



# Drug Treatment Courts



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## Background

Drug courts are specialized court docket programs that target adults charged with or convicted of a crime, youth involved in the juvenile justice system, and parents with pending child welfare cases who have alcohol and other drug dependency problems. Although drug courts vary in target populations and resources, programs are generally managed by a multidisciplinary team including judges, prosecutors, defense attorneys, community corrections officers, social workers, and treatment service professionals. Support from stakeholders representing law enforcement, the family, and the community is encouraged through participation in hearings, programming, and events such as graduation.

Adult drug courts employ a program designed to reduce drug use relapse and criminal recidivism among persons charged with or convicted of a crime through risk and needs assessment, judicial interaction, monitoring and supervision, graduated sanctions and incentives, treatment, and various rehabilitation services. Juvenile drug treatment courts apply a similar approach that is tailored to the needs of youth with substance use disorders. These programs provide youth and their families with counseling, education, and other services to promote immediate intervention, treatment, and structure; improve level of functioning; address problems that may contribute to drug use; build skills that increase their ability to lead drug- and crime-free lives; strengthen the family's capacity to offer structure and guidance; and promote accountability for all involved.

Family treatment courts serve children, parents, and families involved in the child welfare system due to parental substance use as a contributing factor to child abuse or neglect. They provide intensive judicial monitoring and equal access to family-focused interventions, services, and supports using a multidisciplinary approach to meet the comprehensive needs of these families. Program goals are to ensure children have safe, nurturing, and permanent homes; parents achieve stable recovery; and family members receive needed supports and services to improve family functioning.

Other types of drug courts have emerged to address issues relevant to specific populations, including tribal, driving while intoxicated (DWI), reentry, veterans, mental health, and co-occurring programs.

## Program Development, Research, and Dissemination

Under the **Adult Treatment Court and Veterans Treatment Court Grant Programs**, the **Bureau of Justice Assistance (BJA)** provides financial grants and other assistance to build treatment court capacity for evidence-based practice and increase participation among appropriate target populations. BJA maximizes criminal justice and treatment resources via partnerships including the Substance Abuse and Mental Health Services Administration and the U.S. Department of Veterans Affairs. Through the **National Drug**

<sup>1</sup> [ndcrc.org/pcp](https://ndcrc.org/pcp)

<sup>2</sup> [ojp.gov/pdffiles1/bja/205621.pdf](https://ojp.gov/pdffiles1/bja/205621.pdf)

<sup>3</sup> [nadcp.org/standards](https://nadcp.org/standards)

<sup>4</sup> [nij.ojp.gov/topics/articles/adult-drug-court-research-practice-r2p-initiative](https://nij.ojp.gov/topics/articles/adult-drug-court-research-practice-r2p-initiative)

<sup>5</sup> [ojdp.ojp.gov/sites/g/files/xyckuh176/files/pubs/250368.pdf](https://ojdp.ojp.gov/sites/g/files/xyckuh176/files/pubs/250368.pdf)

<sup>6</sup> [ojdp.ojp.gov/programs/juvenile-drug-treatment-court-guidelines](https://ojdp.ojp.gov/programs/juvenile-drug-treatment-court-guidelines)

<sup>6</sup> [nadcp.org/wp-content/uploads/2019/09/Family-Treatment-Court-Best-Practice-Standards\\_Final2.pdf](https://nadcp.org/wp-content/uploads/2019/09/Family-Treatment-Court-Best-Practice-Standards_Final2.pdf)

<sup>7</sup> [ojp.gov/pdffiles1/bja/188154.pdf](https://ojp.gov/pdffiles1/bja/188154.pdf)

<sup>8</sup> [justiceforvets.org/resource/ten-key-components-of-veterans-treatment-court](https://justiceforvets.org/resource/ten-key-components-of-veterans-treatment-court)

<sup>9</sup> [nij.ojp.gov/topics/articles/nij-multisite-adult-drug-court-evaluation](https://nij.ojp.gov/topics/articles/nij-multisite-adult-drug-court-evaluation)

## NUMBER AND TYPES OF DRUG COURTS

There are more than 3,800 drug courts across the United States, and just under half are adult drug courts.<sup>1</sup>

Adult drug courts are guided by 10 key components (see *Defining Drug Courts: The Key Components*<sup>2</sup>), the *Best Practice Standards*,<sup>3</sup> and *Seven Program Design Features*<sup>4</sup> (also available in Spanish).

Practice guidance resources are available for juvenile drug treatment courts.<sup>5</sup>

Family Treatment Court Best Practice Standards are advised.<sup>6</sup>

Tribal Healing to Wellness Courts have updated *The Key Components*.<sup>7</sup>

Also see *The Ten Key Components of Veterans Treatment Courts*.<sup>8</sup>

## RESEARCH FINDINGS

NIJ's Multisite Adult Drug Court Evaluation<sup>9</sup> found:

- Participants reported less criminal activity (40% vs. 53%) and had fewer rearrests (52% vs. 62%) than comparable individuals.
- Participants reported less drug use (56% vs. 76%) and were less likely to test positive (29% vs. 46%) than comparable individuals.
- Treatment investment costs were higher for participants, but with less recidivism; drug courts saved an average of \$5,680 to \$6,208 per individual overall.

**Court Resource Center**, BJA provides treatment court professionals with resources to design and implement programs that align with best practice standards, expand and enhance court operations, as well as collect and analyze program data. The National Drug Court Institute delivers onsite and other operations development and implementation services under **Adult Treatment Court and Veterans Treatment Court Training and Technical Assistance**, and develops training curricula for conferences, regional meetings, and other training events. **Adult Treatment Court State-based Technical Assistance** at the Center for Justice Innovation assists state court administrators in capacity building, and supports the online **National Training System for Treatment Court Practitioners**. The Tribal Law and Policy Institute (TLPI) serves tribal healing to wellness courts with **Tribal Healing to Wellness Courts Training and Technical Assistance**.

The **Office of Juvenile Justice and Delinquency Prevention (OJJDP)** supports juvenile, family, and juvenile healing to wellness courts through financial grants and other assistance available to all programs across the Nation. OJJDP supports the planning and implementation of new juvenile drug treatment courts and the enhancement of existing juvenile drug treatment courts via partnerships with the National Association of Drug Court Professionals and the National Council of Juvenile and Family Court Judges for **Juvenile Drug Treatment Court Training and Technical Assistance**. OJJDP supports the implementation of juvenile healing to wellness courts in Indian Country and Alaska through the **Tribal Youth Resource Center** and **The Resource Basket**, in collaboration with the Tribal Drug Court Training and Technical Assistance Center at the Tribal Law and Policy Institute. Finally, OJJDP supports the enhancement of existing family treatment courts, and the establishment of new programs, through planning and implementation initiatives including **Family Treatment Courts Training and Technical Assistance** with Children and Family Futures.

The **National Institute of Justice (NIJ)** funds research on drug court processes, impact, and cost-efficiency. One evaluation tracked 10 years of cohorts in the Multnomah County Drug Court and found rearrests were lower five years or more later for participants than for comparable individuals; however, reductions ranged from 17% to 26% across cohorts with changes in programming and judge assignments.<sup>10</sup> **NIJ's Multisite Adult Drug Court Evaluation** found that programs significantly reduce drug use and criminal offending — both during and after program participation. Compared to traditional case processing and supervision, drug courts have higher investment costs, especially in treatment services. However, savings associated with victim and criminal justice system costs are greater due to fewer crimes, rearrests, and incarcerations. Drug courts that target individuals with high criminogenic risk and high substance abuse treatment needs yield the most effective interventions and maximize return on investment.<sup>11</sup> **NIJ's Evaluation of Second Chance Act Adult Reentry Courts** found mixed impact and cost results: one demonstrated reduced rearrests, reconvictions, and reincarcerations, meaning lower costs; whereas recidivism rates decreased but not significantly in two sites, and increased in the other sites, meaning higher costs. Also, program success may relate to consistent treatment resources for a target population with substance use disorders, wraparound services for multiple criminogenic needs, and judicial use of incentives and sanctions.<sup>12</sup> The **Cross-Site Evaluation of Juvenile Drug Treatment Court Guidelines** is now completed,<sup>13</sup> and a national survey and a state assessment of best practices in family treatment courts are ongoing. **NIJ's Multisite Evaluation of Veterans Treatment Courts** examined process and implementation for eight programs,<sup>14</sup> and **NIJ's Multisite Impact and Cost-Efficiency Evaluation of Veterans Treatment Courts** is in planning.<sup>15</sup>

BJA and NIJ's joint **Adult Drug Court Research to Practice (R2P) Initiative** promotes the dissemination of information from research on addiction science, substance abuse treatment, and drug court programs. The project awarded to the National Center for State Courts and American University produced webinars, webcasts, and other research dissemination to practitioners, policymakers, and other stakeholders.

<sup>10</sup> [ojp.gov/pdffiles1/nij/grants/219224.pdf](https://www.ojp.gov/pdffiles1/nij/grants/219224.pdf)

<sup>11</sup> [ojp.gov/pdffiles1/nij/grants/237108.pdf](https://www.ojp.gov/pdffiles1/nij/grants/237108.pdf)

<sup>12</sup> [ojp.gov/pdffiles1/nij/grants/251496.pdf](https://www.ojp.gov/pdffiles1/nij/grants/251496.pdf)

<sup>13</sup> [ojp.gov/pdffiles1/nij/grants/306475.pdf](https://www.ojp.gov/pdffiles1/nij/grants/306475.pdf)

<sup>14</sup> [ojp.gov/pdffiles1/nij/grants/305014.pdf](https://www.ojp.gov/pdffiles1/nij/grants/305014.pdf)

<sup>15</sup> [nij.gov/funding/opportunities/o-nij-2022-171012](https://www.nij.gov/funding/opportunities/o-nij-2022-171012), contact us at [NIJVTC@usdoj.gov](mailto:NIJVTC@usdoj.gov)

## RESOURCES

### BJA Adult Treatment Court Grant Program

[bja.ojp.gov/program/adult-treatment-court-program/overview](https://bja.ojp.gov/program/adult-treatment-court-program/overview)

### Veterans Treatment Court Grant Program

[bja.ojp.gov/program/veterans-treatment-court-grant-program/overview](https://bja.ojp.gov/program/veterans-treatment-court-grant-program/overview)

### National Drug Court Resource Center

[ndcrc.org](https://ndcrc.org)

### Interactive Map of Treatment Courts

[ndcrc.org/interactive-maps](https://ndcrc.org/interactive-maps)

### Adult Treatment Court Training and Technical Assistance

[ndci.org/resource/training/ta](https://ndci.org/resource/training/ta)

### Justice for Vets

[justiceforvets.org](https://justiceforvets.org)

### Adult Treatment Court State-based Technical Assistance

[courtinnovation.org/training-ta](https://courtinnovation.org/training-ta)

### National Training System for Treatment Court Practitioners

[treatmentcourts.org](https://treatmentcourts.org)

### Tribal Healing to Wellness Courts Training and Technical Assistance

[wellnesscourts.org](https://wellnesscourts.org)

### OJJDP Drug Courts

[ojjdp.ojp.gov/programs/drug-courts](https://ojjdp.ojp.gov/programs/drug-courts)

### AK Native Youth Provider Network & Community Connection

[resourcebasket.org](https://resourcebasket.org)

### Family Treatment Courts Training and Technical Assistance

[cffutures.org/national-fdc-tta-program](https://cffutures.org/national-fdc-tta-program)

### Juvenile Treatment Court Training and Technical Assistance

[ndci.org/jdtc](https://ndci.org/jdtc)

### Tribal Youth Resource Center

[tribalyouth.org/what-we-do/tribal-juvenile-healing-to-wellness-courts](https://tribalyouth.org/what-we-do/tribal-juvenile-healing-to-wellness-courts)

### NIJ Overview of Drug Courts

[nij.ojp.gov/topics/articles/overview-drug-courts](https://nij.ojp.gov/topics/articles/overview-drug-courts)

### Adult Drug Court Research to Practice (R2P) Initiative

[nij.ojp.gov/topics/articles/adult-drug-court-research-practice-r2p-initiative](https://nij.ojp.gov/topics/articles/adult-drug-court-research-practice-r2p-initiative)