is expected to return; and.

#### Community Residences, defined as:

A series of family-type dwellings on the same ground where each dwelling is self-contained, but administration and services are provided through parent corp. This term may also apply to single dwellings that serve more than 12 youth. The degree of contact with the community and intimacy is somewhat less in these facilities than in group homes.

Homes from both of these categories were included in the sample and the ongoing system was designed to evaluate essentially all of the facilities covered by these definitions. In essence, they span the continuum of JSA's community-based residential treatment program when special purpose or short-term facilities are eliminated. It was reasoned that the latter programs would require individual evaluations. Throughout the report, the terms Group Homes and Community Based Residential Facilities are used interchangeably and refer to the two categories described.

Based on these factors, a sample of twenty-three (23) group home facilities from fifteen (15) parent organizations were selected for participation in the first year study. These homes were located throughout the state; utilized varying treatment modalities; and, employed differing staffing patterns.

### Evaluation Instruments

Numerous sources were consulted in relation to the design of the evaluation instruments. For example, an exhaustive literature search pertaining to community-based treatment was conducted and a number of important "treatment elements" were identified; ITREC and JSA staff attended several meetings of the Maryland Association of Residential Facilities for Youth (MARFY) to gain inputs from practitioners; and, a survey instrument was distributed to operators to develop information regarding the objectives of the group homes as well as important aspects of the content of their programs. This latter data set was augmented by JSA staff, particularly the Monitoring and Evaluation of Residential Facilities (MERF) team, vis-a-vis the identification of additional policy-relevant variables. Finally, each of the fifteen participating group home operators was visited by ITREC and JSA staff in October and November. 1976. While an important objective of these visits was to provide administrators with an understanding of the project, the research team used the opportunity to obtain considerable information regarding elements and objectives of the participating programs pertaining to both residents and staff.

Six evaluation instruments were developed as a result of this process. 1/ Three of these were designed to elicit information from group home residents. The Residents' Psychological Inventory contained ninety-five (95) items purporting to measure seven psychological outcomes pertaining to youth. These included responsibility, insight, independence, self-respect, goal orientation, effective communication, and value of education. The majority of these items were selected from established psychological instruments based on face validity; the remainder were developed by the research team. 2/ The Residents' Behavioral Checklist contained forty-five  $(4\overline{5})$  behavioral outcome items. These items were designed to determine the frequency of the youths' involvement in various types of responsible and rebellious behavior in the group home and the community. These items in the main were drawn from an instrument utilized by the Oregon Research Institute in conjunction with the evaluation of the Teaching Parent Model. 3/ The third instrument administered to residents was the Resident Interview. This instrument was used to document residents' appraisals of environmental processes and program dynamics. This instrument's forty-three (43) items focused on elements of the major treatment modalities being implemented in various combinations at the group homes. These included Positive Peer Culture, Guided Group Interaction, Reality Therapy, Behavior Modification, Teaching Parent Model, Traditional Casework and the Family Model.

Two of the six instruments used during the first year were completed by staff. One of these was a Staff Questionnaire, which was completed anonymously by all staff. It contained items designed to measure the process evaluation outcomes of Job Satisfaction and Burn-Out. 1/ In addition, this instrument was used to document various aspects of the organization of the group homes, programs and conditions (e.g., staff discretion, decision-making, etc.) pertaining to staff; and, the backgrounds and personal characteristics of those who were involved in the treatment programs. 2/ The second, entitled the Staff/Youth Specific Questionnaire, was also completed by group home staff, but pertained to individual residents. That is, the staff member most familiar with each resident completing the instruments described above completed a Staff/Youth Specific Questionnaire about these youths. As a result, the staff provided inputs on the same behaviors self-reported by residents on the above referenced Behavioral Checklist. This served as a validity check concerning the information provided by the residents and also provided a measure of disparity, i.e., the difference reported by a youth and staff member on the same item. This instrument was also used to document background and personal characteristics of the youths as well as the types and frequency of positive reinforcements and negative sanctions that were utilized with the various residents.

The final instrument was an Administrative Questionnaire. It was completed by group home administrators and/or house directors. The information obtained through this instrument pertained to characteristics of the programs, facilities, staff, residents and communities in which the group homes are located.

These first year instruments are presented in Appendix A.

These included the Jesness Behavior Checklist, the California
Test of Personality, California Psychological Inventory, the
Quay Test, the Personal Orientation Index, the Institutional
Impact Instrument, the Self Attitude Index, the Tennessee
Self Concept Scale, the Rosenberg Self Esteem Scale, and
the Value of Education Test. Many items were reworded by
the research team, particularly those intended for adult
samples.

Information concerning that research is available from M. J. Howard, Oregon Research Institute, Eugene, Oregon.

<sup>1/</sup> Job Satisfaction items were drawn from a scale provided in Locke, Edwin A., "The Nature and Causes of Job Satisfaction", Handbook of Industrial and Organizational Psychology (New York: Rand McNally, 1976), pp. 77-89 and passim. Burn-Out items were developed by the International Training, Research and Evaluation Council.

Many of these items pertaining to organizations were drawn from the Work, Family, Career Questionnaire developed by B. Schneider and H. Peter Dachler, Department of Psychology, University of Maryland.

The final phase concerning instrument development involved pretesting and revision. During December 1976 and January 1977, the instruments were pretested in six group homes. Four administrators, 12 staff and 46 residents participated in these tests. Revisions were made and the instruments finalized as a result of these tests.

## Data Collection Procedures

Data collection commenced February 2, 1977 and was completed on April 16, 1977. Procedures were designed to minimize disruption of regular group home activities and elicit the cooperation of group home personnel. For example, in most instances, preliminary visits to the facilities were made by members of JSA staff to explain procedures to personnel, select appropriate locations for data collection within the homes, set an optimum time for administering the resident instruments and deliver the three instruments to be completed by program personnel (e.g., Staff Questionnaire, Staff/Youth Specific Questionnaire and Administrative Questionnaire). 1/ Where a preliminary visit was not feasible due to distance, these steps were accomplished by mail and phone. Additionally, each of the 23 group home directors/administrators was contacted by phone at least two weeks prior to the data collection visit. At that time they were advised of the exact date of the site visit and asked to prepare a list of code numbers for participating residents. The code numbers insured residents' anonymity, yet permitted the Research Team to match the various instruments pertaining to individuals. The Research Team was composed of JSA's Project Coordinator, ITREC's Research Coordinator, and a student placed with JSA.

The majority of data collection visits were conducted upon the residents' return from school in the late afternoon. As a first step, youths reported individually to a private location where they were interviewed in turn by a member of the Research Team. After completing the ten-minute interview, an individual youth would proceed to another private location to listen to a ten-minute tape of the Behavioral Checklist and respond on a specially designed answer sheet. Simultaneously, another youth would be completing the interview phase

of the data collection. This process was continued until all participating residents had completed both phases. Finally, the Residents' Psychological Inventory was administered on tape in a small group setting. In some cases, more than one administration of the Inventory was necessitated by the large number of participating residents and the Research Team's desire to enhance control by conducting the sessions in groups of six or less. Again, residents responded on specially designed answer sheets. These sessions ran for approximately twenty minutes. As referenced above, code numbers were used instead of names. During this visit, Staff, Staff/Youth and Administrative Questionnaires were collected by the research team.

As a result of these procedures, coupled with the cooperation of group home personnel and residents, data were generated from one-hundred and fifty-one (151) residents and one-hundred eight (108) staff persons. Eighty-seven percent (87%) of the residents were between the ages of fourteen and seventeen inclusive. Sixty-six percent (66%) were white; thirty-four percent (34%) were non-white. Seventy-two percent(72%) were males. Twenty-eight percent (28%) were females. Eighty-four percent (84%) of the youths had resided at the participating group homes no more than one year, forty-three percent (43%) no more than six months. Only one percent had spent over two years at the particular group home. Ninety-one percent (91%) of the youths had had at least one court appearance prior to their referral to the group home; fifty-seven percent (57%) had previous group home stays.

Seventy-three percent (73%) of the group home staff sampled were 30 years of age or younger; thirty-six percent (36%) were 25 or less. This finding is consistent with the entry level nature of the majority of group home positions. Forty-six percent (46%) were non-white. In terms of educational level, sixty-one percent (61%) held college or advanced degrees, and only fifteen percent (15%) had had no college experience. Fifty-four percent (54%) of the sample had counselor-type positions; fifteen percent (15%) were houseparents and twenty-three percent (23%) were house directors. The remaining staff were volunteers, teachers and social workers. Salaries were generally low, with sixty-six percent (66%) of the staff surveyed earning less than \$10,000 annually. In terms of length of employment, twenty-five percent (25%) of the respondents were in their first six months with

<sup>1/</sup> Staff were provided with envelopes in which they could seal their completed questionnaires before giving them to house directors to hold for collection by the research team.

the organization; fifty-four percent (54%) in the first year; and seventy-one percent (71%) had been employed less than two years. Only ten percent (10%) reported over four years of service. These results are indicative of the high turnover rates which have plagued group homes.

## PREPARATION OF DATA FOR FINAL ANALYSIS

Considered of paramount importance in laying the foundation for the ongoing system in the first year was the development of measures evidencing considerable degrees of validity and reliability. Validity, which concerns whether instruments actually measure what is intended to be measured, entailed the employment of a two-stage validation strategy. First, content-analytic validation was used in constructing instruments. Dunnette (1966: 124) discusses this strategy as "an aid during the initial specification and writing of test items." It involves a careful content analysis of items and inferring from their content what the behavioral correlates of various responses might be. Second, construct validity was determined. To the extent that a variable is abstract rather than concrete, it is a measure of a construct. Nunnally and Durham (1975:297) assert that "all theories in science mainly concern statements about constructs rather than about specific observable variables." Further, they state that "factor analysis is at the heart of the measurement of psychological constructs," as it provides an indication of the extent to which a group of items "go together," inter-correlate, or measure aspects of the same underlying dimension. 1/

This section is concerned with the mechanics involved in developing program outcome and environmental measures for process and structure. The various methods used in the construction of the following sets of variables are discussed.

- Resident Outcome Measures: behavioral and psychological;
- Resident Environmental and Structural Measures: composite scores, administrative and staff collective properties, and treatment orientation disparity scores;
- Staff Outcome Measures;
- Staff Environmental and Structural Measures: composite scores and administrative collective properties.

## Development of Resident Outcome Measures

The development of reliable and valid outcome measures was considered one of the most important stages of the analysis. Two types of outcome measures corresponding to these objectives were developed: behavioral measures and psychological measures. Each is discussed in the following paragraphs.

Behavioral Measures. Variables from the Behavioral Checklist, were first divided into two groups. One group consisted of activities or behaviors which reflected responsibility. The other group included activities deemed as rebellious types of behavior both in the home and the community. Study participants were asked to report the frequency of their involvement in these types of behavior in terms of the following categories: Never, Once or Twice, Several Times, and Many Times. When the outcome data were factor-analyzed, three reliable factors emerged. A principal factor solution of the responsible behavior variables produced an eight-item factor with loadings in excess of .40. 1/ The reliability of this factor, measured through calculation of Cronbach's Alpha

<sup>1/</sup> The unavailability of concurrently and subsequently observed behaviors mitigated against the use of concurrent or predictive validation strategies respectively. Reliability concerns the extent to which measurements are repeatable. It was considered important to determine the internal consistency (i.e. the extent to which items within a measure correlate highly among themselves) of measures developed in Phase One. Nunnally and Durham (1975:332) state that "coefficient alpha is the basic formula for determining the reliability based on internal consistency." Further, "reliability estimated from internal consistency is usually very close to the reliability estimated from correlations between alternative forms." As such, alpha coefficients were calculated for all measures developed. Alpha reliability procedures were used in both single and multiple factor scaling. Notably, more appropriate reliability procedures for multi-factor scaling have been advanced, such as Theta, developed by Armour (1975). In view of the recency of Theta's development, the insufficiency of documentation regarding its use and the lack of guidance in deriving such coefficients, it was decided that alpha would be more feasible for use in an ongoing evaluation system.

<sup>1/</sup> This cutoff point was selected based upon its general acceptance in factor analytical research as the minimal factor loading to be used as a criterion in selecting items. The principal factor solution is the most widely used factoring method. It attempts to identify a single common factor for the items entered. Factor loadings are simply each item's correlation with the factor.

was .71. 1/ The outcome measure, "Responsible Behavior" was then constructed by weighting each item score by that item's factor loading and summing those to produce a composite score for each resident. 2/ Individual items and factor loadings are presented in Table 1.

Initially, factor analysis of rebellious behavior variables, using a varimax rotated factor solution, produced two independent factors which were conceptually distinguishable on a situational basis. 3/ One factor consisted of variables relating to behavior occurring within the group home, the other consisted of behavior occurring in the community. A principal factor solution of each of these was then obtained, and the resulting variable loadings were used in constructing the composite measures. The Alpha reliability coefficient for both scales was .78. It was decided to restrict further analysis to the Rebellious Group Home outcome measure, as JSA staff members indicated that this measure would have greater policy relevance for group home programs. Item and factor loadings for this outcome measure are presented in Table 1. 4/

## Psychological Measures

Items were selected for the Residents' Psychological Inventory on the basis of their potential as measures of seven psychological objectives provided by group home administrators. Residents studied indicated if these items were "true" or "false". When the seven groups of items were factor analyzed, satisfactory principal factors for six psychological outcomes were found. These were:

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<sup>1/</sup> The generally accepted minimum reliability coefficient is .60.
Reliabilities of all project outcome measures are in excess
of 70.

Missing data on outcome measures were filled in by assigning scores to missinb individual items, based upon the average score on other items composing the outcome scale in question. In cases where half or more of the individual items were missing, the missing outcome score was maintained.

<sup>3/</sup> Varimax is the most widely used method of rotation to achieve simpler and theoretically more meaningful factor patterns than principal factoring.

<sup>4/</sup> It should be noted that this outcome measure cannot always be considered directional in terms of desirability, as either the absence or the occurrence of rebellious behavior may be considered functional in individual cases.

Table 1-1
INDIVIDUAL ITEMS COMPOSING RESIDENT OUTCOME MEASURES

Variables	Never	Once or Twice	Several Times	Many Times	Missing	Factor Loadings		
Resident Outcome - Responsible Behavior								
Since Thanksgiving, have you:								
Helped someone with schoolwork?	19.2	28.5	31.1	21.2	Ø	.4000		
Talked someone out of doing something								
dangerous or illegal?	8.6	39.1	31.1	21.2	Ø	. 46278		
Helped a friend?	1.3	15.9	34.4	48.3	Ø	. 52858		
Reported a kid for doing wrong?	45.7	29.8	15.2	8.6	. 7	.52182		
Talked someone out of running away?	29.1	39.1	17.2	13.9	. 7	. 42526		
Done extra schoolwork?	23.8	31.1	25.8	17.9	1.3	.52411		
Taught someone something?	4.6	36.4	33.8	25.2	Ø	.58194		
Been the leader of a group activity?	23.8	33.1	21.2	20.5	1.3	.50179		
					Eigenvalue	1.96910		
Resident Outcome - Rebellious Group Ho	ome Beha	vior						
Since Thanksgiving, have you:								
Failed to do assigned chores?	27.8	44.4	18.5	8.6	. 7	.55150		
Talked back to staff?	21.2	27.8	27.2	23.8	Ø	.61193		
Picked on or threatened another kid?	39.7	39.7	15.2	4.6	. 7	.56449		
Damaged furniture or other property?	66.9	25.2	5.3	2.6	Ø	.40417		
Ridiculed or laughed at other kids?	27.8	37.7	23.2	10.6	. 7	.60064		
Kept talking after being told to be quiet?	21.2	36.4	25.2	14.6	2.6	.64691		
Stopped working on a chore?	51.7	35,1	6.6	6.0	. 7	. 57004		
Had a fist-fight with someone in home?	50.3	33.8	9.9	5.3	. 7	47306		

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2.48860

.

Eigenvalue

9

NO.

Variables Resident Outcome - Two-Way Commun	Never	Once or Twice	Severa <u>Times</u>	Many Times	Missing	Factor Loadings
Since Thanksgiving, have you:	ircation					
Tried to have friendly talk w/ staff? Listened to others' points of view? Talked freely about yourself?	6.6 4.6 19.2	16.6 15.9 17.2	24.5 27.8 29.8	51.7 50.3 33.8	.7 1.3 Ø	.62923 .52570 .69068
When I have a problem, it helps to talk I talk freely about myself.	to some our	_	True	False	Missing	Factor Loadings
I talk freely about myself to counselors I learned a lot here by talking about mys	ers.	76.2 52.3 56.3	21.9 43.7 41.7	2.0 4.0 2.0	.53267 .55818 .64055	
Resident Outcome - Self Respect					Eigenvalue	2.15494
I often wish I were someone else. I do what is right most of the time. I usually have good judgement. I feel that I have a number of good qualit I do not have much to be proud of. I cannot be depended on. I can never seem to finish what I begin. It is hard for me to work unless someone It is easier to do things that other people		what to do.	33.8 82.8 87.4 84.8 15.9 10.6 13.9 15.2 21.2	65.6 16.6 11.3 11.9 82.1 87.4 86.1 84.8 75.5	.7 1.3 3.3 2.0 2.2 Ø Ø 3.3	.50154 .44475 .61901 .59795 .44141 .50988 .50939 .52466 .40000
				E	igenvalue	2.33905

- Two-Way Communication;
- Self Respect;
- Extrinsic Value of Education;
- Intrinsic Value of Education;
- Future Confidence; and,
- Submissiveness.

JSA staff selected the first three listed above which they thought were most policy relevant. Initial analyses with the Extrinsic Value of Education revealed that the skewness of that measure severely limited the scope of potential explanation. 1/ Therefore, this outcome measure was excluded from further analysis.

The final psychological outcomes selected were Two-Way Communication and Self Respect. Notably, the Two-Way Communication measure is made up of a combination of three psychological and three behavioral items. These items had loaded in excess of .40 in a single factor during the analysis process. One of these items concerned "residents' willingness to listen to others" as opposed to the remaining items which concerned "willingness to verbally communicate" as a method of problem solving. Therefore, a composite variable was conceptualized as a measure of two-way communication. It is believed that this dimension of willingness to listen contributes to the scale's validity as a measure of truly effective communication. Alpha reliability of this scale was .76. Individual items and factor loadings for this measure are provided in Table 1.

## Development of Resident Environmental Measures

Three categories of resident variables were developed: composite process scores from residents' data; collective properties generated from administrative and staff data; and, disparity scores created through joint consideration of resident and staff data. Each is discussed in detail in the following paragraphs.

Composite Scores. The two major concerns in the development of these environmental measures were reducing redundancy in the data and obtaining meaningful scales with multiple indicators providing confidence in the reliability and validity of the measures. The majority of these measures have, as their source, data generated through the Residents' Interview. That instrument was designed so residents responded in terms of "never, sometimes, often or always" to questions concerning their relationships with other

<sup>1/</sup> Skewness refers to the extent to which responses are disproportionately distributed in one direction or another.

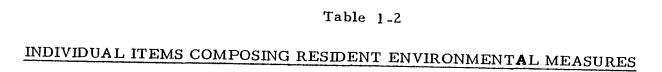
residents and staff; and, their participation and experiences in the treatment program. These items were factor analyzed and environmental measures were selected on the basis of factors which emerged from a varimax rotated factor solution. Item content was an additional consideration in selection of final scales. Policy relevant items which failed to load in any of the selected factors were considered individually as potentially explanatory process variables in the analysis. Those items which loaded together and provided meaningful scales were summed to create the environmental measures. 1/ The following measures were considered in the analyses:

- Involvement in Leadership Roles;
- Involvement in Manager Roles;
- Experience with Staff Concern;
- Satisfaction with Home Environment;
- Experience with Staff Authority;
- Involvement in Decision Making;
- Cohesiveness of Residents; and,
- Intensity of Resident Group Meetings.

Table 2 presents frequencies of individual items composing these measures.

Two additional composite score environmental measures were derived from data provided by group home staff in the Staff/
Youth Specific Questionnaire. This instrument was designed so staff could respond to the frequency (never/once or twice/
several times/many times) with which residents were positively reinforced and negatively sanctioned in a variety of ways in the two-month period prior to data collection. These items were factor analyzed using a varimax rotated factor solution, and two independent factors emerged: one consisting of positive reinforcements and the other negative sanctions. These items were summed to provide environmental

<sup>1/</sup> These items were not weighted by their factor loadings due to the fact that correlational analysis with weighted and unweighted measures proved that differences were negligible.



Resident Environmental Variables	Never	Sometimes	Often	Always	Missing
Leadership Role				<u> </u>	witssing
Keep an eye on other kids and tell them					
when you think they're messing up	13.2	34, 4	25.2	37. 3	
In meetings, help others with problems.	11.9	47.0	23. 8	27.2	Ø
Been leader of a group or house meeting.	58.3	23.8	15.9	17.2 2.0	Ø Ø
Manager Role					•
Had job of saying who does the chores.	76.2				
Had job of making sure chores were done.	66.9	14.6	7.3	2.0	Ø
·	00. 9	19.2	9.9	4.0	Ø
Experience With Staff Concern			·		
Staff been open and honest.	6.6	18.5	24 5		
Staff notices and tells you when you did a good job.	6.0	25.8	24.5	50.3	Ø
Can go to stail person to talk about a hig problem	9.9	9 <b>.</b> 9	22.5	45.7	Ø
Staff really cares about you.	7.3	15.9	14.6 17.2	64.9	. 7
Contentment with Home Environment		13. /	11.2	58.3	1.3
and the Home Environment					
Feel like you're in regular home and family.	21.9	33.8	22.0		
Able to do things that make you feel successful	6.0	29.8	23.8	20.5	Ø
otall act like type of adults you would like to be	14.6	36.4	41.1	23.2	Ø
someone on staff who is more like a friend.	12.6	27.8	24.5	24.5	Ø
	- <b></b> 0	21.0	21.2	38.4	Ø

Table 1-2 (Continued)

Resident Environmental Variables	Never	Sometimes	Often	Always	Missing
Experience With Staff Authority					
Staff members boss you around.	31.8	44.4	11.9	11.9	ø ·
Seen staff member get really mad.	16.6	47.0	28.5	7.9	ø
Staff willing to listen to reasons for doing wrong.	11.3	22.5	19.9	46.4	Ø
Residents' Decision Making Power					
Staff allow you to decide: Who gets more privileges.	35.1	16.6	21.2	21.2	6.0
Who gets less privileges/moved back	31.1	20.5	21.9	21.2	5.3
What happens to kids who break house rules.	25.2	17.2	25.8	31.8	ø
What kids get for doing good things.	31.1	19.2	25.2	13.2	11.3
Cohesiveness of Residents					
Feel you can trust others in the home.	21.9	38. 4	21.9	17.9	Ø
Talk to other kids about your problems.	25.2	32.5	21.2	20.5	. 7
Feel you're really tight with others in the home.	13.9	38.4	19.2	28.5	Ø
Go places and do things with others from the home.	14.6	28.5	31.8	25.2	ø
Other kids helped you solve a problem.	25.8	27.2	29.1	16.6	1.3
Intensity of Meeting					
Felt picked on or hassled by other kids.	52.3	33.8	6.6	7.3	Ø
It seems like there is going to be a fight.	53.0	33.8	9.3	4.0	ø
Feel really nervous in the meetings.	49.0	32,5	7.9	10.6	Ø
Others in meeting gotten on you about what you did.	33, 1	45.7	13.7	7.3	Ø

Table 1-2 (Continued)

	Resident Environmental Variables	<u>Never</u>	Sometimes	Often	Always	Missing
	Positive Reinforcements					
	Since Thanksgiving, how often has s/he:					
I-28	Received cash for good behavior? Received store items for good behavior? Been allowed to attend group outings? Been permitted later curfews? Been verbally praised for good behavior? Been moved to higher privilege status?  Negative Sanctions	49.7 59.6 20.5 46.4 1.3 25.8	12.6 17.2 15.9 15.9 12.6 27.2	14.6 10.6 24.5 23.2 28.5 25.2	16.6 5.3 29.8 11.3 57.6 14.6	6.6 7.3 9.3 3.3 Ø 7.3
	Since Thanksgiving, how often has s/he:  Been restricted for negative behavior?  Had allowance reduced for negative behavior?  Been excluded from group outings?  Been verbally admonished for negative behavior?  Been moved to a lower privilege status?  Been given additional chores?	15.2 33.1 55.6 12.6 47.7 47.4	38. 4 29. 1 26. 5 29. 1 27. 8 28. 4	31.8 25.8 10.6 39.7 15.2	13.2 9.3 1.3 18.5 2.6 4.7	1.3 2.6 6.0 Ø 6.6 1.7

measures of positive reinforcement and negative sanction. 1/ Frequencies of items included in those scales are provided in Table 3.

Collective Properties. Two sets of collective properties were generated: administrative and staff. Individual residents were neither the source nor the subject of the data for purposes of the collective properties variables. Rather, these variables were viewed as having potential effects on resident outcomes in a collective sense. That is, each group home received a score on these variables; residents within each home were subsequently assigned that score. This mixed property model permitted examination of certain structural characteristics, program policies, and staff characteristics in terms of their associations with resident outcomes.

Administrative collective properties were selected from the Administrative Questionnaire on the basis of potential policy significance. The procedure involved generating scores for each home in the sample and awsigning these to residents of the home. In some cases, administrative scores were summed to obtain stronger indicators of particular practices or policies. Examples of these are the extent to which outside counseling is used in the program and the staffing pattern.

Staff collective properties were developed by calculating group home averages from responses to the Staff Questionnaire. Residents were assigned staff average scores for the group homes in which they resided. A set of these staff collective properties was used in constructing the final set of process variables, treatment orientation disparity scores. Examples of staff collective properties are staff average education and staff average job satisfaction.

Treatment Orientation Disparity Processes. The treatment orientation items in the Staff Questionnaire were developed to correspond with treatment experience items in the Resident Interview. As such, on the one hand, residents were asked how often their experiences coincided with these orientations. Group home averages were then calculated for the staff and assigned to the appropriate residents. Disparity scores were subsequently constructed by subtracting individual residents' scores from the staff averages for the troup homes in which they resided.

## Development of Staff Outcome Measures

One section of the Staff Questionnaire contained items purporting to measure Job Satisfaction and Propensity to Burn Out. As such, during the survey process, staff members responded to statements about their jobs in terms of "not at all accurate; somewhat accurate; generally accurate; very accurate". Responses to these items were factor analyzed using a varimax rotated factor solution. Three independent factors with items loading in excess of .40 emerged as a result of this process. Item content indicated a conceptualization of these as measuring Job Satisfaction, Personal Burn Out and Job Burn Out. Conceptually, this split of the Burn Out items relates to respondents' distinctions between:

- burn out as it relates to one's personal life and commitment to the job; and,
- burn out as it relates to one's dealings with the residents.

These outcome measures were constructed by weighting item responses with factor loadings obtained in principal factor solutions for the three scales. Initial analyses revealed that the Job Burn Out measure was substantially skewed; therefore, this outcome was eliminated from further analyses. Alpha reliability statistics for Job Satisfaction and Personal Burn Out were .80 and .83 respectively. Individual items and factor loadings used in constructing Job Satisfaction and Burnout are presented in Table 3.

# Development of Measures of the Staff's Working Environment

Two types of staff measures were developed, one from data generated through the Staff Questionnaire and the collective properties drawn from the Administrative Questionnaire.

<sup>1/</sup> Notably, Negative Sanctions differ from negative reinforcements in that this type of reinforcement involves the removal of an aversive stimulus. Negative sanction are the actual aversive stimuli.

Variables	Not Accurate	Somewhat Accurate	Generally Accurate	Very Accurate	Missing Data	Factor Loadings
Staff Outcome - Job Satisfaction						<u> </u>
Being paid for a job I enjoy doing. Feel good working o.t. w/o extra pay. Would like to find better job soon. This job gives me more satisfaction than jobs I have held in the past. Would recommend this job to friend. I would take same type job again.	2.9 42.2 54.9 7.8 7.8 15.7	14.7 28.4 29.4 20.6 17.6 15.7	33.3 14.7 9.8 29.4 35.3 27.5	46.1 7.8 3.9 41.2 38.2 40.2	2.9 6.9 2.0 1.0 1.0	.81069 .45514 45730 .66654 .72544 .74190
Staff Outcome' - Personal Burnout				Eigei	nvalue	2.59443
Requires too much personal investment The longer in this job, more emotionally	. 27.5	50.0	11.8	9.8	1.0	. 78917
drained at the end of the workday.  More pressure to neglect personal life.  Feelings, hopes and goals on the line.  Can't leave job behind you at end of day.  Requires too much personal and  emotional committment.	45.1 46.1	39. 2 31. 4 31. 4 42. 2	11.8 18.6 25.5 21.6	2.9 2.9 26.5 23.5	1.0 1.0 2.9 1.0	.60320 .82181 .50740 .49833
	- <b>- • •</b>	11.1	9.8	9.8 Eigen	l.0 value	.85693 2.90212

Responses from three sections of the Staff Questionnaire were further analyzed. One section consisted of the previously described treatment orientation items. A second section listed eight areas of decision-making regarding group home residents and staff members vis-a-vis their involvement in the decision-making process. The final section contained statements regarding various aspects of the job, including relationships with other staff and administrators, career concerns, and role conceptions. Staff members responded to these in terms of "not at all accurate, somewhat accurate; generally accurate; and, very accurate". Items from these three sections were combined on the basis of the factor analysis and content. The staff environmental measures which resulted are: 1/

- Knowledge of Impact;
- Self Determination;
- Personal Relationships with Residents;
- Contribution to Career;
- Staff Communication;
- Encouragement of Resident Confrontation;
- Encouragement of Resident Cohesiveness;
- Role in Resident Group Meetings;
- Decision-Making in Group Home Program; and.
- Decision-Making in Screening and Discharge of Residents.

These measures and the frequencies composing the items are presented in Table 4. As in the resident data set, policy relevant individual items which did not load in any of the above factors were included in the analyses.

A second type of staff environmental variable used was administrative collective properties. The same structural, programmatic

<sup>1/</sup> These items were not weighted by their factor loading, as correlational analysis with weighted and unweighted measures proved differences were negligible.

Variable		Not at all Accurate	Somewhat Accurate	Generally Accurate	Very Accurate	Missing	
Knowledge of Impact							
Know when I have had successful impact of Can find reliable indicators of youths' progressive feedback about discharged youths.	gress.	2.0 2.9 11.8	11.8 32.4 39.2	61.8 47.1 32.4	23.5 15.7 12.7	1.0 2.0 3.9	
Self Determination							
set my own work goals.  Tob has certain specified goals to be obtain can decide what to work at, at any particular can determine the procedures for getting	ular tin	4.9 2.0 ne. 11.8 one. 5.9	22. 5 14. 7 28. 4 25. 5	48.0 48.0 41.2 44.1	24.5 34.3 17.6 24.5	Ø 1.0 1.0	
Variable No.	ever	Rarely	Sometimes	Often	Always	Missing	
Personal Relationship							
• •	0 6.9	0 4.9	5.9 20.6	52.0 32.4	40.2 28.4	2.0 6.9	
Career Relationship		Not at all Accurate	Somewhat Accurate	Generally Accurate	Very Accurate	Minaina	
ee job as "stepping stone ob has nothing to do with career plans. Chose job in terms or career contribution.		28.7 6.5 21.3	23.1 0 30.6	20. 4 15. 7 24. 1	26.9 75.0 22.2	Missing .9 2.8 1.9	
Communication							
Effort made to get information on staff prostaff informed about what is going on.  Iome provides comm. channels b/w staff/anformation easily obtained from other staff open communication encouraged among staff.	dmin.	5.9 4.9 7.8 1.0	15.7 13.7 11.8 16.7 7.8	28.4 30.4 31.4 28.4 12.7	49.0 50.0 48.0 52.9 77.5	1.0 1.0 1.0 1.0	

Table 1-4 (Continued)

Variable	Never	Rarely	Sometimes	Often	Always	Missing	
Encouragement of Confrontation							
Encourage peer confrontation.	4. 9	2.0	22,5	38.2	28.5	3.9	
Attempt to raise level of anxiety.	15.7	17.6	43.1	14.7	4.9	3.9	
Encourage challenging others'behavior.	2.0	3. 9	32.4	35.3	22.5	3.9	
Encourage Cohesiveness							
Encourage keeping an eye on each other	. 2.8	3.7	27.8	39.8	20.4	5.6	
Encourage group consciousness/cohesio	n. 0	0	6.5	50.0	40.7	2.8	
Encourage doing things as a group.	0	2.8	18.5	39.8	33.3	5.6	
Set up conditions for success.	0	. 9	25.0	39.8	27.8	6.5	
Advisor/Director Meeting Role							
Act as advisor to group in meetings.	2.8	11.1	38.9	23.1	21.3	2.8	
Act as director of discussion in meeting	s. 7.4	23.1	37.0	19.4	10.2	2.8	
Decision Making - Group Home Program	<u>n</u>						
Increase in privileges or promotion.	2.8	1.9	6.5	16.7	72.2	Ø	
Decrease in privileges or demotion.	1.9	2.8	5.6	14.8	74.1	. 9	
Discipline of individual residents.	1.9	3.7	7.4	15.7	69.4	1.9	
Awarding of specific privileges.	3.7	3.7	7.4	12.0	70.4	2.8	
Changes in house rules.	1.9	7.4	13.9	12.0	61.1	3.7	
Decision Making - Screening and Discha	rge						
Screening and acceptance into program.	10.2	12.0	15.7	. 9.3	51.9	. 9	
Graduation from the program.	9.3	2.8	15.7	4.6	66.7	. 9	
Discharge of individual residents.	6.5	4.6	28.7	8.3	50.0	1.9	

and policy scores from the Administrative Questionnaire which were assigned collectively to residents of the various homes were assigned to the staff respondents in the homes. Thus, all staff and residents in any particular home received the same score on administrative properties, permitting examination of the associations of these variables with both resident and staff outcome measures.

#### Section IV

# A SUMMARY OF MAJOR FINDINGS AND IMPLICATIONS FROM THE RESIDENT DATA

## INTRODUCTION

This section presents a summary of important findings which emerged from the analysis of resident data. Descriptive results which provide information as to the extent and nature of various elements of the treatment environments in the homes sampled are provided, as well as evaluation results which show evidence of relationships between these program elements and program objectives. These results serve as the bases for a series of implications which are included in this discussion. Further details regarding the various findings and implications can be found in The Group Home Evaluation System Development Project: Phase I Report. 1/

Separate sets of findings related to each of four outcome measures or group home objectives studied during the project are detailed in this section. These included Responsible Behavior, Rebellious Behavior, Self Respect and Two-Way Communication. Seven objectives were originally identified for the research team by group home administrators and personnel. Subsequently, JSA staff selected these four as being of primary interest for extensive data analysis. The environmental variables, or aspects of group home programs, discussed in terms of their relationships with the objectives are those which emerged as most important after analysis of all program elements which the literature, group home personnel and JSA staff identified as having relevance for program development and modification.

While some of the findings may seem to be exactly what one might expect, it is important to obtain research evidence which confirms personal assumptions or expectations. Also, findings show that many of these seemingly self-evident implications have not been extensively applied in group home programs. An effort has been made in this study to address issues which have direct impact on program effort so that results of the evaluation may have practical and useful applications for group home personnel.

<sup>1/</sup> Johnson, K. W., Rusinko, W. T. and Girard, C. M.; The Group Home Evaluation System Development Project: Phase One Report and Executive Summary Report; International Training, Research and Evaluation Council, 1977.

## RESPONSIBLE BEHAVIOR

#### Introduction

Encouraging responsible behavior among youth sent to group homes is a major goal of those involved in the juvenile rehabilitation process. As a result, many of the treatment approaches used in group homes focus on stimulating residents to behave in responsible ways.

For purposes of the research, "responsible behavior" was considered to be made up of commendable activities that group home residents reported being involved in. These activities included such things as helping a friend; teaching someone something; talking another youth out of doing something dangerous or illegal; etc. To gather information about Responsible Behavior, residents were asked a series of tape recorded questions concerning whether or not they had been involved in such activities between Thanksgiving of 1976 and the date of the home visit (i. e. February-April, 1977). Each youth responded on specially designed answer sheets to insure anonymity.

When the information provided by the residents was compiled, two things became evident. First, some residents in all of the homes are involved in activities considered to reflect Responsible Behavior. Second, although the promotion of Responsible Behavior is a major goal at the group home facilities, it was found that most residents reported little participation in activities considered by the study to be responsible.

The paragraphs which follow describe what was learned when information concerning self-reported Responsible Behavior was analyzed in relation to a number of the treatment approaches being used in the group homes. The object of this analysis was to attempt to link the treatment approaches to the occurrence of the behavior. 1/

# Elements of the Treatment Environment Considered to Promote Responsible Behavior

The following aspects of group home programs were analyzed in terms of their relationship with Responsible Behavior.

- Leadership Roles. This was a composite score which measured the extent to which residents assume or are given roles by staff which involve guiding or helping other residents.
- Vocational Training. This measure related to the availability of vocational training opportunities to residents within the home environment.
- Positive Reinforcements. This was a measure derived from data reported by staff. It measured frequency with which various types of positive reinforcement were extended to individual residents, i.e. offering praise, allowing later curfews, etc.
- Negative Sanctions. This was a measure derived from data reported by staff. It measured the frequency of application of various types of negative sanctions with individual residents, i.e. reduction in allowance, exclusion from group outings, etc.
- Resident Decision Making Power. This was a composite score which measured the extent to which residents have decision making power with regard to such things as rewarding and punishing other residents, changing house rules, etc.
- Manager Roles. This was a composite score related specifically to the supervisory function of the residents; i.e. assigning chores to other youth in the group home and verifying their completion. Manager Roles differ from Leadership Roles in that Manager Roles involve a supervisory or "trustee" function, whereas Leadership Roles involve a helping or "big brother" function.

<sup>1/</sup> Multiple classification analysis permitted adjustment for the effects of other environmental measures while examining the effects of any particular measure.

# Treatment Elements Related to Responsible Behavior: Findings and Implications

In analyzing the data, it was found that four treatment practices were related to Responsible Behavior, while two practices were unrelated. Those which were related included: Leadership Roles, Vocational Training, Positive Reinforcement, and Negative Sanctions. Those found to be not related were: Resident Group Decision Making Power and Manager Roles. The treatment approaches which were related to Responsible Behavior will be discussed first.

The discussion will focus on Leadership Roles and Positive Reinforcement since they were found to have the strongest relationship to Responsible Behavior. While Vocational Training and Negative Sanctions were found to have weaker relationships with Responsible Behavior, certain trends were observed which, when considered with the stronger relationships concerning Leadership and Positive Reinforcement, may have important implications for program change.

Study findings indicated that the majority of residents are not often involved in helping or leading other youth in the group homes sampled. When the data concerning Leadership Roles were analyzed in terms of their relationship with Responsible Behavior, it was found that this program aspect was directly associated with behaving responsibly. That is, those residents who reported higher levels of leadership involvement also said that they behaved more responsibly. These findings suggest that youth be given as many opportunities as possible to exercise leadership and to do things which will involve them in helping fellow residents solve problems.

A way in which group home staff can increase opportunities for residents to become involved in leadership activities involves vocational training. The various house directors and administrators reported that the majority of youth sampled have no access to vocational training in the homes. However, when vocational training was analyzed in terms of its relationship with Responsible Behavior, it was found that the provision of one or more types of vocational training is associated with higher involvement in Responsible Behavior. While this relationship was not strong, it may be that the availability of vocational training provides opportunities for residents to assume Leadership Roles by helping others engaged in the activity.

Based on these findings, it can be assumed that if group homes provided residents with more access to vocational and similar programs, residents' opportunities for involvement in Leadership Roles would increase. Such a development should encourage the expression of Responsible Behavior. Study findings suggest that such activities be carefully designed so that residents will not merely be participants but will have opportunities to assist one another. Team sports and joint craft or school projects would be examples.

Another way group home staff may consider expanding opportunities for residents' involvement in Leadership Roles relates to conditions where particular youth need support or assistance in certain areas (i.e., school, hobbies, drug usage, etc.). Study findings suggest that staff might call on residents who are good at such things to "help" their peers.

Group home staff reported that they are using Positive Reinforcements (i. e. allowances, later curfews, etc.) to varying degrees in all of the facilities studied. When the use of such reinforcements was analyzed in terms of its relationship with Responsible Behavior, a number of interesting findings resulted. On the one hand, it was found that residents who received medium amounts of Positive Reinforcement also reported high Responsible Behavior. 1/ On the other hand, in cases where staff reported that they had used this technique very little or a great deal, youth were not becoming involved in activities that were considered as indicative of Responsible Behavior.

In summary, study findings indicate that although there is a relationship between Positive Reinforcement and Responsible Behavior, there is an optimal level at which this technique can be applied if it is to be effective. In attempting to reach this optimal level, group home staff might consider carefully planning the use of Positive Reinforcement. Apparently, too little reinforcement will not strengthen desired

<sup>1/</sup> Medium amounts of Positive Reinforcements were considered those which were scored as 8 through 10 on a scale of 1 through 18.

behavior. However, too much reinforcement does not appear to be effective either, so consideration might be given to not rewarding the youth on every occasion of Responsible Behavior, but rather at frequent, but varying intervals, and over a period of time, rewards for the same type of Responsible Behavior might be gradually reduced. If this approach is used, the youth may adopt the responsible activities as part of their life styles as opposed to just doing certain things knowing or expecting to be rewarded.

Staff also reported that they are using Negative Sanctions (i.e. reduction in allowance, restriction, etc.) to varying degrees in all of the homes studied. The use of Negative Sanctions appeared to be related to Responsible Behavior, although its overall effects were not as strong. That is, residents who received a small amount of tended to report high Responsible Behavior. Negative Sanction As Negative Sanction (or punishment) was increased beyond a moderate degree, the Responsible Behavior of residents dropped, indicating that while some punishment may be profitable in terms of behavioral change, large amounts of it may be counterproductive. Reasons for this are obvious; constant punishment arouses feelings of anger and hostility or even submissiveness, rather than a desire to assume responsibility. The findings suggest that while judicious use of Negative Sanctions can be very effective, the application of such techniques should be carefully planned.

# Treatment Elements Unrelated to Responsible Behavior: Findings and Implications

Two additional group home practices were found not to be related to Responsible Behavior. The implications that can be drawn concerning the effect of these treatment methods on Responsible Behavior are limited. These included:

- Resident Group Decision Making Power; and,
- Manager Roles.

These practices were measured and analyzed in that it was assumed that their effects would be comparable with those of Leadership Roles. That logic was employed in that Decision Making, Manager and Leadership Roles all concern areas in which group home residents

can "take charge". The amount of decision making that residents are given varied widely throughout the homes, with most of the residents reporting that they had never been managers. When these program practices were analyzed in terms of relationships with Responsible Behavior, they were found to have no important effects. Therefore, group home operators would not expect the assigning of group decision making power and of manager roles to residents to stimulate Responsible Behavior, although no detrimental effects of these practices were observed. In summary, no implications for change of program practices in the areas of group decision making and manager roles are indicated in this study.

## REBELLIOUS BEHAVIOR

## Introduction

Paralleling the group home goal of stimulating Responsible Behavior is the control of Rebellious Behavior patterns among group home youth. In fact, a primary objective of many of the prominent treatment elements being used in Maryland group homes is to decrease various types of rebellious activities; therefore, the study of Rebellious Behavior occurring in the group home setting was included in the project.

For purposes of the research, "rebellious behavior" was defined as activities that residents reported being involved in which reflected a lack of adjustment. These activities included such things as talking back to staff; picking on or threatening other residents; failing to do chores; damaging group home property; etc. Information regarding these activities was gathered in the same manner as that concerning Responsible Behavior.

The major finding which emerged concerning Rebellious Behavior was that most of the residents were not frequently involved in these types of activities. Not surprisingly, a majority indicated that they had been involved in various types of rebellious activities in the past.

The paragraphs which follow describe what was learned when information concerning self-reported Rebellious Behavior was analyzed in relation to a number of the treatment approaches being used in the group homes. The object of this analysis was to attempt to link the treatment approaches to the occurrence of the behavior.

# Elements of the Treatment Environment Considered In Relation to Rebellious Behavior

The following aspects of group home programs were analyzed in terms of their relationship with Rebellious Behavior.

- Negative Sanctions. This was a measure derived from data reported by staff. It measured the frequency of application of various types of negative sanctions with individual residents, i.e. reduction in allowance, exclusion from group outings, etc.
- Physical Restraint. This was a single item, staff-reported measure of the frequency with which residents have had to be physically restrained.
- Disparity Staff Tone of Authority. This was a measure of the difference between the extent of authority that staff reported using and what the residents said was used.
- Experience with Staff Concern. This was a composite score which measured the extent to which residents see staff members as being available, caring and open with them.
- Intensity of Meetings. This was a composite score which measured the degree of anxiety, tension and confrontation generated during group meetings.
- Leadership Roles. This was a composite score which measured the extent to which residents assume or are given roles by staff which involve guiding or helping other residents.

Unless otherwise noted, all of the information analyzed concerning these treatment techniques and their relationship with Rebellious Behavior was provided by the youth sampled.

# Treatment Elements Related to Rebellious Behavior: Findings and Implications

In analyzing the data, it was found that four treatment practices were related to Rebellious Behavior, while two practices were unrelated. Those which were related included: Negative Santions, Physical Restraint, Disparity-Staff Tone of Authority and Experience with Staff Concern. The discussion will focus on Negative Sanctions, Physical Restraint and Disparity-Staff Tone of Authority since they were found to have the strongest relationship to Rebellious Behavior. While Experience with Staff Concern was found to have a weak relationship with Rebellious Behavior, certain trends were observed which, when considered with the stronger associations, may have important implications for program change.

As previously noted, study findings indicated that the use of Negative Sanction, as reported by staff, varies considerably across the group homes studies. When Negative Sanction was analyzed in terms of its relationship with Rebellious Behavior, a number of interesting findings emerged. First, the data indicated that Rebellious Behavior did not increase or decrease steadily as the use of Negative Sanction changed. Second, it was found that the lowest occurrence of Rebellious Behavior was among residents who had seldom been punished. Third, residents who had received a moderately low level of punishment were found to be the most rebellious. Lastly, Rebellious Behavior proved high among residents who had received punishment very frequently.

While the pattern of relationship between Negative Sanction and Rebellious Behavior differs somewhat from its pattern of relationship with Responsible Behavior, the same implication can be drawn. The findings suggest that negative sanctions must be utilized carefully in order to be a useful technique. It may be beneficial for group home staff to examine their policies and practices with regard to applying negative sanctions. Following such a review, staff may wish to experiment and develop a system for the use of Negative Sanction. Such techniques as immediately applying the punishment upon occurrence of the behavior; designing negative sanctions to "fit" the undesired behavior; and, tolerance of certain types and amounts of Rebellious Behavior are examples of the various system approaches that group home staff might investigate. If such a system is developed and negative sanctions are carefully planned, it may be advisable for staff to inform residents of the consequences that will be consistently associated with particular types of behavior. In this way, the youth will be "put on notice" and know what to expect if they are rebellious. However, if the planned approach is not carefully and consistently employed, a "sense of injustice" may result and lead to higher levels of Rebellious Behavior.

Staff reported that only 19 percent of the residents have ever had to be physically restrained, and none of these more than "once or twice". When Physical Restraint was analyzed in terms of its relationship with Rebellious Behavior, it was found that those residents who had been physically restrained reported significantly higher involvement in Rebellious Behavior than those who had not.

This finding can be explained from the standpoint that physical restraint has to be used with certain residents due to the fact that they "act out" frequently and seriously. While this is a logical argument, the argument can be made that needless use of force may stimulate more youth to act rebelliously. Again, residents' sense of injustice may be a primary consideration in attempting to foster certain types of behavior and control other types.

Support for this position was evidenced in terms of study findings related to residents' Experience with Staff Concern. Specifically, when Experience with Staff Concern was analyzed in terms of its relationship with Rebellious Behavior. it was found that the more such experience residents have had, the lower their involvement in Rebellious Behavior tended to be. Although this relationship was not a strong one, this finding suggests that residents who feel that staff are available and caring are less likely to develop a sense of injustice which might lead to greater involvement in Rebellious Behavior.

During the study, staffwere asked how often they used a "tone of authority" in everyday interaction with residents. Similarly, the youth were asked how often they had felt "bossed around" by staff. It was reasoned that the difference between those two points of view would shed light on the relationship between what staff thought they were doing in terms of using authority as a treatment approach and what residents perceived was happening to them. When the differences in responses were compiled, it was found that the majority of the residents reported less staff use of Tone or Authority than group home personnel say they are trying to employ. When this difference was analyzed in terms of its relationship with Rebellious Behavior, on the one hand it was found that rebelliousness was lowest among the majority of residents who reported that staff were using less of an authoritative tone than staff reported using. On the other hand, residents who felt that staff were bossing them around, while staff maintained that they were not, were youth who had reported being involved in frequent rebellious activities.

These findings suggest that group home staff cannot assume that their actions are being accurately perceived by the residents. In fact, the data indicate that it is not what the staff say they are doing that is related to Rebellious Behavior, rather it is what the residents "think" in terms of the use of authoritarian tones that is important. Consequently, group home personnel may want to consider some sort of development of feedback mechanisms which will help them determine whether their interactions are actually being realized by the youth. In order for staff to affect resident behavior, they need to be aware of how the approaches and techniques they are using are "coming across" to the residents.

# Treatment Elements Unrelated to Rebellious Behavior: Findings and Implications

Two additional group home practices were not found to be related to Rebellious Behavior. The implications that can be drawn concerning the effects of these treatment methods on Rebellious Behavior are limited. These included:

- Intensity of Meetings; and,
- Leadership Roles.

Intensity of Meetings was studied because the major group treatment methods employ intense confrontation in meetings as a tool in attempting to reduce undesirable behavior outside the meetings. Some residents reported highly intense meetings, although most of the residents reported that the group meetings being held in the homes are only moderately intense. When the level of meeting intensity was analyzed in terms of its relationship with Rebellious Behavior, no specific associations were found. Thus, staff might consider redirecting their efforts away from the generation of anxiety and confrontation during group meetings to utilization of other types of treatment approaches.

Although the development of Leadership Roles is an important consideration in attempting to stimulate Responsible Behavior, study findings suggest that providing youth the opportunity for such roles does not affect Rebellious Behavior.

#### SELF RESPECT

#### Introduction

Self Respect was studied during the project because it was frequently cited by group home staff and administrators as a significant problem of many home residents. In that many of these youth come from environments providing little or no support for the development of confidence and self-esteem, staff felt that many youth had little self respect. These factors are generally recognized as being important to the successful adjustment to community life.

For the purposes of the research, "self respect" was considered to be made up of various self attitudes reflecting confidence and self acceptance. These included such statements as "I have a number of good qualities"; "I usually have good judgement"; and, "I do what is right most of the time". To gather information about self respect, residents responded in terms of "true" or "false" to a series of tape recorded statements on specially designed answer sheets.

The data which were obtained revealed that most of the residents had generally high levels of Self Respect. It appears that staff may be overestimating the extent of this particular problem among the youth with which they work.

The following paragraphs describe what was found when the information regarding Self Respect was analyzed in relation to a number of the program elements being used in the group homes. The purpose of this analysis was to attempt to link the treatment approaches to the existing levels of Self Respect.

# Elements of the Treatment Environment Considered To Promote Self Respect

The following aspects of group home programs were analyzed in terms of their relationship with Self Respect.

Experience with Staff Authority. This was a composite score which measured the extent to which residents saw staff as being authoritarian in manner and refusing to listen to excuses for behavior.

- Disparity-Staff Tone of Authority. This was a measure of the difference between the extent of authority that staff reported using and what the residents said was used.
- Staff Average Education. This measure assessed the levels of group home staff's education, i.e., from high school through an advanced degree.
- <u>Disparity-Conditions for Success.</u> This score measured the difference between the extent to which staff reported setting up conditions for resident success (i.e., giving them tasks they can accomplish) and the amount of success the residents said they had experienced in the homes.

Unless otherwise noted, all of the information analyzed concerning these program elements and their relationships with Self Respect was provided by the youth sampled.

# Treatment Elements Related to Self Respect: Findings and Implications

In analyzing the data, it was found that four treatment practices were related to Self Respect. Two showed stronger relationships while the remaining approaches exhibited less association. Those which were found to be strongly related included: Experience with Staff Authority and Disparity-Conditions for Success. Disparity-Staff Tone of Authority and Staff Average Education had weaker relationships, thus the following discussion focuses on Experience with Staff Authority and Disparity-Conditions for Success.

Study findings indicated that the majority of residents stated that staff did not use authority frequently. When the data concerning Experience with Staff Authority were analyzed in terms of their relationship with Self Respect, several important findings emerged. A tendency was observed for Self Respect of residents to decrease as their experience with staff authority increased. However, those residents with extremely low experience with staff authority reported less Self Respect than did residents with slightly higher experience with Staff Authority.

While these findings suggest that a high level of Staff
Authority may have detrimental effects on self respect of residents,
they also indicate that some degree of staff authority is necessary
to illustrate to the youths that group home personnel are concerned
and care about them. Although the study did not uncover why this
occurs, it may be that the higher levels of staff authority are seen
by youth as degrading, which lowers their levels of self respect. In
short, the findings suggest that group home personnel should bear
in mind that there is probably an optimal level of authority, optimal
in the sense that the levels of authority which are utilized be such
that youth do not feel that staff is apathetic or unconcerned about
them or that group home personnel are attacking residents' self
concepts. Reaching such a level will be a matter for experimentation among staff and residents.

As previously noted, Disparity-Staff Tone of Authority concerns the difference between the levels of staff authority that residents and staff report. It is not surprising, in the light of the above discussion, that Self Respect tends to be lower among residents who reported that the staff used a tone of authority to a greater degree than the staff indicated. It may be that these residents are "focusing in" on staff's every use of authority because it supports their low self concepts which developed prior to their arrival at the facility. Moreover, these findings suggest that staff consider not only how and when they use authority, but how its usage is being perceived by the residents.

Average Education of Staff, while not found to be strongly related to Self Respect, did in fact produce some interesting findings. It was found that the majority of residents sampled are in group homes staffed by individuals with college educations. When this program aspect was considered in terms of its relationship with Self Respect, it was found that as the average educational background of staff in a particular facility rose, the Self Respect of residents in such homes rose.

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In light of the above discussion of staff authority, it appears likely that this finding relates to the techniques or methods of authority used by staff. That is, staff with advanced educations may be more effective in achieving that optimal level of authority which is sufficient to maintain control yet not degrading to the residents. These staffs may base their authority on collaboration rather than conflict. The reader will recall that a similar implication was presented with regard to preventing the development of a "sense of injustice" which might

contribute to Rebellious Behavior. It appears of primary importance for group home staff to closely examine their methods of establishing and maintaining authority, with attention to alternative techniques which rely on collaboration and provide justification to the residents for staff's use of authority when it is necessary.

The treatment orientation concerning the creation of Conditions for Success was also studied during the project. In particular, efforts were made to determine the difference or disparity between what staff felt was happening and what youth said was going on. In developing this measure, staff were asked how often they "set up" conditions for the residents to experience success, and the residents were asked how often this actually occurred in the homes. Findings revealed that the majority of residents experienced less success than the staff reported trying to stimulate. When this information was examined as it related to Self Respect of residents, a noteworthy pattern emerged. On the one hand, Self Respect was low where the staff reported setting up conditions for success but the residents were not experiencing a high level of success. This most likely occurred due to the residents' perceived inability to accomplish things when opportunities are being provided. On the other hand, Self Respect was also low where the staff reported not setting up conditions for success, and the residents said they were experiencing success. Apparently, the mere experience of success is not sufficient to guarantee high Self Respect; rather, success must be recognized by others if it is to impact on the Self Respect of youth.

One way to achieve such recognition may be to insure that successful experiences of residents are acknowledged by "significant others" (i.e., staff). Such an approach is consistent with much of the self esteem/self concept literature which maintains that a person's actions develop meaning through the reactions of others. Hence, findings suggest that if group home staff provide opportunities for success of which all residents are capable of taking advantage, and clearly show the youth that they have been successful, Self Respect among the residents may be brought to higher levels than currently exist.

In summary, findings indicated that staff actions and orientations, whether in the area of authority or resident achievement, can significantly impact on the Self Respect of residents.

#### TWO-WAY COMMUNICATION

#### Introduction

Two-Way Communication was considered during the study because open communication between residents and staff is considered a requisite of most of the treatment methods used by Maryland group homes. Thus, efforts are being made in the majority of homes studied to help the residents develop their communication skills. Importantly, effective communication requires that youth must be able to express themselves and also be willing to listen to and act on what others are saying.

For purposes of the research, the concept of "two-way communication" was made up of resident behavior and attitudes which reflect a capability of using communication as a problem-solving device (i.e., listening to other peoples' points of view, talking freely to counselors and teachers, etc.). Information regarding these behaviors and attitudes was gathered by having residents respond to tape recorded questions and statements on specially designed answer sheets that assured confidentiality.

When the information provided by the residents was compiled, it was found that the majority of youth reported moderate to high levels of Two-Way Communication. The following paragraphs describe what was learned when this information concerning Two-Way Communication was analyzed in relation to a number of group home program aspects. The object of these analyses was to attempt to link the treatment approaches to the occurrence of Two-Way Communication.

# Elements of the Treatment Environment Considered In Relation to Two-Way Communication

The following aspects of group home programs were analyzed in terms of their relationship with Two-Way Communication.

- Experience with Staff Concern. This was a composite score which measured the extent to which residents see staff members as being available, caring and open with them.

- Contentment with the Home Environment. This was a composite score that dealt with residents' degree of contentment with regard to relationships with staff and the living situation in the home.
- Leadership Roles. This was a composite score which measured the extent to which residents assume or are given roles by staff which involve guiding or helping other residents.
- Staff Average Education. This measure assessed the levels of group home staff's education, i.e. from high school through an advanced degree.
- Staffing Pattern. This was a measure of the number of group homes that use the House Parent or "ma and pa" versus the Counseling Model.
- Discussion of Past Delinquency During Group

  Meetings. This single-item measure concerned the extent to which residents discuss their past delinquency during group meetings.
- Intensity of Group Meetings. This was a composite score which measured the degree of anxiety, tension and confrontation generated during group meetings.

Unless otherwise noted, all of the information analyzed concerning program aspects and their relationships with Two-Way Communication was provided by the youth sampled.

## Treatment Elements Found To Be Related To Two-Way Communication: Findings and Implications

In analyzing the data it was found that six treatment practices were related in varying degrees to Two-Way Communication. Four of the six showed strong associations. These included: Experience with Staff Concern, Leadership Roles, Staff Average Education and Staffing Pattern. While Contentment with the Home Environment and Discussion of Past Delinquency during Group Meetings were found to have weaker relationships with Two-Way Communication, certain trends were observed which, when considered with the associated treatment approaches, may have important implications for program change.

As reported above, the majority of residents sampled experienced fairly high levels of Staff Concern. When this treatment technique was analyzed in relation to Two-Way Communication, a strong association was found. That is, as youth's Experiences with Staff Concern increased, reported levels of Two-Way Communication rose.

This finding suggests that Two-Way Communication may be stimulated by outward displays of support and concern from group home staff. This approach toward stimulating Two-Way Communication is supported by results pertaining to residents' attitudes as to Contentment with the Home Environment. More specifically, although most residents reported moderate contentment, when analyzed in relation to Two-Way Communication, it was found that the higher the level of contentment, the greater the degree of Two-Way Communication that existed.

It appears that in order for residents to feel confident and assured in "opening up" to staff, they must believe that staff is concerned about them and have a sense of personal relationships with group home personnel. Thus, study findings reinforced the idea that trust is an important ingredient in effective two-way communication.

As noted within the discussion on Responsible Behavior, most residents had infrequent involvement in leadership and helping roles. However, as was the case with Responsible Behavior, Leadership Roles was found to be directly associated with Two-Way Communication. That is, residents who indicated they were very involved in Leadership Roles also reported high levels of Two-Way Communication.

Apparently, those types of helping roles, as well as stimulating Responsible Behavior, may provide opportunities for residents to practice Two-Way Communication. That is, through the use of Two-Way Communication in helping roles, they have increased opportunities to develop appreciation for its utility in working out problems. It is logical to conclude that group homes may enhance program efforts by developing opportunities for residents to exercise helping and leading behaviors with peers.

Staff Average Education was also found to have a significant relationship with Two-Way Communication. In fact, the more educated the group home staff, the more the residents of the home tended to use two-way communication to solve problems.

This finding may have emerged in that staff with advanced educations may be more inclined than less educated personnel to utilize Two-Way Communication as a problem-solving method. Importantly, when educational attainment findings are considered in combination with the possible tendency for highly educated staff to base their authority on a collaborative model as discussed above, it appears that group home directors would be well advised to provide added training in counseling skills to personnel that have not had an opportunity to do college work in these areas.

Sixty percent of the residents sampled live in homes that utilize a Counseling Model. The remaining youth reside in facilities that employ the House Parent or "ma and pa" approach. Importantly, when Staffing Pattern was analyzed in terms of its relationship with Two-Way Communication, findings revealed that residents of homes that use the counseling model scored significantly higher on Two-Way Communication than those that live in homes with house parent programs. This finding suggests that staff with counseling backgrounds may have more highly developed skills related to influencing residents to utilize Two-Way Communication and to see it as a source of assistance with problems than personnel that have not received training in various counseling methodologies. Moreover, providing training in this area may well be an avenue that administrators of House Parent homes may wish to pursue.

During the study, one additional method of stimulating Two-Way Communication was documented. More specifically, it was found that the majority of residents sampled rarely discuss their past delinquency during group meetings. Yet, when Discussion of Past Delinquency During Meetings was analyzed in relation to Two-Way Communication, it was found that residents who frequently discussed their past delinquency during such meetings tended also to be two-way communicators. Although the relationship was weak, the discussion of past delinquency during group meetings may be one way for staff to stimulate Two-Way Communication. Other methods may be tried by those staff who are oriented toward Reality Therapy and would direct residents' attention away from the past.

# Treatment Elements Unrelated to Two-Way Communication: Findings and Implications

One treatment approach, when analyzed in terms of its relationship with Two-Way Communication, was found unrelated. The implications that can be drawn concerning the effect of the Intensity of Group Meetings on Two-Way Communication are limited.

Nonetheless, based on the lack of relationship found, staff might consider re-directing their efforts away from attempting to raise anxiety and confrontation levels during group meetings. Instead, they may wish to experiment with the application of counseling techniques that are most likely to foster Two-Way Communication among residents (i.e., listening and non-threatening probing skills).

# THE TREATMENT ELEMENTS ANALYZED IN RELATION TO ALL GROUP HOME OBJECTIVES

Two treatment elements were analyzed in relation to Responsible and Rebellious Behavior, Self-Respect and Two-Way Communication. These included:

Staffing Pattern. This was a measure of the number of group homes that use the House Parent or "ma and pa" versus the Counseling Model.

Length of Stay. This measured the length of residents' stays in group homes at the time of data collection in terms of calendar months.

As previously discussed, Staffing Pattern proved to be an important program element with regard to Two-Way Communication. However, it was found that Staffing Pattern was not strongly related to Responsible and Rebellious Behavior or Self Respect of residents. This suggests that there is not a significant difference in quality of care between House Parent and Counseling Homes.

Interestingly, analysis revealed that Length of Stay also was not related to any of the objectives studies in the project. Nonetheless, a trend was noted for Responsible Behavior, Two-Way Communication and Self Respect to increase as Length of Stay increased. Unfortunately, these relationships were of insufficient magnitude to warrant conclusions. Analysis also showed that there does not appear to be an optimal length of stay in terms of promoting the various program objectives.

#### OVERVIEW

The findings concerning the residents' data can be summarized in terms of three major issues: group versus individual treatment methods; staff supportive versus staff control orientations; and, communication distortion.

A variety of measures of prominent group treatment modalities proved to be unassociated with the four outcomes examined during the study. In particular, information about the type and frequency of meetings were analyzed. In addition, residents' experiences and perceptions of the meetings (e.g., extent of anxiety generated in meetings, cohesiveness of residents, staff involvement in meetings, and resident group decision-making) were examined. These analyses suggested that no relationships, positive or negative, exist between these program processes and the outcome measures. Importantly, measures that were found to be strongly associated with one or more of the outcomes (e.g., Leadership Roles, Reinforcements, Sanctions, Staff Concern, etc.) focused on the individual. This is not to say that group methods are not effective. In fact, they may relate to program objectives other than the four examined during the project.

Staff supportive behavior also emerged as having important relationships with outcomes. High Staff Concern was related to higher Two-Way Communication by residents, as was the level of staff

education. Staff recognition of residents' accomplishments appeared to be an important factor with regard to strengthening residents' self images whereas residents who had experienced considerable authoritarian reaction from staff reported low levels of self respect.

The final issue involved communication distortion. When group home personnel were asked to report their knowledge of the behavior of individual residents, it became apparent that staff awareness of resident activities, both responsible and rebellious, was generally high. This was determined by matching residents' self-reports, used to construct the Responsible and Rebellious Behavioral Outcomes, with staff reports on the same behaviors of the residents. This provided confidence in the validity and reliability of the measures. Nonetheless, disparities between the treatment techniques and orientations reported by staff and the experiences with these techniques reported by residents proved to be considerable. For example, in homes in which the staff reported frequent attempts to develop personal relationships with residents, it was often found that residents in those homes did not consider the staff to be their "friends". As evidenced above in the case of Disparity -- Staff Tone of Authority, these distortions may be having significant repercussions among the residents. When staff are perceived by residents as being authoritarian, when they do not intend to be so perceived, the residents tend to have less self respect. Moreover, it appears that staff should be attuned to how residents are perceiving their actions and orientations, and not just assume that they are having their intended interpretations.

#### Section V

# A SUMMARY OF MAJOR FINDINGS AND IMPLICATIONS FROM THE STAFF DATA

#### INTRODUCTION

This section presents a summary of important findings which emerged from the analysis of of the staff data. Again, both descriptive and process focused evaluation results are provided, as well as their implications,

Separate sets of findings related to each of two staff outcome measures or objectives, Job Satisfaction and Burn-Out, studied during the project, are documented in this Section. These objectives were identified through discussions with group home personnel and JSA staff. The process variables, or aspects of group home jobs, discussed in terms of their relationships with the objectives are those which emerged as most important after analysis of a wide variety of job aspects identified through the inputs of group home personnel, JSA staff and relevant literature.

#### JOB SATISFACTION

#### Introduction

Job Satisfaction is often associated with goal attainment. Further, managers of all types generally consider employee satisfaction as a critical factor involved with job performance. As a result, the job satisfaction of group home staff was studied during the project.

For purposes of the research "job satisfaction" was made up of the enjoyment of the job and a preference for the present group home assignment over others. To gather information in these areas, staff were requested to provide the extent of their agreement with a series of questionnaire statements pertaining to their jobs (i.e., I am being paid for a job I enjoy doing; this job gives me more satisfaction than jobs I have had in the past, etc.).

When this information provided by staff was compiled, it was found that the majority of staff respondents are moderately to highly satisfied with their present positions.

The paragraphs which follow describe what was learned when the information concerning Job Satisfaction was analyzed in relation to a number of aspects of group home programs which apply directly to group home staff. The object of these analyses was to attempt to link the various program aspects to Job Satisfaction.

#### Elements of the Staff's Working Environment Analyzed in Relation to Job Satisfaction

The following aspects of group home programs were analyzed in terms of their relationship with Job Satisfaction.

- <u>Self Determination</u>. This composite score concerned the degree to which staff members can decide their own working methods and goals.
- Development of Personal Relationships. This composite score concerned staff attempts to develop personal relationships with residents and to express verbal praise to residents for responsible behavior.
- Use of Volunteers. This measure was concerned with the number of hours per week that staff have access to volunteer workers.
- Communication. This composite score measured the degree of emphasis placed on maintaining channels of communication among staff and administrators in the group homes.
- Knowledge of Impact. This was a composite score which measured the degree to which staff knew of successful impacts on residents or were aware of indicators of progress in their work. An added dimension was the degree of feedback obtained on discharged youth.
- Contribution to Career. This composite score pertained to the degree that the group home job contributed to the individual's career goals.

Staffing Pattern. This was a measure of the number of staff who are in group homes that use the House Parent versus the Counseling Model.

Unless otherwise noted, all of the information analyzed concerning program elements and their relationships with Job Satisfaction was provided by the group home personnel sampled.

## Program Aspects Related to Job Satisfaction: Findings and Implications.

All six of the program aspects proved to have some relationship with Job Satisfaction. The strongest associations were found with Self Determination and Communication. Thus, the discussion which follows focuses on these program characteristics. In addition, comments are offered concerning the following program aspects due to the fact that weak relationships were uncovered between them and Job Satisfaction: Development of Personal Relationships, Use of Volunteers, Knowledge of Impact, and Contribution to Career.

The majority of staff members sampled reported medium to high levels of Self Determination in their jobs. Notably, when the data concerning Self Determination were analyzed in terms of their relationship with Job Satisfaction, a direct association was found. That is, those staff members who reported high levels of Self Determination also indicated more satisfaction with their jobs.

This finding suggests that staff discretion is an important ingredient in the satisfaction of group home jobs. Facility directors may wish to consider broadening staff responsibility for determining their own working methods and goals.

One area where staff might be given increased discretion concerns the development of personal relationships with residents. Study findings indicated that staff who reported frequent attempts to develop personal relationships with residents were most likely to be highly satisfied with their jobs.

Another program aspect which may affect staff's exercise of self determination is the use of volunteers in the group home programs. Study findings indicated that one third of the staff members sampled had access to less than ten hours of volunteer assistance per week. When Use of Volunteers was analyzed regarding its relationship

with Job Satisfaction, findings suggested that greater use of volunteers contributes to higher job satisfaction. It may be that the provision of an effective volunteer system in the group homes helps to free staff from various routine tasks and allows them more time to exercise discretion and become personally involved in treatment. Importantly, a moderately low use of volunteers (i. e., eleven to seventeen hours per week) seemed to have more detrimental effects on Job Satisfaction than little or no use (i. e., ten or less hours per week). It may be that token attempts at a volunteer system consitute more of a burden than a help to staff, in that they are required to coordinate and direct volunteer activities, but get little in return. This implies that, in order to be of true assistance and to be worthwhile, group home volunteer systems must be well organized and fairly extensive, i. e., at least twenty hours of volunteer hours per week should be considered.

A more global aspect of Self Determination involves the career directions of group home staff. It was considered important to assess whether staff members are currently "where they want to be" in terms of ultimate career objectives. For the most part, study findings indicated that staff members feel that their current jobs consitute medium to high contributions to their careers.

When Contribution to Career was analyzed in terms of its relationship with Job Satisfaction, it was found that satisfaction tended to be highest among those staff for whom the job constitutes a moderate contribution to their careers. One explanation of this finding is that in situations where the job is seen as highly contributive to one's career, there may be a greater tendency to look ahead to more fulfilling positions, hence, limiting satisfaction with the present "stepping stone" job.

The majority of group home personnel sampled reported high levels of communication between one another and with administrators. When analyzed in relation to Job Satisfaction, Communication was found to be directly associated with Job Satisfaction. Staff who reported higher levels of communication in terms of being informed of developments and having channels of communication available were more satisfied with their jobs.

One area of communication which was studied involved whether or not staff was provided feedback as to progress and impact they were having on the youth. The majority reported having moderate knowledge of their impact on the residents. When Knowledge of Impact was analyzed in terms of its relationship with Job Satisfaction, only those staff who reported extensive Knowledge of Impact were found to be highly

satisfied with their jobs. Those who reported moderate to high Knowledge of Impact were not any more satisfied than those who reported little knowledge. This suggests that increased staff knowledge of success or failure with the youth they are working with may not necessarily lead to greater Job Satisfaction. In order for Knowledge of Impact to positively affect Job Satisfaction, it must be very extensive, and not provided to merely a moderate or high extent. Only the most extensive knowledge is related to high Job Satisfaction. As such the development of formalized procedures for channeling feedback to staff on the progress and success of youth after discharge might be considered as a way to improve opportunities for Job Satisfaction.

These findings support the idea that the provision for specific channels of communication is an important element of group home management. Hence, group home managers may wish to increase the use of such vehicles as staff meetings, informative bulletins and opportunities for decision making. These techniques may result in higher levels of Job Satisfaction due to the increased communications they stimulate.

## Program Aspects Unrelated to Job Satisfaction

Staffing Pattern was analyzed and found not to be related to Job Satisfaction. Seventy percent of the staff work in homes using the Counseling Model and the remainder are in homes which rely on the House Parent approach. 1/ When comparisons for relationships between Staffing Pattern and Job Satisfaction were made no important associations appeared. Based on these findings, it may be concluded that the utilization of the House Parent versus the Counseling Model makes no difference in terms of the Job Satisfaction of Staff.

#### BURN OUT

#### Introduction

One of the problems which seems to be endemic among the group homes is the high rate of staff turnover. Explanations for this phenomenon offered by group home administrators focused on the

When compared with the previously mentioned finding that only sixty percent of the residents are in homes using the Counseling Model, it is apparent that the staff/resident ratio tends to be higher in these homes.

generally low salaries in most group homes and the tendency for staff to burn out.

Burn Out is a relatively recent concept which has received little or no attention in community corrections literature. In view of its recognition and acceptance in practical circles, Burn Out was studied during the project. For purposes of the research, "burn out" was defined as:

the tendency for staff to become increasingly unable to respond to the demands of the job, due to the high levels of personal and emotional commitment required.

To gather information about Burn Out, staff members were asked to indicate the extent of their agreement with a series of questionnaire statements (i.e., This job requires too much personal investment; You have to put a lot of your feelings, hopes and goals on the line in this job, etc.).

Study findings showed that the majority of staff reported that they had little difficulty in responding to the demands of the job. However, this was considered significant in that Burn Out was seen as a process occurring over time and many of the staff could be seen as having the symptoms or the potential to Burn Out.

The paragraphs which follow describe what was learned when that information concerning staff Burn Out was analyzed in relation to a number of elements of group home jobs.

#### Elements of the Staff's Working Environment Analyzed in Relation to Burn Out

The following aspects of group home jobs were analyzed in terms of relationships with Burn Out.

- Average Work Week. This measure concerned the number of hours per week that group staff work.
- Uncompensated Overtime. This measure concerned the number of hours of overtime worked by staff, but for which they were not remunerated.
- Annual Salary. This was a measure of base pay received by staff.

- Knowledge of Impact. This was a composite score which measured the degree to which staff knew of successful impacts on residents or were aware of indicators of progress in their work. An added dimension was the degree of feedback obtained on discharged youth.
- Decision Making in Screening and Discharge. This was a composite score referring to decisions in areas normally considered administrative (i. e., screening of new residents, graduation and discharge of residents).
- <u>Staffing Pattern</u>. This was a measure of the number of staff who are in group homes that use the House Parent versus the Counseling Model.

Unless otherwise indicated, all information concerning these job aspects and their relationship with staff Burn Out was provided by group home staffs.

#### Job Aspects Related to Staff Burn Out: Findings and Implications

Data analysis indicated that three job aspects were related to staff Burn Out, while three were not. Those that were related included Average Work Week, Uncompensated Overtime and Knowledge of Impact. Those job aspects found not be related to staff Burn Out were Annual Salary, Decision Making in Screening and Discharge and Staffing Pattern.

With regard to Average Work Week, it was found that as staff's average work week increased, Burn Out increased. The majority of personnel sampled reported working over 40 hours a week on the average. This finding suggests that efforts be made to reduce the total number of hours that staff are required to work. Where limited finances prohibit the hiring of additional staff, the expanded use of trained volunteers might be considered. Possibly, local colleges and universities would provide needed support.

Another option might involve the establishment of shift schedules with provision for compensatory time. This may be beneficial in that extra hours would occur only when specifically needed.

One fourth of the personnel sampled reported an average of ten uncompensated hours of work per week. Over half reported at least some uncompensated overtime. Interestingly, however, Uncompensated Overtime was found to have only a weak relationship with Burn Out. Although there was a tendency for Burn Out to increase as uncompensated overtime increased, the relationship was not as important as the one concerning Average Work Week.

This suggests that being paid for extra work is not necessarily a solution to the problem posed by long hours. It appears that attention should focus on reducing the actual number of hours worked, paid or unpaid. Again, the provision for compensatory time may be a viable alternative in that flexibility in staff schedules may provide the appropriate manpower at the times when it is most needed, yet it may offer sufficient relief for group home personnel.

Knowledge of Impact was found to have a relationship with Burn Out comparable to its relationship with Job Satisfaction. Staff who reported the most extensive knowledge of their impact on youth were the least likely to be burned out. This suggests that providing extensive knowledge of progress and success of residents may have desirable effects on group home staffs.

## Job Aspects Unrelated to Staff Burn Out: Findings and Implications

Over fifty percent of personnel sampled reported Annual Salaries of less than \$9,000. The unrelated nature of this job aspect with Burn Out, suggests that the hours of work, not the payment for such work, is the important consideration in minimizing Burn Out. Although salary increases are always welcome, they should not be viewed as a blanket solution to many staff Burn Out problems that exist.

With regard to Decision-Making in Screening and Discharge, most of the staff reported moderate to high involvement in such administrative decision making areas. However, involving staff in certain administrative areas does not appear to be an effective strategy in alleviating job pressures and dealing with Burn Out. It is possible that such involvement adds to an already burdensome workload in some cases. Perhaps, if used as a diversion from, rather than an addition to regular work with residents, such a strategy could be more effective.

Finally, Staffing Pattern was found to be no more important with regard to Burn Out than it was with Job Satisfaction. Whether group homes employ the Counseling or the House Parent Model is not a critical consideration regarding the staff problems analyzed in this study.

#### OVERVIEW

One of the unique features of the project is its dual focus on the treatment environment of residents and the working environment of staff. The research focussed on two primary objectives with regard to group home employees. First, as in the case of any employees, it was considered important to have staff who are basically satisfied with their jobs. Second, there has been much discussion among practitioners about a phenomenon that is unique to human service employees -- burn-out. In human service organizations, it is necessary for staff to maintain a certain level of detachment from the clients whom they serve. Staff such as group home counselors cannot afford to provide high levels of emotional and personal support to numerous clients on a continual basis. If such a commitment is made, the likely result is a growing disenchantment with the work, gradual withdrawal and increasing ineffectiveness -- in short, burn-out.

Two measures of elements of the group home working environments proved to be significantly associated with staffs' Job Satisfaction. The more communication among and between staff and administrators that staff members reported, the more satisfied these staff tended to be with their jobs. Also, staff who reported high levels of discretion and autonomy in their jobs reported higher levels of Job Satisfaction.

Two additional aspects of the organization had somewhat different relationships with Job Satisfaction. It was found that staff in programs having access to extensive volunteer support (over 20 hours per week) and staff with extensive knowledge or feedback about the success or failure of clients, were significantly more satisfied than other staff. However, moderate levels of volunteer support and moderate levels of knowledge of impact were not associated with corresponding increases in Job Satisfaction. It appears that token attempts at volunteer and feedback systems are of little consequence.

With regard to Burn-Out, only one job condition was significantly associated. The more hours that staff reported working, compensated or not, the more Burn-Out they reported. Interestingly, salary was not associated with Burn-Out; high salaried staff were as likely as low salaried staff to report high levels of Burn-Out. Apparently, the critical factor is being on call and responsive to problems for long periods of time, often voluntarily.

This first stage of the development of the Group Home Evaluation System illustrated the potential utility of results generated, and provided a foundation upon which second year activities could build. During the two data collection stages of the second year, attention focused on revision and refinement of the data collection instruments which would eventually comprise the system.

Part II

Development of an Ongoing Evaluation System

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Section VI

#### INTRODUCTION TO PART II

#### OVERVIEW OF TWO YEARS OF THE PROJECT

Establishing an ongoing evaluation system for any service program is a complex and lengthy process. In a program offering services as diverse as that comprised of JSA's group homes, it was an even greater challenge. The goal in this effort was to assess all aspects of the program, which required information from administrators and staff as well as from residents.

The two basic tasks facing the researchers during the two years of this project were the development of instruments for collecting the necessary data and establishing their validity and reliability. The field of testing is a dynamic one, subject to constant change and development, and only a relatively few well known instruments have survived the test of time. Cronbach (1970: 115) has stated that "Tests must be selected for the purpose and situation for which they are to be used. Different tests have different virtues; no one test in any field is 'the best' for all purposes -- Some tests work well with children but not with adults; etc."

Part I outlined the manner in which the instruments were developed, pretested and administered during the first year of the project and what findings resulted. Some items were created for the specific testing situation, while others were taken from existing inventories. This is a common practice in psychological testing, and it accounts for the correlations between tests often offered as evidence of validity. "Test authors are forever borrowing from each other (some questions have been reincarnated in as many as ten or twelve different tests) and what the correlations largely prove is how incestuous tests can be! (Whyte, 1968: 348). Using this kind of "incestual" evidence of validity was fortunately avoided in this project.

Part II of the report deals primarily with determining the reliability and validity of these instruments. The reliability of a test refers to the consistency of scores obtained by the same individuals on different occasions or with different sets of equivalent items (Anastasi, 1961: 105). Validity refers to the "degree to which the test actually measures what it purports to measure. The objective evaluation of psychological tests involves primarily the determination of the reliability

and the validity of the test in specified situations."

Whereas Part I focused on activities and products of project year one, the remaining portion of this report describes those of the second year. As stated earlier, an important feature of the Group Home Evaluation System Development Project is that the data requirements for the ongoing system were derived from an empirical examination of over 700 variables analyzed during the first year. This effort provided the basis for further development of a utilization focused system which is comprised of a battery of valid and reliable instruments.

It is important to note that the evaluation system has been designed for a variety of users. Chief among these are:

- JSA Administrators:
- MERF Team members;
- Research Staff; and,
- Community-based treatment program operators.

In the case of JSA administrators, accessibility of descriptive data on program operation may be useful for resource allocation, funding and planning. Data elements are also included which were designated by the MERF team as assisting in performing their monitoring function. Moreover, the system has been designed so that JSA's research staff has data available for in-depth analysis of relationships between program operations and outcomes. Importantly, results which are descriptive and exploratory may be supplied to program directors for purposes of program modification and new developments.

As was the case in project year one, the JSA Project Director and Coordinator, and ITREC staff worked together closely on all phases of the second year. This cooperative working relationship insured results which are policy relevant and acceptable for future use.

#### PROBLEMS ENCOUNTERED IN EVALUATING THE INSTRUMENTS

Establishing the reliability and validity of the instruments to be used in the evaluation system was complicated, as is customary in research of this type, by a number of practical considerations. Some of these included the need for brevity and for simplification and clarification of the instruments and procedures for use on an ongoing basis.

During the first year of the project, three people formed the data collection team and it was possible to administer two parts of the resident inventory individually; one by means of a personal interview and

the other with the use of a taped questionnaire, but still to youth one at a time with a researcher present to explain unclear items. On an ongoing basis, staff will not be available for such a procedure and all parts of the inventory must be administered by means of a recording in a small group setting with supervision. This latter procedure was used during the second year of the project and while other testing procedures were carefully maintained, this change was certain to affect results to some extent.

The necessity of shortening the instruments also had its impact on their reliability. Theoretically, "the primary way to make tests more reliable is to make them longer" (Nunnally, 1967: 223). On the other hand, the attention span of the youth and the availability of testing time in the schedule of the group home (between the residents' return from school and the often early dinner hour) had to be considered. The time of day was another factor; the youth may be fatigued and possibly hungry at the end of a school day. These factors were overriding and therefore, the instruments were reduced in length in order to retain "optimum effective attention spans."

Much research effort was devoted during the second year to clarifying items and making them easier to answer. There are always problems with self response inventories, although "in most cases, such inventories apparently are more valid than the measures provided by other approaches" (Nunnally, 1967: 483). Social desirability is one problem which will be discussed in reference to Self Respect, an outcome measure established in the first year. Situational factors were mentioned in the preceding paragraph. Response sets may also be present but the biggest obstacle is that "such inventories are beset with severe semantic problems, which occur both in communicating the meaning of items to subjects and in communicating the results of studies to researchers. This type of problem can be illustrated with the following item: 'Do you usually lead the discussion in group situations?' Does this pertain to family setttings as well as to groups found outside the home? Does it pertain only to formal groups, such as clubs and business groups, or does it also apply to informal group situations? Second, the subject must decide what is meant by 'lead.' Does this mean to speak the most, make the best points, or to have the last say. Third, the subject must decide what is meant by 'usually.' Does that mean nearly all the time, most of the time, or at least half the time '' (Nunnally, 1967: 481).

These problems were apparent in both staff and resident inventories. Staff of most homes assisted in clarifying items and response categories during the orientation visits, described in Section X. It was more difficult to obtain resident input, but in addition to observation of behavioral reactions in the testing sessions, responses were reviewed in an effort to augment subjective judgment in item revision. Considerable time was devoted to item writing since "a good test is one composed of well written items" (Westman, 1976: 81). Westman further states. "Those who have not tried to write objective test items to meet exacting standards of quality sometimes fail to appreciate how difficult a task it is. The amount of time that competent persons devote to the task provides one indication of its difficulty."

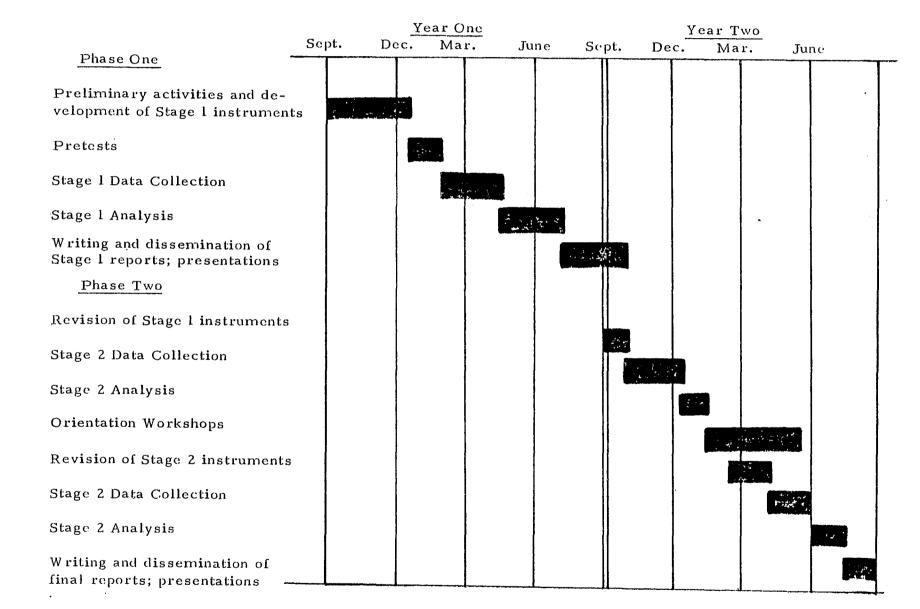
Finding the most appropriate response categories was also difficult, and several types of multiple point items were experimented with as well as simple true/false responses. Agreement was not always universal among the researchers or among staff who were asked to comment, but the resulting instruments profited by the efforts to arrive at clarification.

While changes made in the instruments and procedures made the establishment of reliability and validity more difficult, it was a necessary process. "Measurement error is reduced by writing items clearly, making test instructions easily understood, and adhering closely to the prescribed conditions for administering an instrument" (Nunnally and Durham, 1975: 289).

The above discussion illustrates some of the practical problems which faced the researchers in the second year's task. Part II of this report has been organized so that readers may closely examine the decision-making process which led to the final battery of evaluation instruments and data collection procedures. In total, data used to make these decisions were collected at three time periods, the Spring of project year one (1977), the Fall of project year two (1977), and the Spring of project year two (1978). For comparative purposes we refer to each of these data collection periods as validation stages 1, 2, and 3 respectively; Chart 2-1 presents an overview of project activities.

II-4

Chart 2-1 Overview of Project Activities



#### OVERVIEW OF PARTICIPANTS

In selecting samples for the testing of instruments during Stages 1, 2 and 3, the research team attempted to have them reflect the geographical, racial and sexual diversity of the Maryland group home population. For example, the Stage 1 sample came from homes in nine different counties ranging from Garrett on the western edge of the state to Dorchester bordering the state of Delaware on the east. Stages 2 and 3 added five additional counties, plus homes in the states of Virginia and West Virginia.

As reported earlier, Stage 1 consisted of data collected from 151 residents and 108 staff from 23 group homes. During the second year of the project, data were collected from 14 additional facilities in Stage 2. Ninety-five residents and 77 staff members participated. In Stage 3, 110 youths from 17 facilities participated and 50 staff members from 11 group home organizations provided data. In all, 40 group home facilities participated in one or more stages.

In Stage 1, sex and race characteristics of the sample were as follows: 43% white males, 28% black males, 23% white females, and 6% black females. This is a fairly close approximation of the statewide group home population of: 54% white males, 25% black males, 15% white females, and 7% black females. Stages 2 and 3 had similar demographic balance.

In Stage 1, 73% of the group home staff sampled were 30 years of age or younger; 36% were 25 or less. In Stages 2 and 3, 60% were 30 or younger and 31% were 25 or less. Thirty-five percent in Stages 2 and 3, compared with 46% in Stage 1, were non-white. Education levels were comparable in the two project years, with 61% and 68% holding at least college degrees, and 15% and 12% having no more than high school educations in the two years respectively. In Stage 1, 66% of the staff reported earning less than \$10,000 annually, whereas 77% reported less than \$10,000 in Stages 2 and 3. This difference is probably due to selection factors. Five programs in Montgomery County, where average salaries are higher than in the rest of the state, were involved in Stage 1 while none were involved in Stages 2 or 3. Also, staff of three state operated group homes participated in Stage 1. The salaries of these classified employees are generally higher than those of the average entry level counselors. Percentages concerning length of employment were similar in the two project years, with 54% and 52% being in their first year with the organization and 71% and 68% in their first two years. These figures reflect the high staff turnover rates which seem to be endemic among the group homes.

## OVERVIEW OF PART II

The remaining sections of this report document the research team's efforts to develop instruments for the ongoing system.

Section VII presents a general discussion of the procedures which led to the final battery of evaluation instruments. Criteria for making decisions regarding items to be included in the completed evaluation package were based on a number of reliability and validity checks. These included:

- Construct validity of measures across time periods;
- Content validity;
- Face validity; and.
- Alpha reliability. 1/

An additional criterion used in deciding which data elements are to be collected on a continual basis was the determination of the statistical importance of measures vis-a-vis multiple classification analysis. Notably, statistical control for the effects of other variables was limited by time constraints in Stages 2 and 3; however, analyses were considered appropriate for screening purposes. In essence, this section is a summary of research activities in Stages 1, 2, and 3 and a detailed description of the content of the evaluation system. Sections VIII and IX describe the validation process in detail, and the reader who is not interested in the technical aspects of this process may wish to skip them.

The discussion in Section VIII begins with a comparison of data elements, procedures and scale construction results pertaining to residents in Stages 1 and 2. Next Stages 2 and 3 are compared along the same dimensions. Changes in scale structure are highlighted, with discussion as to why certain scales did not persist across validation stages. Section IX follows along the same lines, but focuses on group home staff members rather than residents.

Section X presents a detailed discussion of orientation workshops which included staff from 33 community-based treatment organizations located in Maryland, Pennsylvania, Virginia and West Virginia. Finally, Section XI presents an overview of highlights and limitations of the project, as well as a discussion of plans for implementation and maintenance of the evaluation system.

<sup>/</sup> See Part I, Section III and Part II, Sections VII and VIII for detailed discussions of these criteria.

#### Section VII

## OVERVIEW OF EVALUATION SYSTEM FOR JSA's COMMUNITY-BASED RESIDENTIAL CARE PROGRAM

#### INTRODUCTION

This section presents the core content of the evaluation system instruments, which was derived from an analytical process spanning the three validation stages. The strategy throughout, as outlined in Part I, was to identify and develop measures of primary program objectives as well as elements of the various treatment strategies which relate to the achievement of such objectives. Whether or not these goals are predictive of successful subsequent adjustment in the community can only be measured by follow-up studies which are necessarily long range in scope. This project will supply information useful to program administrators in a relatively short time, based on the assessment of immediate objectives of group homes. The following discussion describes the development of the final set of instruments for residents and staff by illustrating the changes made in outcome measures (immediate objectives) and environmental measures (elements of treatment strategies or working environments) during Stages 1, 2, and 3.

Instruments in Stage 1 were developed based on an extensive review of the literature and considerable input from both JSA program staff and group home personnel. Stage 2 instruments were constructed based on the results of Stage 1. Items that contributed to outcome measures or objectives were selected, as well as those that contributed to environmental measures showing evidence of association with the outcomes. New items intended to measure additional elements of the treatment and working environments, as well as items intended to bolster certain Stage I measures, were added. For example, items describing the "social climate" of the residents' treatment environment were added to the resident instrument, and, items concerning the availability of staff training were added to the staff instruments. Certain response alternatives were changed in an effort to make them more applicable to the items and some items were reworded. Procedures of data collection from residents were streamlined, with all items administered by means of a two-part cassette tape.

Comparison of Stage 1 and Stage 2 results was the basis for development of Stage 3 instruments. Stage 1 measures which did not materialize in Stage 2 were dropped. Items from measures which did appear in a form similar to that found in Stage 1 were retained. Also,

new measures created from items added during Stage 2 were kept if they showed evidence of association with outcomes. Again, items were added which were intended to measure additional outcome criteria and elements of the treatment and working environments or to bolster existing measures. For example, sixty psychological outcome items regarding independence, future orientations and communication were added to the resident instrument in Stage 3. Staff environmental items concerning potential for advancement in the organization and availability of relief from the pressures of the job were added to the staff instrument. Again, certain response alternatives were changed and certain items were reworded.

Finally, the results of Stages 2 and 3 were compared and items were selected for inclusion in the final instruments. Chart 2-2 provides an overview of the development of measures at each validation stage and the final measures. 1/ As noted above, details concerning the validation process in the three stages summarized above are presented in Sections VIII and IX.

Recognizing that "validity" is a matter of degree, rather than an all-or-none property, and validation is an unending process" (Nunnally and Durham, 1975: 290), several factors were considered in selecting the items to be included in the system. First, outcomes, measures of the goals or objectives of group home programs, were examined in terms of construct validity across validation stages. That is, items were selected for outcome measures if they appeared in factors measuring the same underlying phenomenon in two validation stages. For example, in Stage 1, factor analysis produced a cluster of eight items reflecting different types of responsible behavior. 2/ In Stage 2, another cluster of eight items reflecting responsible behavior emerged from the factor analysis, with six of the items repeating from Stage 1. It can be said that the measures of responsible behavior developed by combining the items in the clusters in Stages 1 and 2 have construct validity, meaning that several items concerning the same general type of behavior were correlated and used to form a valid measure of the behavior.

Notably, final evaluation instruments are presented in Appendix B. Slight discrepancies may be noted between items presented in the text and those in the instruments. These are a result of a final review and refinement of instruments occurring subsequent to the writing of this report.

<sup>2/</sup> Factor analysis is a technique used to identify groups or clusters of items which are measuring the same basic concept.

# Chart 2-2 Overview of Validation Process: Development of Measures

Resident Evaluation Fran	Stage 2_	Stage 3	Final Instruments
Responsible Behavior Rebellious Group Home Behavior Rebellious Community Behavior Self Respect Two-Way Communication Goal Orientation* Submissiveness* Value of Education* (Intrinsic & Extrinsic)	Responsible Behavior Rebellious Group Home Behavior Rebellious Community Behavior Solf Respect Two-Way Communication	Responsible Behavior Rebellious Behavior  Independence Future Orientation Communication	Responsible Behavior Rebellious Group Home Behavior Rebellious Community Behavior Self Reliance** Self Confidence in Communication**
Staff Concern Staff Authority Positive Reinforcements (Staff Reported) Negative Sanctions (Staff Reported) Leadership Roles Manager Roles Cohesiveness of Residents Intensity of Meetings Contentment with Home Environment Decision-Making Power	Staff Concern Staff Authority Positive Reinforcements (Staff Reported) Negative Sanctions (Staff Reported) Involvement Expressiveness Manager Roles Staff Order Spirit Rule Clarity Decision-Making Time Decision-Making Other Areas	Staff Concern Staff/Resident Trust Positive Reinforce- ments (Resident Reported) Negative Sanctions (Resident Reported) Custodial Atmosphere Structure Friends Program Planning	Staff Concern Staff Authority Staff/Resident Trust Positive Reinforcements (Staff & Resident Reported) Negative Sanctions (Staff & Resident Reported) Involvement Expressiveness Aversive Atmosphere

<sup>\*</sup> These outcomes were eliminated from consideration in the analysis at that time as a result of policy decision.

<sup>\*\*</sup> These outcomes were developed from items included in Independence, Future Orientation, & Communication in Stage 3.

Chart 2-2 (Continued)

Burn-Out	Stage 2 Job Satisfaction/ Burn-Out	Stage 3*	Final Instruments  Job Satisfaction/ Burn-Out
Knowledge of Impact Personal Relationships Encouragement of Cohesiveness Encouragement of Confrontation Career Relationship Administrative Decision- Making	Communication Self-Determination Knowledge of Impact Organizational Control Organizational Impediments Resident Support Orientation Resident Deviance Orientation	Availability of Relief Potential for Advancement Staff/Administration Relationships	Communication Self-Determination Knowledge of Impact Resident & Support Orientation Resident Deviance Orientation

<sup>\*</sup> Small sample size in Stage 3 limited to the extent of analysis of staff data.

Second, content validity was a concern with respect to both outcome and environmental measures (measures of various elements of the treatment and working environments). Content validity is established by determining how well the items describe the subject matter one is attempting to measure. This was accomplished through successive reviews of items by JSA research and program staff and ITREC staff and advisors. For example, the items combined to form the measures of responsible behavior were examined and determined to reflect responsible behavior (e.g., I help other residents with school work).

Face validity was a third consideration with regard to all measures. This refers to the extent to which respondents can see that items are measuring what is intended. Assurances of this type of validity were obtained through site visits, pre-tests, the actual data generation, the orientation workshops and numerous informal reviews by group home staffs.

Fourth, alpha reliability coefficients were generated to determine the internal consistency of measures developed.  $\underline{1}$ / Continuing with the responsible behavior example, alpha indicated that the eight items were intercorrelated to such an extent that they provided a stable and precise measure of responsible behavior.

With regard to selecting environmental measures, factor analysis was used to identify potentially important elements of the treatment environment. For example, in Stage 1, the three items with which residents indicated the extent to which they felt "bossed around" by staff, had seen staff persons get angry, and had had staff refuse to listen to their reasons for irresponsible behavior, formed a factor. This indicated that residents who responded in a certain way to one of these items tended to respond the same way to the other two. Hence, an element of the treatment environment concerning staff use of authority was identified.

Notably, such an element of the environment may not be found in the same form in another set of group homes or in a later testing, because staff may modify or have a different treatment environment. This flexibility and ongoing modification of the treatment environment

<sup>1/</sup> Alpha is based on the magnitude of intercorrelations among items in a measure, as well as the total number of items in the measure.

must be reflected in the evaluation instruments. These instruments must be injected with items concerning new developments in the treatment environment, and factor analysis must be employed to determine how these new developments interplay with other elements of the environment.

The elements of the treatment and working environments identified in the three validation stages were subjected to multiple classification analysis to obtain some indication of their importance in relating to scores on outcome measures. 1/ In the remainder of this section, the resident and staff evaluation system frameworks are discussed. The dimensions and elements of these environments were selected on the basis of the three validation stages with the above-discussed criteria in mind.

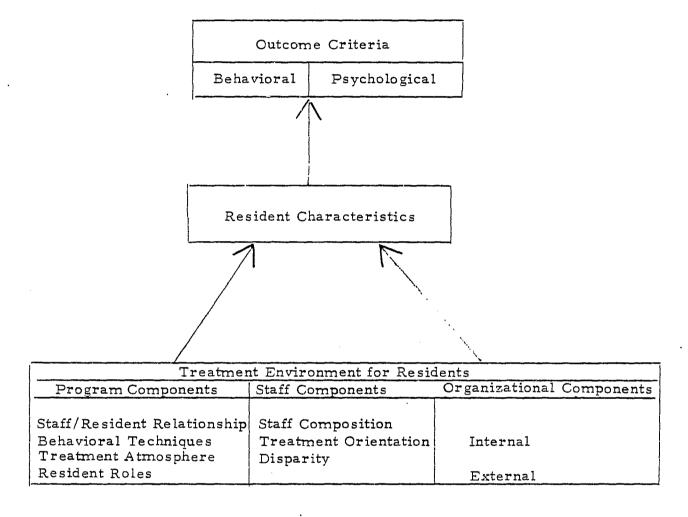
#### RESIDENT EVALUATION FRAN EWORK

Chart 2-3 presents an overview of the structure of the evaluation system as related specifically to residents of community based residential programs. It illustrates that the treatment environment leads to achievement of the desired outcomes through its effect on the residents. This structure takes into account the fact that certain treatment elements may affect youth differently depending on their age, sex, race and other characteristics and that these resident characteristics are important variables influencing the achievement of program objectives or outcomes. Within the framework, three sets of components of the treatment environment (i. e., program components, staff components and organizational components) are viewed as impacting on behavioral and psychological outcome criteria. Resident characteristics such as the above mentioned age, sex, race, etc., however, can greatly influence these associations between components of the environment and the outcome criteria. Each category on the chart is discussed in terms of specific content below.

#### Outcome Criteria: Behavioral and Psychological

This aspect of the system reflects the objectives or goals of treatment programs. Whereas the treatment environment is subject to ongoing modification as new treatment techniques are applied, program goals and objectives are expected to remain relatively stable over time. Hence, items were selected on the basis of their consistency of contribution to outcome measures across validation stages.

Chart 2-3: Framework for Resident Section of the Evaluation System



<sup>1/</sup> Multiple classification analysis is equivalent to multiple regression using dummy variables.

Behavioral Outcome Measures. Items that contributed to measures of "Responsible Behavior," "Rebellious Group Home Behavior" and "Rebellious Community Behavior" during both Stages 1 and 2, as well as items appearing in either l or 2, are presented in Chart 2-4. Those peripheral items appearing in only one stage are included because of their content and face validity, and because of their potential to increase reliabilities of the measures.

Responsible Behavior is an important outcome to be included in the system because many of the prominent treatment modalities in group homes are directed primarily at stimulating this type of behavior. (Reality Therapy, Behavior Modification, etc.) In some programs, the focus is on promoting responsible types of behavior almost to the exclusion of eliminating negative behaviors. It is generally accepted that youths who exhibit these types of behavior will be more adjusted to school and the community.

Rebellious Group Home Behavior is considered important to measure in the ongoing system because it constitutes an immediate response to the treatment environment. Residents' failure to adjust to group home living is seen as an indicator of potential problems in adjusting to the community. Rebellious Community Behavior is considered important as it includes activities reflecting traditional delinquency, the elimination of which is a primary goal of group home programs.

Psychological Outcome Measures. A different criterion was used in selecting "self reliance" and "self confidence in communicating" as the final psychological outcome measures. As is usually the case, psychological measures were not as stable or reliable as behavioral measures. Stages l and 2 did not provide an adequate base on which to make decisions for final measures, since the psychological outcomes developed in Stage I, Self Respect and Two-Way Communication, were not replicated in Stage 2. This may have been due to the use of True/False alternatives with these items, since such dichotomous response scales are less likely than scales with multiple alternatives to produce successful factor analyses. Regardless, Stage 3 was a fresh start with a return to several of the outcome measures which were established in Stage I but not chosen for further analysis. Two of them were renamed: Goal Orientation became Future Orientation for purposes of clarification and Submissiveness was reversed to become Independence, a more positive approach.

#### Chart 2-4

## Items Included in Behavioral Outcome Measures

In the past two or three months, how often have you:

#### Responsible Behavior

Done a job without being asked or told?

- \* Helped someone with schoolwork?
- \* Talked someone out of something dangerous or illegal?
- \* Helped someone complete a task or solve a problem?
- \* Reported a kid for doing something seriously wrong?
- \* Talked someone out of running away from the group home? Talked freely about yourself in the home?
- \* Led a group activity? Taught someone how to do something beneficial? Done extra schoolwork?

#### Rebellious Group Home Behavior

- \* Had a fist-fight with someone in the home?
- \* Talked back to staff?
- \* Picked on or threatened other kids in the home? Ridiculed other kids in the home?
- \* Kept on talking after you were supposed to be quiet?
- \* Stopped working on a chore when you thought you wouldn't be caught?
- \* Failed to do assigned chores?
- Damaged furniture or other group home property?

## Rebellious Community Behavior

- \* Shoplifted?
- \* Taken something from another kid?
- \* Skipped school?
- Taken a car without the owner's permission?
- \* Been suspended from school?
- \* Cheated on a test at school? Had a fist-fight with someone in the community? Damaged or destroyed property in the community?
- \* Items appearing in both Stage 1 and 2 measures.

Independence was considered important to measure since one of the problems that group homes frequently have to deal with is that residents are easily influenced by peers and led into undesirable behaviors. Hence, an important objective is to develop a sense of self reliance and independence among youth. Correspondingly, most group home programs have as a major objective the development of a "future orientation" among youth. That is, it is felt that youth should be making general plans for leaving the group home, that the future should not be faced with a sense of hopelessness and despair and that youth should not be strictly present-oriented.

It was also considered important to measure communication as an outcome even though the psychological outcome of Two-Way Communication developed in Stage I was not replicated in Stage 2. The principal means of problem solving in group homes is communication among and between residents and staff; it is considered important for residents to perceive that communication is a vehicle that they can use to solve many problems. Stimulating self confidence in communicating is a major goal of many group home programs.

Sixty psychological items having content validity in the areas of Independence, Future Orientation and Communication were selected, with the multiple response alternatives of "not at all like me/a little like me/quite a bit like me/very much like me." Factor analysis established that the Independence items and the Future Orientation items were measuring largely the same thing, constituting present and future dimensions of Self Reliance. Hence, nine items were combined to form this measure, the reliability of which was acceptable. Ten items were combined to form a reliable measure of Self Confidence in Communicating. Items composing these measures are shown in Chart 2-5.

These two psychological measures, Self Reliance and Self Confidence in Communicating, were found to be correlated, and could have been "boiled down" to one measure. However, this would have provided a general index of adjustment, whereas more specific outcome measures allow group home operators to tailor their treatment environments to impact on objectives of specific concern to them. For example, a group home operator may be specifically interested in improving communication skills of his residents and would find results pertaining specifically to that area more useful, rather than those pertaining to general psychological adjustment. Cronbach (1971:469) supports this decision, maintaining that even though two constructs are correlated, one may want to separate them according to their utility for different purposes.

#### Chart 2-5

## Items Concerning Psychological Outcome Measures

#### Self Reliance

Other people can talk me into things. I tend to go along with what they say. I have too many problems right now to think about what I'll be doing when I leave the home.

With things going the way they are, it's pretty hard to keep up hoping to amount to anything.

I will cheat on a test when everyone else does, even though I know I shouldn't.

It's very hard for me to go against the crowd.

I don't like to think about what will happen to me when I leave the home.

There's no point in making plans for the future because I wouldn't follow them anyway.

I get talked into doing things that I should not do.

Most of the time it doesn't pay to try hard because things never turn out right anyway.

#### Self Confidence in Communicating

I am afraid of saying the wrong thing when I talk to adults.

I would be afraid to talk in front of a group of people.

I'm nervous when I talk to people.

I don't know what to say when I first meet someone.

I don't know what to say when I disagree with other people.

I won't express my opinion in a group if I think others disagree with me.

I'm too shy and self-conscious.

It is hard for me to win arguments.

People have difficulty understanding what I say. I mumble, get mixed up, or don't talk clearly.

When I am talking with someone, I am able to look him directly in the eye.

#### D ependability

I have trouble getting places on time.

I can be relied upon to do what I say I will do.

I get things done, I do a lot of work at a given time.

I stick to a job or task until I finish it.

I get up on time and get to school or work on time.

I go to the next job or assignment without needing to be told.

I get started on my regular job or assignment without needing to be told.

I get my work in school and on the job done on time.

These psychological outcomes, Self Reliance and Self Confidence in Communicating, are composed largely of negatively worded items. Positively worded items were included in the questionnaire, but factor analysis results indicate that these items were measuring somewhat different aspects of Communication and Self Reliance. Some of the items included in Communication and Self Reliance will be reworded to reflect positive mind states, in order to avoid establishing a response set among residents and to add variety to the instrument. It is important to avoid discouraging or depressing residents through administering the instrument.

Stage 3 also produced a factor reflecting Dependability, which was composed of items originally intended as Responsible Behavior. However, these items. reflecting punctuality, perserverance and trustworthiness, were found to be independent of the behavioral items and seemed appropriately matched with the alternatives, "not at all like me/a little like me/quite a bit like me and very much like me." In the final refinement of instruments, it was decided to incorporate these items, which are presented in Chart 2-5.

Summary or Resident Outcome Measures. The evaluation system will contain items reflecting six areas of objectives of group home programs. Three behavioral outcomes, Responsible Behavior, Rebellious Group Home Behavior and Rebellious Community Behavior, are based on consistent clusters of items uncovered through factor analysis in the first two validation stages. Thus, psychological outcomes, Self Reliance, Self Confidence in Communicating, and Dependability are based on clusters of items uncovered through factor analysis in Stage 3.

While it has been determined that the six outcome measures reflect desirable treatment goals (encouraging Responsible Behavior, minimizing Rebellious Behavior, etc.), there is no "control" group at this point to assist in the assessment of the optimal amount of Responsible Behavior or Self Reliance. In Stage 3, the scores on items composing Responsible Behavior, etc. were fairly well distributed among the four response options: never, once or twice, several times, many times, with between 40 and 60 percent of the residents answering once or twice or several times on all items. Distributions with respect to Rebellious Group Home Behavior were similar. However, in the case of Rebellious Community Behavior, over 60 percent responded "never" to such items as:

- I have shoplifted;

A second transfer and the second second second second second

- I have skipped school;
- I have cheated on a test: etc.

It appears that social desirability may be influencing these responses although the time frame of the questions, (within the past two or three months), doubtless accounts for some of the emphasis on "never". Very possibly, the youth have not been heavily involved with the community since their residence in the group home.

The pattern was somewhat different with regard to the psychological items, which were answered with "not at all like me/a little like me/quite a bit like me/very much like me." Approximately half of the respondents answered "not at all like me" to items reflecting lack of Self Reliance and lack of Self Confidence in Communicating; whereas, the other half reported these undesirable qualities to be "a little", "quite a bit" or "very much" like them.

It will remain for follow up reports on these youth upon their return to the community to determine whether these goals are related to subsequent successful adjustment and whether they are being achieved.

#### Resident Characteristics

This category of data elements in the evaluation system involves Resident Characteristics. As previously stated, these data elements concern background and personal information regarding residents, such as Age, Race, Sex and Length of Stay in the Program. This information is provided by staff on the Staff/Youth Specific Questionnaire. These data elements are important to include in the evaluation system not only for descriptive purposes but to examine their influence on relationships between environmental measures and the outcome criteria. Following is a discussion of measures of the treatment environment which may affect the outcome measures previously described.

#### Resident Treatment Environment

As depicted in the framework of the Resident Section of the Evaluation System (Chart 2-3), the components of the treatment environment are viewed as the stimuli which impact on the residents, affecting scores on the above discussed outcome criteria. Three sets of these components are representative of the shifting internal dynamics of group home treatment, and were selected on the basis of results in validation Stages 1, 2 and 3. Staff and organizational components are more fixed, and were selected on the basis of Stage 1 results and policy relevance.

Program Components. This set of components is made up of data elements relative to the dimensions of staff/resident relationships, reward/sanction system, treatment atmosphere and resident roles. The primary factor used to select the elements of each dimension was evidence of importance in associating with the outcome criteria discussed above. For example, the element of Staff Concern was found to be directly related to Resident Communication in Stage 1. As discussed in the Introduction to this section, the items that compose these elements will change as modifications are made in group home treatment programs. Also, new elements of treatment become important to measure as new techniques and treatment modes are used in the group homes. Treatment environments are considerably less consistent across programs and across time than are the objectives of the programs.

The dimension of staff/resident relationships contains measures developed from residents' reports of their individual experiences with and perceptions of the staff of community-based residential programs. The data elements in this area are Staff Concern, Staff Trust and Staff Authority. Chart 2-6 presents items related to these elements. During Stage 1, Staff Concern and Staff Authority items were answered in terms of never, sometimes, often and always. During Stage 3, Staff Trust items had true/false response alternatives. Residents who reported high Staff Concern in Stage 1 had significantly higher scores on Two-Way Communication and somewhat lower scores on Rebellious Behavior. Residents who reported high Staff Trust in Stage 3 showed some tendency to have higher Self Reliance. Finally, residents reporting high Staff Authority in Stage 1 had significantly lower levels of Self Respect.

Reward/Sanction System is the second dimension of program components included in the ongoing evaluation system. This dimension contains information concerning the extent to which residents have received Positive Reinforcements and Negative Sanctions from staff. Data elements in this dimension will be formed both from information reported by staff on the Staff/Youth Specific Questionnaire and the same information reported by the residents themselves. Items composing these measures, which will be responded to by both staff and residents, are also presented in Chart 2-6. In Stage I, optimal levels of both positive reinforcements and negative sanctions, as reported by staff in terms of never, once or twice, several times, many times, were found. That is, as staff reported higher use of reinforcements, residents' responsible behavior increased to a point. However, very high levels of reinforcement were not related to higher levels of Responsible Behavior. Correspondingly, use of negative sanctions was associated with decreasing Rebellious Behavior to a certain level, after which very high use of sanctions was not related to lower Rebellious Behavior. These findings are in line with most theories of behavior modification, which state that reinforcements and

Chart 2-6

Items Included in Resident Program Components

•		Data Element	· · · · ·	Items
	Relationships	Staff Concern	 	I feel that staff care about me and what happens after I leave the group home.  There is someone on the staff who is more like a good friend than a staff person.  Staff notice and tell me when I've done a good job at something.  There is someone on the staff I can go to when I have a big problem.
	Staff/Resident Rela	Staff/Resident Trust		For the most part, the staff here trust me.  For the most part, I trust the staff here.  The staff are open and honest in what they tell me and in answering my questions.  The staff listens to my reasons for negative behavior.
		Staff Authority	-	I often feel like staff members are bossing me around. I have often seen a staff member lose his/her temper when a resident has done something wrong.
Dimension	Reward/Sanction System	Positive Reinforcement  Negative Sanction	-	Received cash for good behavior.  Received store items for good behavior.  Been allowed to attemd group outings for good behavior.  Been permitted later cursews for good behavior.  Been verbally praised for good behavior.  Been moved to a higher privilege status for good behavior.  Been restricted for negative behavior.  Had allowance reduced for negative behavior.  Been excluded from group outings for negative behavior.  Been given additional chores for negative behavior.  Been moved to a lower privilege status for negative behavior.
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	Data Element	Items
Atmosphere	Data Element Involvement Expressiveness	
Treatment	Aversive Atmosphere	past.  Residents are encouraged to express their anger here.  A lot of residents just seem to be passing time here.  Residents often cut down or joke about the staff.  I feel like I am in a regular home and family.
Dimension Resident Roles		<ul> <li>Have you acted like a big brother/sister to new kids coming into the program?</li> <li>Have you cooked a meal or washed the dishes in the home?</li> <li>Have you been in charge of a group meeting?</li> <li>Have you done some of the cleaning in the home?</li> <li>Have you repaired anything in the home?</li> <li>Have you helped plan outside activities for all the kids in the home?</li> </ul>

sanctions should be applied intermittently and terminated when appropriate behavior patterns are established. Apparently, many group home staff are going beyond that point at which termination is advisable. Correspondingly, residents may perceive a certain degree of artificiality or insincerity associated with very frequent use of these techniques.

In Stage 3, High Positive Reinforcement, as reported by residents, appeared to be related to higher levels of Self Confidence in Communicating, whereas low use of reinforcements appeared related to lower Self Reliance. Very high use of Negative Sanctions, again reported by residents. appeared to be associated with Lower Self Reliance as well.

Another area of program components included in the evaluation system involves residents' perceptions of the treatment atmosphere. The items which compose the data elements in this dimension were originally selected from the Moos Community Oriented Programs Environment Scale. Whereas the previously discussed dimensions of program components pertain to individual residents' experiences in the treatment program, this dimension concerns residents' views of the general climate in the group homes. Items composing the data elements of Involvement, Expressiveness and Aversive Atmosphere are also presented in Chart 2-6. These items had response alternatives of true/false.

During Stage 2, a tendency was found for residents of programs with high levels of resident Involvement to score higher on Responsible Behavior, whereas low levels of Involvement were suggestive of less Responsible Behavior. The pattern differed with respect to Rebellious Group Home Behavior. This type of rebellious behavior appeared to be lower among residents reporting very low and very high levels of involvement. The same patterns of relationships seemed to emerge regarding resident Expressiveness. Residents in programs encouraging very high levels of resident Expressiveness tended to report higher levels of Responsible Behavior, whereas very low levels of Expressiveness appeared related to low scores on Responsible Behavior. Again, a curvilinear relationship was suggested with regard to Rebellious Group Home Behavior. That is, Residents in programs with the highest level of Expressiveness, as well as the lowest level of Expressiveness tended to report less Rebellious Group Home Behavior than residents in programs with moderate levels of Expressiveness. A similar pattern emerged with respect to Rebellious Community Behavior. Possibly, programs which give little or no encouragement to residents to express their problems or their anger freely (Expressiveness) and programs in which the residents have little responsibility or leadership (Involvement) effectively suppress such behaviors as talking back to staff, fighting with and threatening other residents and refusing to do chores, by maintaining strict staff control. Programs with very high encouragement of Expressiveness and Involvement may be eliminating these behaviors through giving residents a "stake" in the program and stimulating them to see that maintaining order is as much a resident's as a staff responsibility.

During Stage 3, low levels of Aversive Atmosphere appeared related to higher resident Self Reliance, as well as higher levels of Self Confidence in Communicating. This is especially significant in that a majority of residents reported moderate to high levels of passing time, joking about staff and non-family climate (Aversive Atmosphere) in their programs. Again, the extent to which residents have a stake in the program may be the critical element.

Resident Roles is the final dimension of program components included in the system. Measures related to resident roles developed in Stage I were not satisfactory. Leadership Roles was related to Responsible Behavior and Two-Way Communication, but the measure had extremely low reliability and failed to materialize in any form during Stages 2 and 3. A measure of Manager Roles was developed in both Stages 1 and 2; however, during Stage 2 almost no residents reported being assigned to these types of roles. This exemplifies how elements of the treatment environment can change over time and in different programs. It is considered important to further investigate this dimension of the environment, as the different types of roles that residents fill would seem to be a significant part of the group home experience. Data elements in this dimension will have to be determined in future analyses; examples of items which will be included in the system to tap this dimension are shown in Chart 2-6. The addition of these new items illustrates the procedures by which JSA staff can inject measures of new elements of the treatment environment on an ongoing basis.

Staff Components. The second set of components of the treatment environment consists of data elements which are based upon information provided by staff concerning themselves, rather than the residents. During Stage I, such measures were created by calculating for each facility the average staff response to particular items and assigning the resulting score to each resident in the corresponding facilities. This procedure was not utilized in Stages 2 and 3, due to the complexity of data restructuring involved. Nonetheless, due to the potential importance and policy relevance of such information, all data elements and items necessary to calculate their respective scores are included in the evaluation system.

Staff Composition is the first dimension of Staff Components. This dimension results in an average score per facility based on various background data regarding staff. For example, during Stage 1 it was found that residents of programs in which the average staff level of education was high scored higher on the Two-Way Communication outcome.

Treatment Orientation Disparity is the second dimension of Staff Components. Again, average staff scores per facility can be calculated from various types of reported treatment orientations and techniques. In each facility, the difference between this score and scores of individual residents on their experiences with the treatment orientations and techniques provides a measure of disparity. For example, during Stage 1, each resident was assigned a score for the average frequency of staff's use of a tone of authority. In facilities in which the average staff reported use of such a tone was low, residents who reported high staff tone of authority tended to have lower Self Respect. This area of exploring resident perceptions of treatment as being at odds with the intentions of staff merits further investigation.

Organizational Components. The third set of components of the treatment environment consists of information provided by program administrators. These include various internal and external organizational elements. Stage I efforts showed that such elements could be analytically applied to each individual resident in a particular facility. For example, during Stage l it was found that residents in facilities with Counselor staffing patterns did not differ significantly from those in House Parent facilities in terms of Self Respect, Responsible and Rebellious Behavior. However, residents in Counselor-staffed homes tended to score higher on Two-Way Communication. Examples of other internal elements are the extent to which Volunteers are used in the program and the Staff/Resident Ratio. The degree to which programs rely on Outside Counseling services and the Level of Community Support for the facility are examples of external elements. Further investigation of these elements and their relationships and impacts on outcome criteria should be considered in the ongoing evaluation system; items to tap these parameters are included in the instruments.

Summary of Resident Treatment Environment. Three sets of components provide measures of the treatment environment of residents; Program Components, Staff Components, and Organizational Components. The dimensions of interest under each contain specific data elements selected on the basis of associations with outcome criteria and/or policy relevance. Program Components consist of measures concerning: Staff/Resident Relationships; Reward/Sanction system; Treatment Environment; and Resident Roles. Staff Components contain items measuring Staff Composition and Disparities between staff's use of various treatment techniques and residents' perceptions. Finally, the category of Organizational Components consists of information provided by program administrators concerning aspects of the program, facilities and community.

#### STAFF EVALUATION FRAMEWORK

Although the provision of appropriate care to residents was the primary focus of the development of the evaluation system, the concerns of staff working in the group homes were given high priority. Hence, a separate evaluation framework, outlined in Chart 2-7, was developed in the three validation stages. As depicted in the chart, two sets of components of the staff working environment, program components and organizational components, are viewed as impacting on certain outcome criteria, while associations are influenced by staff characteristics. Each category on the chart is discussed below in terms of specific content.

#### Outcome Criteria: Job Satisfaction and Burn Out

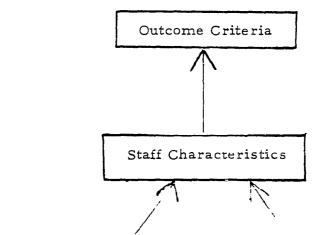
This aspect of the system contains two objectives identified by program personnel as important concerns of group home staff; Job Satisfaction and Burn-Out. The items were selected on the basis of consistency of contribution to outcome measures across validation stages.

Job Satisfaction. Job satisfaction was considered important to measure because it is an immediate concern of any employee as well as an administrative concern in terms of the effective and efficient functioning of group home organizations. A solid core of five Job Satisfaction items emerged from factor analyses conducted in both Stages 1 and 2. 1/ Chart 2-8 presents these items, as well as one peripheral item which appeared in only the Stage 1 factor. This item is included due to its content and face validity and resultant potential to increase reliability of the measure. Alpha reliability coefficients were satisfactory in both Stages 1 and 2. Notably, correlational analysis conducted in Stage 3 identified additional items which will be considered for inclusion in order to reinforce this data element.

Burn-Out was considered important to measure because group home administrators identified this phenomenon as a possible inhibitor of the effectiveness of group home staff and a factor in the high staff turnover rates which are prevalent among the group homes. Burn-Out refers to the emotional wearing down of staff due to the high levels of personal investment and commitment required in the job. Burn-Out is viewed as a stage in which one's personal life becomes entangled with the working environment. The eventual withdrawal that this may precipitate is seen as a serious threat to staff members' effectiveness.

Chart 2-7

Framework for Staff Section of the Evaluation System



Working Environment		
Program Components	Organizational Component	
Working Conditions Treatment Orientation	Internal	
Job Conditions and Intensity	External	

<sup>1/</sup> Due to the limited number of staff participating in Stage 3, analysis was limited to identifying additional items with potential to contribute to measures, through correlational analyses.

#### Chart 2-8

#### Items Included in Staff Outcome Measures

#### Job Satisfaction

- \* I am doing work that I enjoy.
- \* I don't mind working more hours than expected of me.
- \* This job gives me more satisfaction than others I've had.
- \* I would recommend this job to a friend with the same income and education as mine.
- \* If I were starting over in my working career I would lean toward taking the same type of job as I have now.
  - I would like to find a different type of job.

#### Burn-Out

- \* This job requires too much personal investment.
- \* I often feel emotionally drained at the end of the work day.
- \* This job causes me to neglect my personal life.
- \* This job requires too much personal and emotional commitment.
- Providing understanding to a number of troubled youth is certainly a monumental task.
- I have to "psych myself up" to face the pressures of the work day.
- \* You can't leave this job behind you when the work day is over.
  - You have to put a lot of your feelings and hopes on the line in this job.
- \* Items appearing in both Stage 1 and 2 measures.

A core of four Burn-Out items emerged from the Stages 1 and 2 factor analyses, and are presented in Chart 2-8. Again, two additional items which contributed to factors in only one validation stage are included in view of their content and face validity and resultant potential for increasing reliability of the measure.

Summary of Staff Outcome Criteria. The evaluation system will contain items reflecting two areas of concern to group home administrators and staffs: Job Satisfaction and Burn-Out. During the three validation stages, group home staff respondents reported wide ranges of satisfaction and burn-out in their various positions. Effects on staff turnover and the quality of care delivered to residents remain to be determined in future analyses.

#### Staff Characteristics

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Another category of data elements in the staff section of the evaluation system concerns staff background and personal characteristics, such as Age, Education, and Position in the Program, which are provided by the staff members. As noted in the discussion of the staff component of the resident framework, some of these data elements can be converted to program averages and applied to individual residents for searching for associations with resident outcome criteria. As in the case of Resident Characteristics, staff characteristics may influence relationships between the above-discussed outcome criteria and the elements of the working environment presented below.

#### Staff Working Environment

As depicted in Chart 2-7, the components of the working environment are viewed as the stimuli which impact on staff, affecting scores on Job Satisfaction and Burn-Out. Two sets of these components are included in the evaluation system. Program components are representative of the internal dynamics associated with working in a group home. Some of these were selected on the basis of evidence of association with outcome criteria in Stages 1 and 2. Others were selected on the basis of policy relevance and correlational analysis in Stage 3. As in the Resident Framework, Organizational Components are more stable, and were selected on the basis of Stage 1 results and policy relevance.

Program Components. This set of components is made up of data elements relative to the dimensions of Working Conditions, Treatment Orientation and Job Conditions and Intensity. The primary factor used in selecting elements of each dimension was evidence of importance in associating with outcome criteria. Results of Stages 1 and 2 indicate that the working environment of staff has more stability than the treatment environment of residents. This is as expected, since treatment philosophies and techniques are subject to change more — than working and job conditions.

The dimension of Working Conditions includes data elements concerning Communication, Self-Determination, Knowledge of Impact, Availability of Training, Staff/Administration Relationships, and Potential for Advancement and Availability of Relief. Items included in these elements are presented in Chart 2-9. Communication, Self-Determination and Knowledge of Impact are based on stable factors which emerged in Stages 1 and 2. Communication and Self-Determination were found to be directly related to Job Satisfaction in Stage 1. That is, staff who reported more communication among and between staff and administrators, and staff who reported more discretion and autonomy in their jobs, also reported higher levels of Job Satisfaction. It was also found during Stage 1 that staff who had extensive knowledge of the eventual success or failure of the cases with which they worked were significantly more satisfied. These measures were not found to be related to Burn-Out, however.

Items related to Availability of Training and Staff/Administration Relationships were added during Stage 2. During this Stage, some indication was found that staff who reported more training available in their jobs tended to be more satisfied. However, no such evidence of association was found with regard to the Burn-Out problem. In terms of Staff/Administration Relationships, Stage 2 results indicated that staff who reported conflicting administrative and staff goals and objectives, and dysfunctional administrative policies appeared to report less Job Satisfaction and higher levels of Burn-Out. These preliminary indications may have merit in that Freudenberger (1975) and Maslach (1976) point out that little or no training of human service workers is focused on the Burn-Out problem and that administrative policies such as required paperwork often exacerbate the problem.

Items related to Potential for Advancement and Availability of Relief were added during Stage 3 and could not be analyzed for associations with outcome criteria due to the limited number of staff respondents participating in this stage. However, in view of their policy relevance, they have been included in the evaluation system instruments. A frequent complaint of group home staff is that there is no room to move up in the organization, hence, Potential for Advancement may affect Job Satisfaction. With regard to Availability of Relief, Freudenberger (1975) and Maslach (1976) assert that one way of dealing with the Burn-Out problem may be to provide staff with responsibilities which provide some relief from working directly with clients. Whether or not these assumptions are accurate will have to be determined in future analyses.

Chart 2-9

Items Included in Staff Program Components

Self Determination  Knowledge of Impact  Availability of Training  Availability of Relief

### Chart 2-9 (Cont.)

_		Data Element		Item .
Conditions	ILLIOIUS	Potential for Advancement	 - -	This home provides opportunities for staff advancement. This is more or less a "dead end" job. This home rewards good work with more responsible positions.
	WOFKING COM	Staff/Administration Relationship	-	Administrative policies of the home make it difficult for staff to get their jobs done.  Administrators and staff frequently have conflicting goals and objectives.  This home enforces staff rules and regulations.
u Ci.	LION	Resident Support Orientation		I always notice and praise residents for responsible behavior. I attempt to give residents a sense of being in a family environment. I attempt to set up conditions which allow residents to feel a sense of accomplishment. I am completely honest with residents in everyday interaction.
Treatment Orientation		Resident Deviance Orientation	-	I use a tone of authority in communicating with residents in everyday transactions.  I lose my temper as a result of the irresponsible behavior of residents.  I encourage resident s to talk about their past deviance.
	<b>T</b>	Additional Items	-	I refuse to listen to residents' excuses for irresponsible behavior.  I encourage residents to come to me anytime they have a problem.  For the most part, I trust the residents here.  I assure residents that I care about them and what happens to them when they leave the group home.  I attempt to be a personal friend to the residents.  I consciously act as a role model for residents.

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A second dimension of Program Components concerns the Treatment Orientations of staff. The items in this dimension measure the frequency of staff's use of a variety of treatment modes and techniques. These items were selected based on their correspondence with certain environmental items responded to by the residents. This strategy provides the potential for creation of Treatment Orientation Disparity Scores, previously discussed as a dimension of Staff Components under the Resident Evaluation Framework. Items included in this dimension are presented in Chart 2-9.

During Stage 2, factor analysis of these items resulted in the development of two measures, one reflecting an orientation toward supporting resident adjustment and the other an orientation toward responding to resident deviance. Preliminary results suggested that staff members who reported high resident support orientation (i.e., creating a family environment, setting conditions for residents to achieve success, praising and being completely honest with residents) also tended to report higher levels of Burn-Out. Staff who reported high orientation toward responding to resident deviance (i.e., using a tone of authority, losing their temper and encouraging discussion of past deviance) also tended to report higher Burn-Out levels. It may be that the common denominator in these two measures is the intensity of involvement with residents.

The final dimension of Program Components concerns Job Conditions and Intensity. The data elements in this dimension are single items reported directly by staff and not developed through factor analysis. Examples of such data elements are Average Number of Weekly Hours on the Job, and Salary. During Stage 1, it was found that the more hours staff reported working, the higher their levels of Burn-Out. Salary however, was unrelated to either Job Satisfaction or Burn-Out; high salaried staff were as likely as low salaried staff to be unsatisfied and burned-out.

Organizational Components. As in the Resident Framework, this category consists of information generated from program administrators which can be applied to individual staff members. One dimension has data elements which are internal to the program effort such as Use of Volunteers; the other has external data elements such as Contacts with Public School Teachers. Stage I results established the potential importance of such data elements when analyzed with staff outcomes. It was found that staff members in programs with twenty or more hours of volunteer help per week were more satisfied with their jobs than other staff. Any amount of help less than twenty hours was not related to Job Satisfaction.

Summary of Staff Working Environment. Two sets of components provide measures of the working environment of staff: Program Components and Organizational Components. The dimensions of interest under each contain specific data elements selected on the basis of associations with outcome criteria and/or policy relevance. Program Components consists of measures concerning Working Conditions, Treatment Orientation, and Job Conditions and Intensity. Organizational Components consists of information provided by program administrators concerning aspects of the program, facility(ies) and community.

#### Section VIII

# DETAILS OF COMPARATIVE RESULTS OF RESIDENT DATA GENERATED AT DATA COLLECTION STAGES ONE, TWO AND THREE

#### INTRODUCTION

This section presents a detailed discussion of instrument and procedural changes made in the second and third data generation stages (fall and spring of project year two.) Also discussed are the effects that these changes had on scale construction activities. As noted earlier, the reader who is not interested in the technical details of the validation process may proceed to Section X.

Whereas the analysis conducted in Stage 1 can be described as seminal, the Stage 2 analysis constituted the first step in providing structure and shape to the developing system. Stage 3 data collection and analysis was a further step in refining the evaluation strategies. In revising instruments, collecting data and analyzing results, the focus was always on the procedures and materials that were directly applicable to the ongoing system.

The first major activity of the project's second year involved revising the Stage 1 instruments and modifying related procedures for collecting data from residents, staff and group home directors. In Stage 1, group home directors provided information regarding their facilities through an Administrative Questionnaire. These data were not analyzed in either Stage 2 or 3. However, the Administrative Questionnaire was revised prior to Stage 2 and was included in the data collection process. Revisions were based on input from the MERF team regarding duplication of information already obtained through standard monitoring procedures and additional information that may be useful to include. Upon actual implementation of the system, this questionnaire, designed to complement MERF activities, will be returned to the JSA central office prior to the monitoring or licensing visit. This will allow MERF members to peruse the information provided and identify particular areas of concern. The revised instrument was completed by fourteen administrators in Stage 2 and their feedback

Also in Stage 1, analyses were conducted involving Administrative Collective Properties, Staff Collective Properties and Treatment

Orientation Disparity Scores, which involved merging Administrative, Staff and Resident data files. 1/Since generating these categories of variables is a considerably complex and time consuming process, JSA's manpower limitations may prevent their pursuit of these analytical avenues in the implementation stage. Hence, ITREC did not explore these areas of data analysis in Stages 2 and 3. However, since these methods may provide JSA and group home operators with useful information after the system is operational for a period of time, all items necessary to generate Administrative and Staff Collective Properties, and Disparity Scores have been preserved in project instruments.

Following is a discussion of changes made in the original Stage I instruments which were administered to residents.

## REVISION OF INSTRUMENTS AND PROCEDURES IN STAGE 2 AND COMPARISONS WITH STAGE 1

As outlined in Section VI, the principal concern of structuring an ongoing evaluation system was to identify and develop measures of primary program objectives (referred to as "outcome measures") as well as elements of the various treatment programs that were representative of the majority of homes utilized by JSA (referred to as "environmental measures"). During the first year of the project, several behavioral and psychological outcome measures were generated. As previously stated, they were:

- Responsible Behavior;
- Rebellious Group Home Behavior;
- Rebellious Behavior in the Community;
- Two-Way Communication;
- Self Respect;
- Extrinsic Value of Education;
- Intrinsic Value of Education;
- Future Confidence; and,
- Submissiveness.

In order to insure manageability, JSA staff members selected four of these measures for further analysis, as they appeared at that time to be most policy relevant. They were: Responsible Behavior, Rebellious

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Elements of the environments of treatment programs which seem to be related to these outcomes were then uncovered by analytic procedures. Revision of instruments in Stages 2 and 3 was directed toward condensation and simplification while insuring that outcomes were valid and policy relevant and that elements of treatment programs relating to them were realistic and capable of modification. It was recognized that JSA's group home program is dynamic, not static, and that an ongoing evaluation system must reflect that fact.

Group Home Behavior, Self Respect, and Two-Way Communication.

The three instruments administered to residents during Stage 1, the Resident Psychological Inventory, the Behavioral Checklist and the Resident Interview, were synthesized in Stage 2 into a two-part Resident Questionnaire. Originally, the Psychological Inventory consisted of ninety-five items purporting to measure various psychological capabilities of youth. This instrument was administered in a group setting by means of a cassette tape, to which residents responded on answer sheets with either "true" or "false". 1/ The Behavioral Checklist consisted of forty-five questions regarding the frequency of residents' involvement in a variety of types of behavior. This instrument was administered on tape in an individual setting, with residents responding on answer sheets in terms of "never", "once or twice", "several times", or "many times". The Resident Interview consisted of forty-eight questions concerning residents' experiences in the treatment programs. Questions were asked via personal interviews, and residents were requested to respond in terms of "never", "sometimes", "often", or "always".

The first part of the Resident Questionnaire developed in Stage 2 contained those items from the Resident Psychological Inventory which had been included in the composite scores for Self Respect and Two-Way Communication. In addition, the research team selected four items from each of the ten sub-scales in the Moos Community Oriented Programs Environment Scale for inclusion in this part of the questionnaire. 2/ Fifty-two statements answerable with true and false comprised this part of the instrument.

<sup>1/</sup> See Part I, Sections III and IV.

<sup>1/</sup> Detailed descriptions of all Stage 1 measures are presented in Part I of this report.

<sup>2/</sup> This scale is intended to provide measures of the treatment climate of community programs. The subscales purport to measure the following dimensions of the treatment environment: Involvement, Autonomy, Practical Orientation, Personal Problem Orientation, Spontancity, Support, Aggression, Order, Program Clarity, Staff Control. See Moos (1965) for further details.

The other part of the Resident Questionnaire was composed of the items used to construct the behavioral outcomes from the Behavioral Checklist, Two-Way Communication and the environmental measures from the Resident Interview. Items used to construct a measure of Rebellious' Community Behavior in Stage I were also included. 1/
This part included fifty-four questions, all answerable with the alternatives of "never", "once or twice", "several times" and "many times". In addition, a new set of items concerning individual resident decision-making was included, as Stage I analysis had revealed no relationship between group decision-making and the outcomes under study.

The second secon

The Resident Questionnaire, consisting of the above-described two parts, was administered by means of a tape cassette, lasting approximately thirty-five minutes. In most group homes, all JSA referrals responded on answer sheets in a single group administration of the tape. In some homes, more than one session was required in order to keep the groups to six or fewer residents and thereby minimize potential for disruption.

Finally, minimal revisions were made to the Staff/Youth Specific Questionnaire which, while completed by staff, was formed from items selected to correspond with the behavioral items preserved on the Resident Questionnaire. Hence, disparities betwen resident self-reports and staff reports of resident behavior could again be examined. Additionally, two environmental measures which had been developed in Stage 1 from information provided on the Staff/Youth Specific Questionnaire were included in the Stage 2 version. These included Positive Reinforcements and Negative Sanctions. The number of items in this instrument was reduced from fifty-seven to forty-two. Residents' background information requested of staff on this instrument was considerably reduced, including only Age, Race, Sex, and Length of Stay in the Program. This reduced the time required to complete the instrument, which may have been prohibitive in homes with low staff/resident ratios. Also, it was found that information obtained from official files regarding previous offenses, institutionalization and placement was more complete than that based on staff knowledge.

Data collection procedures concerning the Staff/Youth Specific Questionnaire were unchanged--instruments were mailed to participating facilities two weeks prior to the data collection visit, one for each JSA referred resident. These were to be completed by the staff members most familiar with the individual residents, and ready for collection by the research team at the time of the visit. Group home personnel were instructed to prepare lists of participating residents' names with corresponding code numbers to be used throughout the data collection process.

Analysis of data collected during Stage 2 was directed at developing valid and reliable scales which could be compared with those which emerged from Stage 1 analyses. Factor analysis was utilized to develop composite outcome and environmental measures for resident and staff data. 1/ Outcome measures were developed through single factor scaling and then factor analyzed with each other to determine the extent of independence between measures. Environmental measures were developed through multi-factor scaling in order to reduce overall redundancy existing in the data. 2/

#### Outcome Measures in Stage 2

Table 2-1 presents the outcome measurement scales developed from resident data in Stages 1 and 2, with corresponding factor loadings and Alpha reliability coefficients. As shown in the table, the three behavioral outcome measures emerged in largely the same factor structure in both validation periods. Eight items comprised the Responsible Behavior measure in both data sets; six of these appear in both measures, with some minor changes in wording. The Rebellious Group Home Behavior measure went from eight items in Stage 1 to six in the Stage 2 analysis, although all six appeared in the original scale. As in Stage 1 analyses, an independent Rebellious Community Behavior factor emerged.

This measure was not analyzed in Stage 1 due to considerations of manageability, but was considered of potential importance in the future.
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See Part I, Section III for details regarding use of the Factor Analysis Procedure.

<sup>2/</sup> As noted in Part I, although Theta may be a more appropriate reliability estimate for multi-factor scaling, Alpha was used throughout this report in view of its established acceptance and relative ease of computation.

Table 2-1.

Results of Resident Outcome Scale Construction in Stage 1 and 2

Stage l Items Loa	idings	Stage' 2 Items Loa	dings
Responsible Behavior		Responsible Behavior	
Helped someone with schoolwork.  Talked someone out of doing something dangerous or illegal.  Helped a friend.  Reported a kid for doing wrong.  Talked someone out of running away.  Been leader of a group activity.  Done extra schoolwork.  Taught someone something.	.40 .46 .53 .52 .43 .50 .52	Helped someone with schoolwork.  Talked someone out of doing something dangerous or illegal.  Helped someone complete a task or solve a problem.  Reported a Kid for doing wrong.  Talked someone out of running away.  Been leader of a group activity.  Talked freely about self in the home.  Done job without being asked or told.	.43 .53 .65 .44 .57 .61 .58
Alpha = .71  Rebellious Group Home Behavior  Failed to do assigned chores.  Talked back to staff.  Picked on or threatened another kid.  Talked after asked to be quiet.  Stopped working on a chore.  Fist-fight with someone in the home.	.55 .61 .57 .65 .57	Alpha = .77  Rebellious Group Home Behavior  Failed to do assigned chores.  Talked back to staff.  Picked on or threatened another kid.  Talked after asked to be quiet.  Stopped working on a chore.  Fist-fight with someone in the home.	.49 .69 .58 .60 .60
Damaged furniture or other property.  Ridiculed or laughed at other kids.  Alpha = .78  Rebellious Community Behavior	.40 .60	Alpha = .76  Rebellious Community Behavior	
Shoplifted. Taken something from another kid. Skipped school. Suspended from school. Cheated on a test at school. Fist-fight with someone in community. Damaged community property. Alpha = .78	.61 .61 .48 .56 .53 .57	Shoplifted. Taken something from another kid. Skipped school. Suspended from school. Cheated on a test at school. Taken a car and gone joy riding.  Alpha = .73	.65 .62 .40 .52 .43

Table 2-1, cont.

Stage 1 Items	Loadings	Stage 2 Items	Loadings
Self Respect		Self Respect	
I feel that I have a number of good qualities.  It is hard for me to work unless someone tells me what to do.  I do what is right most of the time.  I can never seem to finish what I begin.  I often wish I were someone else.  I do not have much to be proud of.  I cannot be depended on.  It is easier to do things that other people decide.  I usually have good judgement.  Alpha = .75	.60 .53 .45 .51 .50 .44 .51	There are a number of good things about me.  It is hard for me to work unless someone tells me what to do.  I do what is right most of the time I can never seem to finish what I begin.  Alpha = .60	.47 .51 .48 .64
Two-Way Communication		Two-Way Communication	
When I have a problem, it helps to talk to someone.  I talk freely about myself to counselors and teachers.  I learned a lot here by talking about myself.  Tried to have friendly talk with staff. Listened to others' points of view.  I talk freely about myself in the hor	. 53	When I have a problem, it helps to talk to someone.  I talk freely about myself to counselors.  I learned a lot here by talking about myself.	. 56 . 87 . 74
Alpha = .76		Alpha = .80	

The remaining outcome measures from Stage 1 proved less than satisfactory in Stage 2. Only four of the original nine items in Self Respect appear in the same factor in Stage 2. Its Alpha reliability coefficient of .60 is below the generally accepted minimum of .70. Additionally, inspection of the distribution of this measure revealed substantial skewness, with a large majority of residents reporting high self respect. The fact that group home personnel identified low self respect as a prevelant condition among residents in initial site visits suggests that social desirability may be influencing resident responses to these items.

Two-Way Communication also failed to materialize as a dimension of the factor structure similar to that discovered in Stage 1. Its alpha reliability of .80 is well within the acceptable range, due to the magnitude of correlation between items. However, only three items compose the factor, considered insufficient for ongoing use.

These results concerning Self Respect and Two-Way Communication may be partially explainable in terms of the alternatives provided for the majority of these items--True and False. Nunnally and Wilson (1975:272) report that factor analyses of multipoint items (more than two response alternatives) have a higher probability of success than those conducted with dichotomous items (two response alternatives) due to the greater variance in correlations among multipoint items. Correspondingly, fewer multipoint items than dichotomous items are required to obtain a particular reliability. This suggested that Stage 3 revisions include development of a multipoint scale for these items.

#### Environmental Measures in Stage 2

Environmental measures developed in Stage 1 and Stage 2 were compared on the same dimensions as outcomes although standards of reliability were relaxed since scale construction was not the primary objective. Factor analysis of environmental items was directed at reducing redundancy in the data by identifying items which are measuring largely the same thing and distinguishing independent elements of the environment. Repetition of this procedure on an ongoing basis and adding items as programs change will provide the system with a degree of flexibility in measuring components of the treatment programs. This is viewed as a significant departure from the work of Moos (1975), who, by developing standardized scales for measuring various treatment environments, assumed such environments to be static. Table 2-2 presents environmental measures developed in Stages 1 and 2, with corresponding factor loadings and alpha reliability coefficients. The table has three parts; Part A presents measures which correspond

# Table 2-2 Results of Factor Analysis of Resident Process Items in Stage 1 and 2

A. Corresponding Measures from Both Stages

Stage 1 Items	Loadings	Stage 2 Items	Loadings
Manager Roles		Manager Roles	
Decides who does what chores.  Makes sure chores are done.  Alpha = .72	.71 .79	Decides who does what chores.  Makes sure chores are done.  Keeps an eye on other kids.  Goes to staff with problems.	.80 .73 .47
		Alpha = .72	
Staff Concern		Staff Concern	
Staff have been open and honest. Staff notices and praises. Can go to staff member to talk about a big problem. Staff really cares about you. Alpha = .75	.54 .40 .55 .66	Staff have been open and honest. Staff notices and praises. Staff listens to reasons for behavior.  Alpha = .64	. 47 . 45 . 63
Staff Authority		Staff Authority	
Staff members boss you around. Seen staff member get really mad. Staff listens to reasons for behavior Alpha = .62	.53 .59	Staff members boss you around. Seen staff member get really made feels like regular home and family Alpha = .63	61 d65 dy50
Positive Reinforcements		Positive Reinforcements	
Received cash for good behavior. Received store items. Permitted later curfews. Moved to higher privilege status. Allowed to attend group outings. Been verbally praised. Alpha = .74	.67 .53 .50 .81 .58	Received cash for good behavior. Received store items. Permitted later curfews. Moved to higher privilege status.	.66 .70 .70 .47
•		Alpha = $.74$	
Negative Sanctions	<u>.</u>	Negative Sanctions	
Restricted for negative behavior. Excluded from group outings. Been given additional chores. Moved to lower privilege status. Had allowance reduced. Been verbally admonished. Alpha = .79	.65 .74	Restricted for negative behavior. Excluded from group outings. Been given additional chores. Moved to lower privilege status.  Alpha = .86	.72 .74 .75 .83

### Table 2-2, cont.

B. Measures Developed in Stage 1 which were Eliminated or Failed to Emerge in Stage 2

<u>Items</u>	Loadings	<u>Items</u>	Loadings
Leadership Roles		Contentment with the Home Environment	Ţ.
Keep an eye on other kids and tell them when you think		Feels like regular home and family	1
they're messing up.	. 78	Able to do things that make you	y54
In meetings, help others with problems.	. 44	feel successful. Staff act like type of adults you	. 40
Been leader of a group or hous		would like to be.	.55
meeting. Alpha = .53	. 40	Someone on staff who is more like a friend.	.58
		Alpha = .62	Ä
Cohesiveness of Residents		Residents' Decision-Making Power	<u>r</u>
Feel you can trust others in the l		Staff allow you to decide:	j
Talk to other kids about proble Feel you're really tight with	ems51	Who gets more privileges. Who gets less privileges/	.56
others in the home.	.83	moved back.	.83
Go places and do things with or from the home.		What happens to kids who	•
Other kids helped you solve pr Alpha = .70	.45 oblem40	break house rules. What kids get for doing good things Alpha = .68	.50 s59

<u>Items</u>	Loadings	,
Intensity of Meetings		
Felt picked on or hassled by kids. Seems like there is going to be	80	į
a fight.	. 41	
Feel really nervous in meetings.	.51	
Others in meeting gotten on you		
about what you did.	.72	

Table 2-2, cont.

C. Measures Developed in Stage 2 from Items Which Had Not Been Included in Stage 1.

Items	Loadings	<u>Items</u> <u>I</u>	oadings
Decision-MakingTime		Staff Order	
Decides how program can help.  Decides how to spend free time.  Decides involvement in outside	.41 .74	Staff makes sure place in neat.  If resident fights, he will get into real trouble.	. 58
programs.	. 40	Residents careful when staff	. 73
Plans daily activities. Alpha = .62	.67	are around. Alpha = .58	. 39
Decision-MakingOther Areas		Involvement	
Decides how to spend own money.  Decides additions to room.  Alpha = .65	.73 .65	Few residents have responsibility for program. Residents expected to take	. 45
Rule Clarity		leadership.  Residents often cut down or joke about staff.	54 . 55
Rule-breakers know consequences House rules are clearly understoo Alpha = .66	72 d62	Residents can wear whatever they want.  Residents seem to be passing time.  Alpha = .68	.61
Expressiveness		Aipiia00	
Residents encouraged to express themselves. Personal problems talked about openly. Residents encouraged to talk about p Residents encouraged to express anger. Alpha = .65	.46 .74 east.50	Spirit  Group home is lively place.  Very little spirit in home.  Alpha = .71	.68 66

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\*

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some degree across stages; Part B presents Stage 1 measures which failed to emerge or were eliminated in Stage 2; Part C presents new Stage 2 measures.

Leadership Roles did not emerge in Stage 2, probably as a result of low reliability in Stage 1, evidenced by the alpha coefficient of .53. The two items composing Manager Roles in Stage l appear as the core of a four-item factor in Stage 2 as shown in Part A of the table. The additional items include one from Leadership Roles -- Keeping an eye on other kids; and, one from Staff Concern--Goes to staff with problems. It is possible that in the programs involved in Stage 2, monitoring or keeping an eye on other kids is seen as more of a managerial or supervisory function than a helping one. Also, going to staff with problems may be seen as a characteristic of residents who are frequently assigned to manager roles by staff. The two core Manager Roles items concerning chores were subsequently eliminated due to skewness; a large majority of residents in Stage 2 reported that only staff handle those functions. Further, inspection of Table 2-2 Part A reveals two of the items from the Stage 1 Experience with Staff Concern measure factored together in Stage 2, along with an item which had loaded negatively with Staff Authority in Stage 1. It is clear that the content of this item -- Staff listens to reasons for negative behavior -- lends itself well to either a concern or an authority measure. The remaining two Staff Authority items from Stage 1 emerged in the same factor in Stage 2, however, they were negatively correlated with a Contentment with the Home Environment item from Stage 1--Feels like a regular home and family. This shift is understandable in that two of the items in Contentment with the Home Environment in Stage 1 concerned friendship with staff and wanting to be like staff, which one would expect to be negatively correlated with the Staff Authority items. However, the remaining Contentment with the Home Environment items failed to appear in the factor structure of Stage 2. Again, the majority of residents reported considerable Staff Concern, and relatively little Staff Authority.

As shown in Table 2-2, Part A, four of the original six Positive Reinforcement items and four of the original six Negative Sanction items formed corresponding scales in Stage 2. The items which dropped out may have done so as a result of differences between the Stage 1 and 2 samples in specific types of reinforcements and sanctions that are applied. As in Stage 1, results showed that these techniques are being used at a wide range of frequency across the programs.

The new items concerning individual resident decision-making, added in Stage 2, formed two factors shown in Table 2-2, Part C. Despite the emergence of two decision-making factors, one concerning the degree to which the resident can control his time and one concerning the degree to which the resident can make other decisions, it was decided to eliminate these measures from subsequently developed instruments. This decision was based on distributions of items (several were substantially skewed, with most residents reporting considerable decision-making power) and indications from respondents during data collection that several items were extremely ambiguous. The three measures from Stage 1 concerning group treatment phenomena shown in Table 2-2, Part B-- Group Decision-Making, Cohesiveness, and Intensity of Meetings-had been excluded from the Stage 2 questionnaire as a result of their failure to associate with Stage 1 outcomes.

The remaining five elements of the treatment environment at Stage 2--Staff Order, Involvement, Expressiveness, Rule Clarity and Spirit (shown in Table 2-2, Part C)--were uncovered through factor analysis of the forty Community Oriented Programs Environment Scale items added in Stage 2.1/ Obviously, the factor structure does not resemble the subscale structure of the Moos instrument. Subsequently, the Rule Clarity measure was eliminated due to skewness (virtually all residents reported that house rules and consequences are clear to them) and the Spirit measure due to lack of policy significance. Distributions revealed that most residents felt that staff maintain fairly strict order, while Involvement and Expressiveness exist in varying degrees across the programs.

As a final aid in the process of making decisions on selecting environmental items, Multiple Classification Analysis was conducted with selected Stage 2 data. This included the three satisfactory outcome measures, Responsible Behavior, Rebellious Group Home Behavior and Rebellious Community: Behavior, as well as the three Stage 2 environmental measures which had not been analyzed in Stage 1 in any form--Staff Order, Involvement, and Expressiveness. Table 2-3 presents Eta statistics

Definitions of these new measures are as follows:
Expressiveness -- This measured the degree to which residents were encouraged to express emotions freely and talk openly about problems.
Staff Order -- This measures residents' perceptions of the strictness with which staff maintain order.
Involvement -- This measure concerns the extent to which residents participate in and feel a part of the treatment program.
Rule Clarity -- This measures residents' knowledge and understanding of program rules and consequences of violation.
Spirit -- This was a measure of the degree of liveliness and group spirit in the program.

for the environmental measures for each of the outcome measures. 1/ Involvement and Expressiveness evidence some potential for explaining variation in the outcome measures. There appeared to be a tendency for residents in programs with high levels of Involvement and high levels of Expressiveness to behave more responsibly. Patterns of relationship with rebellious types of behavior were difficult to interpret without further analysis. Table 2-2, presented earlier, showed that alpha reliability coefficients for Involvement and Expressiveness were considerably higher than for Staff Control.

Table 2-3
Eta Statistics for New Treatment Environmental Variables

Process	Responsible Behavior	Rebellious Group Home Behavior	Rebellious Community Behavior
Staff Order	. 29	. 19	.19
Involvement	.41	. 38	. 52
Expressiveness	. 44	. 35	. 25

## REVISION OF INSTRUMENTS AND PROCEDURES IN STAGE 3 AND COMPARISON WITH STAGE 2

A third validation stage was initiated on April 25, 1978, again to obtain additional information to assist with the refinement of instruments. Almost all programs participating in this validation period had already contributed resident data in either Stage 1 or Stage 2; however, no home participated in all three periods. Data collection in this time period did not involve the Staff/Youth Specific Questionnaire as it is largely dependent upon the final content of the Resident Questionnaire. On the Staff/Youth Specific Questionnaire, staff report on the same resident behavior which is self-reported on the Resident Questionnaire.

Data collection procedures related to the Resident Questionnaire were the same as those used in Stage 2. JSA-referred residents in each program responded on answer sheets to a taped reading of the items in a small group setting.

As in Stage 2, the review of resident data consisted of factor analyses of outcome and environmental items so that factor structures in Stage 2 and Stage 3 could be compared. Again, Multiple Classification Analysis was conducted with new measures to further investigate their usefulness for the ongoing system. Because of the limited number of cases, staff responses were examined by means of bivariate correlational analysis.

This revision of project instruments occurred simultaneously with the orientation workshops involving group home staffs, which will be described in detail in Section V. A series of meetings was held with the ITREC Research Coordinator and the JSA Project Director and Coordinator to prepare instruments for Stage 3 data collection. Using the measures developed in Stages 1 and 2 as a core of information, resident instruments were expanded to identify items which could bolster measurement scales or provide information on new policy relevant areas.

The Resident Questionnaire again consisted of two parts. The first part included items which had comprised the following outcome measures in Stage 2:

- Responsible Behavior;
- Rebellious Group Home Behavior; and,
- Rebellious Community Behavior.

Additional items purporting to measure these types of behavior were added, so that a total of forty items concerned these areas. While the items which had comprised the Two-Way Communication measure had failed to form a factor in Stage 2, the concept still seemed an important one to JSA. Hence, the original items were supplemented so that twenty items dealing with Communication were included in the Stage 3 questionnaire.

Finally, two psychological outcomes, for which measures had been developed in Stage 1 but not subjected to analysis because of time limitations, were reinstated in the Stage 3 Resident Questionnaire with new items added regarding these concerns. The original measures were called:

- Future Confidence; and,
- Submissiveness.

<sup>1/</sup> Eta statistics are measures of environmental variables' explanatory power in terms of outcome measures. These must be interpreted cautiously, as no adjustments are made for the effects of other processes. However, they were considered more appropriate than betas for screening purposes, since the extent of analysis was limited by the time available and initial multiple classification analyses produced betas which were artificially inflated by correlations among process measures. However, where betas indicated a substantial decrease in explanatory power as a result of adjusting for the effects of other processes, this was taken into account in the decision-making process.

They were renamed:

- Future Orientation; and,
- Independence

Future Orientation reflected residents' planning for leaving the group home and confidence in their ability to attain some measure of success. Independence related to residents' capabilities of relying on themselves and refusal to be 'asily led by others. Forty items covered these areas.

In view of Self Respect's failure to emerge in Stage 2 and the possibility of contamination resulting from social desirability effects, it was excluded from the Stage 3 questionnaire. The only remaining outcome measures that were established during the first year dealt with the value of education. Extrinsic value of education was subjected to some preliminary analysis, but the distribution was badly skewed and it was evident that residents considered jobs to be of much greater importance than education. Intrinsic value of education was not deemed to be policy relevant because increasing residents' value of education is not a primary goal of most programs so both of these measures were eliminated from further study. Thus, all of the original outcome measures were scrutinized at some point in the study.

As noted in the discussion of Stages 1 and 2, questions arose as to the viability of a dichotomous True-False scale for psychological outcome items. In Stage 3, a multipoint scale for these items was utilized: Not at all like me/A little like me/Quite a bit like me/Very much like me. This scale was also applied to the behavioral outcome items in order to minimize the possibility of confusing residents with several shifts in response scales on the Resident Questionnaire.

The second part of the Stage 3 Resident Questionnaire contained environmental items which had appeared in measures developed in Stage 2. These included:

- Staff Concern;
- Staff Authority:
- Staff Order:
- Involvement; and,
- Expressiveness.

Also, as noted earlier, measures regarding Manager Roles, Resident Decision-Making, Rule Clarity and Spirit were eliminated due to skewness, ambiguity of items or lack of policy relevance. In addition, two ten-item sub-scales from the Moos Community Programs Environment Scale (COPES) were included in this part of the questionnaire. These subscales were named by Moos:

- Practical Orientation; and,
- Autonomy. 1/

Finally, a series of thirteen items concerning counseling, resident friendships and activities was added. Since there was some concern about the length of the questionnaire, true and false were selected as the response alternatives for Part 2. This shortened the time required for residents to decide on a response and balanced the lengthy Part 1 with its multipoint alternatives.

Also added to the Stage 3 Resident Questionnaire were items concerning the extent to which residents had received Positive Reinforcements and Negative Sanctions. These directly corresponded to those asked of the staff on the Stage 2 Staff/Youth Specific Questionnaire, and were included in the first part of the Resident Questionnaire with the outcome items and "Like me" alternatives.

#### Outcome Measures in Stage 3

Outcome factor structures in Stage 3 differed substantially from those that emerged in Stage 2. Table 2-4 presents a comparison of these, with corresponding items, load ags and alpha reliability coefficients.

Inspection of the table reveals that all of the items included in the Stage 3 Responsible Behavior measure are new items added after Stage 2. Interestingly, item content seems to be more applicable to the alternatives of "Not at all like me" to "Very much like me" than that of the more behavior oriented items in the Stage 2 measure in that the items reflect general qualities rather than specific behaviors. A frequency of occurrence scale such as never/once or twice/several times/many times seems to be more applicable to the behavioral items. These items failed to produce a factor with the "like me" response alternatives used in Stage 3. This new Factor was later called "Dependability," reflecting punctuality, perserverence and trustworthiness.

Examples of items from these sub-scales are:
 Practical Orientation--Job training is considered very important in this program; Residents are expected to make detailed, specific plans for the future.
 Autonomy--Residents can make decisions about the program; and, Residents have a say as to when they can leave the program.

Table 2-4

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Comparison of Results of Resident Outcome Scale Construction in Stage 2 and Stage 3

Stage 2		Stage 3	
Items	Loadings	<u>Items</u> <u>Lo</u>	pading c
Responsible Behavior		Responsible Behavior (Work Qualities	es)
Done job without being asked or told Helped someone with schoolwork.  Talked someone out of something il Helped someone complete task or solve problem.  Reported a kid for doing wrong.  Talked someone out of running away.  Talked freely about self in the home Been leader of group activity.  Alpha = .77  Rebellious Group Home Behavior	.43 legal.53 .65 .44	Have trouble getting places on time.  Can be relied on to do as said.  Gets things done.  Sticks to a job or task.  Gets up and to school or work on tim  Goes to next job or assignment  without needing to be told.  Gets started on regular job without  needing to be told.  Gets work done on time.  Alpha = .80	.41 .40 .52 .60 e.63 .68
Had fist-fight with someone in home Talked back to staff.  Picked on or threatened another kid Talked after supposed to be quiet. Stopped working on chore.  Failed to do assigned chores.  Alpha = .76  Rebellious Community Behavior  Shoplifted Taken something from another kid. Skipped school.  Taken a car and gone joy riding. Suspended from school.  Cheated on test at school.  Alpha = .73	.69	Rebellious Behavior  Talks back to staff. Picks on or threatens other kids. Skips school. Been suspended from school. Cheats on tests. Damaged group home property. Used drugs other than marijuana. Carries a weapon. Smokes marijuana. Gets drunk. Tries to get others into trouble. Alpha = .79	. 53 . 43 . 56 . 42 . 55 . 51 . 51 . 43 . 65 . 62 . 45

Table 2-4, cont.

Stage 2 Items	Loadings	Stage 3 Items	oadings
Self Respect		Self Reliance	
There are a number of good things about me.  It is hard to work unless someone tells me what to do.  I do what is right most of the time. I can never seem to finish what I begin. Alpha = .60	<b></b> 51	Other people can talk me into thing I will cheat on a test when everyonelse does.  It is hard for me to go against the crowd.  I get talked into doing things I shouldn't do.  I get nervous when others disapprove of me.  Too many problems now to think about what I'll do after leaving.  With things going the man the	.40 .54 .70 .52
When I have a problem, it helps to talk to someone.  I talk freely about myself to counselors.  I learned a lot here by talking about myself.	.56 .87 .74	With things going the way they are it's hard to hope to amount to anything.  Don't like to think about what will happen to me when I leave.  No point in planning for future, because I wouldn't follow plans.  Doesn't pay to try hard because things never turn out.  Alpha = .83	. 42 . 45 . 61 . 70
		Afraid to talk in front of a group. Afraid of saying wrong thing to adults Nervous when I talk to people. Don't know what to say when I meet someone. Don't know what to say when I disagree. I'm too shy and self-conscious. People have difficulty under- standing what I say. When talking to someone, I can look him in the eye. Won't express my opinion if others disagree. It is hard for me to win arguments.	.57 .58 .63 .63 .66 .59 .44 52

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Alpha = .85

The split between Rebellious Group Home Behavior and Recellious Community Behavior was not replicated in Stage 3. The Stage 3 measure was an amalgamation of rebellious activities. As in the case of Responsible Behavior, a set of frequency of occurrence response alternatives may be more appropriate. A youth might respond that it is "like me" to skip school, although he has never done it because he has not had the opportunity. This could produce high correlations between items when the actual instances of behavior described are not highly correlated. It is clear that items denoting specific behaviors should have response alternatives that indicate frequency of occurrence of the behaviors.

The other resident outcome measures developed in Stage 3 were composed of psychological items added by the Research Team after Stage 2. Each set of items purporting to measure Independence. Future Orientation and Communication was factor analyzed separately and three measures were developed, each consisting largely of negatively worded items. Hence, the three measures that were developed reflected Submissiveness (Independence items), Hopelessness (Future Orientation items) and lack of self confidence in communicating (Communication items). When these factors were combined in one factor analysis, little independence was found between the Independence and Future Orientation factors. Measures developed from these factors correlated in excess of .70. Apparently, these factors represented present and future dimensions of the same construct -- Self Reliance. Hence, the items were combined and those loading at . 45 or above were selected, producing a ten-item measure displayed in Table 2-4. The measure of Self Confidence in Communicating was also created, and found to correlate with Self Reliance at .59. The decision was made not to combine these two highly correlated measures because this would have produced an amorphous measure of psychological adjustment with little direct policy relevance for group home operators and JSA staff. Specific rather than general measures of goal attainment are appropriate for a utilization-focused system, since programs can be tailored according to associations discovered between program components and specific outcomes of interest. 1/ This is supported by Cronbach (1971) who maintains that correlated measures should be kept separate if they can be used for separate, distinct purposes.

#### Environmental Measures in Stage 3

Table 2-5 presents a comparison of resident environmental measures developed in Stages 2 and 3, with corresponding items, factor loadings and alpha reliability coefficients. As in Stage 2, factor structure of the resident environmental items evidenced considerable change from the previous analysis. As shown in Part A of the Table. two of the Stage 2 Staff Concern items appear in a factor with two new items concerning trust, an Expressiveness item from Stage 2 and one of the newly added Moos Social Climate items, with Staff/Resident Trust appearing to be the underlying construct. Most residents reported moderate to high levels of Staff/Resident Trust. The Stage 3 Staff Concern measure consists of an original Staff Concern item from Stage l, an original Home Environment item from Stage l and two Expressiveness items from Stage 2. Again, most residents reported high Staff Concern. Aversive Atmosphere combines two Involvement items, a Staff Authority item and a Home Environment item, all from Stage 2. An Aversive atmosphere, then, is one in which the residents are uninvolved and uncommitted to the program, staff are seen as authoritarian and there is no homelike element. Interestingly, over half of the residents reported a high degree of Aversive Atmosphere.

The remaining environmental measures developed in Stage 2, shown in Table 2-5, Part C, consist of newly added items. 1/ Program Planning and Structure are made up of items from Moos' Practical Orientation and Autonomy sub-scales, which evidenced little or no independence. The majority of residents reported high levels of planning and a high degree of structure in their programs. Resident Friendships combines two items developed by the Research Team, and Positive Reinforcements and Negative Sanctions were measured from the residents' points of view for the first time in Stage 3. Forty-seven percent of the residents indicated their best friends and the kids they hang around with live outside the program. As with staff-reported reinforcements and sanctions in previous stages, residents reported considerable variation in the use of these techniques across the programs.

I/ Items used to develop these psychological outcomes were recoded. That is, the response categories of "Quite a bit like me" and "Very much like me" were combined. This strategy not only provides less skewed distributions of outcome measures, but also deals with social desirability effects. Whereas little conceptual difference between these two categories can be discerned, providing a four-point scale permits subjects who feel somewhat threatened by an item to respond in less than an extreme category, yet the response can be interpreted as meaning basically the same thing as an extreme response. These similar categories can then be collapsed at the analysis stage.

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<sup>1/</sup> Definitions of these new measures are provided below:
Program Planning -- This measured the extent to which making plans for the future is emphasized in the program.
Structure -- This is a measure of the degree to which training and progress checks are built into the program.
Resident Friendships -- This measured the extent to which residents' friends live outside the group home.

Table 2-5

# Comparison of Resident Environmental Measures Developed in Stage 2 and Stage 3

## A. Corresponding Items in Measures Developed in Stage 2 and Stage 3

Stage 2 Items	Loadings	Stage 3 Items	Loadings
Staff Concern		Trust	
Staff notices and praises. Staff listens to reasons for behavior Staff are open and honest.  Alpha = .64  Staff Authority  Feels like a regular home and family Staff are bossy. Seen staff member get really argue.	.47 ily5061	The staff here trust me.  Staff listens to reasons for beha  Staff are open and honest.  Staff encourage residents to express anger.  Staff like it when residents act like leaders.  I trust the staff here.  Alpha = .79	.82 .vior50 .60 .47 .50
Seen staff member get really angry.  Alpha = .63	65	Staff Concern	,
Expressiveness  Residents encouraged to express themselves.	47	Someone on staff more like good friend. Residents encouraged to express	
Personal problems are openly talked about here. Residents encouraged to talk about past. Encouraged to express anger.	.46 .74 .50	themselves.  Personal problems are openly talked about here.  I feel staff care about me.  Alpha = .66	. 48 . 69
Alpha = .65  Involvement		Aversive Atmosphere	**************************************
Few residents have responsibility for programs. Residents expected to take	. 45	A lot of residents are passing time here.  Often seen staff member lose temper.	.44
leadership. Residents often cut down or joke	54	Feels like regular home and famil Residents often cut down or joke	•
about staff. Residents can wear whatever they want.	.55	about staff. Alpha = .66	.64
Residents seem to be passing time.  Alpha = .68	.51 II-57	,	

Table 2-5 (Continued)

# B. Measures which were Developed in Stage 2 Which Were Not Included in Stage 3 Due to Exclusion of the Staff/Youth Specific Questionnaire or Which Failed to Emerge.

Items	Loadings	Items	Loadings
Positive Reinforcement	ts (staff-reported)	Negative Sanctions (staff-report	ed)
Cash for good behavior Received store items. Permitted later curfew Moved to higher privile Alpha = .74	.70 s70	Restricted for negative behavior Excluded from group outings. Given additional chores. Moved to lower privilege status. Alpha = .86	.74 .75
	Staff Order	Loadings	
	Staff makes sure pla If resident fights, he	ce is neat58 will get	
	into real trouble. Residents careful wh	.73	
	are around. Alpha = .58	. 39	
C. Measures F	eveloped from New I	tems Added in Stage 3.	

#### C. Measures Developed from New Items Added in Stage 3.

C. Measures Developed	from New I	tems Added in Stage 3.	
Items	Loadings	<u>Items</u>	Loadings
Structure		Positive Reinforcements (resider	nt-reported)
Job training is considered very		Permitted later curfews.	.64
important in this program.	. 40	Permitted extra privileges.	. 46
Residents can come and go any		Permitted to go on group outings.	54
time they want.	<b></b> 73	Alpha = .55	
Residents expected to show			
progress toward goals.	.66	Negative Sanctions (resident-rep	orted)
Alpha = .59			
-		Restricted for negative behavior.	.65
Program Planning		Had allowance reduced.	. 40
		Been given additional chores.	. 75
Residents expected to make		Been denied home visits.	.70
detailed plans for future.	.67	Alpha = .72	
There is a lot of discussion about	t	•	
what residents will be doing		Resident Friendships	
when they leave the home.	. 53		
There is a lot of emphasis on		I often hang around with kids	
making plans for leaving.	. 55	outside the home.	.74
Alpha = .69		My best friends are kids in the hom Alpha = .55	e58

Multiple Classification Analysis was conducted with the new outcome measures.-Self Reliance and Self Confidence in Communicating-and the environmental measures developed in Stage 3. Table 2-6 presents eta statistics obtained through this procedure. The environmental measures that show the most explanatory power, unadjusted for the effects of other environmental measures, are Trust, Aversive Atmosphere, Positive Reinforcements and Negative Sanctions. Low Aversive Atmosphere and low experience with Negative Sanctions showed tendencies toward association with high Self Confidence. Low Aversive Atmosphere and high experience with Positive Reinforcements seemed related to high Self Confidence in Communicating.

#### SUMMARY

The factor analysis results with environmental measures seem to reflect the basic nature of most of the treatment programs in Maryland's group home system. That is, few of these programs strictly adhere to one particular modality and many are in a constant state of flux, modifying numerous interdependent treatment components and turning over staff almost as frequently as residents are discharged and new residents are accepted. Even at a single point in time, many program staff profess different, and sometimes conflicting, treatment orientations and techniques. This is why the treatment environment, as measured in the ongoing system, cannot be treated as static. On the other hand, the goals and objectives of these programs are relatively fixed, which factor analysis of outcome items seems to verify.

Table 2-6

Eta Statistics for Multiple Classification Analysis with Stage 3 Resident Processes and Outcomes

	Outcome		
Process	Lack of Self Reliance	Lack of Confidence in Communicating	
Trust	. 37	.37	
Staff Concern	. 26	.06	
Aversive Atmosphere	. 32	. 29	
Positive Reinforcements	. 40	. 41	
Negative Sanctions	.37	.32	
Structure	.19	.15	
Program Planning	. 24	.12	
Friends	.15	.06	

#### Section IX

## COMPARATIVE RESULTS OF STAFF DATA COLLECTION STAGES 1, 2, AND 3

#### INTRODUCTION

This section parallels the discussion in Section VIII of instrument and procedure changes in Stages 2 and 3 but deals with staff outcomes and the staff working environment. Again, the focus remained on the procedures and materials that were directly applicable to the ongoing system. Data were analyzed by the same methods.

# REVISION OF INSTRUMENTS AND PROCEDURES IN STAGE 2 AND COMPARISON WITH STAGE 1

The two questionnaires completed by staff members during Stage 1 (i. e. the Staff Questionnaire and the Staff/Youth Specific Questionnaire), were again utilized in Stage 2. The Staff/Youth Specific Questionnaire was discussed in Section VIII since the instrument provides data concerning individual residents and has no analytical relevance to staff members.

The Staff Questionnaire for Stage 2 was constructed by selecting the important outcomes, environmental measures and background characteristics on the basis of Stage 1 results. One section contained items used to construct outcome measures for Job Satisfaction and Burn-Out. Some of these items were reworded by the Research Team in an attempt to increase the range of responses. Additional Burn-Out items which did not appear in the initial stage were reworded and included in the new questionnaire in an attempt to tap such phenomena as the physical effects of burning out and its effects on personal relationships.

Another section of the Staff Questionnaire contained items which had contributed to important environmental measures in Stage 1. These included:

- Communication;
- Self-Determination; and,
- Knowledge of Impact.

New items were formulated by the Research Team to elicit information pertaining to such issues as the availability of training for staff in the homes, the types of skills required to do the job, and relationships between staff and group home administrators. Response alternatives for these two sections were unchanged: Not at all accurate/Somewhat accurate/Generally accurate/Very accurate.

A third section contained Treatment Orientation items which had been used in Stage I both to develop additional environmental measures and, in concert with resident data, to construct disparity scores. These measures included:

- Development of Personal Relationships;
- Use of a Tone of Authority; and,
- Setting Conditions for Residents to Achieve Success.

Other single items which may be important from a monitoring standpoint were included. Response alternatives for these items were Never/Once or twice/Several times/Many times.

Finally, the same background information requested in Stage 1 constituted the final section of the questionnaire:

- Age, Race, Sex;
- Education:
- Area of Degree (if applicable);
- Full or Part-time Status;
- Paid or Volunteer Status;
- Length of Employment;
- Position Title;
- Salary; and
- Hours Paid For and Hours Put In.

Dissemination of the Staff Questionnaire was handled as in Stage 1--questionnaires were mailed two weeks in advance of the data collection visit. Staff were not requested to provide names on the questionnaires, and individual envelopes were provided so that questionnaires could be sealed before delivery to the House Director.

#### Outcome Measures in Stage 2

Measures developed from staff data in Stage 1 and 2 were subjected to the same types of comparisons discussed in terms of resident data. Table 2-7 presents detailed descriptions of the outcome

Table 2-7 Outcome Measures Developed from Staff Data in Stage 1 and Stage 2

Stage 1

Stage I	Stage 2			
Items	Loadings	Items	Loadings	
Job Satisfaction		Job Satisfaction		
Being paid for a job I enjoy doing. Feel good working overtime without extra pay. More satisfaction than past jobs. Would recommend job to a friend. I would take same type job again. Would like to find better job soon. Alpha = .80	.74	Being paid for a job I enjoy doing Don't mind working overtime without extra pay.  More satisfaction than past jobs.  Would recommend job to a friend Would lean toward same type job  Alpha = .80	.57 .53	
Burn-Out		Burn-Out		
The longer in this job, the more emotionally drained at the end of the workday.  Can't leave job behind you at the end of the day.  Requires too much personal and emotional commitment.  More pressure to neglect personal life.  Requires too much personal investment.  Feelings, hopes and goals on the line.  Alpha = .83	.60 .50 .86 .82	Job emotionally draining.  Can't leave job behind you at the end of the day.  Requires too much personal and emotional commitment.  Job caused neglect of personal life.  Have to "psych myself up".  Job is a monumental task.	.78 .73 .56 .83 .45	
Aipna = .83		Alpha = .81		

measures developed in Stages 1 and 2, including individual items, factor loadings and alpha reliability coefficients. 1/ The outcome measures were Job Satisfaction and Burn-Out, both of which were fairly evenly distributed among staff. As discussed in Part I, originally there were two conceptual burn-out outcomes, one relating to one's personal life and commitment to the job and one relating to one's dealings with the residents. Analysis revealed that the latter measure was substantially skewed and so was eliminated from further consideration. 2/

1/ The items included in outcome measures used in Stages 1 and 2 were weighted by their factor loadings. This allows items to contribute differentially to the outcome scores, depending on their contributions to the outcome factors. As this procedure is somewhat cumbersome, especially when generating frequency distributions, ITREC explored the feasibility of using unweighted scores. This was done by creating weighted and unweighted measures for outcomes developed in Stage 2 and examining the magnitude of their correlations. The following table presents the Pearson Correlation Coefficients generated for each of the outcomes. All correlations exceed .99. It is apparent that the use of unweighted measures will have minimal impact on results provided through JSA's ongoing evaluation system.

Pearson Correlations Between Weighted and Unweighted Outcome Measures from Stage 2

Resident Data		Staff Data	
Responsible Behavior Rebellious Group Home Behavior	.9987 .9976	Job Satisfaction	.9979
Rebellious Community Behavior	.9943	Burn-Out	. 9905

<sup>2/</sup> As noted in Part 1, Burn-Out pertaining to dealing with residents may reflect a later stage in the burn-out process. Freudenberger (1975) and Maslach (1976) support the belief that sometime after the job becomes emotionally draining and personally upsetting, one's response to clients eventually becomes more callous, less feeling and less helpful.

Table 2-7 reveals considerable stability in terms of Job Satisfaction. Five of the six items composing the scale in Stage ! reappear in the Stage 2 measure. The single exception to perfect replication is the item -- I would like to find a better job soon. -- which was the only negatively correlated item in the Stage I scale. Four of the six Stage | Burn-Out items appear in the Stage 2 Burn-Out scale, with some minor rewording. The two new Burn-Out items had appeared in the Stage I questionnaire but had not emerged in the Burn-Out factor. These had been reworded prior to Stage 2 data collection. This substitution appears satisfactory in that one of the Stage I Burn-Out items which dropped out in Stage 2--Job requires too much personal investment -- is almost a duplication of another item -- Job requires too much personal and emotional commitment. The other item that dropped out had a relatively low factor loading in Stage 1, and was considered by some group home staff to be overdramatic and triple-barrelled in referring to feelings, hopes and personal goals.

#### Environmental Measures in Stage 2

Table 2-8 presents a comparison of staff environmental measures developed in Stages 1 and 2, with corresponding items, factor loadings and alpha reliability coefficients.

Knowledge of Impact and Self-Determination show similar factor structure in Stage 1 and 2. The item with the weakest loading in Communication dropped out of that measure in Stage 2. Knowledge of Impact contained the same items in both validation periods. Despite a low alpha coefficient in Stage 1, Self-Determination maintains the same four items across validation periods with the addition of an item concerning scheduling of the work day. Also, one item was reworded to better reflect the discretionary nature of the scale. The alpha increased from .55 in Stage 1 to .75 in Stage 2. Most staff reported moderate to high Communication and Self-Determination, and varying levels of Knowledge of Impact.

Treatment orientation items concerning resident confrontation and resident group cohesiveness shown in Table 2-8 Part B, were eliminated from the Stage 2 Staff Questionnaire as a result of the failure of these measures to show statistical associations with staff outcomes in Stage 1. Notably, corresponding measures in the Resident Interview were unassociated with resident outcomes in the first validation period. The treatment orientation items preserved in the Stage 2 Staff Questionnaire were those that emerged as important in terms of disparity between staff orientation and resident experiences, those included in Development of Personal Relationships, and those for which corresponding

Table 2-8 Staff Environmental Measures Developed in Stage 1 and Stage 2

#### A. Corresponding Measures from Both Stages

Stage 1		Stage 2	<b>;</b> }
Items	Loadings	<u>Items</u> <u>L</u>	oadings
Communication		Communication	
Staff informed of what's going on.  Home provides many communicate channels between staff and adm Open communication is encourage Effort made to get information on staff problems.  Alpha = .86	ion in74 ed74	Staff informed of what's going on. Home provides many communication channels between staff and admin. Open communication is encouraged. Information is easily obtained.  Alpha = .80	.65 n .77 .71 .65
Knowledge of Impact		Knowledge of Impact	<u> </u>
Know of successful impact. Can find reliable indicators of prog Receive feedback on discharged you Alpha = .65		Know of successful impact.  Can find reliable indicators of progres  Receive feedback on discharged youth  Alpha = .65	.67 J
Self Determination		Self Determination	4
I set my own work goals.  Job has certain specified goals to be obtained.  I determine procedures for getting work done.  I can decide what to work at.  Alpha = .55	.51 .44 .43 .40	I set my own work goals. I have discretion to specify goals for residents to achieve. I determine procedures for getting work done. I can decide what to work at. Alpha = .75	.77
Personal Relationships with Resi	dents	Resident Support-Oriented	· •
Attempt to develop personal relationships with residents.  Verbally praise residents.  Alpha = .43	. 57 . 40	Traditional family environment. Create conditions for success. Model responsible behavior. Verbally praise residents. Open and honest. Alpha = .80	. 51 . 69 . 65 . 73 . 62
		Resident Deviance-Oriented  Use tone of authority.  Display anger.  Encourage discussion of past deviand  Alpha = .73	.76 .72 ce.52
	II-66	•	

Table 2-8

# B. Measures Developed in Stage 1 which were Eliminated or Failed to Emerge in Stage 2

Items	Loadings	<u>Items</u>	Loadings
Encourage Resident Cohesiveness		Decision-MakingGroup Home Pro	gram
Encourage keeping eye on each oth Encourage group consciousness/ cohesion.  Encourage doing things as a group Set up conditions for success.  Alpha = .76	.64	Increase in privileges or promotion Decrease in privileges or demotion Discipline of individual residents.  Awarding of specific privileges.  Changes in house rules.  Alpha = .89	1 78 72 . 70 . 84 . 68
Career Relationship of Present Jo	b	Decision-MakingAdminitrative	
Encourage pe Attempt to ra: Encourage cha	.62  nt of Resider confrontise level of allenging of a = .69	f anxiety62 Thers' behavior. 52	. 74 . 85 . 82
Organizational Impediments	2	Training	
Administrative policies make it difficult to get jobs done.  Conflicting goals and objectives.  Conditions don't permit reaching work goals.  Alpha = .78	.79 .54 .76	Opportunity for personal development. Opportunity for professional training. No opportunity for special training. Alpha = .73	.57 .95 45
Organizational Control		Rare Skills (Ego)	
Home enforces rules and regulation Made aware of inadequate		Rare skills required. Perform tasks not many could	. 71
performance. Alpha = .54	. 57	accomplish.  Had to learn difficult skills.	.80 .63

Alpha = .73

resident items were preserved in the Resident Questionnaire. The factor structure of these items, presented in Table 2-8, shows a split between items that reflect an orientation toward supporting resident adjustment and those that reflect an orientation toward responding to resident deviance. This does not mean that individual staff cannot hold both orientations, although there was a tendency for staff to report high support orientation and low deviance orientation.

Three additional Stage 1 staff environmental measures that were eliminated from the Stage 2 questionnaire because of failure to associate with Job Satisfaction and Burn-Out were Career Relationship, Decision-Making in the Group Home Program and Administrative Decision-Making, shown in Part B. Finally, Table 2-8

Part C, presents four measures that were developed from items added by the Research Team between Stage 1 and Stage 2. 1/ One of these, Rare Skills, was eliminated from further consideration due to its lack of policy relevance. Forty-two percent of staff respondents reported no Organizational Impediments; the majority of staff reported moderate to high Availability of Training and Organizational Control.

As was the case with the resident data, staff environmental measures containing items that did not appear in Stage I scales were subjected to Multiple Classification Analysis in order to generate additional decision-making criteria. Table 2-9 presents eta statistics for measures included in these analyses.

All environmental variables show some potential for importance in future, more stringent analyses. The data show a tendency for low Organizational Impediments, high Organizational Control, and high Availability of Training to be associated with high Job Satisfaction. High orientation Toward Resident Support and high Orientation Toward Resident Deviance show patterns of association with high Burn-Out. Further analysis is required before these tendencies can be substantiated.

Table 2-9

Eta Statistics for New Stage 2 Environmental Measures

Process	Job Satisfaction	Burn-Out
Training Availability	. 45	. 40
Organizational Control	. 40	.41
Organizational Impediments	. 44	. 38
Resident Orientation	. <del>4</del> 7	. 55
Deviance Orientation	. 57	. 57

## REVISION OF INSTRUMENTS AND PROCEDURES IN STAGE 3 AND COMPARISON WITH STAGE 2

The major changes in the Stage 3 Staff Questionnaire concerned format and alternatives. The Job Satisfaction and Burn-Out items which had appeared in measures developed in Stages 1 and 2 were included, along with additional items intended to tap those areas which were developed by the Research Team. This yielded twenty potential outcome items for each measure. A new set of alternatives was experimented with: Strongly Agree/Agree/Disagree/Strongly Disagree.

Items which appeared in environmental measures in Stage 2 were maintained in Stage 3. These measures included:

- Communication;
- Self Determination;
- Knowledge of Impact;
- Availability of Training;
- Organizational Control; and.
- Organizational Impediments.

Definitions of these new measures follow:
Rare Skills -- This measured the extent to which staff saw the job as requiring rare and difficult skills.
Organizational Impediments -- This measures the extent to which staff viewed the administration as preventing rather than facilitating the accomplishment of their work.
Availability of Training -- This was a measure of the staffs' opportunities to acquire training in conjunction with their jobs.
Organizational Control -- This was a measure of the extent to which the administration enforced rules and informed staff of performances considered inadequate.

As noted earlier, a measure concerning Rare Skills was eliminated due to lack of policy relevance. New items concerning staffs' perception of their Potential for Advancement in the organization and Availability of Relief Help and Time were added. Face validity of these new items was well established in the latter part of the orientation training period. Finally, those Treatment Orientation items which had appeared in the Stage 2 questionnaire were included. The "agreement/disagreement" alternatives were also applied to environmental items.

As in Stage 2, the final section of the Staff Questionnaire requested the following background information:

- Age, Sex, Race;
- Education;
- Area of Degree;
- Full/Part-time Status;
- Paid/Volunteer Status;
- Length of Employment;
- Position Title;
- Salary; and,
- Hours Paid For and Hours Put In.

Data collection procedures concerning the Staff Questionnaire were the same as those employed in Stage 2. Questionnaires were sent to the group homes approximately two weeks prior to data collection visits and picked up by the research team at the time of the visit.

As reported earlier, the sample of group home staff members participating in Stage 3 consisted of only 50 respondents. In addition to this limitation, it appeared that the "agree/disagree" alternatives did not provide an adequate middle range for responses. Many staff viewed the scale as being of a forced choice type in which one had to either agree or disagree and the opposite extremes were superfluous. Despite these limitations, it was felt that bivariate correlation analysis could give some indication of the potential for newly added items to contribute to staff outcome and environmental measures. Correlation matrices were generated which included all items which had appeared in Stage 1 and 2 scales as well as the new items to be added to the system.

#### Outcome Measures in Stage 3

Six items had appeared in the Job Satisfaction measure in either Stage 1 or 2 or both validation periods. Fourteen additional items thought to measure some aspect of Job Satisfaction were included in Stage 3. Table 2-10 presents those new items which had correlations significant at the .05 level with at least half of the established Job Satisfaction items.

Table 2-10

Number of Correlations of New Job Satisfaction Items with Established Items.

Item	No. of Items Correlated With
When I wake up in the morning, I often feel reluctant to go to work.	6
I would not hesitate to leave this job for a substantial increase in salary in a different type of work.	
and type of work.	6
I feel like walking out on this job for good.	5
When I am at work, I usually wish I were somewhere else.	5
This job is rewarding in many ways other than financial.	5
I really don't think of this job as work, but as something I like to do.	5
This job contributes to my self esteem.	5
When I'm working, I feel like taking a rest or coffee break more often than I should.	4
When I have some time off, I look forward to getting back to work.	4
If I inherited a million dollars tomorrow, I might still keep this job.	4
This job is better than many because it provides an opportunity to help others.	4

With respect to Burn-Out, eight items had contributed to that measure in Stage 1, Stage 2, or both. Table 2-11 presents those additional Burn-Out items that correlated significantly at the .05 level with at least half of the established items.

#### Environmental Measures in Stage 3

A similar screening procedure was employed with Stage 3 staff environmental measures. Five sets of items were included in the Stage 3 questionnaire, each consisting of five items which had either appeared in the Stage 2 measures or were developed by the Research Team for Stage 3. These included Communication, Self-Determination Knowledge of Impact, Availability of Training, and Staff-Administration Relationships (both Organizational Impediments and Organizational Control).

In addition to the four items composing the Communication measure in Stage 2, the following item was included in the Stage 3 questionnaire:

- Staff frequently get together for gripe sessions.

This item had statistically significant correlations with two of the original Communication items. All five Self-Determination items in the Stage 3 questionnaire were veterans of Stage 2, with some wording changes as a result of the orientation workshop experience. Added to the three Knowledge of Impact items from Stage 2 were the following:

- The program here encourages staff to keep in touch with former residents; and
- I am never really certain when I am having an impact on youth.

The former item was correlated with one of the original three items, the latter with two. The two new items were not correlated.

Items composing the measure regarding Staff Training, developed in Stage 2, were substantially modified in Stage 3. One item concerning opportunities for professional training was broken down into two items, one concerning the opportunity for training in interpersonal skills and the other concerning the opportunity for training in specific treatment techniques. This modification was a direct result of the orientation workshops (described in Section X), in which group home staff indicated that professional training can mean many different things. Similar ambiguity was consistently

Table 2-11

## Number of Correlations of New Burn-Out Items with Established Items

<u>Item</u>	No. of Items Correlated With
The stress from this job sometimes affects my relationships outside the job.	8
You have to find some forms of "escape" from this job, even while you are working.	7
I have sometimes felt physical effects from this job, such as headaches, back pains or insomnia.	5
Sometimes, I want to get as far away as possible from children and child-related activities.	4
On this job, you sometimes have to laugh at things that are not really funny, just to preserve your sanity.	4
When I'm not working, I often find myself thinking about particular residents or incidents at work.	4

pointed out in another Training item concerning opportunities for personal development, which was eliminated altogether in Stage 3. The only unchanged Training item in Stage 3 was:

- Staff here are <u>not</u> given the opportunity to get special training to help them do their jobs.

Two new items added to the above were:

- Staff in this home are encouraged to further their education; and,
- The feeling in this home is that on-the-job training is more important than formal education.

Four of the above Training items were found to be intercorrelated. The only exception was the item pitting on-the-job training against formal education. This item's only correlation was an unsurprising high, negative one with the item concerning staff being encouraged to further their education.

Five items concerning Staff/Administration Relationships were included, having been taken from the Organizational Impediments and Organizational Control measures of Stage 2. The following three of these items were found to be intercorrelated at the .003 level:

- Administrative policies of the home make it difficult for staff to get their jobs done;
- Administrators and staff frequently have conflicting goals and objectives; and,
- This home enforces staff rules and regulations (correlated negatively with the other two).

Ten items were added to the Stage 3 Staff Questionnaire concerning aspects of the working environment which had not previously been investigated: Availability of Relief Time and Help; and, Potential for Advancement. With respect to the area of relief, the following three items were intercorrelated:

- This home provides opportunities for front-line staff to do work other than working directly with residents:

- This home provides a variety of job tasks for each worker; and,
- Staff in this home share responsibilities.

The two additional items correlated highly with one of the above three, but not with each other. With respect to Potential for Advancement, three items were again correlated. These included:

- This home provides opportunities for staff advancement;
- This is more or less a "dead end" job (negatively correlated); and.
- This home rewards good work with more responsible positions.

Again, the two remaining items correlated with two of the above and to some extent, though not significantly, with each other. With regard to Treatment Orientation, no new items were added in Stage 3.

#### SUMMARY

The staff working environment evidenced considerably more stability in terms of factor analysis results than did the resident treatment environment. Although this may be partly due to the greater possibility of measurement error with youthful samples, there is apparently a degree of consistency across programs and across time in terms of such components of the environment as the extent of communication among staff and the amount of discretion permitted. The treatment relationships between staff and residents are more malleable. Notably, results showed less stability regarding staff treatment orientations toward residents. Organizational philosophies of the programs, reflected in the working environment, are more established, more consistent, and less differentiated than the treatment philosophies, reflected in the resident treatment environment.

#### Section X

#### ORIENTATION WORKSHOPS

#### INTRODUCTION

One of the primary activities of the second year involved orientation workshops for staff of each of the group homes that will be participating in the ongoing evaluation system. While the workshops contributed to the data collection process, they are discussed separately because they are felt to be essential to the successful implementation of the project.

In Section II of Part I, it was emphasized that "users' awareness and understanding of the evaluation methods and procedures is viewed as an important factor in the development of the evaluation system. It is assumed that users' basic understanding of how the system functions is associated with the commitment to the maintenance and use of its results." It was further pointed out that "Havelock (1973) has found that the relationship between resource personnel, such as evaluators, and decision makers is one key factor regarding whether research findings are utilized." Other authorities have discussed this problem, and since this system is the first ongoing evaluation attempted by JSA, it was deemed of utmost importance to develop a spirit of cooperation between group home staff and JSA personnel responsible for the system's continuance.

Although the focus was on developing a productive relationship, the purpose of the workshops was three-fold. First, group home staff members at all levels were familiarized with project objectives and Stage l activities. The results of the Stage l analysis were presented as representative of the types of findings which could be provided vis-a-vis the ongoing evaluation system. Second, participating staff members provided valuable input regarding specific content of the Staff and Staff/Youth Specific Questionnaires. In addition to being of practical worth to the Research Team, this activity served to reinforce the foundations of collaboration and cooperation between JSA and the group home operators. Finally, group home staffs were informed of the ongoing procedures of the data collection system and the nature of involvement requested of them. The following pages describe the activities related to this aspect of the project.

#### PLANNING FOR THE WORKSHOPS

Development of the training workshops began on January 12, 1978. The initial activity was the revision of project instruments which would be reviewed by group home staff. Revisions to the Staff, Staff/Youth Specific and Resident instruments were based on feedback obtained during the Stage 2 data collection. Changes that were made concerned the rewording of specific items to clarify meaning; the basic structure of the instruments remained unchanged. The second activity involved the development of a handbook for use by ITREC and JSA staff during training. The purpose of the handbook was to assure consistency in terms of workshop presentations.

The handbook itself consisted of three major sections, the History of the Project, Summary of Project Year One Activities and Results, and Procedures for the Ongoing System. In addition, the various research instruments described above were included as an appendix to the handbook, along with forms used by the Research Team to record inputs offered during the workshops by group home staffs. Lastly, a Training Agenda was developed with estimated time periods for completing the orientation activities.

#### SUMMARY OF WORKSHOPS

Between February 16, 1978 and June 6, 1978, ITREC and JSA staff conducted workshops at all group home organizations having at least three JSA-referred youths. Table 2-12 lists 32 workshops which were conducted, as well as dates and numbers of participating staff.

Group Home Operators were contacted by JSA staff and requested to select a date and time when all or most of their staffs would be accessible for approximately two hours. In many organizations, the workshop coincided with the regularly scheduled staff meeting. The workshops were conducted by the JSA Project Coordinator, the ITREC Research Coordinator and either the ITREC Research Director or Project Manager. Importantly, all MERF team members assisted with at least one workshop. In this way, personnel from all areas who will be involved in the ongoing evaluation system were introduced to the procedures.

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February 16 9 2 Boys' Group Home, Baltimore, Md. 1 February 21 5 1 Girls' Group Home, Baltimore, Md. 1 February 22 5 1 Tri-County, Chaptico, Md. 1, 3 March 2 8 2 Bethel Home, Westminister, Md. 1, 3 March 9 8 3 3 Youth Sanctuary, Severna Park, Md. 1, 3 March 10 8 4 Boys and Girls Home of Montgomery 1, 3 County, Bethesda, Md. 1, 3 March 16 7 1 Kiva, Millersville, Md. 2 March 20 7 1 Oak Hill, Hagerstown, Md. 1, 3 March 21 7 3 Long Stretch, Frostburg, Md. 1 March 21 5 1 Cumberland Home, Cumberland, Md. 1 March 22 6 1 Emissance House, Bowie, Md. 1 March 22 2 1 JMF Home, Laurel, Md. 1 March 28 7 3 Family Homes, Cheverly, Md. 1, 3 March 28 4 1 Hoffman House, Gettysburg, Pa. March 28 4 1 Hoffman House, Gettysburg, Pa. March 31 6 2 Karma Academy, Rockville, Md. 1 April 5 10 1 New Dominion, New Dominion, Va. April 5 10 1 YMCA-YDC, Baltimore, Md. 1 April 7 5 1 Boys' Town Home, Baltimore, Md. 1 April 7 5 1 Boys' Town Home, Baltimore, Md. 2 April 7 4 1 Beth Shur, Charlestown, West Va. 2, 3 May 1 4 2 Heritage Lane, Fallston, Md. 2, 3 May 9 3 1 Jesuit Boys, Glenn Dale, Md. 2, 3 May 10 10 3 Bethany Home, Cordova, Md. 2, 3 May 11 3 1 Kent Youth, Chestertown, Md. 2, 3 May 17 6 3 Maple Shade, Pocomoke City, Md. 2, 3 May 17 6 1 Boys' Home Society, Baltimore, Md. 2, 3 May 17 6 1 Kinderheim, Upper Marlboro, Md. 2, 3 May 18 6 1 Kent Youth, Chestertown, Md. 2, 3 May 19 6 1 Kinderheim, Upper Marlboro, Md. 2, 3 May 10 10 3 Bethany Home, Cordova, Md. 2, 3 May 17 6 1 Boys' Home Society, Baltimore, Md. 2, 3 May 18 6 1 Kinderheim, Upper Marlboro, Md. 2, 3 May 19 7 6 1 Boys' Home Society, Baltimore, Md. 2, 3 May 19 8 10 1 Kinderheim, Upper Marlboro, Md. 2, 3 May 19 6 1 Kinderheim, Upper Marlboro, Md. 2, 3 May 19 6 1 Kinderheim, Upper Marlboro, Md. 2, 3 May 19 8 1 1 Boys' Home Society, Baltimore, Md. 2, 3 May 19 1 2 1 Boys' Home Society, Baltimore, Md. 2, 3 May 10 1 10 1 Kinderheim, Upper Marlboro, Md. 2, 3 May 10 1 1 Boys' Home Society, Baltimore, Md. 2 June 1 2 1 Boys' Home Society, Baltimore, Md.	Date	No of Ch. CC	N. 6 m 1111		Stages
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<sup>\*</sup> Both homes participated in one workshop.

Sessions commenced with a description of the project and an explanation of the purpose of the orientation workshops. Next. a summary of Phase One activities and results was presented, with group home staffs invited to comment and/or question. Staffs were then brought up to date on the second year's activities and/or how these activities continued the process of system development. At this point in the workshops, Staff and Staff/Youth Specific instruments were distributed and group home staff members were requested to fill them out, making note of items which seemed irrelevant, ambiguous, poorly worded, confusing or otherwise problematic. Subsequently, the questionnaires were reviewed and all staff participated in the discussions regarding specific problems with questionnaire content. Comments and suggested rewordings were recorded by the Research Team. These critiques served as the basis for an interim revision of the Staff and Staff/Youth Specific Questionnaires on March 10. These revised questionnaires were used in the remaining workshops. The workshops were concluded with an illustration of the types of items to which residents would be responding, and a description of the procedures to be followed in maintaining the eventual system.

It was considered of paramount importance that variations in responses to items correspond to actual variations in experience and orientation, and not be the result of different interpretations of the meaning of items. As indicative of the types of changes made to the instruments based on group home staff input, the following examples are offered.

One item in the Staff Questionnaire was originally stated as follows at the outset of Stage 2:

- Making an error in the performance of my tasks has serious consequences.

Numerous staff members pointed out that the item was vague in terms of the nature of "error" referred to as well as what "consequences" were involved. Based on workshop input the item was revised to read:

Making an error in working with a resident can have serious consequences in terms of his/her adjustment.

This change clarifies the fact that the Research Team was not interested in such things as administrative errors and consequences. Further, it insured that the item was clearly focused on the Research Team's chief interest -- resident adjustment. Another Stage 2 item was read as follows prior to the workshops:

In this job, I set my own work goals.

Staff questioned whether the item referred to salary goals, career goals, or goals pertaining to residents. As a result of the March 10 revision, the item was changed to:

In this job, I set my own goals in working with the residents.

An item which proved particularly troublesome to workshop attendees was:

- How often have you attempted to develop personal relationships with residents?

Whereas some staff thought this denoted emotional involvement, others felt that the mere staff/resident relationship constituted a personal relationship. Following the March 10 revision, this item became:

How often have you developed close personal relationships with residents?

Many staff saw this as inferring intimacy, which was not the intention of the research team. As a result, the item was rephrased as a statement:

- I attempt to be a personal friend to residents.

Considerable attention was also focused on the response alternatives provided for answering to the items. During Stage 1 and Stage 2, items in the Orientation Staff Questionnaire were to be answered with either "Not at all accurate," "Somewhat accurate," "Generally accurate," or "Very accurate." Many staff members found it difficult to distinguish between "somewhat" and "generally." Thus, on March 10, "Generally accurate" was eliminated, leaving three alternatives. It was later determined that the majority of staff preferred four alternatives, and some viewed "accuracy" as an all or nothing quality, not a matter of degree. In an effort to alleviate this dilemma, the Research Team experimented with the traditional "Strongly agree/Agree/Disagree/Strongly disagree" scale, which introduced new problems. In orientation workshops, participants did not feel these alternatives applied to the items which were phrased as statements of fact, not calling for agreement or disagreement. Also, they did not provide a middle range. From the Research Team's perspective, this was not necessary in that a neutral category was deemed inappropriate, as limited information is provided by such a response. A subsequent return to the fourpoint "accuracy" scale, with the substitution

of "Slightly accurate" for "Somewhat accurate" finally was judged by participants as acceptable.

The Research Team recognized that no one wording of an item or one set of alternatives would satisfy everyone. However, the process of revisions conducted in conjunction with the workshops was far from an exercise in futility. The team succeeded in obtaining input which unquestionably improved much of the questionnaire content and increased applicability and, consequently, utility.

One of the most rewarding aspects of the orientation for members of the Research Team was the participation and reactions of group home personnel. Although the workshops were conducted in a variety of settings, one thing remained constant. 1/ This was an atmosphere of constructive involvement and thought-provoking discussion. In some programs, the research team initially encountered a measure of apathy; in others a lack of awareness and exposure to the research; and in others, apprehension bordering on cynicism. However, these attitudes were overcome by the Research Team's approach. That is, after preliminary presentations, the workshops took the form of group discussions with everyone's input welcomed. Varying staff types were in attendance and in some cases the group home personnel had participated in staff meetings lasting several hours before the workshops were conducted, yet they became actively involved, raised stimulating questions and offered constructive criticism. The Research Team was impressed by the free flow of information between group home staff and administrators that emerged during the workshops. The warmth and hospitality received in the majority of programs combined with the valuable suggestions and comments of the staff to make the orientation workshops one of the most satisfying and rewarding phases of the project. JSA and ITREC staff both felt that the extensive amount of time spent on these presentations and the distances travelled were well worth the effort. The cooperative atmosphere engendered will certainly contribute to the success of the evaluation system.

# THE GROUP HOME EVALUATION SYSTEM DEVELOPMENT PROJECT: LOOKING BACK AND BEYOND

#### INTRODUCTION

This section presents a retrospective discussion of some of the methodological, procedural and substantive highlights of the two year project. Limitations and difficulties encountered in conducting the project are also discussed.

Patton (1978: 289) states that "utilization-focused evaluation brings together evaluators, decision-makers and information users in an active-reactive-adaptive process where all participants share responsibility for creatively shaping and rigorously implementing an evaluation that is both useful and high-quality." The current project represents an attempt to build an evaluation system which fulfills this directive. In some cases, more questions were raised than answered, as the project touched on issues that merit scientific inquiry in and of themselves. However, the focus never deviated from designing a system which would provide benefits to decision-makers and information users. Considered of utmost importance was the use of approaches which enhanced the compatibility of the evaluation results and the various programs, fostered collaborative arrangements between evaluators and program personnel, and increased awareness of the utility of evaluation among group home practitioners.

Also presented is a perspective on implementation of the Group Home Evaluation System. The scope of system participation, implications for community-based treatment in Maryland, and the things that JSA hopes to accomplish with the system are discussed in the latter part of the section.

#### HIGHLIGHTS

For purposes of discussion, the following highlights discuss issues related to the overall concept, methodology, procedures, and the orientation workshops.

<sup>1/</sup> For example, workshops were conducted in offices, family rooms, dining halls and trailers. Staff attending the workshops included counselors, houseparents, directors, social workers, teachers, volunteers, etc.

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On a global scale, one of the key features of the system is the provision for expansion. Initially, JSA will be limited by personnel and financial shortages in the extent and types of analyses that can be conducted. However, the system has been designed to provide data which allow for analytical investigation of a variety of concerns in community-based programs. The extensive use of the Statistical Package for the Social Sciences (SPSS) lends itself to a system that can either be self-contained or interfaced with an agency-wide information system. Flexibility is another quality that is critical in a system intended to provide information on an ongoing basis. The system has been structured under the assumption that new data elements must be injected as the nature of treatment provided changes and expands. Program personnel will be instrumental in identifying these inputs, reinforcing collaborative relationships developed during the project and increasing compatibility of products and users. Notably, the treatment environment is one of two overall dimensions of concern. The system is also unique in that the working environment of group home staff has not been neglected.

Another element of the system's flexibility concerns the format in which results are presented to group home operators. These results can take the form of a collective assessment of the group homes from which JSA purchases care, as in Stage 1. Alternately, group home operators can be provided with profiles of results relative to their individual programs, which can then be compared across time or to the norm for all other programs. Individual programs cannot be compared with one another, for the various programs have differing criteria of acceptance of youth, and in some cases specific problem areas are emphasized in the treatment approaches. However, program directors may find it valuable to compare the scores of their residents on outcome measures such as Rebellious Community Behavior to scores of past testing in their program or to a collective score for residents of other programs. Program scores on such environmental measures as Staff Concern may also be compared to the norm.

The project was innovative in terms of some of the concepts operationalized. Staff Burn-Out immediately comes to mind. The phenomenon of burn-out has been recognized in the field of practice for some time; it is the progressive wearing down of human service workers through emotional drain and intense personal involvement with clients. Only recently have some sporadic articles appeared concerning this phenomenon, and some research in

this area has been conducted in California. 1/ This project has almost certainly produced the first Burn-Out measurement scale, and ITREC and JSA researchers have already begun to pursue aspects of the phenomenon beyond the scope of the project. 2/ Plans are being made to investigate the effects of burn-out on client well-being and employee turnover.

Other measures notable for their originality are Administrative and Staff Collective Properties and Staff/Resident Disparity Scores. It was shown that measures developed from data provided by administrators regarding overall aspects of the operation could be associated with individual resident and staff outcomes. For example, staff in programs having access to twenty or more volunteer hours per week were found to be more satisfied with their jobs than staff in other programs. It was also shown that measures developed from data provided by staff and averaged per home could associate with individual resident outcomes. For example, residents in programs with high staff average educations tended to score higher on Two-Way Communication. Finally, staff/ resident disparity scores were computed by taking the difference between average staff scores per home on the use of certain treatment techniques and the extent of experience with these techniques reported by residents of the respective homes. It was found, for example, that residents who reported numerous experiences with and observations of staff's use of authority and who resided in programs in which staff reported little use of authority had significantly lower self respect. Such findings suggested a strong focus on resident perceptions of staff actions.

The project also had numerous methodological highlights. Chief among these was the use of multiple classification analysis, a technique which contributed several benefits. First, it provided a sound basis for making decisions as to which elements of the treatment and working environments should be incorporated into the system. Second, it provided a control for spurious relationships, i. e. apparent associations between two variables which are actually attributable to another variable. Third, it allowed for investigation of curvilinear relationships. For example, an optimal

See Freudenberger (1975; 1977); Shubin (1978) and Maslach (1976).
 See Johnson et. al., "Job Satisfaction and Burn-Out: A Double Edged Threat to Human Service Workers," paper presented at the Academy of Criminal Justice Sciences Meeting, New Orleans, 1978.

level of both Positive Reinforcement and Negative Sanctions was found with regard to the Responsible and Rebellious Behavior of group home youth. Conventional multiple regression would have obscured this phenomenon. The entire project makes a strong statement questioning the adequacy and appropriateness of linear techniques in investigating social science problems. The use of one method based on the linear model, factor analysis, as an exploratory technique in determining the shifting structure of treatment and working environments was also somewhat unique.

Various means of validating self-reported delinquency data have been reported in the literature, including official records, verification by associates, and polygraph examinations. In this project, instruments were structured so that resident-reported behavior could be compared with staff estimates of the behavior of each individual resident. Results supported those of other studies in this area--self-report is a valid means of collecting data on illegal and rebellious activities of youth.

Several additional methodological techniques are noteworthy, one of which was the method used to fill in missing data on outcome measures. Rather than simply assigning the sample mean score for each measure to the missing case, scores were assigned to missing items composing the measure based upon the individual's average score on completed items in the measure. In cases where half or more of the individual items were missing, the missing outcome score was maintained. This strategy provides scores that are closer approximations of "true" scores, rather than scores which are neutralized while allowing for inclusion of additional cases. It was also determined that it is unnecessary to weight the scores of individual items composing a measure by their factor loadings. Although this weighting procedure allows items to contribute to scores on measures according to their contribution to factors, it was found that weighted measures correlated with unweighted measures in excess of .99. Use of unweighted measures will reduce the time and complexity of analyses to be performed by JSA research staff.

One aspect of the multipoint scale used to collect data from residents deserves mention. The scale of Not at all like me/Somewhat like me/Quite a bit like me/Very much like me was used with negatively worded psychological items to help neutralize contamination related to social desirability. Whereas there is little if any meaningful difference between "quite a bit" and "very much", providing both alternatives allows residents who may be reluctant to select the extreme category to answer basically the same way by dropping back a category. The two categories can then be collapsed

at the analysis stage, based on their similarity of meaning, as well as the finding that measures developed with the original categories and those with categories collapsed were highly correlated. Finally, the previously described methods of generating collective properties and disparity scores also deserve mention as methodological highlights.

Procedures of data collection was an additional area in which interesting techniques were utilized. The Staff/Youth Specific Questionnaire was completed by group home personnel relative to each individual resident. One of the novel aspects of this procedure was that in some cases a team approach was employed. That is, different staff members completed different parts of the instrument for each youth, depending upon their familiarity with a particular aspect of the youth's behavior. For example, in homes with in-board schools, the teacher might complete items pertaining to school behavior, while a social worker might complete items pertaining to behavior in group meetings, and a personal counselor might complete remaining items. Correspondingly, the Staff/Youth Specific instrument has utility as a diagnostic device with which staff members can formulate treatment plans through the case study approach.

With respect to data collection from the residents themselves, cassette tapes were used to eliminate contamination resulting from differences in reading level. It was found that adolescents can select from as many as four alternative responses in the space of several seconds between the reading of items. It was also discovered that taped administrations could be conducted in group setttings, although keeping the groups to six or fewer residents enhanced situational control.

The orientation workshops conducted with the staffs of 50 group homes, discussed in detail in Section X, rate as one of the highlights of the project. The workshops directly impacted on the three conditions assumed to be necessary for utilization of research. First, the comments, criticisms and suggestions provided by group home personnel clearly increased the potential for compatibility between products and users. Second, the interest expressed by JSA in obtaining the input of group home personnel and explaining the goals of the project served to reinforce collaborative relationships between the agency maintaining the ongoing system and the program personnel. Finally, the workshops increased awareness and understanding of program evaluation and its utility among the group home staff. Notably, the provocative discussions generated in the workshops demonstrated the potential utility of the Staff Questionnaire as a training device to be used to influence staff to consider and discuss important issues relative to their jobs.

#### DIFFICULTIES ENCOUNTERED

Most of the project's difficulties stemmed from its complexity. Issues emerged which could not be adequately addressed within the scope of the project. For example, analysis results in Stage I revealed a significant amount of interaction effects in the staff data, which could not be explored completely within the time frame. Also, some of the data elements created in Stage I, collective properties and disparity scores, cannot realistically be utilized in the system at the present time.

Other areas were neglected which may have been fruitful to examine. Sources of data in the project were internal to the programs, whereas such external agents as probation counselors, teachers and natural parents play significant roles that impact on the treatment environment. Another area which was not addressed concerns the screening and referral process. Little data were provided which can assist in the differential placement of youths in group homes. It would also have been extremely helpful to obtain follow-up data on residents and staff to assist in validating measures of in-program adjustment. Eventually, such data will be available through the efforts of JSA's research division.

Certain problems existed with regard to procedures of data collection. Although residents could be guaranteed confidentiality, they could not be guaranteed anonymity, as JSA staff can match data collection code numbers to names provided by program directors. Staff were guaranteed anonymity, although procedures of obtaining completed questionnaires were not wholly satisfactory. Staff were instructed to seal their questionnaires in envelopes and give them to the program director to hold for the Research Team. Ideally, questionnaires would go directly from respondent to researcher. This was not possible in that staff work a variety of shifts and many were not available at the time of the data collection visit. In Stage 3, the Research Team experimented with having staff return questionnaires directly by mail. Although the response rate was acceptable, the cost of using this procedure on an ongoing basis would be prohibitive. Also, staff who had not mailed in their questionnaires could not be identified and contacted. With the other method, program directors know who has not completed his/her questionnaire and can remind them.

Another problem encountered resulted from numerous revisions made to the instruments throughout the second year of the project. Those changes in wording and response alternatives limited the value of comparisons across validation stages. Whether differences in results were due to unreliable measures or changes made in items could not always

be determined. This limitation had a positive side, in that the revisions resulted in numerous improvements in the instruments along the way.

#### PLANS FOR IMPLEMENTATION

#### Scope of Participation

The goal of the Juvenile Services Administration is "to plan for each placed youth so that he can be returned to his own home or a setting approximating a normal family setting as soon as is appropriate." The placements available for accomplishing this goal are extremely varied, each unique in regard to some element of the setting or treatment approach, or both. JSA views this diversity as extremely functional, as it provides a rich base for the differential placement of problem youths. Hence, the evaluation system has been designed to focus on elements of various treatment approaches rather than identify any one standard to which all programs should adhere.

The thrust of most of the group home programs is to create a treatment atmosphere in a community setting similar to that to which the youth will return. Following this logic, there are seven homes located in Baltimore City. Five of these facilities are located in residential areas; two of them are in central downtown. The location of these programs enables juvenile workers to place youth near their natural home but in a healthy environment.

Other homes are located in varied geographic regions to serve primarily the youth in those areas. One is located in St. Mary's County and serves Charles, Calvert and St. Mary's areas. The location permits home visits almost every weekend.

Homes on the Eastern Shore focus their admissions on youth from that area, although several invite referrals from the remainder of the state. Some facility directors believe that local support depends a great deal upon the community's perception that the homes serve the local area.

In the Prince Georges, Ann Arundel, and Montgomery County areas, there are 17 homes that provide a variety of services. Four have in-house school programs that provide intensive instruction to those youth who are not ready for public school programs. All of the programs are located in residential areas typical of the greater communities.

Facilities in the western part of the state are located in or near the population centers of Westminster, Frederick, Hagerstown and Cumberland. Two of these programs have an agricultural focus. Located in rural areas, animal husbandry is an important element in the total program. The directors of these programs believe caring for the livestock provides a very important treatment component. Both urban and rural youth seem to relate to this aspect of the programs and learn to take increasing amounts of responsibility.

Two of the programs in Virginia are based on a completely different philosophy—a youth must be totally removed from his home community. These programs feature a wilderness experience as the treatment mode. The program plan calls for groups of ten boys to live in a small tent community with two counselors. Each facility maintains three or four groups at a time. Though there is some interaction between groups, the main locus of treatment takes place within the primary group, with each group sleeping, eating, playing, working, and travelling together.

This wide variation of homes, from those on small lots on city streets to others isolated and surrounded by many acres, provides numerous environments in which to place youth. Treatment programs in the homes reflect similar heterogeneity. This is appropriate, however, since delinquency is found in all socio-economic groups, and while treatment settings and strategies may vary widely, the goal remains the same--to prevent its recurrence. Accordingly, JSA's evaluation system should be uniform across homes, assessing the attainment of the same objectives by different methods.

#### Procedures for Ongoing Operations

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The final set of instruments developed during the two years of the project will be administered annually at 45 to 50 facilities, with approximately 450 residents at any given time. These will include all of the youth group homes as defined by JSA and most of the community residences. The policy established in the evaluation project is to evaluate all homes in the two categories that care for at least three JSA referrals and are within 200 miles of Baltimore. Some homes in neighboring states which meet these criteria will also be assessed.

The goal of the evaluation system is to provide staff in the homes and JSA with a continuous source of information on the functioning of the purchase of residential care program. To make the product of this effort valuable to the individual vendors, findings will

provide the homes with data relating program elements to objectives considered to be important by group home operators (e.g. providing residents with opportunities to become involved in activities promoting Responsible Behavior). In this way, staff will be able to strengthen their programs.

This objective will be achieved through implementation of several overall strategies, some of which are completed or underway. During the development phase, great care has been taken to simplify the evaluation process so that it will impose a minimum of disruption to the home programs and inconvenience to staff and residents.

The Group Home Evaluation System will be begin to be integrated into Juvenile Services' ongoing Monitoring System by September, 1978. To prepare the group home administrators and staff members for this development, the Juvenile Services Administration, in collaboration with the International Training, Research and Evaluation Council, arranged a series of meetings with group home personnel to familiarize everyone with the new procedures.

Juvenile Services will report results to the group homes annually. There will be a written summary of findings relating to the purchase of care program generally and a discussion of policy issues.

The specific procedures to be followed will incorporate evaluation data gathering as part of the annual monitoring visit. Approximately four weeks prior to the visit of the Monitoring Team, an evaluation package will be mailed to the facility director. It will contain three instruments:

- An Administrative Questionnaire, to be filled out by the director or administrator;
- Staff Questionnaires, one to be filled out by each staff person who has contact with the residents; and
- Staff/Youth Specific Questionnaires, one for each resident to be filled out by the staff member(s) most familiar with the resident.

To assure the staff that their responses will be kept confidential, an envelope will be enclosed for each completed questionnaire. The instruments will be returned to Juvenile Services' Central Office at least ten days prior to the scheduled visit of the Monitoring Team. At or near

the time of the on-site monitoring visit, a JSA staff member will administer a questionnaire to the residents in the facility placed there by JSA. This instrument will be tape recorded and will take no longer than thirty minutes. The scheduling of this visit will be done so as to minimize any disruption of normal activities. The completed instruments will be analyzed by the research section of JSA.

This evaluation system will be the first of its kind in Maryland. Its success will depend upon a close working relationship between the research section and program staff to collect and analyze data, and to present the results to group home operators. When the Maryland Automated Juvenile Information System is operational, other data relating to group home residents will be readily available such as prior records, school grade averages and test scores, as well as considerable socioeconomic information. If resources permit, some of this data can be incorporated into the evaluation system to add another dimension.

Potentially, the system could be adapted to other programs, with modifications. It is designed to assess all facets of an operation from the treatment and structural elements themselves to the resident and staff's perceptions of and feelings about the program. Frequently, one or more of these aspects is ignored; JSA feels that all are equally important.

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Appendix A

FIRST YEAR DATA COLLECTION INSTRUMENTS

# The International Training, Research and Evaluation Council

7338 Baltimore Avenue College Park, Maryland 20740 (301) 699-5250

## PSYCHOLOGICAL INVENTORY

This tape has 95 statements on it. Each statement will be read to you twice. When you hear each statement, think about whether or not the statement sounds like you or whether or not you feel that way. If the statement is true or mostly true about you or the way you feel, check the space for TRUE next to the number of that statement. If the statement does not sound like you or the way you feel, check the space for FALSE next to the number of the statement. There are no right or wrong answers, it is only the way you feel that is important. Answer every statement, even though you may not be perfectly sure of what to answer for every one. Nobody from the group home will ever see your answers, and your names will not go on the answer sheets.

Are there any questions?

1. I get up on time and get to school, work and other places on time.

2. I have a hard time explaining things.

3. I make up my own mind without asking other people what I should do.

4. I don't know what I want to do after I leave the home.

- 5. Instead of being in school, I wish I were out working.
- 6. I get my work in school and at the home done on time. 7. When I have a problem, it helps for me to sit down and talk to somebody
- 8. It is easy for people to boss me around.

9. I am proud of the things I do.

- 10. I give a lot of thought to the career I will have after leaving the home.
- 11. I stick to a job or task until I finish it.
- 12. It is hard for me to work unless someone is there to tell me exactly what to do.
- 13. I often feel ashamed of myself.
- 14. I have too many problems right now to think about what I will be doing after I leave the home.
- 15. A high school diploma is the only way to get ahead.
- 16. I can never seem to finish what I begin.
- 17. I would be afraid to talk in front of a group of people.
- 18. I get nervous when I think other people are disapproving of me.
- 19. The staff here makes me feel I'm not good enough.
- 20. I make plans, set goals, and try to prepare myself for leaving the home.
- 21. If I could get a job I wanted, I'd quit school without hesitating.
- 22. I have to admit, I quit school quite a bit.
- 23. I look for chances to have friendly raps with adults.
- 24. I do not mind taking orders and being told what to do.
- 25. I'm pretty sure of myself.
- 26. I think I know the types of work I can do when I leave the home.
- 27. I do jobs and chores without being told.
- 28. It is hard for me to tell someone about myself.
- 29. I see what other people think before I take a stand.
- 30. I often wish I were someone else.
- 31. I wish I were better at telling people how I feel.
- 32. It is easy for people to win arguments with me.
- 33. I don't really care what happens to me after I leave the home.
- 34. I usually don't do any work if I don't have to.
- 35. There are certain subjects that I have a hard time talking about.
- 36. Even if I was sure I was in the right, I would give in to keep from causing trouble.
- 37. I often feel like a nobody.
- 38. A kid has to live for today and can't worry about what might happen tomorrow.
- 39. I feel I can learn more from a very good job than I can at school.
- 40. I pay close attention when someone is explaining something.
- 41. I can solve my problems as long as I believe in myself.
- 42. I do what is right most of the time.
- 43. I don't know how to get started in a career.
- 44. I feel the things I do at school waste my time more than the things I do outside of school.

A-2

45. It doesn't matter what you do as long as you get your kicks.

- 46. I can rap with just about anybody.
- 47. I get discouraged when people disagree with me.
- 48. I usually have good judgement.
- 49. I don't get out and get after what I want.
- 50. I feel satisfied with school, because I learn more about the things I want to know about.
- 51. It is important to think carefully about what you do.
- 52. I don't know how to plan my time each day.
- 53. I wish I could have more respect for myself.
- 54. I don't know how to go about getting a job.
- 55. Education has a high value because knowing a lot is important to me.
- 56. I would do almost anything on a dare.
- 57. I have a hard time deciding things, so I usually ask other people for
- 58. I feel that I have a number of good qualities.
- 59. I know what type of job I want when I leave the home.
- 60. I think school is a real chance for me; it can make a real difference in my life.
- 61. I never judge people until I'm sure of the facts.
- 62. I am afraid of saying the wrong thing when I talk to adults.
- 63. It is easier to do things that other people decide rather than make my
- 64. I do not have much to be proud of.
- 65. With things going the way they are, it's pretty hard to keep up hoping to amount to something.
- 66. Even if I could get a very good job right now, I'd still choose to stay in school and get my education.
- 67. When I'm deciding to do something, I always think about things that could go wrong.
- 68. I talk freely about myself, my plans and my problems to counselors and teachers.
- 69. It is easy for people to talk me into things.
- 70. I cannot be depende on.
- 71. The future is too uncertain for a person to make serious plans.
- 72. I enjoy school becaue it gives me a chance to learn many interesting things.
- 73. I can make up my mind and stick to it.
- 74. My future looks bright.
- 75. I do what I want to do, whether anybody likes it or not.
- 76. I learned a lot here by talking about myself.
- 77. In a group, I usually do what the others want even though I'd rather do something else.
- 78. People are usually not interested in what I am doing.
- 79. School is very boring for me, and I'm not learning what I feel is
- 80. I always try to consider the other fellow's feelings before I do something.
- 81. Sometimes I feel that I am a burden to others.
- 82. My chances of getting a job I like are not too good.
- 83. All people should have at least a high school education.
- 84. I like to do dangerous things just for the thrill of it.
- 85. I'm a lot of fun to be with.

- 86. I enjoy being in school because I feel I'm doing something that is really worthwhile.
- 87. When things go wrong, I usually blame someone else.
- 88. Once you've been in trouble, you haven't got a chance.
  89. An education is a worthwhile thing in life, even if it doesn't help you get a job.

  90. I really think I can make it on my own after I leave the home.

  91. I like school because I am improving my ability to think and solve
- problems.
- 92. I find it easy to get out of trouble by telling white lies.
- 93. School is satisfying to me because it gives me a sense of accomplishment.
  94. I cannot accept my mistakes.
- 95. Whenever I get into trouble, it's usually because of the guys I'm hanging out with.

RESIDENT ANSWER SHEET

Group Home Resident I.D. #\_\_

True/Fa	alse True/F	alse True/F	alse True/F	alse True/False
1	21. 22. 23. 24. 25.	41. 42. 43. 44. 45.	61. 62. 63. 64. 65.	81. 82. 83. 84. 85.
6. 7. 8. 9.	26. 27. 28. 29. 30.	46. 47. 48. 49. 50.	66. 67. 68. 69. 70.	86. 87. 88. 89. 90.
11 12 13 14 15	31. 32. 33. 34. 35.	51. 52. 53. 54. 55.	71. 72. 73. 74. 75.	91. 92. 93. 94. 95.
16. 17. 18. 19.	36. 37. 38. 39. 40.	56. 57. 58. 59.	76. 77. 78. 79.	

### The International Training, Research and Evaluation Council

7338 Baltimore Avenue College Park, Maryland 20740 (301) 699-5250

#### BEHAVIORAL CHECKLIST

This tape has 45 questions about good and bad things that any group home resident may have done. We want you to tell us how often you have done each thing since Thanksgiving by checking the space for NEVER, ONCE OR TWICE, SEVERAL TIMES or MANY TIMES next to the number of each question. Please answer every question, and be as truthful as you can. If you're not sure of how many times you have done certain things, please check the closest answer. If you don't understand a question, make a mark by the number and ask about it after the tape is finished. Nobody from the group home will ever see your answers, and your name will not go on your answer sheet. We will be taking the sheets with us, and your answers will be completely private. Remember, answer the questions as to how often you have done each thing since Thanksgiving and not before that time.

Do you have any questions?

### BEHAVIORAL CHECKLIST

#### Since Thanksgiving.

- l. Have you done a job for someone without being asked or told?
- 2. Have you helped prepare a meal without being asked or told?
- 3. Have you told a lie about something you did?
- 4. Have you helped someone with their schoolwork?
- 5. Have you shoplifted?
- 6. Have you fixed something that was broken?
- 7. Have you damaged or destroyed property in the community?
- Have you built or made something?
- 9. Have you drank beer, wine or liquor?
- 10. Have you talked someone out of doing something dangerous or illegal?
- 11. Have you had a fist-fight with someone in the home?
- 12. Have you had a fist-fight with someone in the community?
- 13. Have you smoked marijuana?
- 14. Have you used drugs other than marijuana?
- 15. Have you helped a friend?
- 16. Have you taken something from another kid?
- 17. Have you carried a knife or some other weapon?
- 18. Have you tried to break up a fight?
- 19. Have you cheated on a test at school?
- 20. Have you reported a kid for doing something wrong?
- 21. Have you talked someone out of running away from the group home?
- 22. Have you skipped school?
- 23. Have you done extra school work?
- 24. Have you gotten drunk?
- 25. Have you taught someone something?
- 26. Have you read a book that was not part of schoolwork?
- 27. Have you taken a car and gone joy-riding alone or with others?
- 28. Have you failed to do assigned chores?
- Have you missed scheduled counseling sessions or meetings?
- 30. Have you talked back to staff?
- Have you been suspended from school.
- 32. Have you been called in for a conference between school and group home staff for something you did wrong?
- 33. Have you struck a staff member on purpose?
- 34. Have you picked on or threatened another kid in the home?
- 35. Have you tried to have a friendly talk with a staff member?
- 36. Have you talked freely about yourself in the home?
- 37. Have you been the leader of some group activity?
- 38. Have you listened to other peoples points of view?
- 39. Have you damaged or marked up furniture or any other group home
- 40. Have you ridiculed or laughed at other kids in the home when you were not teasing?

- 41. Have you kept on talking after you were supposed to be quiet in the home?
- 42. Have you stopped working on a chore because you thought you wouldn't be caught?
- 43. Have you been pushed around by a staff member when it wasn't in fun?
- 44. Have you been struck or hit by a staff member when it wasn't in fun?
- 45. Have you been pushed around by another kid from the home because a staff member told the kid to do it?

THE RES HE SO BE TO BE 

	Group Ho	me		· · · · · · · · · · · · · · · · · · ·	Residen	t ID #				
	NEVER	ONCE OR TWICE	SEVERAL TIMES	MANT TIMES		•	NEVER	ONCE OR TWICE	SEVERAL TINES	MANY TIMES
1. 2. 3. 4. 5.						26. 27. 28. 29. 30.				
6. 7. 8. 9.						31. 32. 33. 34. 35.				
11. 12. 13. 14. A-15.						36. 37. 38. 39. 40.				
16. 17. 18. 19. 20.						41. 42. 43. 44. 45.				
21. 22. 23. 24. 25.										

STAFF/YOUTH SPECIFIC QUESTIONNAIRE

Resident I. D. #

Date Completed \_\_\_\_\_

# STAFF/YOUTH SPECIFIC QUESTIONNAIRE

### Section A

# YOUTH CHARACTERISTICS

For the above-noted resident, please complete the following information.

- l. Age\_\_\_\_
- 2. Race
- 3. Sex
- 4. Length of time in the home (months)
- . Level (if level or team system)
- 6. Reason for referral.
- List previous offenses (if known).
- 8. Previous institutionalization (dates, places).
- Previous group home placement (dates, places).
  - If yes, reason for discharge.

A-11

A-10

10.	Diagnosis or staff evaluation of major behavioral problems.				
	•				
11.	Grade level in school				
12.	School grades from last reporting period.				
13.	Days of school absent in last reporting period				
14.	Family structure				
	foster familyfather only				
	mother onlynatural family intact				
15.	Family socio-economic level (lower, lower middle, upper middle, upper)				
16.	Location of family				
	local community of group home				
	same county as group home				
	out of county				
	A-12				

#### STAFF/YOUTH SPECIFIC QUESTIONNAIRE

#### Section B

#### RESIDENT BEHAVIOR

The following items are examples of appropriate and inappropriate behaviors residents may have been involved in and possible responses by staff. For the above-noted resident, please give your judgement of the frequency of his/her involvement in such behavior since Thanksgiving by writing the number of the appropriate alternative next to each item.

(1) (2) (3) (4)
Never Once or twice Several times Many times

Since Thanksgiving, how often has he/she:

- 1. \_\_\_\_ Done a job for someone without being asked or told?
- 2. Helped prepare a meal without being asked or told?
- 3. Told a lie about something he/she did?
- 4. Helped someone with their school work?
- 5. \_\_\_\_ Shoplifted?
- 6. Fixed something that was broken?
- 7. Damaged or destroyed property in the community?
- 8. Built or made something?
- 9. \_\_\_\_ Drank beer, wine or liquor?
- Talked someone out of doing something dangerous or illegal?
- 11. Had a fist fight with someone in the home?

 $\frac{(1)}{\text{Never}}$ Once or twice Several times Many times Since Thanksgiving, how often has he/she: 12. Had a fist fight with someone from the community? 13. Helped a friend? 14. Taken something from another kid? Carried a knife or a gun? 15. 16. Tried to break up a fight? 17. Cheated on a test at school? 18. Reported a kid for doing something wrong? 19. Smoked marijuana? 20. Used drugs other than marijuana? 21. Talked someone out of running away from the group home? 22. Skipped school? 23. Done extra school work? 24. Gotten drunk? 25. Taught someone something? 26. Read a book that was not part of school work? 27. Taken a car and gone joy-riding alone or with friends? Failed to do assigned chores? 28. Missed a scheduled counseling session or meeting? 29. 30. Talked back to staff?

	(1)	(2)	(3)	(4)
	Never	Once or twice	Several times	Many times
Since 7	Thanksgiving	, how often has he/sh	ie:	
31.	Bee	n suspended from sch	nool?	
32.		n the subject of a dis- pol and group home st	-	e between
33.	Pick	ked on or threatened	other residents?	
34.	Soug	ght friendly contacts	with staff members	?
35.	Tall	ked freely about hims	elf?	
36.	Org	anized the activities	of a group?	
37.	Give	en others an opportun	ity to express their	points of view?
38.	Dam	naged or marred furn	iture or other group	home property
39.	Ridi	culed and laughted at	other residents wh	en not teasing?
40.	Con	tinued talking when to	old to be quiet?	
41.	-	ped working on chore	es when he/she thou	ght he/she
42.	Stru	.ck a staff member?		
43.	Had	to be physically rest	rained by a staff me	ember?
44.	Had	to be physically rest	rained by another r	esident?
45.	Rec	eived cash for good b	ehavior?	
46.	Rec	eived store items for	good behavior?	
47.	Rec	eived home <b>v</b> isits for	good behavior?	
48.	Been	n allowed to attend gr	coup outings for good	d behavior?

(1) (2) (3) (4)
Never Once or twice Several times Many times

Since	Thanksg	iving, how often has he/she:
49.		Been permitted later curfews for good behavior?
50.		Been verbally praised for good behavior?
51.		Been moved to a higher privilege status for good behavior?
52,		Been restricted for negative behavior?
53.		Had his/her allowance reduced for negative behavior?
54.		Been excluded from group outings for negative behavior?
55.		Been given additional chores for negative behavior?
56.	·	Been verbally admonished for negative behavior?
57.		Been moved to a lower privilege status for negative behavior?

#### RESIDENT INTERVIEW

١.	Group Home
3.	Resident I. D. #
<b>.</b>	Date of Interview
).	Time of Day
2.	Interviewer
`.	Length of Interview

I would like to thank you for taking the time to talk with us and answering a few questions. You will be helping us to learn more about what life in a Group Home is really like, and hopefully, we will be able to help the Group Homes do a better job of working with kids and solving their problems. Keep in mind that we are only interested in how you feel and what has happened to you while you have been in the Group Home. There is no right or wrong way to answer the questions. Nobody on the staff of the Group Home will ever see your answers; in fact, your name will not even go on this form. When we leave here today, we will be taking all of your answers with us, and only the researchers will see them. I will be asking you how often you feel certain ways, how often the staff does certain things, and how often certain things happen here at the home. I would like you to answer "never",

Do you have any questions?

	(1)	(2)	(3)	(4)
	Never	Sometimes	Often	Always
1.		How often do you feel and family more than for kids who have bee	like you're i	n a spcial place
2.		How often are you abl make you feel success	_	s at the home that
3.		How often do you feel kids in the home?	like you can	trust the other
4.		How often do you talk problems?	to the other	kids about your
5.		How often do you feel the other kids in the h	•	eally tight with
6.		How often do you go pkids from the home?	laces and do	things with the other
7.		How often do you keep the home are doing an messing up?		hat the other kids from when you think they're
8.		In group or house mee you were being picked kids?	-	•
9.		How often does it seer at the meetings?	n like there	is going to be a fight

	(1)	(2)	(3)	(4)
	Never	Sometimes	Often	Always
10.		How often have the o	other kids in thur or problems?	ie meetings helped
11.		In the meetings, wh bad that a kid did, h out the reasons why	ow often does	ng about something the group try to figure
12.		How often do you fee	el really nervo	us in the meetings?
13.		How often do the me any of the kids getting	etings run real ng really uptigl	lly smoothly, without ht?
14.	<del></del>	In the meetings, how kids with their probl	v often are you .ems?	able to help other
15.		How often have the ogotten on you about s	ther kids in th	e meetings really did?
16.		In the meetings, how you got into trouble	often do you t before you cam	alk about times that ne to the group home?
17.	*************	How often does the s group or house meet	taff leader do a ings?	a lot of talking at
18.		How often has the stathey tell you and in a		nd honest in the things questions?

(1) Never

(1) (2) (3) (4)

Never Sometimes Often Always

How often do the staff here act like the type of adults you would like to be like when you get older?

20. How often does it seem like staff members are bossing you around?

21. How often have you seen a staff member get really mad when a kid has done something wrong?

When you have done a good job at something, how often does staff notice and tell you that you did well?

When you do something wrong, how often is staff willing to listen to your reasons for doing it?

24. How often do you see staff here as being more like parents than just group home staff members?

Whenever you have a big problem, how often is there a staff person you can go to to talk to about it?

26. How often do you feel that there is someone on the staff who is more like a good friend to you than just a staff person?

**3** 

27: How often do you feel that the staff here really cares about you and what happens to you when you leave the home?

(1)	(2)	(3)	(4)
Never	Sometimes	Often	Always

28. How often do you decide not to do something you want to do because it may violate someone else's rights?

29. How often do you do things without thinking about what could happen as a result?

When you have done seomthing wrong, how often does staff try to make you feel better or less guilty about it?

How often is the group of kids more important than the the staff in helping kids to solve their problems?

How often have you been the leader of a group or house meeting?

How often have you had the job of saying who does what chores?

How often have you had the job of making sure chores were done?

How often have you been told to be a "buddy" or big brother/sister to a new resident?

Now I would like to ask you a few questions about decisions that the kids in the Group Home might have some say in. I will ask you about a decision, and I would like you to tell me how much staff allows you to decide on it by saying "None", "Very Little", "Some", or "A Lot".

(1)	(2)	(3)	(4)
None	Very Little	Some	A Lot

- 1. How much does staff allow you to decide on which kids get accepted into the program?
- 2. How much does staff allow you to decide on what kids get more privileges or moved up in the program?
- 3. How much does staff allow you to decide on what kids get less privileges or moved back in the program?
- 4. \_\_\_\_ How much does staff allow you to decide on what happens to kids who have broken house rules?
- 5. How much does staff allow you to decide on what kids get for doing good things?
- 6. How much does staff allow you to decide on what types of activities or outings you have?

(1)	(2)	(3)	(4)
None	Very Little	Some	A Lot

- 7. How much does staff allow you to decide on what the rules of the house are?
- 8. \_\_\_\_ How much does staff allow you to decide on when certain kids are ready to leave the program?

STAFF QUESTIONNAIRE

Grou	p Home	
Date	Completed	

## STAFF QUESTIONNAIRE

#### Section A

1.	Please estimate the extent of your average weekly contact with the residents of the group home(s) by checking one of the following alternatives:			
	Minimal contact Occasional contact	Frequent contact		
2.	Who sets official treatment po	licy for the group home?		
	Is this treatment policy writter	n? Yes No		
3.	How often do you attend reside meetings?	nts' group or house		
	Never Occasionally Frequently Regularly			
4.	How often do you <u>lead</u> resident:	s' group or house meetings?		
	NeverOccasionallyFrequentlyRegularly			
•				

Listed on the following pages are statements that pertain to treatment orientation of staff. Please respond to A and B for each statement by placing the numbers of the appropriate alternatives for response A and for response B in the space provided under each statement. In response A, please indicate whether the statement describes staff behavior which is; (1) a reflection of written treatment policy or guidelines for the home; (2) unwritten policy or behavior which you perceive to be expected of staff; (3) at the discretion of each individual

staff member; (4) in violation of <u>unwritten</u> treatment policy; or, (5) in violation of <u>written</u> treatment policy or expectations. If you do not know if the stated behavior fits any of the above alternatives, please place the number, (6) (Don't know) in the space for response A under that particular statement. In <u>response B</u>, please indicate how often you personally respond to residents in the ways indicated when you have contact with them, by placing the number of the appropriate alternative in the space provided for response B under each statement. All responses will be kept strictly confidential.

	Response A	<u> I</u>	Response B
(1) (2) (3) (4) (5)	Written treatment policy Unwritten treatment policy Staff has discretion Violates written treatment policy Violates unwritten treatment policy Don't know	• • •	Never Rarely Sometimes Often Always
1.	I encourage residents to keep as behavior and to tell each other messing up".	•	
	Response A	Response B	<del></del>
2.	I am completely open and hones their questions.	t with residen	ts in answering
	Response A	Response B	
3.	I encourage residents to considering to meet their own needs.	er the rights o	of others when
	Response A	Response B	
4.	I encourage residents to consideractions before they act.	er possible co	nsequences of their
	Response A	Response B	

	Response A		Response B
(1) (2) (3) (4) (5)	Written treatment policy Unwritten treatment policy Staff has discretion Violates written treatment policy Violates unwritten treatment policy Don't know	(1) (2) (3) ey (4) (5)	Never Rarely Sometimes Often Always
5.	I model responsible behavior as	s part of my tro	eatment function.
	Response A	Response B	· · · · · · · · · · · · · · · · · · ·
6.	I refuse to listen to residents' r irresponsibly.	easons why the	ey behaved
	Response A	Response B _	
7.	I attempt to relieve residents of negative behavior.	their guilt fee	lings about
	Response A	Response B	
8.	I communicate with residents winormal everyday interaction.	ithout a tone of	authority in
	Response A	Response B	
9.	I conceal any anger I feel about	the negative be	havior of residents.
	Response A	Response B	
10.	I verbally praise residents for r	esponsible beh	avior.
	Response A	Response B	
11.	I attempt to give residents a sen environment.	se of being in a	a traditional family
	Response A	Response B	
12.	I encourage the development of g among residents.	roup conscious	sness and cohesion
	Response A	Pesnonse B	

3

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	Response A			Response B
(2) (3) (4) (5)	Written treatment policy Unwritten treatment policy Staff has discretion Violates written treatment policy Violates unwritten treatment policy Don't know	y (	3) 4)	Never Rarely Sometimes Often Always
4.	I act as director of the group dismeetings.	scussio	n in gro	up or house
	Response A	Respon	nse B	
5.	I act as a participant in group dimeetings.	iscussi	on in gro	oup or house
	Response A	Respon	nse B _	<del></del>
6.	I encourage smooth, harmonious	s group	or hous	se meetings.
	Response A	Respon	nse B	
7.	I teach residents that they are in to get help.	n the gr	oup to g	give help and not
	Response A	Respon	nse B	<del></del>
8.	I encourage group members to of in group or house meetings.	challeng	e each	other's behavior
	Response A	Respon	nse B	
9.	I summarize group or house me	etings	at their	close.
	Response A	Respon	nse B	···
10.	I see the group itself as having role in group or house meetings		t impor	tant treatment
	Response A	Respon	nse B	

<u>ئ</u>

	Response A			Response B
(1) (2) (3) (4) (5)	Written treatment policy Unwritten treatment policy Staff has discretion Violates written treatment policy Violates unwritten treatment policy Don't know	(1 (2) (3) cy (4) (5)	) )	Never Rarely Sometimes Often Always
11.	I encourage discussion of group consequences in group or house	members meetings	s' beha	vior and
:	Response A	Respons	e B	
12.	I encourage discussion of group and motivation in group or hous	members se meeting	attitu s.	tdes, values
	Response A	Response	e B	
13.	I encourage residents to reveal or house meetings.	their past	devia	ncy in group
	Response A	Response	B	

The following eight items pertain to certain decision-making areas regarding group home residents. Please indicate the extent to which staff are involved in each decision-making area by placing the number of the appropriate alternative in the space provided by each item.

- (1) Director makes all decisions.
- (2) Director makes all decisions, but solicits input from staff on certain matters.
- (3) Director makes all decisions, but solicits input from staff on most matters.
- (4) Staff as a group makes decisions on some matters.
- (5) Staff as a group makes decisions on most matters.
- 1. Screening and acceptance of youth into the program.
- 2. \_\_\_\_ General increase in privileges for individual residents, or promotion of residents in level or team system.
- 3. \_\_\_\_ General decrease in privileges for individual residents, or demotion of residents in level or team system.
- 4. Discipline of individual residents.
- 5. Awarding of specific privileges to individual residents.
- 6. Changes in house rules.
- 7. Graduation from the program.
- 8. \_\_\_\_ Discharge of youths who cannot make it in the program.

### Section B

The following items are statements regarding your career and aspects of your present working situation. Please indicate the extent to which each statement accurately describes your job by placing the appropriate number in the space provided next to each statement. All responses will be kept strictly confidential.

Statem	ient. A	ii responses will be kept stri	ctry confidential.		4
Not at	(1) all acc	(2) urate Somewhat accurate	(3) Generally accurate	(4) Very accurate	La management of the last
1.		In this job, I set my own wo	rk goals.		
2.	···	I am just about where I wan	t to be in my career.	1	
3.		There is a strong effort made and accurate information ab	_		No. 1
4.		I see this job as being a "st	epping stone" to anoth		e de la composition della comp
5.		I am clear in my mind as to with each youth.	what has to be accom	plished	- distribute of
6.		I can plan my work at least	a day in advance.		A STANDARD
7.		My job has certain specified	goals to be attained.		Contract of
8.		I know when I have had a sugard when I have not.	ccessful impact on a y	outh .	THE CONTRACTOR OF THE PERSON AND ADDRESS OF THE PERSON ADDRESS O
9.		I have this job for reasons b	eyond my control.	i	de la companya de la
10.		The choice of this job had no	othing to do with my ca	areer plans.	Canada Caranaga
11.	···	Staff at all levels are inform	ned about what is going	g on.	Agricultura.
12.		I sometimes receive inform first from the clients.	ation about the group	home	Transmit
13.		I can always find reliable in youths I work with.	dicators of the progre	ss of the	P - MARTERIAGIA
14.		I receive feedback about you from the program.	nths who have been dis	charged	RECORDED TO

	(1)	(2)	(3)	(4)
Not a	t all accu	rate Somewhat accurate	Generally accurate	Very accurate
15.		My work is set up so that if for getting the work done.	can determine the pro	cedures
16.		There are opportunities fo interests in this group hon	-	eer
17.		Meetings between staff me home to discuss problems.		group
18.	<u>.</u>	The group home provides among staff and administra	•	nunication
19.		I chose this job in terms o career.	f how much it contribut	es to my
20.		My work is set up so that is be working at, at any parts		what I will
21.		Information is easily obtain	ned from other staff m	embers.
22.		Open communication amon group home.	g staff is encouraged in	n the

The following items are general statements of how group home staff members may feel about their jobs. Please indicate how accurate the statement is with regard to your job by placing the appropriate number in the space provided next to each statement. All responses will be kept strictly confidential.

	(1)	(2)	(3)	(4)
Not	at all acc	urate Somewhat accurate	Generally accurate	Very accurate
1.	<del></del>	I am reluctant to leave m	y job to go on a vaca	tion.
2.		The longer a person is in compromise his standard	this job, the more l ls of effectiveness.	ne has to
3.		The longer I hold this job unchangeable.	, the more I see you	ths as
4.		The longer I hold this job	, the less stimulatin	g it becomes.
5.	****	I am being paid for a job	I enjoy doing.	
6.	<del></del>	This job requires you to	invest too much of yo	ourself.
7.		My job makes me feel ne	rvous and jumpy.	
8.		I feel good about working	overtime w/o extra	pay.
9.		I would like to find a bette possible.	er job than this one a	s soon as
10.		This job gives me more s in the past.	atisfaction than jobs	I have held
11.		My experience in this job to try to deal with the res	has made me less a idents' problems tha	nd less willing t arise daily.
12.		The longer I am in this jo drained at the end of the v	b, the more often I f workday.	eel emotionally
13.	***	The longer I hold this job,	, the more frustratin	ng it becomes.
14.	***************************************	The longer I hold this job,	, the more routine it	becomes.

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	(1)	(2)	(3)	(4)
Not a	t all ac	curate Somewhat accurate	e Generally accurate	Very accurate
15.		The longer I am in this to neglect my personal:	job, the more pressulife.	ure there is
16.		You have to put a lot of goals on the line in my j	your own feelings, ho	opes and persona
17.		I would recommend my interests and education	present job to a frien as mine.	d with the same
18.	******	I often feel like walking	out of my job for goo	d.
19.		If I were starting over into toward taking the same	n my working career type of job as I have r	I would lean
20.		One of the problems with behind you when the wor	n this job is that you kday is over.	can't leave it
21.	<u> </u>	This job requires too mu ment.	ich personal and emo	tional committ-
22.		I am getting to the point comes to me with a prob	where I feel annoyed lem.	when a resident
23.		I can feel myself becomi dealings with the resider	ng more and more ca	llous in my
24.		I usually feel reluctant to	o go to work.	
25.		I usually feel like going l	nome early from this	job.
26.	***************************************	When I am at work, I usu	ially wish I were som	newhere else.
27.		Providing understanding becoming a more and mo am in this job.	to a number of troublere monumental task,	led youths is the longer I

### Section C

This section consists of items regarding your background and personal characteristics. Please provide the requested information as accurately as possible. This information will also be kept strictly confidential.

1.	Age
2.	Sex
3.	Race
4.	How much formal education have you had?
	asome high school
	bcompleted high school
	cGED
	dsome college
	ecompleted college
	If checked, major or area of degree  f. Master's degree
	<u>If checked</u> , major or area of degree gPh. D.
	If checked, major or area of degree  hVocational training
	If checked, major or area of training
5.	Marital Status
	amarried
	bsingle
	cwidowed
	ddivorced
	eseparated

6.	Working status: (check two)
	afull timepart time
	bpaidvolunteer
7.	What other jobs have you held that are related to your present position?
8.	Which of these settings did you grow up in?
	aurban setting
	brural setting
	csuburban setting
9.	How long have you been employed at the group home? Please specify in months.
10.	What is the title of your position(s) in the group home?
11.	What is your annual gross salary?
12.	Average number of hours per week you get paid for.
13.	Average number of hours per week you actually put in.
14.	Length of time since last promotion (in months)
15.	Length of time since change in job title (in months)
16.	How many children of your own do you have in your household?

# ADMINISTRATIVE QUESTIONNAIRE

Part I: To Be Completed By Group Home Administrator

Group Home	
Date Completed_	

# ADMINISTRATIVE QUESTIONNAIRE I

home	Please provide the following information regarding your groperation.	uŗ	
1.	Give the number of youths in your homes referred by each agency.		
	(a) DJS ; (b) DSS ; (c) Mental Health ; (d) Other (please specify) .		
2. Who, or what agency pays the cost of your program youths admitted to your home? (Please list all fundi sources, with estimated percentages for each, which add to 100%.)			
	Agency Percent Paid		
	(a) (b) (c) (d)		
3.	s there currently a waiting list of eligible DJS youths for entry into your home(s)?		
	a) Yes b) No		
4.	s your home licensed?		
	yes		
	yes, give the licensing agency.	_	
	no, is licensing pending or has it been requested?  If yes, from which agency?	_	

5.	What reports are required for youth intake?  Check all that apply.		
	(a) medical (f) school (b) social history (g) other (please specify) (c) psychological evaluation (d) court (h) None of these are		9. Do you have a handbook for clients (e.g., home rules, medical procedures, etc.)?  (a) Yes
	(e) police required		(b) No
6.	Which of the following do you maintain ongoing records for?  Check all that apply.		Do you have a handbook for staff (e.g., policies, operating procedures, etc.)?
	(a) financial (f) disciplinary actions (b) personnel (g) resident progress (c) individual (h) task accomplished	The state of the s	(a) Yes (b) No
	counseling (i) other (please specify)  (d) group sessions		11. Please give the number of members on your Board of Directors.
_	(e) school performance (j) No ongoing records are maintained		12. Please give the extent of participation of the Board of Directors
7.	Which of the following types of follow-up information do you attempt to obtain on all youth released from the program?  Check all that apply.		in each of the following areas of decision-making.
	(a) subsequent arrests (b) employment (c) residence (with family/other) (d) subsequent group home placement (e) institutionalization (f) subsequent school performance (g) other (please specify)		Board Board has Approves Board Board Advisory Decisions Makes has no Status Made by the Input Only Others Decisions  (a) admission policy (b) termination policy (c) hiring of staff
	(h) No follow-up information is obtained		(d) termination of staff (e) treatment approach (f) house rules
8.	Which of the following types of aftercare or support systems do you maintain for youths after they are released from the program?  Check all that apply.	Problems (1997)	(g) type of discipline (h) expansion of program (i) fund raising approach (j) other (please specify)
	(a) family counseling (b) "boarding" house arrangement (c) walk-in counseling		13. How often does your board meet?
	(d) home visits  (e) telephone contacts  (f) other (please specify)	Protection of the Community of the Commu	(a) monthly (d) semi-annually (e) annually (f) other (e)
	(g) No support systems are maintained	Parketak (a.)	(f) other (please specify)

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14.	Do	treatment staff attend board	d meetings?	
	(a) (b) (c)	regularly special occasions only never		
15.	How plan	much information was gat	hered about th	e community when
	(a) (b) (c) (d)	much some none don't know		
16.	Which the	ch of the following were corgroup home? (If appropria-	ntacted when p te, check mor	lanning to establish e than one)
	(a) (b) (c) (d) (e) (f)	Key community figures Members of the communi County or city officials School personnel Other (please specify) Don't know		
17.	Which (If a	ch of the following efforts to ppropriate, check more tha	o involve the c in one)	ommunity:
			Are Presently Made?	Were Made When Planning to Establish the Home?
	(a) (b) (c)	requests for finanical support open meetings distribution of printed		
	(d) .	material door-to-door informative visits		
	(e) (f) (g)	open houses other (please specify) Don't know		

18.	Who are/was involved in these efforts?	(If appropriate,
	check more than one)	

		Presently	Establish the Home
(a) (b)	group home administrator DJS or DSS personnel	·s	-
(c)	members of board of directors		<u></u>
(d) (e)	community residents other (please specify)		
(f)	Don't know		
TC /3	, ,	5 13 3 3 3 3	

If the information in questions 15 through 18 is not known or not immediately available to you, please provide a source that can be contacted to obtain the information if possible.

## ADMINISTRATIVE QUESTIONNAIRE

Part II:

To Be Completed By

Group Home Chief Administrator or House Directors

Where Group Home Has More Than One Facility

Group Home	
Date Completed	

# ADMINISTRATIVE QUESTIONNAIRE II

### Section A

charac	Please provide the following information regarding structural teristics of your group home.
1.	How long has your group home been in operation?
2.	Is your home presently being:
	(a) Rented (b) Leased (c) Other (please specify)
3.	Of the bedrooms for youths in your home, give the number of rooms that are presently occupied by:
	(a) 1 youth (e) 5 youths (f) 6 youths (g) Over 6 youths (d) 4 youths (e) 5 youths (f) 6 youths (g) Over 6 youths (f) 6 youths
4.	Does your home have separate kitchens for youths and live-in/sleep-in staff?
	(a) Yes (b) No
5.	Does your home have separate dining areas for youths and live-in/sleep-in staff?
	(a) Yes (b) No
6.	Does your home have separate bathrooms for youths and live-in/sleep-in staff?
	(a) Yes

		<b>4</b> •	12.	Please check the followi
7.	Does your home have separate living areas for youth and live-in/sleep-in staff?		12.	as to their accessibility
	(a) Yes (b) No	- Turkery		
8.	Does your home have an office area which is not located in the home itself?			(a) swimming pool (b) teen center
	(a) Yes (b) No	T.		(c) school or commun gym (d) arts and crafts
9.	How would you describe the amount and quality of furniture			classes  (e) boy or girl scouts
	and general household equipment in your home?  (a) adequate	•		<ul><li>(f) hobby or activity of</li><li>(g) outdoor basketball</li></ul>
	(b) less than adequate (c) not at all adequate			courts (h) outdoor basketball courts
	If less than or not at all adequate, what kinds of things do you feel your home is in need of?			(i) tennis courts (j) bowling alley (k) movie theater
10.	Are youths permitted to decorate their own rooms if they wish?			<ul><li>(l) skating rink</li><li>(m) regional park</li></ul>
	(a) Yes (b) No			(n) Other (please spec
11.	What recreation facilities are located on the lot? Please check all that apply.		13.	How often does your propresources?
	(a) Basketball net (b) Baseball field			
	(c) Barbecue (d) Ping Pong (e) Billiards			(a) counseling service (b) drug clinic
	(f) Garden plot (g) Other (please specify)			<ul><li>(c) remeidal education</li><li>(d) occupational traini</li><li>(e) medical</li></ul>
			•	(f) Other (please spec

as t	o their accessibility to	residen	ts.	Transpor-	
				tation Pro-	
		Not		vided by	Public
		Acces-	·Walking	Group	Transpor
		sible	Distance	-	tation
(a)	swimming pool			•	
(b)	teen center				
(c)	school or community	7		<del></del>	<del></del>
(d)	arts and crafts				•
(e)	boy or girl scouts			<del></del>	
f)	hobby or activity clu	bs			
g)	outdoor basketball			<del> </del>	
h)	outdoor basketball			<del></del>	
i)	tennis courts		<del></del>		
j)	bowling alley			•	
k)	movie theater		<del></del>		
1)	skating rink				***************************************
m)	regional park				
n)	Other (please specify	7)			
	often does your progra urces?	am utiliz	e the follo	wing outside	
		<u>Fr</u>	equently	Occasionally	Never
a)	counseling service		<u></u>		
b)	drug clinic			<del></del>	
c)	remeidal education				
d)	occupational training				
e)	medical				
f)	Other (please specify	.)		<del></del>	
		<del></del>			

4.	Do you use volunteers in your program?		18.	How important do you consider it to be that residents of the immediate community are informed about the group home?
	(a) Yes	N.		(a) Very important
	(b) No			(b) Important (c) Somewhat important
	If yes, are the volunteers: (more than one may be checked)	2		(d) Unimportant
	(a) students receiving class credit?		19.	How important is it for your group home to maintain a low
	(b) students not receiving class credit?			profile in the immediate community?
	(c) community volunteers?			(a) Very important
5.	Please estimate the number of volunteer hours per week spent			(b) Important
	in the following:			(c) Somewhat important (d) Unimportant
	(a) administration	100		· ·
	(b) counseling	11	20.	Are the following utilized to inform the community of your
	(c) recreation	(20)		group home programs and activities?
	(d) medical treatment (e) Other (please specify)			Yes No
	(e) Other (prease specify)	<i>y</i>		165 1/0
6.	Would you describe your neighborhood as primarily:	u.,		<ul><li>(a) Community advisory board (other than board of directors)</li></ul>
	(a) Rural	$\parallel$ $\parallel$ $\parallel$ $\parallel$ $\parallel$		(b) Group home newsletter or informative
	(b) Residential			sheet
	(c) Business	5-		(c) Staff as speakers at community meetings
	(d) both Residential and Business			(d) Community open houses
7	Transmin de transmin de la compania de transmin de tra	: Emper	•	(e) Other (please specify)
7.	How would you describe the socio-economic status of your neighborhood?			
	neighbolliodi:	e coma	21.	Do group home residents provide the following types of service
	(a) lower	Ments.		to the community?
	(b) lower-middle	1		
	(c) middle			Yes No
	(d) upper-middle	7		(a) D = 11 = 4 = 1 = 11
	(e) upper	t <sub>rond</sub> e		(a) Residents are available for temporary employment
				(b) Residents maintain community parks
		and the same of th		or facilities
		-		(c) Residents assist with clean-up tasks at
				neighborhood residences (d) Group home recreational facilities are
				made available to neighborhood youths
		r/ <b>b</b> 3		(e) Other (please specify)
				A - 49
		) i designer		/

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		Yes No
(a)	Financial donations	
(p)	Maintenance and repair of facilities	<del></del>
(c) (d)	Donation of furnishings or equipment Volunteer counseling or tutoring	
(e)	Other (please specify)	
` ,		
In th	ne past year, approximately how many ti	mes have group
	e residents been involved in incidents in	_ ,
	ch resulted in complaints against the grou	•
		<del></del>
T#		
	ach complaints have been made, please in complaints lodged with each of the following	
of c	omplaints lodged with each of the following	
of co	omplaints lodged with each of the following Police	
of co (a) (b)	Police Local official	
of co (a) (b) (c)	Police Local official Group home	
of co (a) (b)	Police Local official	
of co (a) (b) (c) (d)	Police Local official Group home Probation officer	
of co (a) (b) (c) (d)	Police Local official Group home Probation officer	
of control (a) (b) (c) (d) (e)	Police Local official Group home Probation officer	ng:
of co (a) (b) (c) (d) (e)	Police Local official Group home Probation officer Other (please specify)	ng:
of co (a) (b) (c) (d) (e)	Police Local official Group home Probation officer Other (please specify)  ach complaints have been made, please in omplaints that were not resolved:	ng: ndicate the number
of co (a) (b) (c) (d) (e)	Police Local official Group home Probation officer Other (please specify)  ach complaints have been made, please in	ndicate the number
of co (a) (b) (c) (d) (e) If su of co	Police Local official Group home Probation officer Other (please specify)  ach complaints have been made, please in omplaints that were not resolved:  Number not resolved to your satisfacti	ndicate the number
of co (a) (b) (c) (d) (e) If su of co	Police Local official Group home Probation officer Other (please specify)  ach complaints have been made, please in omplaints that were not resolved:  Number not resolved to your satisfacti Number not resolved to the complainant	ndicate the number

# ADMINISTRATIVE QUESTIONNAIRE II

### Section B

in-house	Please provide the following information concerning your group treatment program.
١.	Does your program provide for individual counseling on a need or crisis intervention basis?
	(a) Yes (b) No
	Does your program provide for regularly scheduled individual counseling sessions?
	(a) Yes (b) No
•	Does your program provide for family counseling on a voluntary basis?
	(a) Yes (b) No
	Does your program have a requirement for parental committment to family counseling?
	(a) Yes (b) No
<u>:</u>	If yes, to questions 3 or 4, give the number of family counseling sessions per resident per month.
Ţ	Where do most of the family counseling sessions take place?

			Average Number Per Week
	(a)	Meetings devoted to one resident's problems	
	(b)	Meetings devoted to problems of the group.	
	(c)	All-purpose house meetings	
6.	On v	what basis are group and/or house meetings	held?
	(a) (b) (c)	on need basis only regularly scheduled both	
7.	Geci	se check the extent to which residents have sion-making power in the following areas.	input or
	(Cne	ck one alternative for (a) through (g))	
	(a)	Screening and acceptance of youth into the	program.
		<ol> <li>No input from residents</li> <li>Some input but staff makes decision</li> <li>Staff and residents' vote</li> <li>Residents' decision with staff veto</li> <li>Residents have final decision</li> </ol>	
	(b) <sub>.</sub>	General <u>increase</u> in privileges for individual promotion in level or team system.	uals or
		<ol> <li>No input from residents</li> <li>Some input but staff makes decision</li> <li>Staff and residents' vote</li> <li>Residents' decision with staff veto</li> <li>Residents have final decision</li> </ol>	

(c)	General <u>decrease</u> in privileges for individuals or demotion in level or team system.						
	(1)	No input from residents					
	(2)	Some input but staff makes decision					
	(3)	Staff and residents' vote					
	(4)						
	(5)	Residents have final decision					
(d)	Dis	scipline of individual residents					
	(1)	No input from residents					
	(2)	Some input but staff makes decision					
	(3)	Staff and residents' vote					
	(4)						
	(5)	Residents have final decision					
e)	Awarding of specific privileges to individual resident						
	(1)	No input from residents					
	(2)	Some input but staff makes decision					
	(3)	Staff and residents' vote					
	(4)	Residents' decision with staff veto					
	(5)	Residents have final decision					
f)	Cha	nges in house rules.					
	(1)	No input from residents					
	(2)	Some input but staff makes decision					
	(3)	Staff and residents' vote					
	(4)	Residents' decision with staff veto					
	(5)	Residents have final decision					
()	Grad	luation of other residents from program.					
	(1)	No input from residents					
	(2)	Some input but staff makes decision					
	(3)	Staff and residents' vote					
	(4)	Residents' decision with staff veto					
	(5)	Residents have final decision					

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7.

residents as a		the following roles and duti- ents as a regular part of the e than one may be checked)	ne progra		ual
				Yes	No
·	(a) (b) (c) (d)	Leading group or house massigning chores Scheduling activities Managing or supervising to chores		 etion	
	(e)	Acting as "buddies" or big sisters to new residents	g brother	s/	
	(f)	Other (please specify)			
9.		the following types of reinfour program? (More than o		e checked)	utilized  Frequently
	(a) (b) (c) (d) (e) (f) (g)	Cash Store items-merchandise Home visits Group outings Later curfews Earlier discharge Promotion in level or team system Verbal praise from staff			
	(i)	Other (please specify)			

10.	Are the following types of <u>behavior</u> reinforced in your program? (More than one may be checked)								
				Yes	No				
	(a) (b) (c)	Academic achievement Attendance at school Completion of chores							
	(d)	Evidence of self-sufficie self-care	-						
	(e) (f)	Attendance at counseling Absence of rule violation negative behavior	sessions s and						
	(g)	Other (please specify)							
1.1									
11.	sand	often are the following typetions utilized in your progeked)	es of <u>nega</u> ram? (M	ative reinforce ore than one m	ment or lay be				
			Never	Sometimes	Frequently				
	(a) (b) (c)	Restriction of free time Reduction of allowance Exclusion from group outings			_				
	(d) (e)	House restrictions Additional chores							
	(f) (g)	Verbal admonishment Demotion in level or			***************				
	(h)	team system Other (please specify)		<u>.                                    </u>					

		40		
12,	Are the following types of <u>behavior</u> ever negatively sanctioned? (More than one may be checked)		15. Does your home have an in-house school program?	
	(a) Suspension from school (b) Fighting	Same and the same	(a) Yes (b) No	
	(c) Breaking house rules (d) Verbal behavior (obscene language, talking back to staff)		16. Do residents of your home attend community schools or educational programs such as CETA?	
	(e) Failure to attend meetings (f) Failure to adhere to schedules (g) Failure to do chores		(a) Yes (b) No	
	(h) School absences  (i) Poor school performance  (j) Destroying group home property	o water	If yes, how often do the following types of communication with schools or educational programs occur?	
	(k) Other (please specify)		Regularly Occasionally Ne	ver
3.	Does your program have a structured level system or team concept?		(1) Telephone contacts with teachers and counselors	
	(a) Yes (b) No	$\mathbf{I}$	(2) School behavior forms  are completed by teachers	
4.	Does your program have a token point system?		(3) Staff visits schools ———————————————————————————————————	_
	(a) Yes (b) No		reports (5) Other (please specify)	_
	If yes, how frequently are points exchanged for privileges?			_
	(a) Daily (b) Weekly (c) Depends on residents' level		17. Does your home offer courses or tutorials in any of the followi special skill areas? Please check all that apply.	ng
	If yes, are residents eventually released from point system?		(a) Vocational Training Yes No	
	(a) Yes(b) No		(1) Car maintenance (2) Cooking skills (3) Electronics	<u>-</u>
	If yes, are individual point cards used?		(4) Cosmetology (5) Home economics (6) Secretarial	- - -
	(a) Yes (b) No	The state of the s	(7) Carpentry (8) Other (please specify) (9)	- - -
	A-56		A - 57	- -

(Co	ntinued)		(
(b)	Academic Training	Yes No	{
	<ul> <li>(10) Math-arithmetic</li> <li>(11) English</li> <li>(12) Social Studies</li> <li>(13) Science</li> <li>(14) Reading</li> <li>(15) Remedial education</li> <li>(16) Other (please specify)</li> <li>(17)</li> </ul>		Cardinal
Do y	ou offer any training in any of tour treatment program?		
(a)	Social Skill Training	Formal or Organized Informal None	{
	(1) cooperativeness (2) manners (3) hygiene (4) instruction following (5) how to handle criticism (6) impulse control (7) rational problem solvin (8) job finding assistance (9) job keeping assistance (10) other (please specify) (11)		And 1222 Company Community of the Commun
			l
			ĺ
			reference (
			v

# ADMINISTRATIVE QUESTIONNAIRE II

### Section C

Listed below are program objectives which receive varying emphasis in group homes. Please indicate the extent to which each one is emphasized in your program by checking the appropriate space in the continuum.

## Responsibility

Responsible youth have adequate months and
Responsible youth have adequate work habits, consider the consequences of their but
others, and they can accept responsibility for their actions.
actions.

Little emphasis				
P	 	 	 Heavy	emphasi

## Independence

Independent youths are self-reliant and they identify themselves as individuals. They direct their own activities, depend on themselves in situations and are note easily led by others.

Little emphasis	 	 	Heavy emphasis
Self Image			•

Youths with positive self-images have positive conceptions of themselves and are confident in their dealings with others.

Little emphasis	 	 	Heavy	emphasi
				-

## Goal Orientation

Youths who are goal-oriented make realistic plans for the future and select appropriate routes to the achievement of goals. They do not face the future with a sense of being powerless.

Little	emphasis			T.7	
		 		Heavn	emphasis

Appendix B

FINAL DATA COLLECTION INSTRUMENTS

RESIDENT QUESTIONNAIRE

B-l

#### Resident Questionnaire Part I

We are playing this tape for you because we're trying to get information from staff and residents that will help the group homes across the state do a better job of helping residents. Thanks for taking the time to listen and fill out the answer sheet.

The tape has three parts and lasts about one half hour. This first part has questions about different types of activities and behavior you may have been involved in and about the program here. The questions ask how often you do things or how often certain things happen here. On your answer sheets are spaces for "Never," "Once or Twice," "Several Times" and "Many Times." When you hear the questions, please think about the last two or three months and mark the space for the truest answer next to the number of the question. Each question will be read to you twice.

This is not a test and there are no right or wrong answers. Please be completely truthful, because no one connected with the group home will ever see your answers and we are not interested in your names -- only the fact that you are a resident of \_\_\_\_\_\_ group home. Also, please answer every question; if you are not sure of the answer, mark the one that is closest. If you don't understand a question or miss one, put a mark by it and we will come back to it when the tape is finished.

Are there any questions?

图.

# Resident Questionnaire Part I

Never	Once or Twice	Several Times	Many Times
(1)	(2)	(3)	(4)
In the past	two or three months, ho	ow often:	
1 2 3 4	Have you helped some Have you had a fist-fi	without being asked or eone with schoolwork? ght with someone in the one out of doing some	ne home?
In the past	two or three months, ho	ow often:	
5	Have you shoplifted?		
6.		ething from another ki	
7.	· -	eone complete a job or	-
8.	Have you reported a R	aid for doing something	g seriously wrong?
In the past	two or three months, ho	ow often:	
9.	Have you skipped sch	ool?	
10.	Have you bullied or the it was not in fun?	reatened other kids in	the home when
11.		one out of running awa	y from the group
12.	<del>-</del>	y about your problems	in the group home?
In the past	two or three months, ho	ow often:	
13.	Have you been suspen	ded from school?	
14.	Have you ridiculed or	made fun of other kid	s in the home?
15.	•	der of a group activity	
16.		ing after you were sup	posed to be
	quiet in the home?		
17.	Have you cheated on a	test at school?	
18.	-	ak up a fight in the gro	-
19,		ght with someone in th	re community?
20.	Have you failed to do	assigned chores?	
		B-3	

Never	Once or Twice	C 1	
(1)	(2)	Several Times	Many Times
	(-)	(3)	(4)
In the n	3.5.f. fry 2. a.v. 41.		
m me þ	ast two or three months, how	often:	
21	Have you done extra sch	on law order	
22.	Have you damaged furni	to a second	
	Have you damaged furnipurpose?	ture or other group hom	ne property on
23.		2422221	
24.	Have you damaged or de	stroyed property in the	community?
<u></u>	Have you stopped workin wouldn't be caught?	ig on a chore when you	thought you
25.	Have you talked back to	242 55 2	
In the pa	est two or three months, how	often:	
26 <b>.</b>	Have you recoimed and		
27.	Have you been restricted	or good behavior?	
28.	Have you been restricted Have you received store	to the house for doing	something wrong?
9.	Jean added a colle	LECTIS FOR GOOD balancie	^
	Have you been allowed to	attend group outings fo	r good behavior?
n the pa	st two or three months, how o	often•	
0.	<ul><li>Have you had your allowa</li><li>Have you been kept from</li></ul>	nce reduced for doing a	
1.	Have you been kept from wrong?	going on group outings	ometning wrong?
2	<u> </u>		
2.	Have you been permitted	later curfews for good i	
3.	Have you been given addit	ional chores for doing	penavior?
the na	76 feet = 1 1 1	and 101 domig s	officining wrong?
uie pas	st two or three months, how o	iten:	
4	Have you been warballer		
5.	Have you been verbally pr	alsed for good behavior	·?
	Have you been yelled at fo	r doing something wron	.g?
7.	Have you been moved to a	nigher privilege level f	or good behavior?
	Have you been moved to a wrong?	lower privilege level for	or doing something
the pas	t two or three months:		
	or affect months:		
	How often have the staff do	· ·	
	How often have the staff do about you and what happens	me something to show the	hat they care
•	about you and what happens How often have staff memb	s to you after you leave	the group home?
	How often have the staff do	ers bossed you around?	<b>)</b>
	How often have the staff do How often has someone on	the street -	nat they trust you?
	How often has someone on to you than just a staff per	the staff acted more lik	e a good friend
tho ===		3011 ;	
me past	two or three months:		
	How often have staff mamb	ers look that	
	How often have staff memb has done something wrong?	ers fost their temper w	hen a resident
	How often have you cooked	a mont or to the	
	How often have you trusted	the staff based the d	ishes in the home?
	How often have staff notice	d and told	•••
	at something?	and told you when you	did a good job
	How often have you cooked How often have you trusted How often have staff noticed at something?  B-4	the staff here? I and told you when you	

B-4

Never	Once or Twice	Several Times	Many Times
(1)	(2)	(3)	(4)
In the past t	wo or three months:		
46.	How often have you r	epaired something around	the home?
47.	How often have the state they told you or in ar	taff been dishonest about s	omething
48.	How often have you g	one to someone on the star	ff when
40	you've had a probler	n?	
49.	How often have you d	one some of the cleaning i	n the home?
In the past two or three months:			
50.	How often have the st for doing something	taff refused to listen to youwrong?	ır reasons

#### Resident Questionnaire Part II

The second part of the tape is shorter and has statements rather than questions. When you hear each statement, think about how well it describes you. Depending on how much it describes you or the way you feel, mark the space for "not at all like me," "a little like me," "quite a bit like me" or "very much like me" next to the number of the statement. Again, please be truthful because your answers will not be connected with you as a person in any way. Please answer every statement.

## Are there any questions?

Not at all like me	A little like me	Quite a bit like me	Very much like me
(1)	(2)	(3)	(4)
1.	I take good care	e of my own and o	thers' property.
2	Other people ca with what they s		ngs: I tend to go along
3.	I am afraid of s	aying the wrong t	hing when I talk to adults.
4.	I am an honest	person.	
5		problems right nent leave the gro	low to think about what up home.
6	I would be afrai	d to talk in front	of a group of people.
7.	I have trouble g	etting places on t	ime.
8.		ng the way they ar to amount to anyth	e, it's pretty hard to ning.
9.	I'm nervous who	en I talk to people	•
10.	I can be trusted	to do what I say	I will do.
11	I will cheat on a	test when every	one else does.
12.	I don't know wha	at to say when I fi	rst meet someone.

Not at all like me	A little like me	Quite a bit like me	Very much
(1)	(2)	(3)	like me (4)
13.	I get things done; I do	a lot of work in a give	en time.
14.	It's very hard for me t	o go against the crow	d.
15.	I don't know what to sa	y when I disagree wit	h other people.
16.	I stick to a job or task	until I finish it.	
17.	I like to think about wh	at will happen when I	leave the group home
18.	I won't express my opi	nion in a group if I th	ink others
19.	I get to school or work	on time.	
20.	There's no point in ma wouldn't follow them ar	king plans for the futu	re because I
21	I'm too shy and self co	nscious.	
22.	I go ahead to the next jo to be told.	ob or assignment with	nout needing
23.	I get talked into doing t	hings that I shouldn't.	
24	It is hard for me to wir	arguments.	
25	I get started on my regneeding to be told.	gular job or assignme	ent without
·6	Most of the time, it doe things don't turn out rig	esn't pay to try hard by tanyway.	pecause
27.	People have difficulty u I mumble, get mixed up	nderstanding what I so or don't talk clearly	ay because
28.	I get my work on the jo	and in school done of	on time.
29	I can make up my own :	mind and stick to it.	
30.	When I am talking with directly in the eye.	someone, I am able t	o look them

#### Resident Questionnaire Part III

This is the last and shortest part of the tape. This part has statements about the program here and the answers are true and false. If a statement is true or mostly true, mark the space for "True" next to the number of the statement. If it's false or mostly false, mark the space for "False." Again, please be truthful and answer every statement.

Are there any questions?

True	raise	-	
		1.	Very few residents play a part in keeping the program here going.
		2.	Residents are encouraged to express themselves freely here.
		. 3.	A lot of residents just seem to be passing time here.
		. 4.	Residents here act like big brothers or sisters to new kids coming into the program.
		5.	I often hang around with kids who live outside the home.
		6.	Residents here are expected to make plans for the future.
		7.	Residents are expected to take leadership here.
		8.	Personal problems are talked about openly here.
		9.	Residents often cut down or joke about the staff.
		10.	Residents here are in charge of group meetings.
		11.	My best friends are the kids living in the group home.
		12.	There's a lot of discussion here about what kids will be doing when they leave the group home.
	<del></del>	13.	Residents can wear whatever they want here.
		14.	Residents are encouraged to talk about their past.

1146	raise	
	15.	Being in this program feels like being in a regular home and family.
	16.	Residents here help plan outside activities for all the kids in the home.
***************************************	17.	For the most part, I feel I can trust the kids who live here in the home.
	18.	Staff here think it is important to make plans for leaving the home.
<del></del>	19.	Residents are encouraged to express their anger here.
	20.	I play on teams or belong to clubs outside the group home

GROUP HOME RESIDENT ID#\_ Not At A Little Quite A Very Much Not At A Little All Like Like Me Quite A Very Much Bit Like Like Me All Like Like Me Bit Like Like Me Me Me Me 26. 27. 28. 29. 30. Truc/False True/False 11. 12. 13. 14. 15. 16. 17. 16. 18. 18. 19. 20. 21. 24. 25.

Group Home Resident ID# Many Never Once or Several Many Never Once or Several Twice Times Times Twice Times Times 26. 1. 2. 27. 3. 4. 5. 28. 29. 30. 31. 6. 32. 33. 34. 35. 7. 8. 9. 10. 11. 36. 12. 13. 14. 15. 37. 38. 39. 40. 16. 17. 18. 19. 41. 42. 43. 44. 45. 21. 22. 23. 24. 25. 46. 47. 48. 49. 50.

STAFF QUESTIONNAIRE

Group Home:	
Date Completed:	

STAFF QUESTIONNAIRE

# Section A

The following items are statements regarding aspects of your working situation. Please indicate the extent to which each statement accurately describes your position by placing the appropriate number in the space provided next to each statement. If a particular statement does not apply to your position in the organization, please select "5" (Not Applicable) as the response or write NA in the space.

	,		i in the space.	
(1)	(2)	(3)	(4)	(5)
Not at all	Slightly	Generally	Very	Not
Accurate	Accurate	Accurate	Accurate	Applicable
1	Administrators i full and accurate	n this program information on	make an effort staff problems	to get
2	I set my own wor	k goals.		
3	By the time a you had a successful	ith leaves the primpact on him/	rogram, I know her or not.	if I have
4.	This program pro	ovides training i	in interpersona	l skills.
5	This program pro to do work other	ovides opportuni than directly wi	ities for front- th the resident	line staff
6	This program pro	ovides opportuni	ties for staff a	dvancement.
7.	Administrative po	olicies of the pro	ogram make it	difficult
8	Staff at all levels	are informed al	bout what is go	ing on.
9	I have the discret achieve.	ion to specify go	oals for the res	sidents to
10.	I receive feedback from the program	about youth wh	o have been di	scharged

This program provides training in specific treatment techniques.

(1)	(2)	(3)	(4)	(5)					
Not at all	Slightly	Generally	Very	Not					
Accurate	Accurate	Accurate	Accurate	Applicable					
12.	This program p	rovides a variety	of job tasks fo	r each worker.					
13.	This is more or	This is more or less a "dead-end" job.							
14.	Administrators and objectives.	and staff frequent	tly have conflic	ting goals					
15.		rovides channels and administrato		ion between					
16.	I can decide wha	t I will be workin	ng at at any par	ticular time.					
17.	I can find reliab with whom I wor	le indicators of thk.	ne progress of	the youth					
18.	Staff in this prog	gram are encoura	ged to further	their educations.					
19.	Staff in this prog	gram share respo	nsibilities.						
20.	This program re	wards good work	with more res	sponsible positions.					
21.	This program er	nforces personnel	rules and reg	ulations.					
22.	Open communica	ation is encourage	ed in this progr	am.					
23.	I can determine	the procedures fo	or getting my w	ork done.					
24.	I am never reall	y certain when I	am having an i	mpact on a youth.					
25.		at given the oppor them do their job		pecial					
26	This program pr	ovides adequate	time off for fro	nt-line staff.					
27.	This program re	wards good work	with salary in	creases.					
28.	My superiors management has been appropriately	ake me aware as riate.	to whether my	job performance					
29	Information is ea	asily obtained fro	m other staff r	nembers.					
30.	I can schedule m	y own workday.							
		B-14							

Section B

The following items are general statements of how group home staff members may feel about their jobs. Please indicate how accurate the statement is with regard to your job by placing the appropriate number in the space provided next to each statement. Again, if a particular statement does not apply to your position in the organization, please select "5" (Not Applicable) as the response, or write in NA.

(1)	(2)	(3)	(4)	(5)
Not at all	Slightly	Generally	Very	Not
Accurate	Accurate	Accurate	Accurate	Applicable
1.	I am doing work t	hat I enjoy.		
2	This job requires	too much persona	al investment.	
3.	I don't mind work	ing more hours th	an expected of	me.
4.	I often feel emotic	onally drained at t	the end of the w	orkday.
5.	This job gives me	more satisfaction	n than others I	have had.
6	This job causes m	ne to neglect my p	ersonal life.	
7	I would recommendand education as r	_	end with the sa	me interests
8	This job requires	too much persona	al and emotiona	l commitment.
9	If I were starting lean toward taking	•	_	
10.	Providing underst	_	er of troubled y	routh
11.	I would like to find	d a different type	of job.	
12.	I have to "psych n	nyself up" to face	the pressures	in this job.
13.	When I wake up in to work.	the morning, I o	ften feel reluct	ant to go
14.	You can't leave th	is job behind you	when the work	lay is over.

# CONTINUED

30F4

(1)	(2)	(3)	(4)	(5)
Not at all	Slightly	Generally	Very	Not
Accurate	Accurate	Accuraté	Accurate	Applicable
15	I would not hesita increase in salary	-		ial
16.	You have to put a line in this job.	lot of your feeling	gs and hope's on	the
17.	I feel like walking	out on this job fo	or good.	
18.	The stress from to outside the job.	this job affects m	y relationships	
19.	When I am at wor	k, I usually wish	I were somewh	ere else.
20.	You have to find seven while you ar		scape" from thi	s job,
21.	This job is rewar	ding in many way	s other than fina	ancial.
22.	I have sometimes as headaches, bac			b, such
23	This job contribut	tes to my self est	eem.	
24	Sometimes I want children and child	to get as far awa l-related activitie	•	om
25	When I'm working break more often	g, I feel like takin than I should.	g a rest or coff	ee
26.	•	sometimes have t ny, just to prese	-	
27.	When I have some	e time off, I look	forward to getti	ng back to work.
28		king, I often find nts or incidents a		about
29	This job is better opportunity to hel	than many becau p others.	se it provides a	n
30		things that happen iates outside the		ny

Section C

The following questions concern staff orientations toward resident treatment. Please indicate the frequency of your involvement in those orientations during the past two or three months by placing the number of the appropriate response in the space next to the question. If a particular orientation does not apply to your position in the organization, select "5" (Not Applicable) as your answer, or write NA in the space.

(1)	(2)	. (3)	(4)	(5)
Never	Once or	Several	Many	Not
	Twice	Times	Times	Applicable

In the past two or three months, how often have you:

	_	in the state of th
1.		Attempted to give resident a sense of being in a family environment.
2.		Set up conditions allowing residents to feel a sense of accomplishment.
3.		Used a tone of authority in communicating with residents in everyday transactions.
4.		Refused to listen to residents' excuses for irresponsible hehavior.
5.	*****	Failed to notice and priase residents for responsible actions.
6.		Lost your temper as a result of the irresponsible behavior of residents.
7.		Encouraged residents to come to you anytime they have a problem.
8.		Been dishonest with residents in everyday interaction.
9.		Encouraged residents to talk about their past deviance.
10.	*******	Done something to show that you trust the residents here.
11.		Assured residents that you care about them and what happens to them when they leave the group home.
12.		Attempted to be a personal friend to residents.
13.		Consciously acted as a role model to maridante

# ADMINISTRATIVE QUESTIONNAIRE

To Be Completed By Group Home Chief Administrator or House Directors Where Group Home Has More Than One Facility

Group Home	•
Date Completed	-

#### ADMINISTRATIVE QUESTIONNAIRE

Page One

## Section A

1.	Give	e the number of youths in y	our hor	nes ref	erred by each agency.
	(a) (b) (c) (d)	DJS DSS Mental Health Other (please specify)			
2.	List	the sources of income for	your p	rogram	•
	(a) (b) (c) (d)	· · · · · · · · · · · · · · · · · · ·		,	
3.		t reports are required for ck all that apply.	youth i	.ntake?	
	(a) (b) (c)	Medical Social history Psychological/ psychiatric evaluation		(f) (g)	School Other (please specify)
	(d) (e)	Court Police			
4.		ch of the following types of ck all that apply.	ongoin	g recor	ds do you maintain?
	(a) (b)	Financial Personnel		(f)	Disciplinary
	(c)	Progress Reports of Individual counseling		(g)	General Resident
	(d)	Progress Reports of Group sessions		(h)	School Other (please specify)  ords do you maintain?  Disciplinary actions General Resident progress
	(e)	School performance		(i)	
		B-19			

B-18

Admin	istrativ	re Questionnaire		Page two
5.		ou collect follow-up in the program?	nformation on all youth r	eleased no
	If ye	s, check all that apply	<u>7</u> .	
	(a) (b) (c) (d) (e) (f) (g)	Subsequent court con Employment Place of Residence ( Subsequent group ho Institutionalization Subsequent school pe Other (please specif	(with family/orther) me placement erformance	
6.	rele	ou provide follow-up a ased from the program s, check all that apply		they are
	(a) (b) (c) (d) (e) (f) (g)	Family counseling Boarding house arra Walk-in counseling Scheduled counseling Visits to homes of r Telephone contacts Other (please specif	ngement g esidents	
7.	-	ou have a handbook fo edures, etc.)?	r clients (e.g., home ru	les, medical
		Yes	No	
8.	-	ou have a handbook fo edures, etc.)?	r staff (e.g., policies, o	perating
		Yes	No	

Administrative Questionnaire

Page three

9.	Ple in e	ase give the extent of particle as a give the following are	articipation eas of decis	n of the	Boar aking.	d of Directo	ors	
			Board has no Input	Board Advis State	ory 15	Board Approves Decisions Made by Others	Board Makes the Decisions	S.
	(a) (b) (c) (d) (e) (f) (g) (h) (i) (j)	Admission policy Termination policy Hiring of staff Termination of staff Treatment approach House rules Type of discipline Expansion of program Fund raising approac Other (please specify	h		-			
10.	How	often does your board	meet?					
	(a) (b) (c)	Monthly Bi-monthly Quarterly		(d) (e) (f)	Annu	i-annually ually r(specify)		
11.	Do t: (a) (b) (c)	reatment staff attend bo Regularly Special occasions only Never		ngs?  				
12.	Plea their	se check the following of accessibility and use b	community by resident	recrea	tional	l facilites a	s to	
		No Access		hin ing ]	cessii by Motor ehicle	Utili   Regu- (	Occa-	lever

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(a) Swimming pool
(b) Teen center

Admir	Administrative Questionnaire				Page for	ır		
12.	(conf	t'd.)						the second
					Accessibl		ccessible	
				Within	Ъу	! "	Itilized	energe .
	•		Not	Walking	Motor	, -	Occa-	ď.
		Ac	cessible	Distance	Vehicle	larly	sionally	Never
	(c)	School or com-						Andrew
	4.43	munity gym						
	(d)	Arts and crafts						
	(-)	classes		<del></del>				
	(e)	Boy or girl scouts						<b>.</b>
	(f)	Hobby or activity						<del></del>
	(1)	clubs						<b>(</b> .
	(g)	Outdoor basket-		-				я :
	(8)	ball courts				1		
	(h)	Athletic fields	*******	<del></del>				U
	(ĭ)	Tennis courts			<del></del>		<del></del>	g -
	(j)	Bowling alley		<del></del>	<del></del>			and the same of th
	(k)	Movie theater						(f
	(1)	Skating rink						f
	(m)	Regional park						o car
	(n)	Other (please						
		specify)						η.
			********					
			<del></del>					¥.
		<del></del>						
								The particular
13.	How	often does your pr	ogram ut	tilize the fo	ollowing	outside	resources	s? ".
				Regu	larly A	s Neede	d <u>Never</u>	Company of the Compan
	(a)	Psychological/ps	ychiatric	·				•
	1	services						tower (a
	(b)	Other counseling	services					• ' ;
	(c)	Legal services						-
	(d)	Employment ser	vices		<del></del>		<del></del>	in Community of the Com
	(e)	Drug clinic						- Adams and w
	(f)	Remedial educational trans				<del></del>		-
	(g)	Occupational trai	ınıng				***************************************	-
	(h)	Psychological/In	allicanca					- E
	(i)	testing	errigence	=				<i>π</i> -
		rearms						- }

(j) Other (please specify)

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۸ ،				
Admi	nistrat	tive Questionnaire	Page	five
14.	Do	you use volunteers in your program?		
	(a) (b)			
	If y	res, are the volunteers: (more than one ma	ay be checl	ked)
	(a) (b) (c)	Students not receiving class credit?	·	
	If y	es, how many volunteers are in your progr	am at pre	sent?
15.	Ple the	ase estimate the number of volunteer hours following:	s per week	spent in
16.	(d) (e) How imm (a) (b) (c) (d)	Recreation Tutoring Other (please specify)  important do you consider it to be that respective to the specific community are regularly informed and the specific community are regularly informed an	about the g	week week week week he roup home
.7.	Are home	the following utilized to inform the commuse programs and activities?	nity of you	r group
			Yes	No
	(a)	Community advisory board (other than board of directors)		
	(b)	Group home newsletter or informative sheet		
	(c) (d) (e)	Staff as speakers at community meetings Community open houses Community-wide service projects		
	(f)	Other, please specify		- Carlotte director

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Admir	istrati	ve Questionnaire	Page :	six
18.		group home residents provide the following ty ne community?	pes of s	ervices
		•	Yes	No
	(a)	Residents are available for temporary		
	(b)	employment (e.g. yardwork, babysitting) Residents maintain community parks		
	(c)	or facilities Residents assist with clean-up tasks at		
		neighborhood residences		
	(d)	Group home recreational facilities are		
		made available to neighborhood youths		
	(e)	Other (please specify)		
19.	Do o	community residents provide the following ty	nes of si	ervices
- / 6		ne group home?	JC3 01 3	or vices
		5-1-1-1-1-1-1-1-1-1-1-1-1-1-1-1-1-1-1-1	Yes	No
	(a)	Financial donations		
	(b)	Maintenance and repair of facilities		
	(c)	Donation of furnishings, clothing,		
		food, equipment, etc.		
	(d)	Volunteer counseling or tutoring		
	(e)	Other (please specify)		
20.	(a)	In the past year, approximately how many home residents been involved in incidents which resulted in complaints against the gr	in the co	mmunity
	(đ)	If such complaints have been made, please whom they have been lodged:	indicate	e with
		(1) Police (2) LocalOfficial (3) Group Home (4) Probation Officer (5) Other (please specify)		

Admin	istrativ	e Questionnaire			Pa	age seven	
21.	Of th	e following in-house tr ype of and frequency of	eatme f utiliz	nt prog			Not Provided
22.	(a) (b) (c) (d) (e) (f) (g) (h)	Individual counseling Individual counseling scheduled basis Family counseling or basis Family counseling as requirement Group meetings devo problem on a need basi Meetings devoted to group on a need basi Meetings devoted to group on a regular base check the extent to ecision-making power	on a r a volu a a pro ted to asis ted to r basis proble s proble asis which	egular untary gram one res one res ms of the	ident's ident's ne he	ap have in	
	(a)	Screening and accep	No Input	Some <u>Input</u>	Staff and Residents Vote	Resident Decide With Staff Veto	Residents have Final Decision
	(b)	tance of youth into the program General increase in privileges for individuals or promotion in level or team system	o <b>-</b>				
	(c)	General decrease in privileges for individuals or demotion in level or team system					

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group home

Admini	strati	ve Questionnaire			Pa	ge nine
23.	(con	t'd.)			Resident	
			No Input	Some	Decides With Staff	Resident has Final
	(f)	Decorations and fur- nishings in individual'		Input	Veto	Decision
	(g)	room Scheduling of the individual's activities				
	(h)	Other (please specify)			-	
24,	Are as a	the following roles and regular part of the prog	duties gram?	assigne (More	ed to individ than one m	ual residents ay be checked)
					<u>Ye</u>	s <u>No</u>
	(a) (b) (c) (d)	Leading group or hous Designating chores Scheduling activities Managing or supervisi		J		
	(e)	completion of chores Acting as "buddies" or sisters to new residen		rothers	_	
	(f)	Other (please specify)				<del>-</del>
25,	Are (Mor	the following types of be e than one may be check	havior ked)	reinfo	rced in your	program?
				Ne	ver Somet	imes Frequently
	(a) (b) (c) (d)	Academic achievement Attendance at school Completion of chores Evidence of self-suffic or self care				

Frequently

25.		nt'd.)	Never	Sometimes	Frequently	-		28.	Are the following types of behavior negatively reinforced? (More than one may be checked)
	(e)	Attendance at counseling sessions				U -	) Na		
	(f)	Absence of rule violations	•	*****			e se la constitución de la const		Never Sometimes
		and negative behavior				-	·		(a) Misbehavior in school
	(g)	Other (please specify)					**************************************		(b) Fighting
						Commission			(c) Breaking house rules
						The state of the s	2		(d) Verbal behavior (obscene
26.	Are	the following types of reinforce	ement or	rewards utili	zed in	f ·	3		language, talking back to staff)(e) Failure to attend meetings
	you	r program? (More than one ma	y be che	cked)		Comments			(e) Failure to attend meetings (f) Failure to adhere to schedules
			Never	Sometimes	Frequently	<u> </u>	2		(g) Failure to do chores
	(a)	Cash							(h) School absences
	(b)	Store items-merchandise					<b>388</b>		(i) Poor school performance
	(c)	Home visits			<del></del>	Posterior			(j) Destroying group home
	(b)	Group outings			·	The state of the s			property
	(e)	Later curfews				a··	*		(k) Other (please specify)
	(f)	Earlier discharge		<del></del>	<del></del>	A property of the control of the con			
	(g)	Promotion in level or team				1	-		
	(h)	system Verbal praise from staff				and the second		29.	Does your program have a structured level system or team
	(i)	Telephone or T. V.				derental of			concept?
		privileges							(a) Va -
	(j)	Other (please specify)	-	-	-				(a) Yes (b) No
						<b>ap</b>			(c) If yes, how many levels or teams?
						(	<b>'D</b>		
27.	How	often are the following types of	negativo	mainfamaan		<b>S</b>		30.	Does your program have a token point system?
	sanc	tions utilized in your program?	(More t	han one may h	nt or				/a
		,	(3.52=5.5		e checked)	Cower			(a) Yes (b) No
			Never	Sometimes	Frequently	A 1	<b>.</b> ■		(5) 140
	(a)	Restriction of free time				<b>.</b>	: :		If yes, how frequently are points exchanged for privileges?
	(p)	Reduction of allowance							
	(c)	Exclusion from group outings				Ę			(a) Daily
	(d)	House restrictions		· <del></del>		91	3		(b) Weekly (c) Depends on residents' level
	(e)	Additional chores				No. of the last of			(c) Depends on residents' level
	(f)	Verbal admonishment				P .	: · · · · · · · · · · · · · · · · · · ·		
	(g)	Demotion in level or team	-	<del></del>	<del></del>				
	(h)	system Other (please specify)				0	<b>4</b>		
	(++)	omer (prease specify)				1 <b>5</b> -	. * **********************************		B-29
					-	<b>.</b>			

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			•	
33.		home offer courses or till areas? Please check		
			Yes	No
	(1) (2) (3) (4) (5) (6)	Car maintenance Cooking skills Electronics Cosmetology Home economics Secretarial Carpentry Agricultural Other (please specify)		
	(10) (11) (12) (13) (14) (15)	Math-arithmetic English Social Studies Science Reading Remedial education Other (please specify)		
34.	Do you offe treatment	er any training in any of program?	the following	as part of your
			Formal Or Organized	Informal None
	(a) Socia (1) (2) (3) (4)	Cooperativeness Manners Personal hygiene Ability to follow instructions		·

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34.	(cont'	g)	Formal Or Organized	Informal	None
	(	(5) Ability to handle criticism (6) Impulse control (7) Rational problem solving (8) Job finding skills (9) Appropriate work habit 10) Sex education 11) Other (please specify) 12)			
35.	What	is your present staff composi	tion?		
		Number of full-time staff me Number of paid part-time sta			
36.	ses to Quest made during				
	(b)	Yes No If yes, please indicate the sp	ecific change	e(s)	
37.		other changes occurred during ed in this questionnaire?	ng the past y	ear which an	e not
	(a) (b) (c)	Yes No If yes, please indicate the sp	pecific chang	e(s).	<del></del>
	-				

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STAFF/YOUTH SPECIFIC QUESTIONNAIRE

Resident I.D. #:\_\_\_\_\_\_

Date Completed:\_\_\_\_\_

# STAFF/YOUTH SPECIFIC QUESTIONNAIRE

# Section A

# YOUTH CHARACTERISTICS

For the a	above noted	resident,	please	complete	the	following
information:				-		

Date of Birth
Race
Sex
Date of Admission
Length of time in the home (months):
Grade in school
Parental Status
Mother only Father only Other relatives Foster Parents Family intact
Living with whom before referral (Father, mother, both, e
Reason for referral

#### Section B

#### RESIDENT BEHAVIOR

The following items are examples of appropriate and inappropriate types of behavior residents may have been involved in. For the resident in question, please give your judgement of the frequency of his/her involvement in such behavior during the past two or three months by writing the number of the appropriate alternative next to each item. If the resident could not have had an opportunity to perform a particular act because of some special feature of the program (e.g., residents in programs with in-house schools cannot skip school), please select "5" (Not Applicable) as the response or write in NA.

residents in programs with in-house schools cannot skip school), please select "5" (Not Applicable) as the response or write in NA.							
	( 17	01110 01 W1100	1411.	÷	a a a a a a a a a a a a a a a a a a a		
(1)	(2)	(3)	(4)	(5)	η- !		
Never to m	•	Several	Many	Not			
Knowledge	Twice	${ t Times}$	Times	Applicable	:		
In the past two or three months, estimate as nearly as you can how often he/she has:							
1	Done a job without being as	ked or told.					
2.	Helped someone with schoo	lwork.					
3.	Had a fist-fight with someon	ne in the home	e <b>.</b>		8. 5*		
4	Talked someone out of doin	g something d	angerous or i	llegal.			
5.	Shoplifted.				To the second se		
6	Swiped something from ano	ther kid.			#		
7.	Helped someone complete a	job or solve a	a problem.	,			

Reported a kid for doing something seriously wrong.

Bullied or threatened other kids in the home when it was not in fun.

Talked someone out of running away from the group home.

Talked freely about his/her problems in the group home.

Ridiculed or made fun of other kids in the home.

Skipped school.

Been suspended from school.

10.

11.

12.

14.

(1)	(2)	(3)	(4)	(5)				
Never to my	Once or	Several	Many	Not				
Knowledge	${f Twice}$	Times	Times	Applicable				
15.	Been the leader of a group activity.							
16.	Kept on talking after he/she was supposed to be quiet in the home.							
17.	Cheated on a test at school.							
18.	_ Tried to break up a fight in the group home.							
19	Had a fist-fight with someone in the community.							
20.	Failed to do assigned chores.							
21	Done extra schoolwork.							
22.	Damaged furniture or of	ther group hor	ne property on	purpose.				
23.	Damaged or destroyed p	·		-				
24.	Stopped working on a chore when he/she thought he/she wouldn't be caught.							
25.	Talked back to staff.							

#### Section C

## REINFORCEMENTS AND PUNISHMENTS

The following items are examples of types of reinforcements and punishments that may be applied to residents. For the resident in question, please give your judgement of the frequency with which such reinforcements and sanctions have been applied to him/her in the past two or three months by writing the number of the appropriate alternative next to the number of the statement. If certain reinforcements and sanctions could not have been applied to the resident because they are never used in the program, please select "5" (Not Applicable) as the response or write in NA.

(1)	(2)	(3)	(4)	(5)
Never to My	Once or	Several	Many	Not
Knowledge	Twice	Times	${f Times}$	Applicable

In the past two or three months, estimate as nearly as you can how often he/she has:

1.	 Received cash for good behavior.
2.	 Been restricted to the house for doing something wrong.
3.	 Received store items for good behavior.
4.	 Been allowed to attend group outings for good behavior.
5.	 Had his/her allowance reduced for doing something wrong.
6.	Been kept from going on group outings for doing something wrong.
7.	 Been permitted later curfews for good behavior.
8.	 Been given additional chores for doing something wrong.
9.	 Been verbally praised for good behavior.
0.	 Been verbally admonished for doing something wrong.
1.	 Been moved to a higher privilege level for good behavior.
2.	Been moved to lower privilege level for doing something wrong.

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# END