Appendix A: Logic Model

Father Flanagan's Girls' and Boys' Town – Staff-Secure Detention for Female Juvenile Offenders: Logic Model

Project Goals

- Provide a safe detention placement for female juvenile offenders
- Teach life skills to female juvenile offenders
- Promote behavior change in identified target areas for female juvenile offenders
- Develop necessary skills for success in the community, with family, school, peers, and employers.
- Equip young female offenders with the skills and tools to prevent recidivism

Target Population

Female juvenile offenders who:

- Do not require placement in a secure detention facility
- Cannot return home
- Can benefit from short-term treatment in a structured placement

Primary Activities

- An Intake process with a comprehensive assessment that forms the foundation of an individual treatment plan
- Holistic treatment
- Individual treatment plans that focus on both long-term and short-term goals
- Based on the Girls and Boys Town Teaching Model, cognitive-behavioral and relationship-based treatment for the behaviors that caused the female offender to be referred to the facility
- Training in a curriculum that includes social, academic, and living skills
- Through a community-based philosophy, the program creates a family-style atmosphere with family-style meals, sharing of chores, and an emphasis on relationships with staff.
- Planned recreational activities and outings into the community built into the daily schedule
- Youth planned guest nights, holiday events, and volunteer activities in the community

Expected Outcomes

- Reduction in recidivism
- Community reintegration

Improved:

- Percentage of youth who depart to a less restrictive setting
- Percentage of youth with improvement in presenting problem areas
- Percentage of youth served who achieve treatment goals
- Percentage of youth who have decreased risk in areas that would lead to recidivism

Context: The Girls and Boys Town staff-secure detention model for female juvenile offenders was piloted in Philadelphia in 1996 and has since been recognized as a promising practice in the Office of Juvenile Justice and Delinquency Prevention publication, *Guiding Principles for Effective Female Programming*. This current project seeks to replicate this model in two sites, Girls and Boys Town of New Jersey in Newark, NJ and Girls and Boys Town of Louisiana in New Orleans, LA.